

Supplementary Information (SI)

Cell stress and phase separation stabilize the monomeric state of pseudoisocyanine chloride employed as a self-assembly crowding sensor

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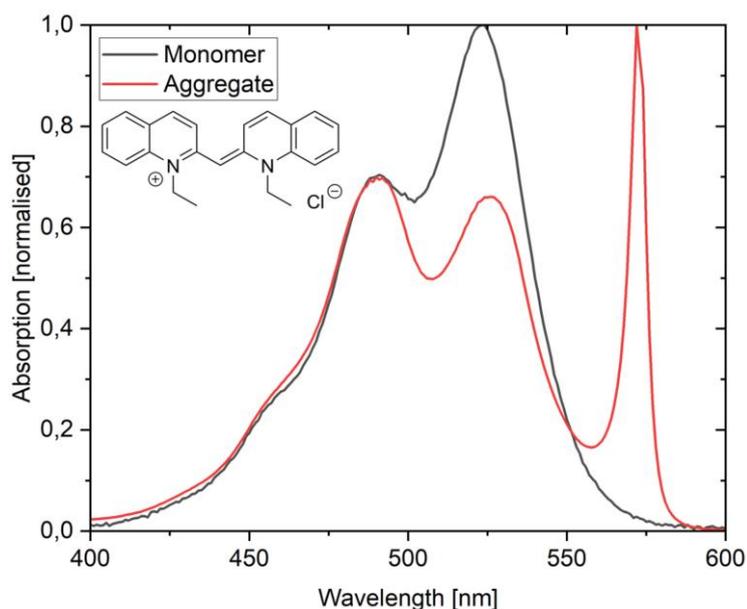
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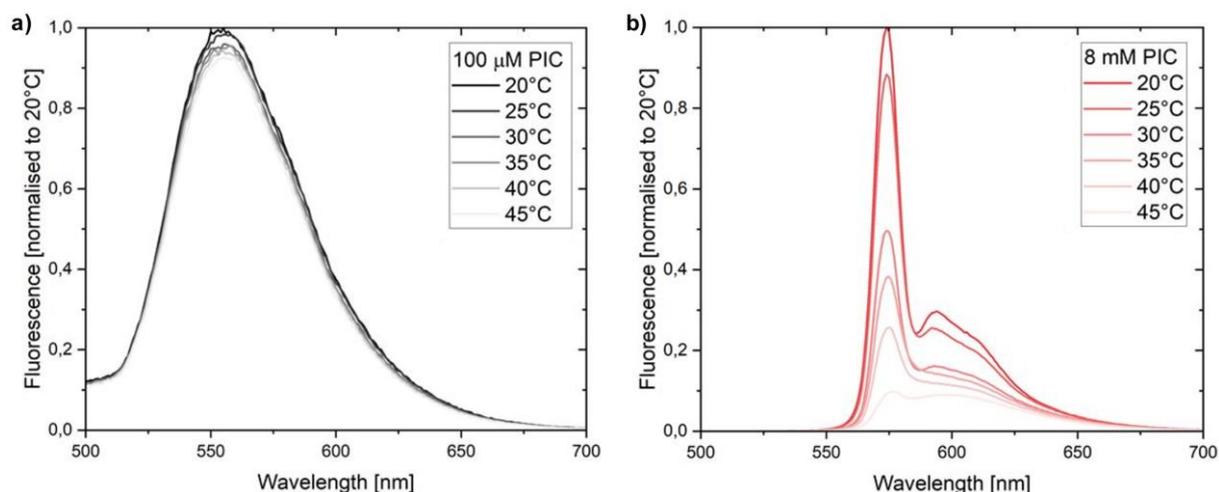
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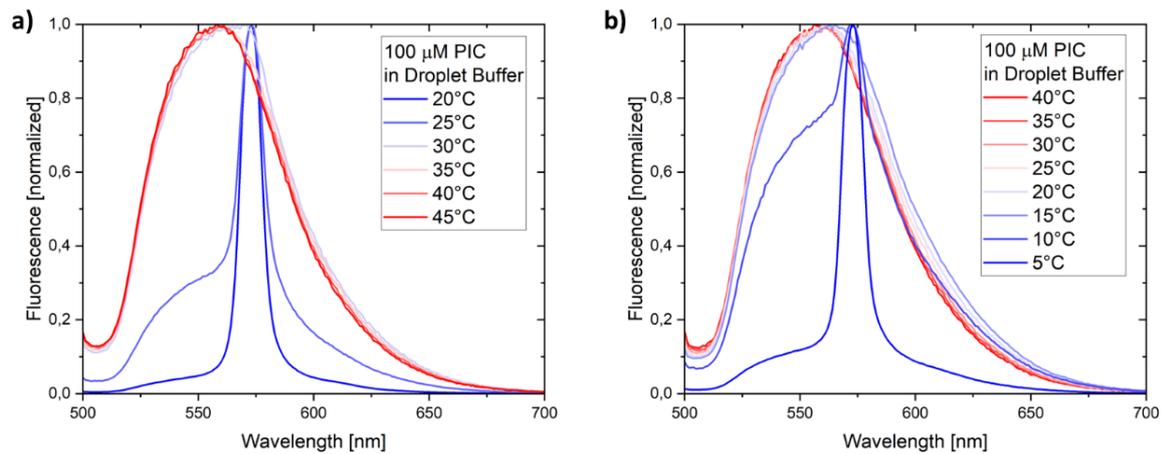
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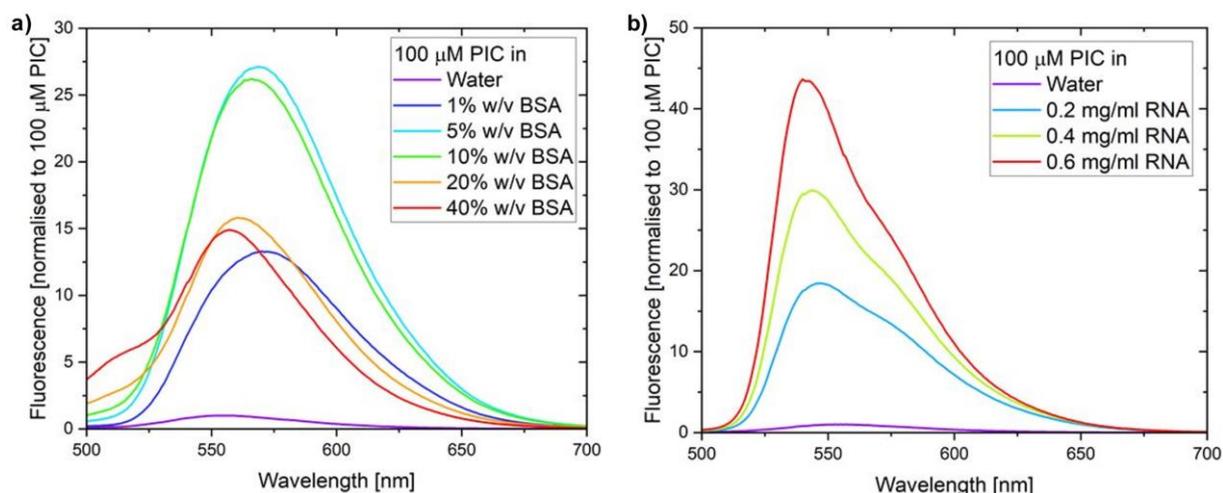
Supplementary Fig. 1. Absorption spectra of PIC in aqueous solution. The monomer (100 μM , black) shows a main peak at 523 nm and a 2nd peak at 491 nm. Beyond the aggregation threshold (8 mM, red), a sharp peak at 573 nm, characteristic of the J-aggregate, is observed.



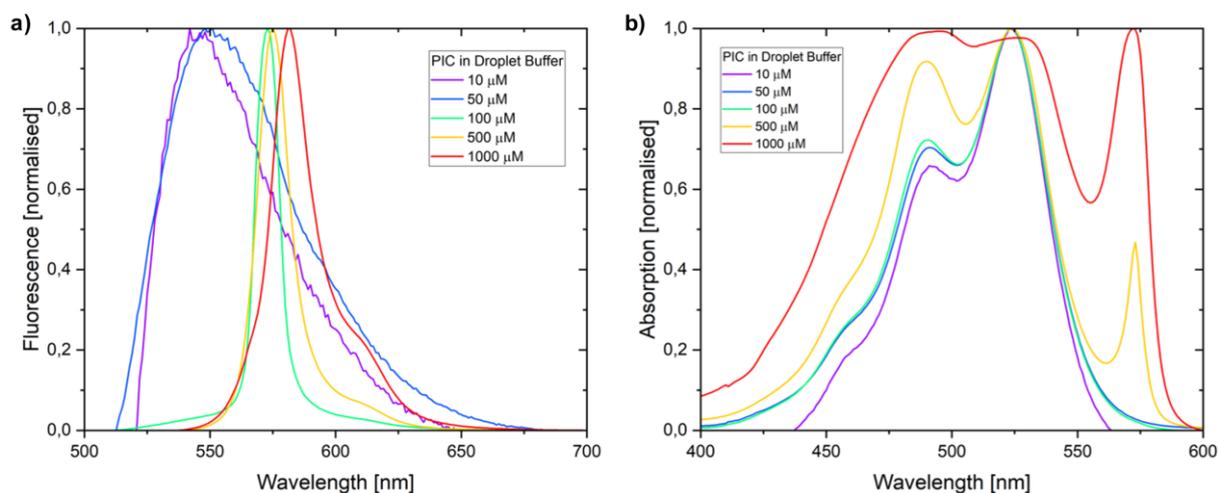
Supplementary Fig. 2. Temperature-dependent fluorescence spectra of PIC in aqueous solution. a) The fluorescence of monomeric PIC (black) appeared as a broad spectrum from 500 nm to 700 nm with a peak at around 555 nm and reduced fluorescence at higher temperatures. b) The sharp fluorescence peak of the J-aggregate (red) was located at 575 nm. The shoulder at higher wavelength could be assigned to smaller PIC multimers. The aggregate solution showed a strong fluorescence decrease with increasing temperatures. Furthermore, the J-aggregate peak intensity at 575 nm decreased to the shoulder level at higher temperatures, suggesting that the J-aggregates break into smaller multimers with increased temperature.



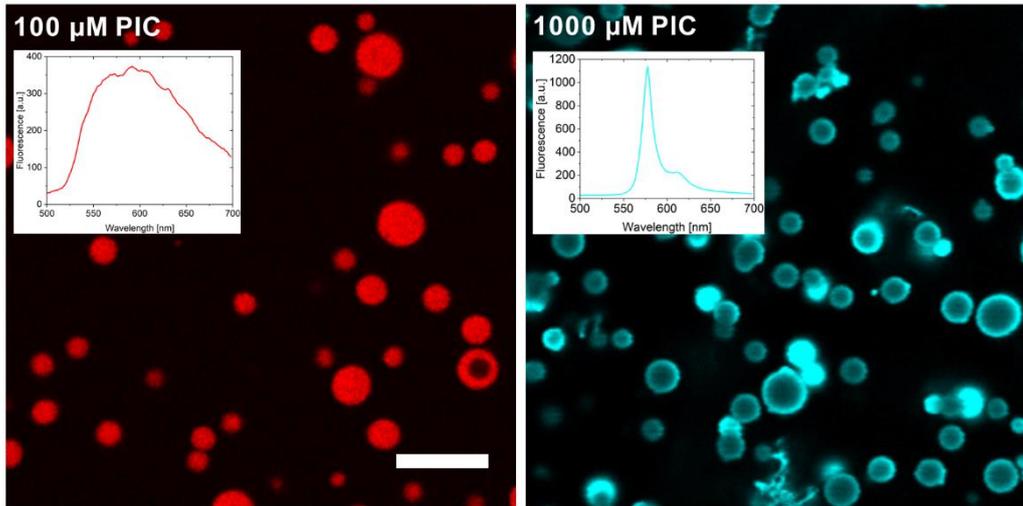
Supplementary Fig. 3. Temperature-dependent fluorescence spectra of PIC in droplet buffer. a) The fluorescence of the J-aggregated PIC at 20°C transitions into the monomeric PIC fluorescence with rising temperature (20 to 45°C). b) The same solution was then cooled down, which resulted into the reformation of the J-aggregate.



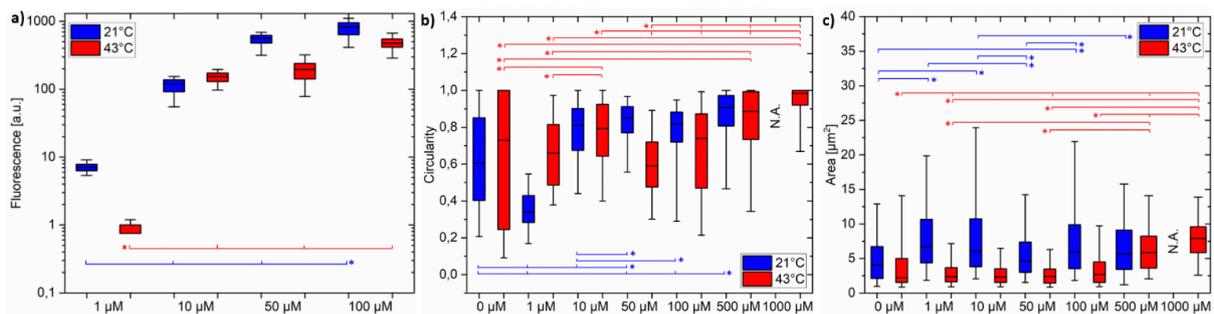
Supplementary Fig. 4. Spectra of monomeric PIC in aqueous solution with BSA and total RNA. a) The fluorescence of monomeric PIC (purple) was strongly increased with added BSA. While the fluorescence increased to a maximum at 5% w/v BSA, a further increase in concentration led to a decrease in fluorescence. A shoulder appeared at 510 nm with increasing BSA concentration. b) The fluorescence of monomeric PIC (purple) was strongly and linearly increased with added total RNA concentration.



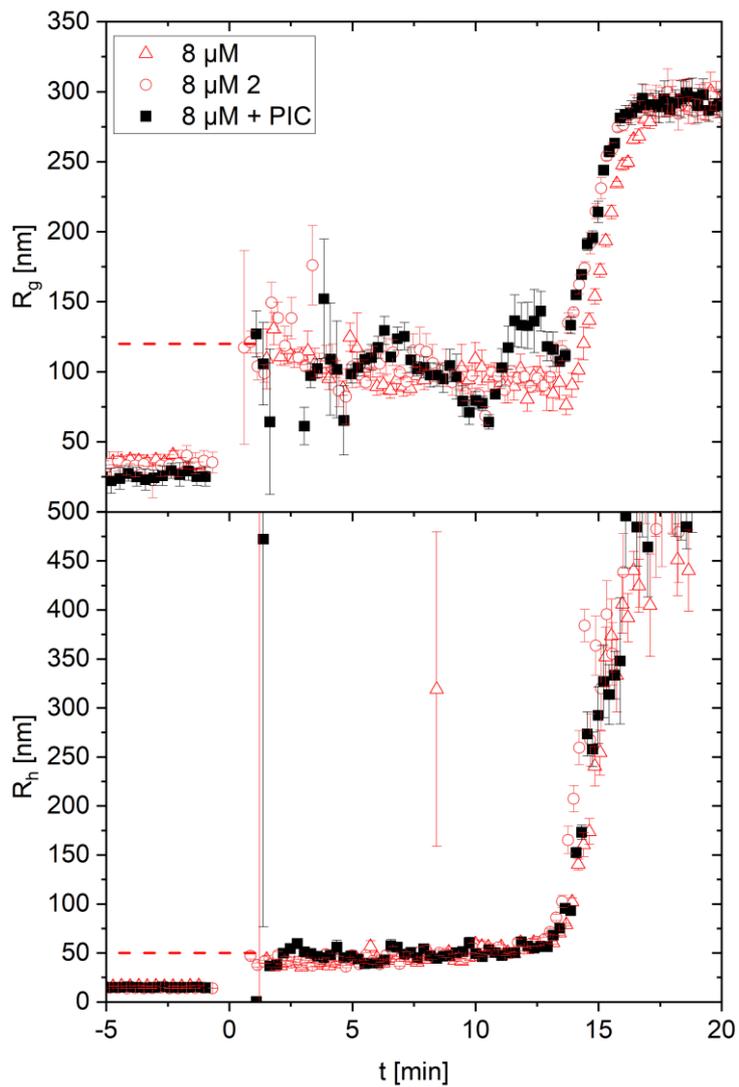
Supplementary Fig. 5. Spectra of PIC in droplet buffer at various PIC concentrations. a) Monomeric PIC was observed for 10 and 50 μM, higher concentrations of PIC showed the narrow peak of the J-aggregate (100 to 1000 μM). b) The absorption spectra of PIC showed for the concentration from 10 to 100 μM the spectrum of the monomeric PIC, while the narrow peak of the J-aggregate at 573 nm was apparent at 500 and 1000 μM.



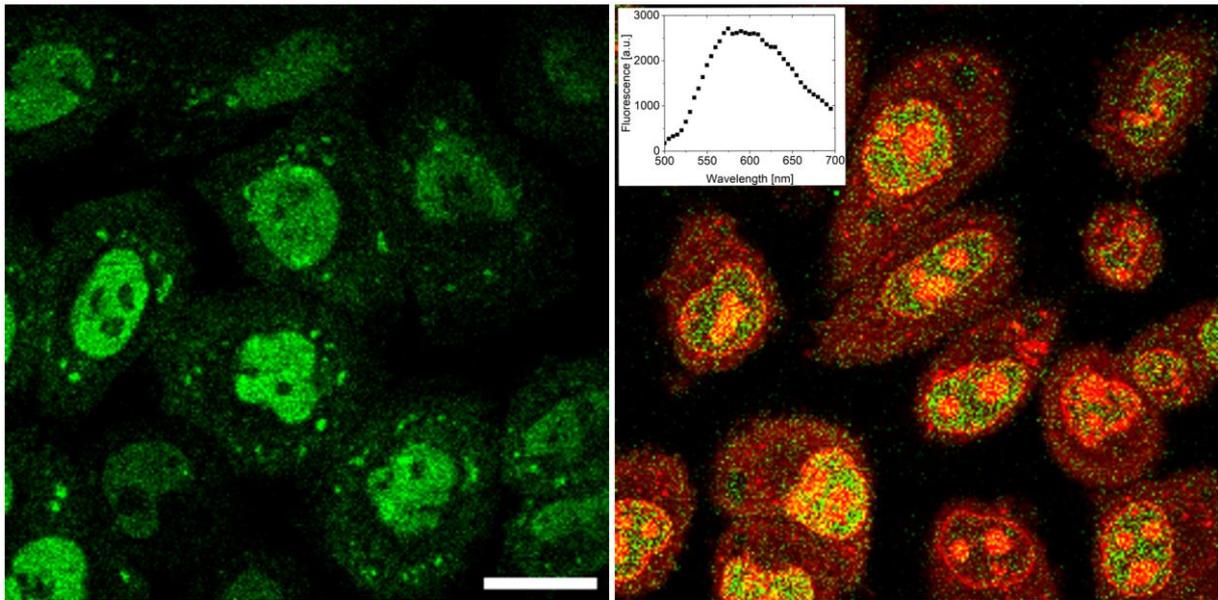
Supplementary Fig. 6. PIC solution at a concentration of 100 μM (monomeric PIC) and 1000 μM (aggregated PIC) was added to matured droplets at 21°C. *Left:* PIC monomer was enriched within droplets (*inset:* fluorescence spectrum of PIC in the droplets). *Right:* PIC aggregates accumulated on the surface of the droplets after addition to the solution (*inset:* fluorescence spectrum of PIC aggregates). The scale bar represents 10 μm .



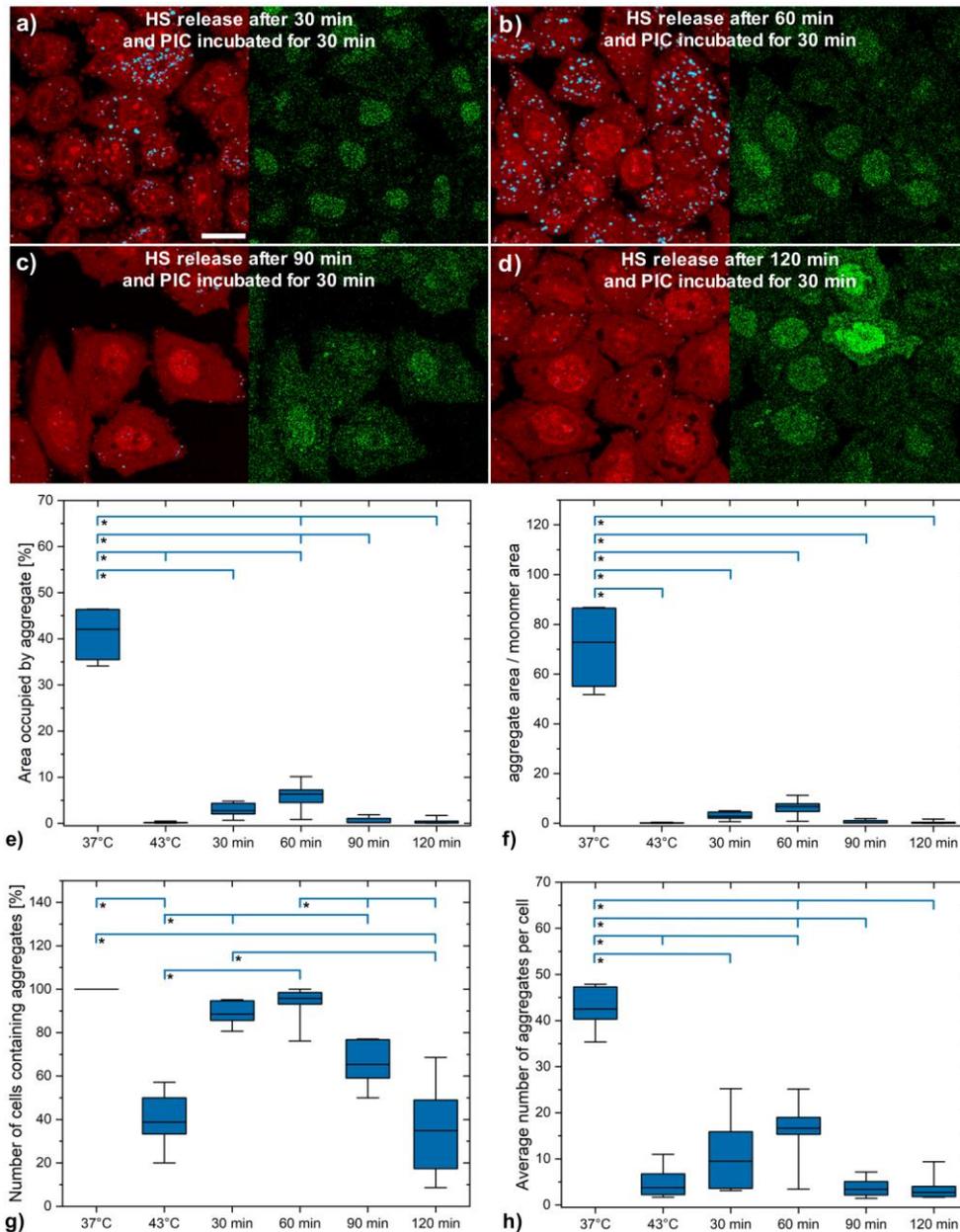
Supplementary Fig. 7. Fluorescence intensity (a), circularity (b), and area (c) of FUS droplets at 21°C and 43°C and different PIC concentrations. At each concentration over 150 droplets were evaluated. ANOVA analysis revealed significance ($p < 0.05$) in the asterisks marked cases. The whiskers represent 5-95% of all data points. Details in Supplementary Table 3.



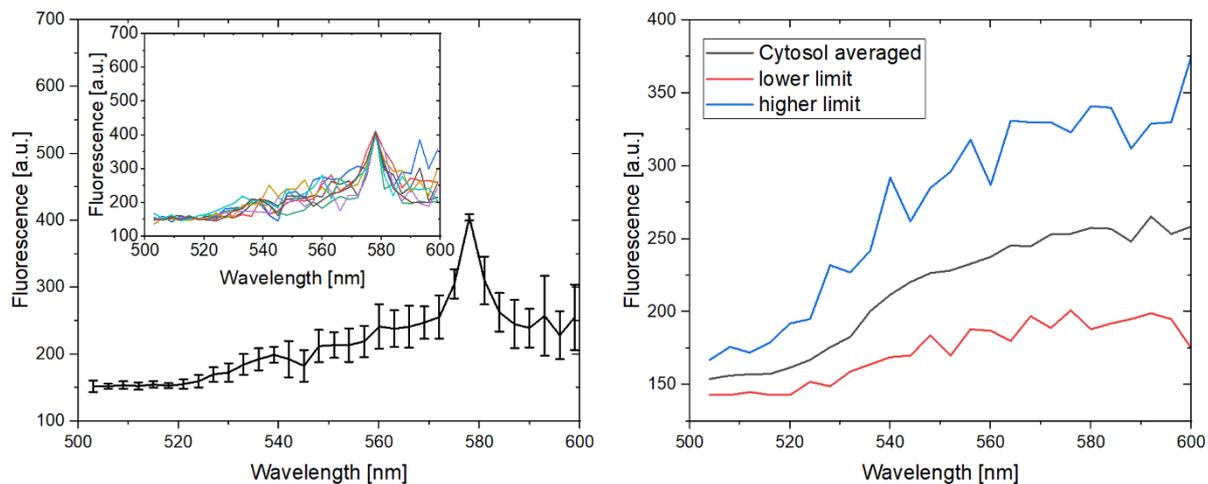
Supplementary Fig. 8. Evolution of the radius of gyration R_g and hydrodynamic radius R_h before and during the liquid-liquid phase separation of 8 μM MBP-FUS without PIC (Δ , \circ) and with 50 μM PIC (\blacksquare) in buffer triggered by adding MBP-FUS into 0.1 mg/l TEV. The red dashed lines represent the radius of gyration and hydrodynamic radius of pure FUS in buffer. Data points at the negative time represent TEV in buffer.



Supplementary Fig. 9. HeLa^{FUS-GFP} cells stressed by 1 mM sodium arsenate for 1 h at 37°C (*left*). Incubation with PIC and arsenate for 30 min led to monomeric PIC in the cells (*right*, fluorescence spectrum shown as inset). Scale bar represents 20 μm .



Supplementary Fig. 10. HeLa^{FUS-GFP} cells were treated with different durations of HS (30, 60, 90 and 120 min) and afterwards recovered at 37°C for 30 min. a-d) PIC aggregates (blue) and monomers (red) were assigned based on their intensity and spectrum (see Methods section “Confocal laser scanning microscopy” for details). *Left images:* PIC monomer (red), J-aggregate (blue); *Right images:* FUS-GFP (green). PIC was added after HS and incubated at 37°C for 30 min. The scale bar represents 20 μ m. e-h) Cell population statistics for the exemplary images shown in a-d) analysing the area occupied by PIC aggregates in the cytoplasm (e), aggregate area divided by monomer area (f), number of cells containing aggregates (g) and average number of aggregates per cell (h). The results were compared to physiological conditions (37°C) and HS (43°C) without recovery to 37°C. ANOVA analysis revealed significance ($p < 0.05$) in the asterisks marked cases. The whiskers represent 5-95% of all data points. Details in Supplementary Table 4.



Supplementary Fig. 11. Threshold of fluorescence intensity to distinguish between the monomer and J-aggregate of PIC. Left: The peak at 575 nm indicated J-aggregate. Inset: Intensities above 400 were unambiguously attributed to J-aggregates. Right: Average fluorescence intensity (black) of the monomer with the higher (blue) and lower (red) fluorescence limit.

Supplementary Table 1. Count of cells with SGs and co-localisation of PIC and vice versa at 43°C (Figure 1). The measurements were conducted at 5 independent days including 10 samples from a single cell batch each day.

| Sample # | Cell with SGs | FUS SGs count | Co-loc. with PIC accumulations [%] | Count PIC accumulations | Co-loc. with FUS SGs [%] | Area occupied by SGs [%] |
|----------|---------------|---------------|------------------------------------|-------------------------|--------------------------|--------------------------|
| 1 | 10 | 28 | 82 | 151 | 15 | 1,0 |
| 2 | 8 | 40 | 72 | 379 | 8 | 1,2 |
| 3 | 5 | 40 | 60 | 103 | 23 | 2,8 |
| 4 | 6 | 14 | 64 | 76 | 12 | 1,1 |
| 5 | 7 | 18 | 44 | 93 | 8 | 1,6 |
| 6 | 6 | 38 | 66 | 169 | 15 | 4,1 |
| 7 | 4 | 22 | 50 | 66 | 17 | 1,9 |
| 8 | 5 | 58 | 38 | 171 | 13 | 1,9 |
| 9 | 6 | 21 | 67 | 86 | 16 | 1,7 |
| 10 | 5 | 29 | 59 | 64 | 27 | 2,8 |
| 11 | 6 | 29 | 48 | 146 | 10 | 2,0 |
| 12 | 6 | 20 | 60 | 159 | 7 | 2,7 |
| 13 | 9 | 29 | 59 | 220 | 8 | 2,5 |
| 14 | 5 | 36 | 31 | 84 | 13 | 2,8 |
| 15 | 10 | 36 | 42 | 260 | 6 | 1,3 |
| 16 | 8 | 29 | 72 | 250 | 8 | 2,9 |
| 17 | 10 | 47 | 40 | 111 | 17 | 2,4 |
| 18 | 8 | 31 | 42 | 86 | 16 | 2,0 |
| 19 | 7 | 38 | 58 | 328 | 6 | 1,8 |
| 20 | 9 | 18 | 94 | 162 | 10 | 3,8 |
| 21 | 8 | 61 | 46 | 264 | 11 | 2,2 |
| 22 | 7 | 53 | 53 | 316 | 9 | 1,8 |
| 23 | 5 | 18 | 44 | 125 | 6 | 2,2 |
| 24 | 7 | 46 | 61 | 290 | 10 | 1,6 |
| 25 | 8 | 34 | 62 | 314 | 6 | 1,5 |
| 26 | 6 | 12 | 75 | 157 | 5 | 5,1 |
| 27 | 7 | 26 | 58 | 157 | 10 | 1,9 |
| 28 | 10 | 44 | 73 | 418 | 7 | 6,5 |
| 29 | 10 | 48 | 56 | 280 | 9 | 3,6 |
| 30 | 8 | 35 | 51 | 268 | 7 | 5,5 |
| 31 | 8 | 28 | 75 | 346 | 5 | 5,2 |
| 32 | 5 | 31 | 68 | 274 | 8 | 3,3 |
| 33 | 5 | 34 | 56 | 181 | 10 | 2,6 |
| 34 | 6 | 32 | 53 | 241 | 7 | 4,4 |
| 35 | 5 | 30 | 67 | 159 | 13 | 1,8 |
| 36 | 3 | 30 | 67 | 143 | 14 | 3,4 |
| 37 | 6 | 12 | 58 | 162 | 4 | 3,5 |
| 38 | 6 | 29 | 79 | 399 | 6 | 2,4 |
| 39 | 4 | 22 | 77 | 149 | 11 | 1,8 |
| 40 | 10 | 20 | 55 | 130 | 8 | 1,5 |
| 41 | 7 | 44 | 70 | 328 | 9 | 3,4 |
| 42 | 6 | 17 | 71 | 242 | 5 | 1,6 |
| 43 | 6 | 30 | 63 | 298 | 6 | 1,3 |
| 44 | 3 | 21 | 52 | 99 | 11 | 1,3 |
| 45 | 9 | 26 | 50 | 254 | 5 | 3,6 |
| 46 | 10 | 23 | 78 | 311 | 6 | 3,2 |
| 47 | 9 | 28 | 86 | 219 | 11 | 3,1 |
| 48 | 6 | 17 | 59 | 133 | 8 | 4,7 |
| 49 | 7 | 29 | 45 | 125 | 10 | 2,0 |
| 50 | 9 | 24 | 67 | 242 | 6 | 3,7 |

Supplementary Table 2. Two-sample t-test results on SG properties (Figure 1d-f). N=10 for FRAP experiments and N=50 for circularity and area.

| Reference | p-value |
|-----------------------------|----------|
| Mobile fraction (Figure 1d) | 0.00577 |
| Circularity (Figure 1e) | < 0.0001 |
| Area (Figure 1f) | 0.00408 |

Supplementary Table 3. One-way ANOVA calculated the significance for Supplementary Fig. 7. At each condition at least 150 droplets were evaluated, from 3 technical replicates.

| References | Fluorescence 21°C (Supplementary Fig. a) | Fluorescence 43°C (Supplementary Fig. a) | Circularity 21°C (Supplementary Fig. b) | Circularity 43°C (Supplementary Fig. b) | Area 21° (Supplementary Fig. c) | Area 43°C (Supplementary Fig. c) |
|-------------------|------------------------------------------|------------------------------------------|-----------------------------------------|-----------------------------------------|---------------------------------|----------------------------------|
| 0 µM to 1 µM | NA | NA | <0,0001 | 0,9867 | <0,0001 | 0,1262 |
| 0 µM to 10 µM | NA | NA | <0,0001 | <0,0001 | <0,0001 | 0,0232 |
| 0 µM to 50 µM | NA | NA | <0,0001 | 0,7255 | 0,2157 | 0,0993 |
| 0 µM to 100 µM | NA | NA | <0,0001 | 0,7603 | <0,0001 | 0,9756 |
| 0 µM to 500 µM | NA | NA | <0,0001 | <0,0001 | 0,1296 | <0,0001 |
| 0 µM to 1000 µM | NA | NA | NA | <0,0001 | NA | 0 |
| 1 µM to 10 µM | <0,0001 | NA | <0,0001 | <0,0001 | 0,9146 | 0,9823 |
| 1 µM to 50 µM | <0,0001 | NA | <0,0001 | 0,1306 | <0,0001 | 0,9993 |
| 1 µM to 100 µM | <0,0001 | NA | <0,0001 | 0,09965 | 0,6803 | 0,3180 |
| 1 µM to 500 µM | NA | NA | <0,0001 | <0,0001 | 0,0693 | <0,0001 |
| 1 µM to 1000 µM | NA | NA | NA | <0,0001 | NA | 0 |
| 10 µM to 50 µM | <0,0001 | 0 | <0,0001 | <0,0001 | <0,0001 | 0,9999 |
| 10 µM to 100 µM | <0,0001 | 0 | 0,8741 | <0,0001 | 0,8433 | 0,0527 |
| 10 µM to 500 µM | NA | NA | 0,0011 | 0,1206 | 0,0196 | <0,0001 |
| 10 µM to 1000 µM | NA | NA | NA | <0,0001 | NA | 0 |
| 50 µM to 100 µM | <0,0001 | 0 | <0,0001 | 0,0011 | <0,0001 | 0,2602 |
| 50 µM to 500 µM | NA | NA | 0,5408 | <0,0001 | 0,8517 | <0,0001 |
| 50 µM to 1000 µM | NA | NA | NA | 0 | NA | 0 |
| 100 µM to 500 µM | NA | NA | <0,0001 | <0,0001 | 0,1195 | <0,0001 |
| 100 µM to 1000 µM | NA | NA | NA | 0 | NA | 0 |
| 500 µM to 1000 µM | NA | NA | NA | <0,0001 | NA | <0,0001 |

Supplementary Table 4. One way ANOVA calculated significances for Supplementary Fig. 10.

| References | Area occupied by aggregates (Supplementary Fig. a) | Aggregate area / monomer area (Supplementary Fig. b) | Number of cells containing aggregates (Supplementary Fig. c) | Average aggregates per cell (Supplementary Fig. d) |
|-------------------|----------------------------------------------------|------------------------------------------------------|--------------------------------------------------------------|----------------------------------------------------|
| 43°C to 37°C | <0,0001 | <0,0001 | <0,0001 | <0,0001 |
| 30 min to 37°C | <0,0001 | <0,0001 | 0,6278 | <0,0001 |
| 30 min to 43°C | 0,5474 | 0,9784 | <0,0001 | 0,0846 |
| 60 min to 37°C | <0,0001 | <0,0001 | 0,8279 | <0,0001 |
| 60 min to 43°C | 0,0145 | 0,6201 | <0,0001 | 0,0008 |
| 60 min to 30 min | 0,4289 | 0,9528 | 0,9895 | 0,0435 |
| 90 min to 37°C | <0,0001 | <0,0001 | 0,0011 | <0,0001 |
| 90 min to 43°C | 0,9997 | 0,9999 | 0,0182 | 0,9998 |
| 90 min to 30 min | 0,7738 | 0,9929 | 0,0439 | 0,1833 |
| 90 min to 60 min | 0,0435 | 0,8386 | 0,0110 | 0,0029 |
| 120 min to 37°C | <0,0001 | <0,0001 | <0,0001 | <0,0001 |
| 120 min to 43°C | 0,9999 | 1 | 0,9943 | 1 |
| 120 min to 30 min | 0,6983 | 0,9891 | <0,0001 | 0,1165 |
| 120 min to 60 min | 0,0321 | 0,7069 | <0,0001 | 0,0016 |
| 120 min to 90 min | 0,9999 | 1 | 0,0075 | 0,9999 |

Supplementary Table 5. Average of the ratio of R_g to R_h during droplet formation of 8 mg/l MBP-FUS in the absence and presence of 50 µM PIC.

| Sample | R_g/R_h during droplet formation |
|----------------------|------------------------------------|
| 8 mg/l MBP-FUS | 0,71 |
| 8 mg/l MBP-FUS 2 | 0,82 |
| 8 mg/l MBP-FUS + PIC | 0,93 |