

Supplement Table 4. The quality score of the studies included in this meta-analysis

First author (year), and institution site	NOS score
Arrabal-Polo (2014) España	6
Al-Ali (2015) Graz, Austria	6
Averbeck (2012) Porto Alegre, Brazil	6
Baumhäkel (2006) Homburg/Saar, Germany	7
Bhatia (2013) Lucknow, India	6
Bocchio (2004) L'Aquila, Italy	6
Bulbul (2022) Trabzon, Turkey	6
Caretta (2009) Padova, Italy	7
Caretta (2013) Padova, Italy	7
Chen (2016) Guangzhou, China	6
Chiurlia (2005) Modena, Italy	7
Dženkevičiūtė (2013) Lithuania	7
Elkamshoushi (2018) Alexandria	6
Esposito (2007) Naples, Italy	6
Esposito (2008) Naples, Italy	7
Esposito (2009) Naples, Italy	7
Foresta (2005) Padova, Italy	7
Foresta (2006) Padova, Italy	7
Foresta (2006) Padua, Italy	6
Foresta (2009) Padova, Italy	6
Gerber (2015) Massachusetts, England	6
Guaraldi (2012) Modena, Italy	8
Huang (2010) Guangzhou, China	5
Imai (2009) Japan	7
Ioakeimidis (2016) Athens, Greece	8
Javaroni (2011) Brazil	7
Kaiser (2004) USA	6
Kakkavas (2013) Athens, Greece	6
Kaya (2006) Istanbul, Turkey	7
Kovac (2014) USA	6
Kumagai (2018) Ibaraki, Japan	5
Kumagai (2020) Chiba, Japan	5
Lahoz (2015) Madrid, Spain	7
Lee (2015) Busan, South Korea	6
Lojanapiwat (2009) Chiang Mai Thailand	7
Maiorino (2015) Naples, Italy	7
Malpartida (2011) Valencia, Spain	5
Mazo (2006) Moscow, Russia	6
Mulla (2021) Alexandria, Egypt	7
Murata (2012) Saitama Japan	7
Pelliccione (2012) Aquila, Italy	5
Schipilliti (2011) Padova, Italy	7
Severo (2014) Porto Alegre, Brazil	8
Simsek (2014) Istanbul, Turkey	7
Stolic (2010) Serbia	6
Stuckey (2006) Nedlands, Australia	6

Supplement Table 4. Continued

First author (year), and institution site	NOS score
Uslu (2005) Istanbul, Turkey	6
Vicenzini (2008) Rome, Italy	8
Vignera (2011) Catania, Italy	6
Vignera (2011) Catania, Italy	7
Vignera (2011) Catania, Italy	6
Vignera (2012) Catania, Italy	7
Vlachopoulos (2008) Athens, Greece	8
Yao (2012) Guangzhou, China	6
Yao (2013) Guangzhou, China	7
Yavuzgil (2005) Izmir, Turkey	7
Yuan (2020) Wuhan, China	6

NOS: Newcastle–Ottawa Scale.