# Stimulation of 1,25-dihydroxyvitamin $D_3$ production by 1,25-dihydroxyvitamin $D_3$ in the hypocalcaemic rat

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Serum 1,25-dihydroxyvitamin  $D_3$  concentration and renal 25-hydroxyvitamin D 1 $\alpha$ -hydroxylase activity were measured in rats fed various levels of calcium, phosphorus and vitamin  $D_3$ . Both calcium deprivation and phosphorus deprivation greatly increased circulating levels of 1,25-dihydroxyvitamin  $D_3$ . The circulating level of 1,25-dihydroxyvitamin  $D_3$  in rats on a low-calcium diet increased with increasing doses of vitamin  $D_3$ , whereas it did not change in rats on a low-phosphorus diet given increasing doses of vitamin  $D_3$ . In concert with these results, the 25-hydroxyvitamin D 1 $\alpha$ -hydroxylase activity was markedly increased by vitamin  $D_3$  administration to rats on a low-calcium diet, whereas the same treatment of rats on a low-phosphorus diet had no effect and actually suppressed the 1 $\alpha$ -hydroxylase in rats fed an adequatecalcium/adequate-phosphorus diet. The administration of 1,25-dihydroxyvitamin  $D_3$  to vitamin D-deficient rats on a low-calcium diet also increased the renal 25-hydroxyvitamin D 1 $\alpha$ -hydroxylase activity. These results demonstrate that the regulatory action of 1,25-dihydroxyvitamin  $D_3$  on the renal 25-hydroxyvitamin  $D_3$  1 $\alpha$ -hydroxylase is complex and not simply a suppressant of this system.

A great deal of effort has been focused on the regulation of  $1,25(OH)_2D_3$  production because this reaction forms the basis of the vitamin D endocrine system (DeLuca, 1980). Thus, hypocalcaemia (Boyle et al., 1971), parathyrin (Garabedian et al., 1972), phosphate depletion (Tanaka & DeLuca, 1973), sex hormones (Tanaka et al., 1976) and vitamin D compounds (Larkins et al., 1974; Tanaka et al., 1975) are major regulating factors.  $1,25(OH)_2D_3$  itself suppress  $1\alpha$ -hydroxylase and stimulate 24-hydroxylase (Larkins et al., 1974; Tanaka et al., 1975). Hypocalcaemia (Boyle et al., 1971; Omdahl et al., 1972) and hypophosphataemia (Baxter & DeLuca, 1976) stimulate 1ahydroxylase, suppresses 24-hydroxylase, and causes accumulation of  $1,25(OH)_2D_3$  in the serum (Boyle et al., 1971; Hughes et al., 1975). Exactly how these factors interact is not entirely understood. We have now found that vitamin D<sub>3</sub> and in particular the

Abbreviations used:  $1,25(OH)_2D_3$ , 1,25-dihydroxyvitamin  $D_3$  (1,25-dihydroxycholecalciferol; calcitriol);  $25(OH)D_3$ , 25-hydroxyvitamin  $D_3$  (25-hydroxycholecalciferol; calcidiol); 24-hydroxylase, 25-hydroxyvitamin D 24-hydroxylase;  $1\alpha$ -hydroxylase, 25-hydroxyvitamin  $D_3$   $1\alpha$ -hydroxylase; 1-hydroxylase, 25-hydroxyvitamin  $D_3$   $1\alpha$ -hydroxylase; 1-hydroxylase, 25-hydroxyvitamin  $D_3$  1-hydroxylase; 1-hydroxylase, 25-hydroxyvitamin 25-hydroxylase; 1-hydroxylase; 1-hydroxylase, 25-hydroxyvitamin 25-hydroxylase; 1-hydroxylase; 1  $1,25(OH)_2D_3$  metabolite actually stimulates the  $1\alpha$ -hydroxylase and causes accumulation of  $1,25(OH)_2D_3$  in serum under conditions of calcium deprivation, whereas the same treatment under conditions of normal calcium and normal or low phosphorus intakes has no effect or suppresses  $1\alpha$ -hydroxylation and  $1,25(OH)_2D_3$  accumulation.

#### Materials and methods

#### Vitamin D metabolites

Vitamin D<sub>3</sub> was purchased from Philips Roxane (New York, NY, U.S.A.),  $25(OH)D_3$  was a gift of the Upjohn Company (Kalamazoo, MI, U.S.A.) and  $1,25(OH)_2D_3$  was a gift of the Hoffmann-La Roche Company (Nutley, NJ, U.S.A.).  $1,25(OH)_2[26,27.^3H]D_3$  (sp. radioactivity 160Ci/ mmol) was synthesized as described previously (Napoli *et al.*, 1980).

### Animals

Weanling male rats were purchased from the Holtzman Company (Madison, WI, U.S.A.) and fed a vitamin D-deficient diet that contained either 0.47% calcium, 0.3% phosphorus (as a control diet with adequate calcium and adequate phosphorus, as shown in Fig. 1) (DeLuca *et al.*, 1961; Suda *et al.*,

1970), 0.02% calcium and 0.3% phosphorus (as a low-calcium diet, as shown in Fig. 2) (Garabedian *et al.*, 1972) or 0.47% calcium and 0.1% phosphorus (as a low-phosphorus diet, as shown in Fig. 3) (Tanaka & DeLuca, 1974) for 3 weeks. Where indicated rats were given various amounts of vitamin D dissolved in 0.1 ml of cottonseed oil orally each day throughout the 3 weeks. Others were given the cottonseed oil vehicle only. When  $1,25(OH)_2D_3$  was given (Table 1), it was dissolved in 0.1 ml of ethanol/propylene glycol mixture (5:95, v/v) and administered subcutaneously each day for 3 weeks. Control rats received the vehicle in the same manner.

#### Measurement of renal 1a-hydroxylase activity

Rats were killed by decapitation and blood was collected and centrifuged to yield serum. Sera were -70°C until stored at measurement of 1,25(OH)<sub>2</sub>D<sub>3</sub>. Rat kidneys were removed and placed in an ice-cold 15 mm-Tris/acetate buffer (pH 7.4 at room temperature) containing 0.19 M-sucrose, 2 mM-EGTA and 2mm-dithiothreitol. A 5% (w/v) homogenate was prepared in the same buffer. The incubation, extraction and h.p.l.c. for measurement of the renal 1a-hydroxylase activity was carried out as described by Tanaka & DeLuca (1981).

# Measurement of serum $1,25(OH)_2D_3$ concentration

Essentially, the method of Shepard *et al.* (1979) was used with slight modification utilizing chick intestinal cytosolic binding protein specific for  $1,25(OH)_2D_3$ .

# Measurement of serum calcium and $P_i$ concentration

Serum calcium was measured in the presence of 0.1% lanthanum chloride by means of an atomicabsorption spectrometer (Perkin–Elmer 403). Serum  $P_i$  was measured by the method described by Chen *et al.* (1956).

#### Results

Rats fed the vitamin D-deficient adequatecalcium/adequate-phosphorus diet developed hypocalcaemia and slight hypophosphataemia as shown in Fig. 1(*a*). These animals had increased renal 1 $\alpha$ -hydroxylase activity as shown in Fig. 1(*b*). As expected, the vitamin D-deficient diet resulted in low circulating levels of 1,25(OH)<sub>2</sub>D<sub>3</sub> as shown in Fig. 1(*c*). A daily dose of vitamin D<sub>3</sub> increased serum calcium and P<sub>1</sub> to normal (Fig. 1*a*). As expected, this treatment suppressed the renal 1 $\alpha$ -hydroxylase activity to the detection limit of this assay method as shown in Fig. 1(*b*). A marked increase in serum 1,25(OH)<sub>2</sub>D<sub>3</sub> occurred with a daily dose of 5i.u. (325 pmol) of vitamin D<sub>3</sub> with no further increase





cient diet and given graded doses of vitamin  $D_3$ Each point represents the mean value of five rats with standard deviations from the mean shown by the bars. (a) Serum calcium level ( $\bigcirc$ ) and serum  $P_1$ level ( $\bigcirc$ ); (b) renal 1 $\alpha$ -hydroxylase activity; (c) serum level of 1,25(OH)<sub>2</sub> $D_3$ .

apparent with a dose of 20 i.u. of vitamin  $D_3$ . These data, shown in Fig. 1, are consistent with the concept that normalized serum calcium and phosphorus concentration and elevated level of circulating  $1,25(OH)_2D_3$  suppresses further production of 1,25(OH)<sub>2</sub>D<sub>3</sub>. Rats on a low-calcium diet responded to the vitamin D quite differently as shown in Fig. 2. The feeding of a low-calcium diet without vitamin D caused severe hypocalcaemia as shown in Fig. 2(a). Serum calcium level increased with increasing vitamin D dosage, though the calcium level was still subnormal even at the 100 i.u./day dose level. Of considerable interest was the observation that the renal  $1\alpha$ -hydroxylase activity also increased as a function of vitamin D dose rather than being suppressed. In confirmation of the result in vitro, serum 1,25(OH)<sub>2</sub>D<sub>3</sub> also increased with vitamin D dosage.





Each point represents the mean value of five to nine rats with standard deviations from the mean shown by the bars. (a) Serum calcium level; (b) renal  $1\alpha$ -hydroxylase activity; (c) serum 1,25-(OH)<sub>2</sub>D<sub>3</sub>. Serum P<sub>1</sub> levels of rats in all five groups were normal.

The data in Fig. 3 indicate that administration of vitamin  $D_3$  to the rats on a low-phosphorus diet did not increase the renal 1 $\alpha$ -hydroxylase activity but it also did not suppress the 1 $\alpha$ -hydroxylase. As shown in Fig. 3(c), this renal 1 $\alpha$ -hydroxylase activity was high enough to increase substantially the circulating



Fig. 3. Serum  $P_i$  concentration, renal 10-hydroxylase activity and serum  $1,25(OH)_2D_3$  concentration in rats fed a low-phosphorus/adequate-calcium vitamin D-deficient

diet and given graded daily doses of vitamin  $D_3$ Each point represents the mean value of five to six rats with standard deviations from the mean shown by the bars. (a) Serum  $P_i$ ; (b) renal 1 $\alpha$ -hydroxylase activity; (c) serum level of 1,25(OH)<sub>2</sub>D<sub>3</sub>. Serum calcium levels of rats in all three groups were normal.

level of  $1,25(OH)_2D_3$ . However, both the  $1\alpha$ -hydroxylase activity and serum  $1,25(OH)_2D_3$  levelled off despite a subnormal serum phosphorus level.

To facilitate comparison, Fig. 4 summarizes serum levels of  $1,25(OH)_2D_3$  in rats on either one of these three diets plotted on the same scale. It is obvious that the circulating level of  $1,25(OH)_2D_3$  in the rat on a low-phosphorus diet was higher than that in the rat on an adequate-calcium/adequate-



Fig. 4. Serum  $1,25(OH)_2D_3$  in rats fed a low-calcium diet (low Ca), a low-phosphorus diet (low P) or an adequate-calcium/adequate-phosphorus diet (normal Ca &

P) and given various amounts of vitamin  $D_3$ Figs. 1(c), 2(c) and 3(c) were plotted on the same scale.

Table 1. Increase in serum calcium concentration and renal 1a-hydroxylase activity in rats on a low-calcium/ adequate-phosphorus vitamin D-deficient diet and given daily doses of 1,25(OH)<sub>2</sub>D<sub>3</sub>

Weanling male rats were fed a low-calcium/adequatephosphorus vitamin D-deficient diet for 3 weeks. In the indicated group, rats were given 325 pmol of  $1,25(OH)_2D_3/day$  dissolved in ethanol/propylene glycol (1:19, v/v) subcutaneously daily for 3 weeks. Rats in the other group received the vehicle only. All rats were killed 18h after the last dose. The control group contained five rats; the  $1,25(OH)_2D_3$ dosed group contained 10 rats. Results are means  $\pm$  s.D. Results for  $1\alpha$ -hydroxylase are significantly different at P < 0.001.

Serum calcium (mg/100 ml)	1α-Hydroxylase activity (ng of 1,25(OH) <sub>2</sub> D <sub>3</sub> produced/200 mg of tissue per 20 min)
$4.4 \pm 0.1$ $6.0 \pm 1.0$	$70 \pm 13$ 164 ± 20
	Serum calcium (mg/100 ml) $4.4 \pm 0.1$ $6.0 \pm 1.0$

phosphorus diet, but the circulating levels in both cases levelled off with increasing doses of vitamin D. On the other hand, the circulating level of  $1,25(OH)_2D_3$  in rats on a low-calcium diet increased with increasing doses of vitamin  $D_3$  at least up to 100 i.u./day.

As shown in Table 1,  $1,25(OH)_2D_3$  (325 pmol/ day) markedly stimulated the renal 1a-hydroxylase activity in rats on a low-calcium diet, suggesting that  $1,25(OH)_2D_3$  itself is responsible for this action of vitamin D. The stimulation of the 1a-hydroxylase by  $1,25(OH)_2D_3$  is not observed under conditions of phosphate deprivation or under conditions of normal intakes of calcium and phosphorus (Y. Tanaka & H. F. DeLuca, unpublished work). Further, the 1ahydroxylase did not increase in response to increasing  $1,25(OH)_2D_3$ , despite a persistent hypophosphate diet.

# Discussion

The present investigation provides an additional observation in the regulation of the  $1\alpha$ -hydroxylase in the kidney. It had previously been demonstrated that 1,25(OH)<sub>2</sub>D<sub>3</sub> administered in vivo or added to renal cell cultures markedly suppresses the renal 1α-hydroxylase and stimulates the 24-hydroxylase in a nuclear-mediated process (Larkins et al., 1974). The present study shows that this phenomenon is not found in hypocalcaemia or calcium-deprived rats. Instead, under this circumstance vitamin D or 1,25(OH)<sub>2</sub>D<sub>3</sub> actually stimulates the 1a-hydroxylase. This increase in the  $1\alpha$ -hydroxylase is directly related to the dose of vitamin D given. The increase in the 1a-hydroxylase activity is obviously expressed in vivo as well, since serum 1,25(OH),D, increases to high levels in rats on a low-calcium diet and given large does of vitamin D. Values as high as 700 pg of  $1,25(OH)_2D_3/ml$  are observed. Thus, hypocalcaemia or parathyrin or both result in a capacity for  $1,25(OH)_2D_3$  to stimulate the  $1\alpha$ hydroxylase. These results are consistent with the findings of Stanbury et al. (1981) and Papapoulos et al. (1980) that plasma 1,25(OH)<sub>2</sub>D<sub>3</sub> levels are high in vitamin D-deficient patients being healed by administration of vitamin D. The mechanism is, of course, unknown, but it is possible that either parathyrin or nephrogenous cyclic AMP might be required for the  $1,25(OH)_2D_3$  stimulation of the  $1\alpha$ -hydroxylase. Another possibility is that high serum calcium levels are required for suppression of the 1a-hydroxylase by 1,25(OH)<sub>2</sub>D<sub>3</sub>. Whatever the mechanism, the increased 1ahydroxylase that results from  $1,25(OH)_2D_3$  stimulation may provide a necessary and a heretofore unappreciated response to a chronic hypocalcaemic challenge.

The present paper demonstrates the complexity of the regulation of the  $1\alpha$ -hydroxylase by  $1,25(OH)_2D_3$ . This compound *in vivo* can either stimulate, suppress or have no effect on this system, depending on the calcium and phosphorus status. A simple suppression or inactivation of the  $1\alpha$ -hydroxylase by  $1,25(OH)_2D_3$  is no longer consistent with available data. The action of  $1,25(OH)_2D_3$  on this system must be coupled with calcium, parathyrin, cyclic AMP or some other factor. This observation may be of considerable importance in unravelling the subcellular events leading to the regulation of the  $1\alpha$ -hydroxylase.

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