Four-Year Follow-up of Weight Loss Maintenance Using Electronic Medical Record Data: The PROPEL Trial

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Table S1. Comparison of baseline descriptive characteristics among PROPEL patients with and without EMR follow-up data.

|	Patients with EMR Follow-Up	Patients without EMR Follow-Up	P for Difference*
Patients, n	307	496	
Age, y	54.1 (11.8)	46.5 (13.0)	<0.0001
Weight, kg	103.0 (18.2)	101.5 (15.6)	0.21
BMI, kg/m²	37.1 (4.7)	37.3 (4.6)	0.45
Female Sex, n (%)	232 (75.6)	446 (89.9)	<0.0001
Race, n (%)			0.59
Black	203 (66.1)	337 (67.9)	
White	88 (28.7)	120 (24.2)	
Other	16 (5.2)	39 (7.9)	
Hispanic, n (%)	15 (4.9)	17 (3.4)	0.30
Income, n (%)			<0.0001
<$10,000	41 (13.4)	115 (23.2)	
$10-19,999	50 (16.3)	118 (23.8)	
$20-39,999	72 (23.5)	119 (24.0)	
$40-59,999	47 (15.3)	70 (14.1)	
≥$60,000	90 (29.3)	64 (12.9)	
Missing	7 (2.3)	10 (2.0)	
Health Literacy, n (%)			0.93
≤8ᵗʰ grade	95 (30.9)	152 (30.7)	
≥9ᵗʰ grade	212 (69.1)	344 (69.4)	
Food Insecurity, n (%)	98 (31.9)	149 (30.0)	0.57
Diabetes, n (%)	95 (30.9)	112 (22.5)	0.009

*Significant differences were determined with a two-samples t-test for continuous variables and a chi-square test for categorical variables.
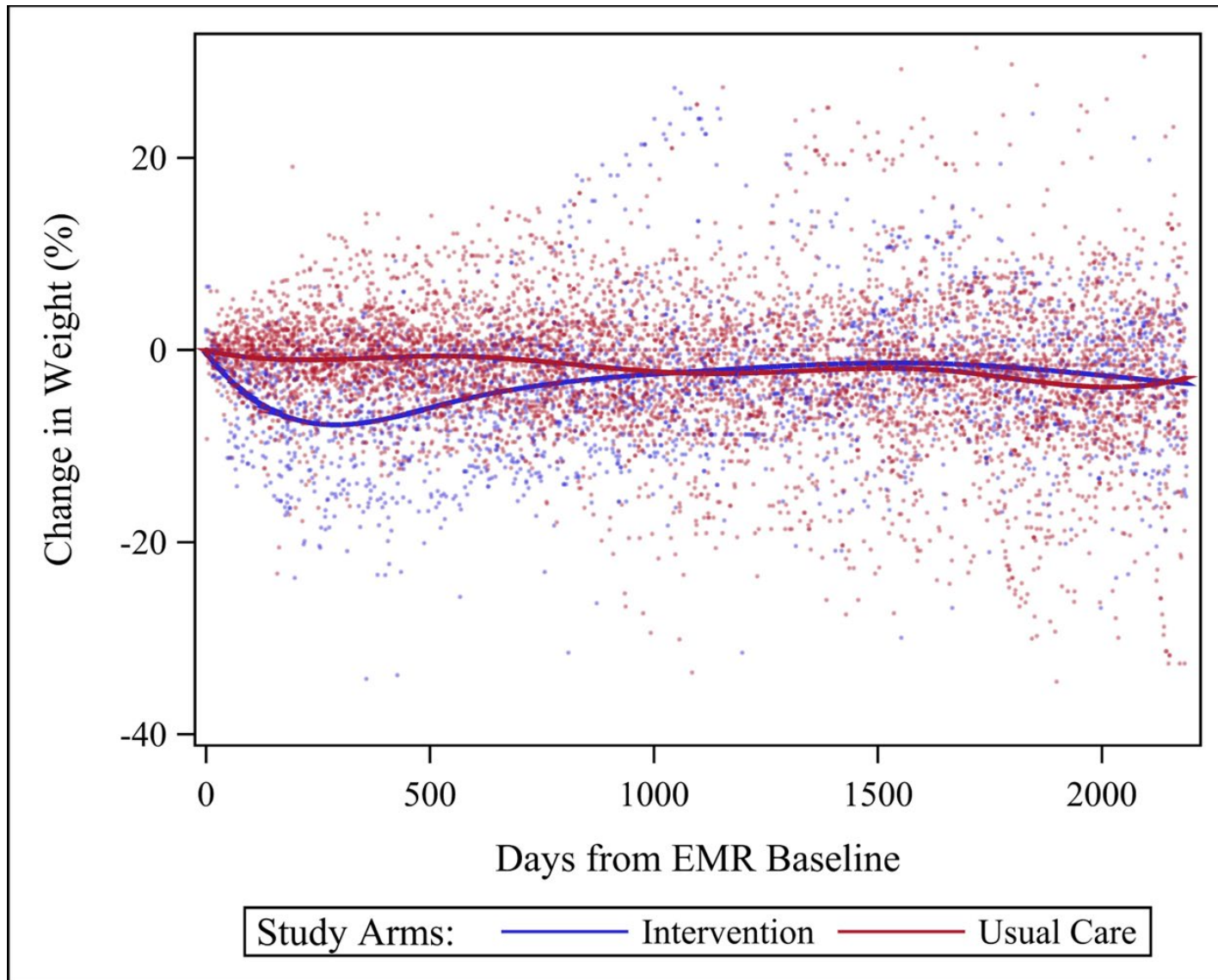
Figure S1. Individual data points and trends over time in the Intensive Lifestyle Intervention and Usual Care groups. Data obtained from electronic medical records (EMRs).
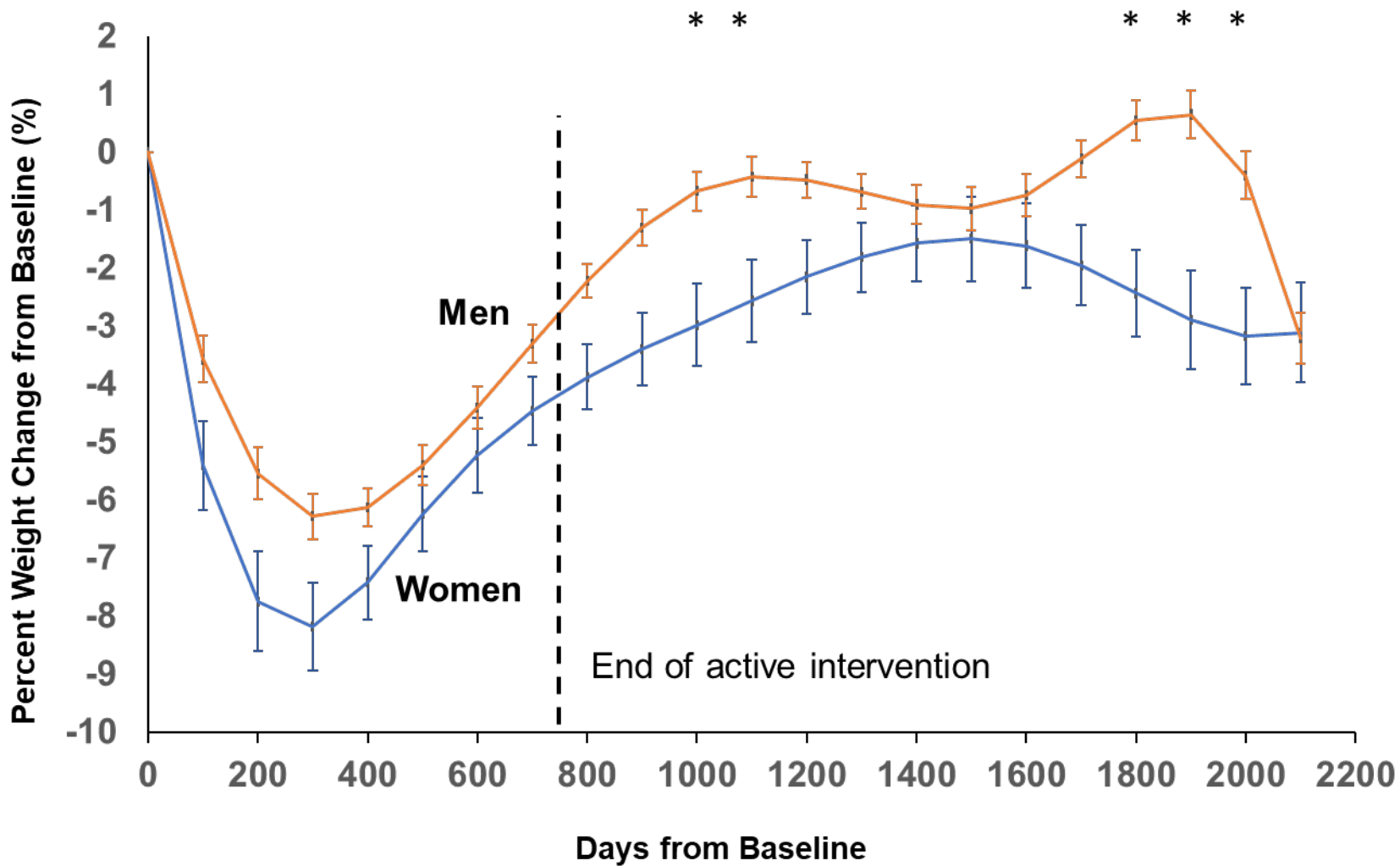
Figure S2. Percent weight loss from baseline in men and women. Error bars represent standard errors. The vertical dotted line indicates the end of the active study phase; *P<0.05 between groups.
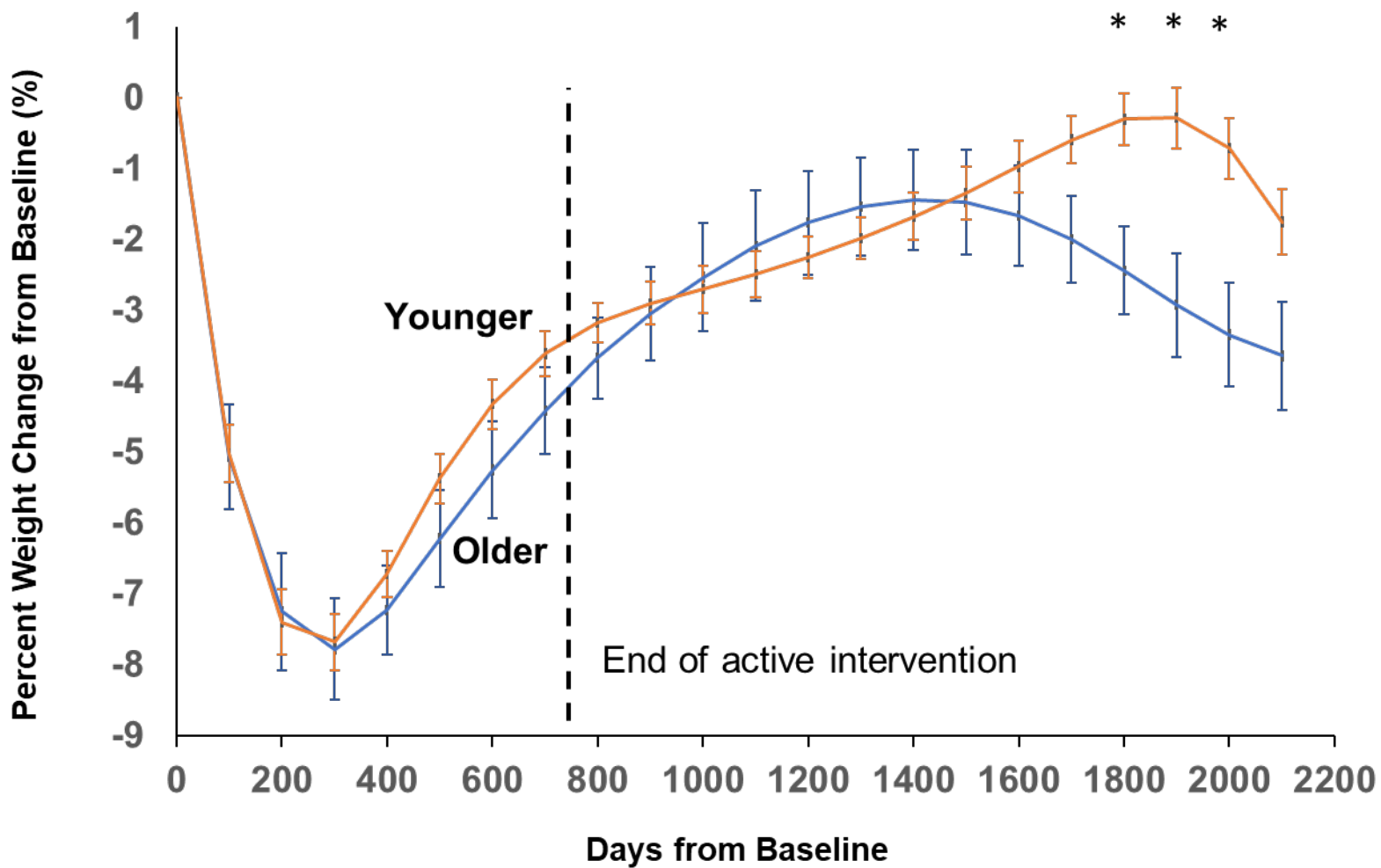
Figure S3. Percent weight loss from baseline in younger (<52 y) and older (≥52 y) age groups. Error bars represent standard errors. The vertical dotted line indicates the end of the active study phase; *P<0.05 between groups.
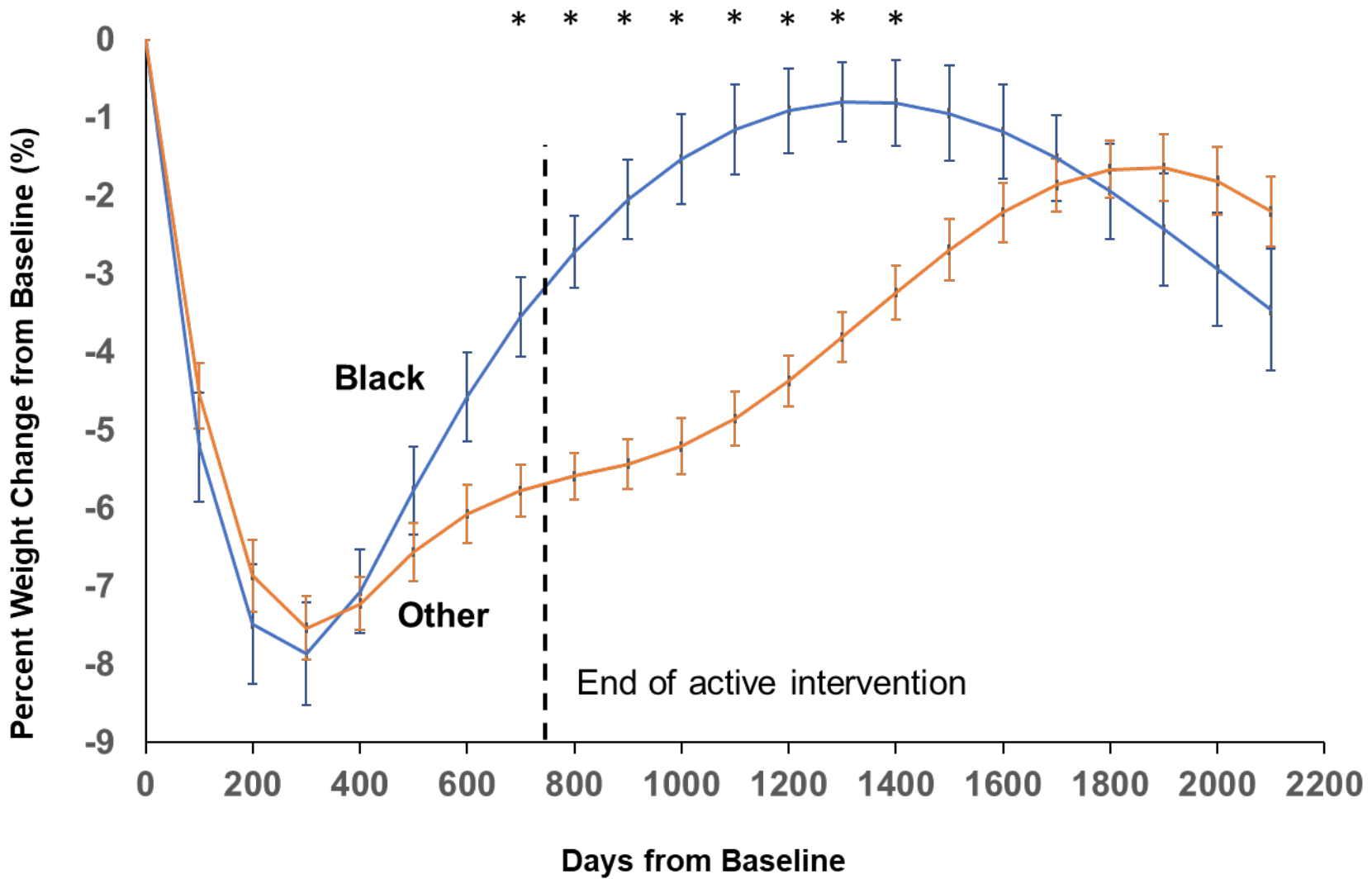
Figure S4. Percent weight loss from baseline in Black and Other races. Error bars represent standard errors. The vertical dotted line indicates the end of the active study phase; *P<0.05 between groups.