

Supplementary Materials

Effect of COVID-19. Two hundred and six of the visits in our central dataset were before the onset of COVID-19 in the US (defined as February 1, 2020), while 35 of the visits were after that date. All data gathered during the COVID-19 pandemic were collected after the child's social transition and therefore the mental health effects of COVID-19 could impact data after, but not before, social transition. In our sample for this paper, we had too little data collected during COVID-19 to meaningfully test for a COVID-19 impact. Therefore, we assessed whether COVID-19 was related to PROMIS scores from parents of *other* gender diverse youth collected by our lab.

Using the same July 1st, 2021 cutoff, we included data from the kids in the Trans Youth Project. Out of the 317 possible children to include, N = 178 had parent-reported PROMIS data before and after the onset of COVID (712 total visits at which internalizing data were reported). We use linear multi-level models with (a) a random intercept per participant and (b) COVID-19 as a visit-level fixed effect (contrast codes: pre-COVID = -0.5; COVID = 0.5). We see that internalizing symptoms, and especially depression, increased significantly after the start of the COVID-19 pandemic (Table S1). These analyses were conducted using the full short-form (not the age-adjusted scoring).

Table S1. COVID-19 Impact in Longitudinal Youth Dataset

Fixed Effects	Anxiety		Depression	
	Estimates	p	Estimates	p
Intercept	51.73	< 0.001	51.24	< 0.001
COVID	1.41	0.013	3.06	< 0.001
Random Effects				
σ^2	45.23		36.56	
τ_{00}	47.90 _{subject}		28.43 _{subject}	
ICC	0.51		0.44	

N	177 _{subject}	178 _{subject}
Obs.	710	712
R ² : Margin. / Condit.	0.004 / 0.516	0.029 / 0.454

Transition Effect - Specific Model Results. We present a multiverse analysis of transition-related mental health change in this article's main text. Here, we include the model results for all models included in the main text and the Figure 1 Forest Plot.

Table S2. Anxiety - Pre-COVID Visits - All Transitioners - Not Age Adjusted – Models A-C

<i>Predictors</i>	Model A			Model B			Model C		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	54.34	51.78 – 56.90	<0.001	53.62	50.54 – 56.70	<0.001	54.60	52.16 – 57.04	<0.001
Social Transition Status	-1.78	-3.93 – 0.37	0.104	-1.76	-3.91 – 0.38	0.107	-3.50	-6.09 – -0.92	0.008
Gender				-2.59	-8.73 – 3.55	0.400			
Age (linear)							0.07	0.01 – 0.13	0.022
Random Effects									
σ^2	46.34			46.31			46.52		
τ_{00}	59.96 _{subject}			60.56 _{subject}			52.64 _{subject}		
ICC	0.56			0.57			0.53		
N	45 _{subject}			45 _{subject}			45 _{subject}		
Obs.	193			193			193		
R ² : Margin. / Condit.	0.007 / 0.567			0.018 / 0.575			0.060 / 0.559		

Table S3. Anxiety - Pre-COVID Visits - All Transitioners - Not Age Adjusted – Models D-F

<i>Predictors</i>	Model D			Model E			Model F		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	54.17	51.19 – 57.15	<0.001	55.69	53.06 – 58.31	<0.001	55.27	52.14 – 58.40	<0.001
Social Transition Status	-3.42	-6.02 – -0.82	0.010	-3.78	-6.36 – -1.20	0.004	-3.70	-6.30 – -1.11	0.005
Age (linear)	0.07	0.01 – 0.13	0.032	0.09	0.02 – 0.15	0.007	0.08	0.02 – 0.15	0.010
Gender	-1.52	-7.46 – 4.41	0.607				-1.47	-7.34 – 4.41	0.617
Age (quadratic)				-0.00	-0.00 – -0.00	0.043	-0.00	-0.00 – -0.00	0.044
Random Effects									
σ^2	46.47			45.80			45.77		
τ_{00}	53.99 _{subject}			51.57 _{subject}			52.84 _{subject}		
ICC	0.54			0.53			0.54		
N	45 _{subject}			45 _{subject}			45 _{subject}		
Obs.	193			193			193		
R ² : Margin. / Condit.	0.064 / 0.567			0.082 / 0.568			0.085 / 0.575		

Table S4. Anxiety - Pre-COVID Visits - All Transitioners - Age Adjusted – Models A - C

<i>Predictors</i>	Model A			Model B			Model C		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	55.26	52.81 – 57.72	<0.001	54.71	51.75 – 57.68	<0.001	55.42	52.99 – 57.85	<0.001
Social Transition Status	-3.18	-5.32 – -1.04	0.004	-3.16	-5.30 – -1.02	0.004	-4.19	-6.77 – -1.61	0.002
Gender				-2.00	-7.91 – 3.91	0.498			
Age (linear)							0.04	-0.02 – 0.10	0.171
Random Effects									
σ^2	46.15			46.13			46.37		
τ_{00}	54.36 _{subject}			55.29 _{subject}			51.96 _{subject}		
ICC	0.54			0.55			0.53		
N	45 _{subject}			45 _{subject}			45 _{subject}		
Obs.	193			193			193		
R ² : Margin. / Condit.	0.023 / 0.551			0.030 / 0.559			0.044 / 0.549		

Table S5. Anxiety - Pre-COVID Visits - All Transitioners - Age Adjusted – Models D - F

<i>Predictors</i>	Model D			Model E			Model F		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	55.03	52.07 – 58.00	<0.001	55.60	52.96 – 58.24	<0.001	55.21	52.06 – 58.36	<0.001
Social Transition Status	-4.11	-6.71 – -1.52	0.002	-4.24	-6.83 – -1.64	0.002	-4.16	-6.78 – -1.54	0.002
Age (linear)	0.04	-0.02 – 0.10	0.208	0.05	-0.02 – 0.11	0.159	0.04	-0.02 – 0.11	0.194
Gender	-1.39	-7.29 – 4.51	0.638				-1.38	-7.28 – 4.53	0.640
Age (quadratic)				-0.00	-0.00 – 0.00	0.737	-0.00	-0.00 – 0.00	0.742
Random Effects									
σ^2	46.34			46.63			46.60		
τ_{00}	53.30 _{subject}			52.00 _{subject}			53.34 _{subject}		
ICC	0.53			0.53			0.53		
N	45 _{subject}			45 _{subject}			45 _{subject}		
Obs.	193			193			193		
R ² : Margin. / Condit.	0.048 / 0.557			0.046 / 0.549			0.048 / 0.556		

Table S6. Anxiety - Pre-COVID Visits - Single Transitioners - Not Age Adjusted – Models A - C

<i>Predictors</i>	Model A			Model B			Model C		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	54.47	51.74 – 57.20	<0.001	53.64	50.31 – 56.97	<0.001	54.80	52.18 – 57.41	<0.001
Social Transition Status	-2.40	-4.55 – -0.25	0.029	-2.39	-4.54 – -0.24	0.030	-4.22	-6.83 – -1.60	0.002
Gender				-2.93	-9.57 – 3.72	0.378			
Age (linear)							0.07	0.01 – 0.14	0.020
Random Effects									
σ^2	42.44			42.42			42.38		
τ_{00}	65.15	subject		65.65	subject		57.86	subject	
ICC	0.61			0.61			0.58		
N	42	subject		42	subject		42	subject	
Obs.	179			179			179		
R ² : Margin. / Condit.	0.012 / 0.610			0.026 / 0.618			0.070 / 0.607		

Table S7. Anxiety - Pre-COVID Visits - Single Transitioners - Not Age Adjusted – Models D - F

<i>Predictors</i>	Model D			Model E			Model F		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	54.23	51.00 – 57.46	<0.001	55.75	52.96 – 58.55	<0.001	55.18	51.82 – 58.54	<0.001
Social Transition Status	-4.13	-6.77 – -1.50	0.002	-4.42	-7.03 – -1.81	0.001	-4.34	-6.96 – -1.71	0.001
Age (linear)	0.07	0.01 – 0.14	0.028	0.09	0.02 – 0.15	0.008	0.08	0.02 – 0.15	0.011
Gender	-1.96	-8.37 – 4.45	0.539				-1.99	-8.33 – 4.35	0.530
Age (quadratic)				-0.00	-0.00 – 0.00	0.080	-0.00	-0.00 – 0.00	0.080
Random Effects									
σ^2	42.35			41.97			41.95		
τ_{00}	59.13 _{subject}			56.66 _{subject}			57.80 _{subject}		
ICC	0.58			0.57			0.58		
N	42 _{subject}			42 _{subject}			42 _{subject}		
Obs.	179			179			179		
R ² : Margin. / Condit.	0.076 / 0.615			0.089 / 0.612			0.094 / 0.619		

Table S8. Anxiety - Pre-COVID Visits - Single Transitioners - Age Adjusted – Models A - C

<i>Predictors</i>	Model A			Model B			Model C		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	55.35	52.72 – 57.98	<0.001	54.64	51.43 – 57.85	<0.001	55.55	52.95 – 58.15	<0.001
Social Transition Status	-3.60	-5.78 – -1.43	0.001	-3.59	-5.76 – -1.41	0.001	-4.73	-7.37 – -2.09	0.001
Gender				-2.48	-8.88 – 3.92	0.437			
Age (linear)							0.05	-0.02 – 0.11	0.144
Random Effects									
σ^2	43.39			43.37			43.48		
τ_{00}	59.20 _{subject}			59.96 _{subject}			56.74 _{subject}		
ICC	0.58			0.58			0.57		
N	42 _{subject}			42 _{subject}			42 _{subject}		
Obs.	179			179			179		
R ² : Margin. / Condit.	0.028 / 0.589			0.039 / 0.597			0.054 / 0.590		

Table S9. Anxiety - Pre-COVID Visits - Single Transitioners - Age Adjusted – Models D - F

<i>Predictors</i>	Model D			Model E			Model F		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	55.01	51.79 – 58.22	<0.001	55.64	52.83 – 58.45	<0.001	55.09	51.71 – 58.47	<0.001
Social Transition Status	-4.65	-7.31 – -2.00	0.001	-4.75	-7.40 – -2.09	0.001	-4.67	-7.34 – -2.00	0.001
Age (linear)	0.04	-0.02 – 0.11	0.175	0.05	-0.02 – 0.11	0.146	0.05	-0.02 – 0.11	0.176
Gender	-1.90	-8.26 – 4.47	0.551				-1.90	-8.28 – 4.48	0.551
Age (quadratic)				-0.00	-0.00 – 0.00	0.879	-0.00	-0.00 – 0.00	0.878
Random Effects									
σ^2	43.46			43.76			43.74		
τ_{00}	57.97 _{subject}			56.85 _{subject}			58.08 _{subject}		
ICC	0.57			0.57			0.57		
N	42 _{subject}			42 _{subject}			42 _{subject}		
Obs.	179			179			179		
R ² : Margin. / Condit.	0.060 / 0.597			0.055 / 0.589			0.060 / 0.596		

Table S10. Anxiety - All Visits - All Transitioners - Not Age Adjusted – Models A - C

<i>Predictors</i>	Model A			Model B			Model C		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	54.47	52.22 – 56.71	<0.001	53.52	50.90 – 56.14	<0.001	54.62	52.42 – 56.82	<0.001
Social Transition Status	-2.30	-4.43 – -0.17	0.034	-2.30	-4.43 – -0.17	0.034	-3.31	-5.93 – -0.69	0.013
Gender				-3.58	-8.79 – 1.62	0.173			
Age (linear)							0.03	-0.02 – 0.08	0.201
Random Effects									
σ^2	54.26			54.21			54.97		
τ_{00}	48.57 _{subject}			47.69 _{subject}			44.86 _{subject}		
ICC	0.47			0.47			0.45		
N	50 _{subject}			50 _{subject}			50 _{subject}		
Obs.	234			234			234		
R ² : Margin. / Condit.	0.011 / 0.478			0.033 / 0.486			0.025 / 0.463		

Table S11. Anxiety - All Visits - All Transitioners - Not Age Adjusted – Models D - F

<i>Predictors</i>	Model D			Model E			Model F		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	53.78	51.16 – 56.40	<0.001	55.88	53.45 – 58.32	<0.001	55.03	52.21 – 57.85	<0.001
Social Transition Status	-3.13	-5.76 – -0.49	0.020	-3.50	-6.10 – -0.90	0.008	-3.33	-5.94 – -0.71	0.013
Age (linear)	0.03	-0.02 – 0.08	0.300	0.04	-0.01 – 0.09	0.102	0.04	-0.02 – 0.09	0.163
Gender	-3.09	-8.27 – 2.10	0.237				-3.14	-8.36 – 2.09	0.233
Age (quadratic)				-0.00	-0.00 – -0.00	0.016	-0.00	-0.00 – -0.00	0.016
Random Effects									
σ^2	54.79			53.30			53.15		
τ_{00}	45.10 _{subject}			46.28 _{subject}			46.39 _{subject}		
ICC	0.45			0.46			0.47		
N	50 _{subject}			50 _{subject}			50 _{subject}		
Obs.	234			234			234		
R ² : Margin. / Condit.	0.042 / 0.474			0.044 / 0.488			0.060 / 0.498		

Table S12. Anxiety - All Visits - All Transitioners - Age Adjusted – Models A - C

<i>Predictors</i>	Model A			Model B			Model C		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	55.35	53.16 – 57.53	<0.001	54.54	51.99 – 57.10	<0.001	55.39	53.19 – 57.59	<0.001
Social Transition Status	-3.73	-5.84 – -1.61	0.001	-3.73	-5.84 – -1.61	0.001	-4.00	-6.60 – -1.41	0.003
Gender				-3.04	-8.12 – 2.03	0.234			
Age (linear)							0.01	-0.04 – 0.06	0.724
Random Effects									
σ^2	53.47			53.43			53.80		
τ_{00}	45.28 _{subject}			44.94 _{subject}			44.93 _{subject}		
ICC	0.46			0.46			0.46		
N	50 _{subject}			50 _{subject}			50 _{subject}		
Obs.	234			234			234		
R ² : Margin. / Condit.	0.030 / 0.475			0.047 / 0.482			0.032 / 0.473		

Table S13. Anxiety - All Visits - All Transitioners - Age Adjusted – Models A - C

<i>Predictors</i>	Model D			Model E			Model F		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	54.58	51.97 – 57.19	<0.001	55.69	53.27 – 58.12	<0.001	54.88	52.07 – 57.69	<0.001
Social Transition Status	-3.83	-6.44 – -1.22	0.004	-4.06	-6.66 – -1.45	0.002	-3.88	-6.50 – -1.26	0.004
Age (linear)	0.00	-0.05 – 0.05	0.894	0.01	-0.04 – 0.06	0.658	0.01	-0.05 – 0.06	0.822
Gender	-2.98	-8.15 – 2.20	0.253				-2.99	-8.18 – 2.21	0.253
Age (quadratic)				-0.00	-0.00 – 0.00	0.568	-0.00	-0.00 – 0.00	0.564
Random Effects									
σ^2	53.65			53.89			53.75		
τ_{00}	45.17 _{subject}			45.32 _{subject}			45.54 _{subject}		
ICC	0.46			0.46			0.46		
N	50 _{subject}			50 _{subject}			50 _{subject}		
Obs.	234			234			234		
R ² : Margin. / Condit.	0.047 / 0.482			0.033 / 0.475			0.048 / 0.484		

Table S14. Anxiety - All Visits - Single Transitioners - Not Age Adjusted – Models A - C

<i>Predictors</i>	Model A			Model B			Model C		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	54.60	52.22 – 56.98	<0.001	53.56	50.76 – 56.36	<0.001	54.78	52.44 – 57.12	<0.001
Social Transition Status	-2.90	-5.08 – -0.72	0.009	-2.90	-5.08 – -0.72	0.009	-3.93	-6.63 – -1.24	0.004
Gender				-3.83	-9.39 – 1.73	0.172			
Age (linear)							0.03	-0.02 – 0.09	0.204
Random Effects									
σ^2	52.06			52.02			52.67		
τ_{00}	52.04 _{subject}			50.98 _{subject}			48.48 _{subject}		
ICC	0.50			0.49			0.48		
N	47 _{subject}			47 _{subject}			47 _{subject}		
Obs.	217			217			217		
R ² : Margin. / Condit.	0.018 / 0.509			0.042 / 0.516			0.032 / 0.496		

Table S15. Anxiety - All Visits - Single Transitioners - Not Age Adjusted – Models D - F

<i>Predictors</i>	Model D			Model E			Model F		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	53.84	51.05 – 56.64	<0.001	56.02	53.44 – 58.59	<0.001	55.06	52.07 – 58.06	<0.001
Social Transition Status	-3.77	-6.47 – -1.07	0.006	-4.08	-6.75 – -1.40	0.003	-3.91	-6.59 – -1.23	0.004
Age (linear)	0.03	-0.02 – 0.08	0.290	0.04	-0.01 – 0.09	0.114	0.04	-0.02 – 0.09	0.170
Gender	-3.35	-8.88 – 2.18	0.228				-3.44	-9.01 – 2.12	0.219
Age (quadratic)				-0.00	-0.00 – -0.00	0.022	-0.00	-0.00 – -0.00	0.021
Random Effects									
σ^2	52.53			51.11			50.99		
τ_{00}	48.46 _{subject}			49.93 _{subject}			49.73 _{subject}		
ICC	0.48			0.49			0.49		
N	47 _{subject}			47 _{subject}			47 _{subject}		
Obs.	217			217			217		
R ² : Margin. / Condit.	0.051 / 0.506			0.051 / 0.520			0.068 / 0.528		

Table S16. Anxiety - All Visits - Single Transitioners - Age Adjusted – Models A - C

<i>Predictors</i>	Model A			Model B			Model C		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	55.43	53.11 – 57.75	<0.001	54.52	51.78 – 57.25	<0.001	55.49	53.15 – 57.82	<0.001
Social Transition Status	-4.15	-6.33 – -1.97	<0.001	-4.15	-6.33 – -1.97	<0.001	-4.47	-7.16 – -1.79	0.001
Gender				-3.39	-8.82 – 2.05	0.216			
Age (linear)							0.01	-0.04 – 0.06	0.690
Random Effects									
σ^2	52.02			51.98			52.35		
τ_{00}	48.80 _{subject}			48.21 _{subject}			48.41 _{subject}		
ICC	0.48			0.48			0.48		
N	47 _{subject}			47 _{subject}			47 _{subject}		
Obs.	217			217			217		
R ² : Margin. / Condit.	0.036 / 0.503			0.056 / 0.510			0.039 / 0.501		

Table S17. Anxiety - All Visits - Single Transitioners - Age Adjusted – Models D - F

<i>Predictors</i>	Model D			Model E			Model F		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	54.57	51.78 – 57.36	<0.001	55.79	53.22 – 58.35	<0.001	54.87	51.88 – 57.86	<0.001
Social Transition Status	-4.31	-7.01 – -1.62	0.002	-4.51	-7.21 – -1.82	0.001	-4.35	-7.06 – -1.65	0.002
Age (linear)	0.01	-0.05 – 0.06	0.842	0.01	-0.04 – 0.07	0.634	0.01	-0.05 – 0.06	0.780
Gender	-3.30	-8.82 – 2.22	0.235				-3.32	-8.86 – 2.22	0.234
Age (quadratic)				-0.00	-0.00 – 0.00	0.582	-0.00	-0.00 – 0.00	0.572
Random Effects									
σ^2	52.23			52.47			52.35		
τ_{00}	48.36 _{subject}			48.84 _{subject}			48.76 _{subject}		
ICC	0.48			0.48			0.48		
N	47 _{subject}			47 _{subject}			47 _{subject}		
Obs.	217			217			217		
R ² : Margin. / Condit.	0.056 / 0.510			0.040 / 0.503			0.057 / 0.512		

Table S18. Depressive Symptoms - Pre-COVID Visits - All Transitioners - Not Age Adjusted – Models A - C

<i>Predictors</i>	Model A			Model B			Model C		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	53.19	51.10 – 55.29	<0.001	52.70	50.15 – 55.24	<0.001	53.43	51.39 – 55.48	<0.001
Social Transition Status	-1.04	-2.88 – 0.80	0.264	-1.03	-2.87 – 0.81	0.270	-2.61	-4.80 – -0.43	0.019
Gender				-1.76	-6.84 – 3.31	0.487			
Age (linear)							0.07	0.01 – 0.12	0.012
Random Effects									
σ^2	34.82			34.80			34.19		
τ_{00}	40.41 _{subject}			41.05 _{subject}			37.78 _{subject}		
ICC	0.54			0.54			0.52		
N	46 _{subject}			46 _{subject}			46 _{subject}		
Obs.	199			199			199		
R ² : Margin. / Condit.	0.003 / 0.539			0.011 / 0.546			0.064 / 0.555		

Table S19. Depressive Symptoms - Pre-COVID Visits - All Transitioners - Not Age Adjusted – Models D - F

<i>Predictors</i>	Model D			Model E			Model F		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	53.20	50.69 – 55.72	<0.001	54.07	51.86 – 56.28	<0.001	53.85	51.20 – 56.49	<0.001
Social Transition Status	-2.58	-4.78 – -0.38	0.022	-2.78	-4.97 – -0.59	0.013	-2.75	-4.95 – -0.54	0.015
Age (linear)	0.07	0.01 – 0.12	0.016	0.08	0.02 – 0.13	0.005	0.07	0.02 – 0.13	0.007
Gender	-0.81	-5.82 – 4.19	0.744				-0.79	-5.75 – 4.18	0.750
Age (quadratic)				-0.00	-0.00 – 0.00	0.157	-0.00	-0.00 – 0.00	0.159
Random Effects									
σ^2	34.19			34.12			34.12		
τ_{00}	38.74 _{subject}			37.05 _{subject}			37.98 _{subject}		
ICC	0.53			0.52			0.53		
N	46 _{subject}			46 _{subject}			46 _{subject}		
Obs.	199			199			199		
R ² : Margin. / Condit.	0.065 / 0.562			0.074 / 0.556			0.075 / 0.562		

Table S20. Depressive Symptoms - Pre-COVID Visits - All Transitioners - Age Adjusted – Models A - C

<i>Predictors</i>	Model A			Model B			Model C		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	54.66	52.67 – 56.66	<0.001	54.39	51.96 – 56.82	<0.001	54.75	52.72 – 56.77	<0.001
Social Transition Status	-3.36	-5.25 – -1.47	0.001	-3.35	-5.24 – -1.46	0.001	-3.86	-6.10 – -1.62	0.001
Gender				-1.00	-5.84 – 3.84	0.680			
Age (linear)							0.02	-0.03 – 0.07	0.410
Random Effects									
σ^2	36.93			36.92			36.82		
τ_{00}	35.25 _{subject}			36.11 _{subject}			36.04 _{subject}		
ICC	0.49			0.49			0.49		
N	46 _{subject}			46 _{subject}			46 _{subject}		
Obs.	199			199			199		
R ² : Margin. / Condit.	0.035 / 0.506			0.037 / 0.513			0.043 / 0.516		

Table S21. Depressive Symptoms - Pre-COVID Visits - All Transitioners - Age Adjusted – Models D - F

<i>Predictors</i>	Model D			Model E			Model F		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	54.55	52.06 – 57.04	<0.001	54.01	51.80 – 56.23	<0.001	53.81	51.15 – 56.46	<0.001
Social Transition Status	-3.83	-6.09 – -1.58	0.001	-3.68	-5.92 – -1.44	0.001	-3.64	-5.90 – -1.38	0.002
Age (linear)	0.02	-0.03 – 0.07	0.441	0.01	-0.04 – 0.07	0.680	0.01	-0.04 – 0.06	0.716
Gender	-0.70	-5.65 – 4.25	0.777				-0.72	-5.69 – 4.25	0.770
Age (quadratic)				0.00	-0.00 – 0.00	0.112	0.00	-0.00 – 0.00	0.112
Random Effects									
σ^2	36.83			36.36			36.36		
τ_{00}	36.98 _{subject}			36.55 _{subject}			37.51 _{subject}		
ICC	0.50			0.50			0.51		
N	46 _{subject}			46 _{subject}			46 _{subject}		
Obs.	199			199			199		
R ² : Margin. / Condit.	0.044 / 0.523			0.051 / 0.527			0.052 / 0.533		

Table S22. Depressive Symptoms - Pre-COVID Visits - Single Transitioners - Not Age Adjusted – Models A - C

<i>Predictors</i>	Model A			Model B			Model C		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	53.19	50.98 – 55.41	<0.001	52.67	49.94 – 55.40	<0.001	53.50	51.32 – 55.68	<0.001
Social Transition Status	-1.56	-3.41 – 0.30	0.100	-1.55	-3.40 – 0.31	0.102	-3.22	-5.44 – -1.00	0.005
Gender				-1.81	-7.26 – 3.63	0.505			
Age (linear)							0.07	0.02 – 0.12	0.010
Random Effects									
σ^2	32.49			32.49			31.64		
τ_{00}	42.97 _{subject}			43.70 _{subject}			40.87 _{subject}		
ICC	0.57			0.57			0.56		
N	43 _{subject}			43 _{subject}			43 _{subject}		
Obs.	185			185			185		
R ² : Margin. / Condit.	0.007 / 0.573			0.015 / 0.580			0.074 / 0.596		

Table S23. Depressive Symptoms - Pre-COVID Visits - Single Transitioners - Not Age Adjusted – Models D - F

<i>Predictors</i>	Model D			Model E			Model F		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	53.22	50.50 – 55.93	<0.001	53.96	51.62 – 56.30	<0.001	53.68	50.84 – 56.52	<0.001
Social Transition Status	-3.19	-5.42 – -0.96	0.005	-3.32	-5.55 – -1.09	0.004	-3.29	-5.53 – -1.05	0.004
Age (linear)	0.07	0.01 – 0.12	0.013	0.08	0.02 – 0.13	0.006	0.07	0.02 – 0.13	0.008
Gender	-0.96	-6.34 – 4.43	0.721				-0.98	-6.34 – 4.38	0.714
Age (quadratic)				-0.00	-0.00 – 0.00	0.309	-0.00	-0.00 – 0.00	0.310
Random Effects									
σ^2	31.64			31.72			31.73		
τ_{00}	41.90 _{subject}			40.36 _{subject}			41.37 _{subject}		
ICC	0.57			0.56			0.57		
N	43 _{subject}			43 _{subject}			43 _{subject}		
Obs.	185			185			185		
R ² : Margin. / Condit.	0.076 / 0.602			0.081 / 0.596			0.082 / 0.602		

Table S24. Depressive Symptoms - Pre-COVID Visits - Single Transitioners - Age Adjusted – Models A - C

<i>Predictors</i>	Model A			Model B			Model C		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	54.45	52.33 – 56.56	<0.001	54.02	51.41 – 56.64	<0.001	54.57	52.42 – 56.73	<0.001
Social Transition Status	-3.20	-5.15 – -1.26	0.001	-3.19	-5.14 – -1.25	0.001	-3.87	-6.19 – -1.56	0.001
Gender				-1.47	-6.67 – 3.74	0.573			
Age (linear)							0.03	-0.03 – 0.08	0.298
Random Effects									
σ^2	35.85			35.85			35.62		
τ_{00}	37.68 _{subject}			38.47 _{subject}			38.68 _{subject}		
ICC	0.51			0.52			0.52		
N	43 _{subject}			43 _{subject}			43 _{subject}		
Obs.	185			185			185		
R ² : Margin. / Condit.	0.031 / 0.528			0.036 / 0.535			0.044 / 0.542		

Table S25. Depressive Symptoms - Pre-COVID Visits - Single Transitioners - Age Adjusted – Models D - F

<i>Predictors</i>	Model D			Model E			Model F		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	54.24	51.56 – 56.92	<0.001	53.89	51.54 – 56.23	<0.001	53.57	50.73 – 56.41	<0.001
Social Transition Status	-3.83	-6.16 – -1.50	0.001	-3.74	-6.05 – -1.42	0.002	-3.70	-6.03 – -1.37	0.002
Age (linear)	0.03	-0.03 – 0.08	0.328	0.02	-0.04 – 0.07	0.491	0.02	-0.04 – 0.07	0.526
Gender	-1.13	-6.44 – 4.19	0.670				-1.09	-6.43 – 4.24	0.681
Age (quadratic)				0.00	-0.00 – 0.00	0.151	0.00	-0.00 – 0.00	0.152
Random Effects									
σ^2	35.63			35.28			35.29		
τ_{00}	39.59 _{subject}			39.05 _{subject}			40.00 _{subject}		
ICC	0.53			0.53			0.53		
N	43 _{subject}			43 _{subject}			43 _{subject}		
Obs.	185			185			185		
R ² : Margin. / Condit.	0.047 / 0.548			0.050 / 0.549			0.053 / 0.556		

Table S26. Depressive Symptoms - All Visits - All Transitioners - Not Age Adjusted – Models A - C

<i>Predictors</i>	Model A			Model B			Model C		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	53.20	51.33 – 55.07	<0.001	52.50	50.29 – 54.70	<0.001	53.47	51.65 – 55.29	<0.001
Social Transition Status	-0.31	-2.14 – 1.52	0.741	-0.31	-2.14 – 1.52	0.742	-1.97	-4.18 – 0.23	0.079
Gender				-2.62	-6.99 – 1.75	0.235			
Age (linear)							0.06	0.01 – 0.10	0.010
Random Effects									
σ^2	40.94			40.89			40.44		
τ_{00}	33.64 _{subject}			33.46 _{subject}			30.97 _{subject}		
ICC	0.45			0.45			0.43		
N	51 _{subject}			51 _{subject}			51 _{subject}		
Obs.	241			241			241		
R ² : Margin. / Condit.	0.000 / 0.451			0.016 / 0.459			0.043 / 0.458		

Table S27. Depressive Symptoms - All Visits - All Transitioners - Not Age Adjusted – Models D - F

<i>Predictors</i>	Model D			Model E			Model F		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	53.00	50.81 – 55.18	<0.001	53.92	51.91 – 55.94	<0.001	53.45	51.10 – 55.80	<0.001
Social Transition Status	-1.88	-4.10 – 0.34	0.097	-2.06	-4.28 – 0.15	0.068	-1.97	-4.20 – 0.26	0.083
Age (linear)	0.05	0.01 – 0.10	0.017	0.06	0.02 – 0.10	0.007	0.06	0.01 – 0.10	0.011
Gender	-1.70	-6.03 – 2.62	0.433				-1.72	-6.05 – 2.62	0.431
Age (quadratic)				-0.00	-0.00 – 0.00	0.308	-0.00	-0.00 – 0.00	0.306
Random Effects									
σ^2	40.42			40.39			40.37		
τ_{00}	31.39	subject		31.14	subject		31.55	subject	
ICC	0.44			0.44			0.44		
N	51	subject		51	subject		51	subject	
Obs.	241			241			241		
R ² : Margin. / Condit.	0.051 / 0.466			0.048 / 0.462			0.055 / 0.469		

Table S28. Depressive Symptoms - All Visits - All Transitioners - Age Adjusted – Models A - C

<i>Predictors</i>	Model A			Model B			Model C		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	54.57	52.76 – 56.38	<0.001	54.10	51.95 – 56.25	<0.001	54.67	52.84 – 56.49	<0.001
Social Transition Status	-2.64	-4.51 – -0.77	0.006	-2.64	-4.51 – -0.77	0.006	-3.24	-5.50 – -0.99	0.005
Gender				-1.74	-6.00 – 2.52	0.416			
Age (linear)							0.02	-0.02 – 0.06	0.348
Random Effects									
σ^2	42.81			42.78			42.77		
τ_{00}	30.43 _{subject}			30.79 _{subject}			30.65 _{subject}		
ICC	0.42			0.42			0.42		
N	51 _{subject}			51 _{subject}			51 _{subject}		
Obs.	241			241			241		
R ² : Margin. / Condit.	0.020 / 0.427			0.027 / 0.434			0.028 / 0.434		

Table S29. Depressive Symptoms - All Visits - All Transitioners - Age Adjusted – Models D - F

<i>Predictors</i>	Model D			Model E			Model F		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	54.27	52.07 – 56.47	<0.001	53.67	51.65 – 55.68	<0.001	53.28	50.93 – 55.63	<0.001
Social Transition Status	-3.17	-5.44 – -0.89	0.007	-3.05	-5.29 – -0.80	0.008	-2.97	-5.23 – -0.71	0.010
Age (linear)	0.02	-0.03 – 0.06	0.420	0.01	-0.03 – 0.06	0.591	0.01	-0.03 – 0.05	0.678
Gender	-1.43	-5.77 – 2.91	0.511				-1.41	-5.73 – 2.91	0.516
Age (quadratic)				0.00	0.00 – 0.00	0.028	0.00	0.00 – 0.00	0.028
Random Effects									
σ^2	42.77			42.04			42.03		
τ_{00}	31.14 _{subject}			30.35 _{subject}			30.86 _{subject}		
ICC	0.42			0.42			0.42		
N	51 _{subject}			51 _{subject}			51 _{subject}		
Obs.	241			241			241		
R ² : Margin. / Condit.	0.033 / 0.440			0.042 / 0.444			0.047 / 0.450		

Table S30. Depressive Symptoms - All Visits - Single Transitioners - Not Age Adjusted – Models A - C

<i>Predictors</i>	Model A			Model B			Model C		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	53.13	51.19 – 55.06	<0.001	52.38	50.08 – 54.69	<0.001	53.41	51.50 – 55.31	<0.001
Social Transition Status	-0.93	-2.80 – 0.94	0.329	-0.93	-2.80 – 0.94	0.329	-2.50	-4.76 – -0.24	0.030
Gender				-2.70	-7.28 – 1.88	0.242			
Age (linear)							0.05	0.01 – 0.10	0.018
Random Effects									
σ^2	39.21			39.17			38.73		
τ_{00}	34.25 _{subject}			34.06 _{subject}			32.12 _{subject}		
ICC	0.47			0.47			0.45		
N	48 _{subject}			48 _{subject}			48 _{subject}		
Obs.	224			224			224		
R ² : Margin. / Condit.	0.003 / 0.468			0.019 / 0.475			0.043 / 0.477		

Table S31. Depressive Symptoms - All Visits - Single Transitioners - Not Age Adjusted – Models D - F

<i>Predictors</i>	Model D			Model E			Model F		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	52.86	50.56 – 55.17	<0.001	53.77	51.68 – 55.87	<0.001	53.23	50.77 – 55.69	<0.001
Social Transition Status	-2.41	-4.68 – -0.14	0.037	-2.56	-4.82 – -0.29	0.027	-2.47	-4.74 – -0.19	0.034
Age (linear)	0.05	0.01 – 0.09	0.027	0.06	0.01 – 0.10	0.014	0.05	0.01 – 0.10	0.021
Gender	-1.91	-6.45 – 2.64	0.403				-1.93	-6.48 – 2.62	0.398
Age (quadratic)				-0.00	-0.00 – 0.00	0.419	-0.00	-0.00 – 0.00	0.413
Random Effects									
σ^2	38.71			38.75			38.74		
τ_{00}	32.46 _{subject}			32.30 _{subject}			32.62 _{subject}		
ICC	0.46			0.45			0.46		
N	48 _{subject}			48 _{subject}			48 _{subject}		
Obs.	224			224			224		
R ² : Margin. / Condit.	0.051 / 0.484			0.046 / 0.480			0.054 / 0.487		

Table S32. Depressive Symptoms - All Visits - Single Transitioners - Age Adjusted – Models A - C

<i>Predictors</i>	Model A			Model B			Model C		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	54.28	52.40 – 56.16	<0.001	53.71	51.46 – 55.96	<0.001	54.39	52.49 – 56.29	<0.001
Social Transition Status	-2.65	-4.58 – -0.72	0.007	-2.65	-4.58 – -0.72	0.007	-3.22	-5.56 – -0.89	0.007
Gender				-2.08	-6.54 – 2.39	0.355			
Age (linear)							0.02	-0.02 – 0.06	0.387
Random Effects									
σ^2	42.00			41.98			41.99		
τ_{00}	31.08 _{subject}			31.27 _{subject}			31.33 _{subject}		
ICC	0.43			0.43			0.43		
N	48 _{subject}			48 _{subject}			48 _{subject}		
Obs.	224			224			224		
R ² : Margin. / Condit.	0.021 / 0.437			0.030 / 0.444			0.028 / 0.443		

Table S33. Depressive Symptoms - All Visits - Single Transitioners - Age Adjusted – Models D - F

<i>Predictors</i>	Model D			Model E			Model F		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	53.87	51.57 – 56.18	<0.001	53.49	51.40 – 55.59	<0.001	53.00	50.54 – 55.46	<0.001
Social Transition Status	-3.14	-5.48 – -0.79	0.009	-3.10	-5.42 – -0.77	0.009	-3.01	-5.35 – -0.68	0.012
Age (linear)	0.02	-0.03 – 0.06	0.468	0.01	-0.03 – 0.06	0.581	0.01	-0.04 – 0.05	0.671
Gender	-1.82	-6.36 – 2.73	0.426				-1.75	-6.27 – 2.76	0.439
Age (quadratic)				0.00	-0.00 – 0.00	0.056	0.00	-0.00 – 0.00	0.058
Random Effects									
σ^2	41.99			41.50			41.49		
τ_{00}	31.66 _{subject}			30.91 _{subject}			31.29 _{subject}		
ICC	0.43			0.43			0.43		
N	48 _{subject}			48 _{subject}			48 _{subject}		
Obs.	224			224			224		
R ² : Margin. / Condit.	0.035 / 0.450			0.039 / 0.449			0.046 / 0.456		

Visit-Type Effect - Specific Model Results. We present a multiverse analysis of visit-type-related mental health change in this article's main text. Here, we include the model results for all models included in the main text and the Figure 3 Forest Plot.

Table S34. Anxiety - Pre-COVID Visits - All Transitioners

<i>Predictors</i>	Not Age Adjusted			Age Adjusted		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	53.82	52.06 – 55.58	<0.001	54.39	52.63 – 56.15	<0.001
Pre-Transition Comparison	1.72	-1.49 – 4.92	0.293	2.26	-0.95 – 5.48	0.166
Post-Transition Comparison	-0.46	-3.44 – 2.52	0.760	-0.70	-3.68 – 2.29	0.645
Age (linear)	0.02	-0.02 – 0.05	0.394	-0.01	-0.04 – 0.02	0.574
Random Effects						
σ^2	44.03			44.15		
τ_{00}	47.46 _{subject}			47.63 _{subject}		
ICC	0.52			0.52		
N	131 _{subject}			131 _{subject}		
Obs.	430			430		
R ² : Margin. / Condit.	0.007 / 0.522			0.013 / 0.525		

Table S35. Anxiety - Pre-COVID Visits - Single Transitioners

<i>Predictors</i>	Not Age Adjusted			Age Adjusted		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	53.84	52.07 – 55.62	<0.001	54.39	52.61 – 56.17	<0.001
Pre-Transition Comparison	2.13	-1.18 – 5.43	0.205	2.56	-0.75 – 5.87	0.129
Post-Transition Comparison	-0.67	-3.75 – 2.41	0.669	-0.83	-3.92 – 2.25	0.595
Age (linear)	0.01	-0.02 – 0.05	0.425	-0.01	-0.05 – 0.03	0.573
Random Effects						
σ^2	42.08			42.80		
τ_{00}	49.41 _{subject}			49.38 _{subject}		
ICC	0.54			0.54		
N	128 _{subject}			128 _{subject}		
Obs.	416			416		
R ² : Margin. / Condit.	0.009 / 0.544			0.015 / 0.543		

Table S36. Anxiety - All Visits - All Transitioners

<i>Predictors</i>	Not Age Adjusted			Age Adjusted		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	54.13	52.46 – 55.80	<0.001	54.59	52.92 – 56.27	<0.001
Pre-Transition Comparison	1.93	-1.17 – 5.02	0.221	2.52	-0.57 – 5.62	0.110
Post-Transition Comparison	-0.92	-3.70 – 1.86	0.514	-1.09	-3.87 – 1.70	0.441
Age (linear)	0.02	-0.01 – 0.05	0.233	-0.00	-0.03 – 0.03	0.798
Random Effects						
σ^2	51.40			50.62		
τ_{00}	43.80 _{subject}			44.41 _{subject}		
ICC	0.46			0.47		
N	137 _{subject}			137 _{subject}		
Obs.	529			529		
R ² : Margin. / Condit.	0.010 / 0.465			0.014 / 0.475		

Table S37. Anxiety - All Visits - Single Transitioners

<i>Predictors</i>	Not Age Adjusted			Age Adjusted		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	54.15	52.46 – 55.84	<0.001	54.60	52.91 – 56.29	<0.001
Pre-Transition Comparison	2.35	-0.83 – 5.53	0.146	2.83	-0.35 – 6.02	0.081
Post-Transition Comparison	-1.12	-3.98 – 1.74	0.441	-1.23	-4.10 – 1.64	0.398
Age (linear)	0.02	-0.01 – 0.05	0.223	-0.00	-0.03 – 0.03	0.836
Random Effects						
σ^2	50.25			49.85		
τ_{00}	45.27 _{subject}			45.83 _{subject}		
ICC	0.47			0.48		
N	134 _{subject}			134 _{subject}		
Obs.	512			512		
R ² : Margin. / Condit.	0.013 / 0.481			0.017 / 0.488		

Table S38. Depressive Symptoms - Pre-COVID Visits - All Transitioners

<i>Predictors</i>	Not Age Adjusted			Age Adjusted		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	52.77	51.14 – 54.40	<0.001	53.49	51.83 – 55.14	<0.001
Pre-Transition Comparison	2.04	-0.92 – 5.00	0.175	3.23	0.22 – 6.24	0.036
Post-Transition Comparison	-0.30	-3.03 – 2.42	0.826	-0.56	-3.33 – 2.21	0.690
Age (linear)	0.05	0.02 – 0.09	0.001	0.02	-0.01 – 0.05	0.273
Random Effects						
σ^2	39.62			42.38		
τ_{00}	39.72 _{subject}			40.38 _{subject}		
ICC	0.50			0.49		
N	132 _{subject}			132 _{subject}		
Obs.	436			436		
R ² : Margin. / Condit.	0.041 / 0.521			0.020 / 0.498		

Table S39. Depressive Symptoms - Pre-COVID Visits - Single Transitioners

<i>Predictors</i>	Not Age Adjusted			Age Adjusted		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	52.82	51.18 – 54.46	<0.001	53.50	51.84 – 55.17	<0.001
Pre-Transition Comparison	2.28	-0.77 – 5.33	0.142	2.96	-0.15 – 6.07	0.062
Post-Transition Comparison	-0.63	-3.45 – 2.18	0.657	-0.74	-3.60 – 2.12	0.609
Age (linear)	0.06	0.02 – 0.09	0.001	0.02	-0.01 – 0.05	0.223
Random Effects						
σ^2	38.61			41.99		
τ_{00}	41.06 _{subject}			41.62 _{subject}		
ICC	0.52			0.50		
N	129 _{subject}			129 _{subject}		
Obs.	422			422		
R ² : Margin. / Condit.	0.045 / 0.537			0.019 / 0.507		

Table S40. Depressive Symptoms - All Visits - All Transitioners

<i>Predictors</i>	Not Age Adjusted			Age Adjusted		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	53.29	51.74 – 54.83	<0.001	53.87	52.29 – 55.44	<0.001
Pre-Transition Comparison	1.57	-1.27 – 4.41	0.278	2.80	-0.09 – 5.69	0.058
Post-Transition Comparison	-0.55	-3.09 – 2.00	0.673	-0.76	-3.34 – 1.83	0.564
Age (linear)	0.06	0.03 – 0.09	<0.001	0.03	0.00 – 0.06	0.024
Random Effects						
σ^2	43.30			45.15		
τ_{00}	37.75 _{subject}			38.74 _{subject}		
ICC	0.47			0.46		
N	138 _{subject}			138 _{subject}		
Obs.	536			536		
R ² : Margin. / Condit.	0.047 / 0.491			0.022 / 0.473		

Table S41. Depressive Symptoms - All Visits - Single Transitioners

<i>Predictors</i>	Not Age Adjusted			Age Adjusted		
	<i>Estimates</i>	<i>CI</i>	<i>p</i>	<i>Estimates</i>	<i>CI</i>	<i>p</i>
Intercept	53.33	51.78 – 54.88	<0.001	53.89	52.31 – 55.46	<0.001
Pre-Transition Comparison	1.75	-1.16 – 4.67	0.237	2.50	-0.46 – 5.46	0.098
Post-Transition Comparison	-0.98	-3.59 – 1.63	0.460	-1.07	-3.73 – 1.58	0.425
Age (linear)	0.06	0.03 – 0.09	<0.001	0.03	0.00 – 0.06	0.025
Random Effects						
σ^2	42.63			44.88		
τ_{00}	38.43 _{subject}			39.27 _{subject}		
ICC	0.47			0.47		
N	135 _{subject}			135 _{subject}		
Obs.	519			519		
R ² : Margin. / Condit.	0.049 / 0.500			0.021 / 0.478		