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DOI: 10.1503/jpn240084

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The Cambridge Behaviour Scale

Please fill in this information and then read the instructions below.

ALL INFORMATION REMAINS STRICTLY CONFIDENTIAL

Name:.....Sex:....

Date of birth: Today's date:

How to fill out the questionnaire				
Below are a list of statements. Please read each statem	ient <u>very c</u>	arefully	and rate h	iow
strongly you agree or disagree with it by circling your	answer. T	here are	no right o	or
wrong answers, or trick questions.				
IN ORDER FOR THE SCALE TO BE VALID, YO QUESTION.	U MUST	ANSWE	ER EVER	Y
Examples				
E1. I would be very upset if I couldn't listen to music every day.	strongly agree	slightly	slightly disagree	strongly disagree
E2. I prefer to speak to my friends on the phone rather than write letters to them.	strongly	slightly agree	slightly disagree	strongly disagree
E3. I have no desire to travel to different parts of the world.	strongly	slightly agree	slightly disagree	strongly disagree
E4. I prefer to read than to dance.	strongly agree	slightly agree	slightly	strongly disagree

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1.	I can easily tell if someone else wants to enter a conversation.	strongly agree	slightly agree	slightly disagree	strongly disagree
2.	I prefer animals to humans.	strongly agree	slightly agree	slightly disagree	strongly disagree
3.	I try to keep up with the current trends and fashions.	strongly agree	slightly agree	slightly disagree	strongly disagree
4.	I find it difficult to explain to others things that I understand easily, when they don't understand it first time.	strongly agree	slightly agree	slightly disagree	strongly disagree
5.	I dream most nights.	strongly agree	slightly agree	slightly disagree	strongly disagree
6.	I really enjoy caring for other people.	strongly agree	slightly agree	slightly disagree	strongly disagree
7.	I try to solve my own problems rather than discussing them with others.	strongly agree	slightly agree	slightly disagree	strongly disagree
8.	I find it hard to know what to do in a social situation.	strongly agree	slightly agree	slightly disagree	strongly disagree
9.	I am at my best first thing in the morning.	strongly agree	slightly agree	slightly disagree	strongly disagree
10.	People often tell me that I went too far in driving my point home in a discussion.	strongly agree	slightly agree	slightly disagree	strongly disagree
11.	It doesn't bother me too much if I am late meeting a friend.	strongly agree	slightly agree	slightly disagree	strongly disagree
12.	Friendships and relationships are just too difficult, so I tend not to bother with them.	strongly agree	slightly agree	slightly disagree	strongly disagree
13.	I would never break a law, no matter how minor.	strongly agree	slightly agree	slightly disagree	strongly disagree
14.	I often find it difficult to judge if something is rude or polite.	strongly agree	slightly agree	slightly disagree	strongly disagree
15.	In a conversation, I tend to focus on my own	strongly	slightly	slightly	strongly

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	thoughts rather than on what my listener might be thinking.	agree	agree	disagree	disagree
16.	I prefer practical jokes to verbal humour.	strongly agree	slightly agree	slightly disagree	strongly disagree
17.	I live life for today rather than the future.	strongly agree	slightly agree	slightly disagree	strongly disagree
18.	When I was a child, I enjoyed cutting up worms to see what would happen.	strongly agree	slightly agree	slightly disagree	strongly disagree
19.	I can pick up quickly if someone says one thing but means another.	strongly agree	slightly agree	slightly disagree	strongly disagree
20.	I tend to have very strong opinions about morality.	strongly agree	slightly agree	slightly disagree	strongly disagree
21.	It is hard for me to see why some things upset people so much.	strongly agree	slightly agree	slightly disagree	strongly disagree
22.	I find it easy to put myself in somebody else's shoes.	strongly agree	slightly agree	slightly disagree	strongly disagree
23.	I think that good manners are the most important thing a parent can teach their child.	strongly agree	slightly agree	slightly disagree	strongly disagree
24.	I like to do things on the spur of the moment.	strongly agree	slightly agree	slightly disagree	strongly disagree
25.	I am good at predicting how someone will feel.	strongly agree	slightly agree	slightly disagree	strongly disagree
26.	I am quick to spot when someone in a group is feeling awkward or uncomfortable.	strongly agree	slightly agree	slightly disagree	strongly disagree
27.	If I say something that someone else is offended by, I think that that's their problem, not mine.	strongly agree	slightly agree	slightly disagree	strongly disagree
28.	If anyone asked me if I liked their haircut, I would reply truthfully, even if I didn't like it.	strongly agree	slightly agree	slightly disagree	strongly disagree
29.	I can't always see why someone should have felt offended by a remark.	strongly agree	slightly agree	slightly disagree	strongly disagree

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30. People often tell me that I am very unpredictable.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
31. I enjoy being the centre of attention at any social gathering.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
32. Seeing people cry doesn't really upset me.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
33. I enjoy having discussions about politics.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
34. I am very blunt, which some people take to be rudeness, even though this is unintentional.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
35. I don't tend to find social situations confusing.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
36. Other people tell me I am good at understanding how they are feeling and what they are thinking.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
37. When I talk to people, I tend to talk about their experiences rather than my own.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
38. It upsets me to see an animal in pain.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
39. I am able to make decisions without being influenced by people's feelings.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
40. I can't relax until I have done everything I had planned to do that day.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
41. I can easily tell if someone else is interested or bored with what I am saying.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
42. I get upset if I see people suffering on news programmes.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
43. Friends usually talk to me about their problems as they say that I am very understanding.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree

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44. I can sense if I am intruding, even if the other person doesn't tell me.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
45. I often start new hobbies but quickly become bored with them and move on to something else.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
46. People sometimes tell me that I have gone too far with teasing.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
47. I would be too nervous to go on a big rollercoaster.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
48. Other people often say that I am insensitive, though I don't always see why.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
49. If I see a stranger in a group, I think that it is up to them to make an effort to join in.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
50. I usually stay emotionally detached when watching a film.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
51. I like to be very organised in day to day life and often make lists of the chores I have to do.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
52. I can tune into how someone else feels rapidly and intuitively.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
53. I don't like to take risks.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
54. I can easily work out what another person might want to talk about.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
55. I can tell if someone is masking their true emotion.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
56. Before making a decision I always weigh up the pros and cons.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
57. I don't consciously work out the rules of social situations.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
58. I am good at predicting what someone will do.	strongly	slightly	slightly	strongly

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	agree	agree	disagree	disagree
59. I tend to get emotionally involved with a friend's problems.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
60. I can usually appreciate the other person's viewpoint, even if I don't agree with it.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree

Thank you for filling this questionnaire in.

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