

Supplementary File 1. Research report form

Nature-based interventions for individuals with rare skeletal disorders: evaluation of a 5-day sailing program on health-related quality of life

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RESEARCH REPORT FORM

Participant ID: _____

Collection Date: _____

Characteristics	Value
Age (in years)	_____
Sex at birth	1. Male 2. Female
Disease	1. Multiple Osteochondromas 2. Ollier Disease
Education level	1. Lower secondary education 2. Upper secondary education 3. Bachelor's or equivalent
Employment status	1. Employed for wages 2. Self-employed 3. Out of work and looking for work 4. Out of work but not currently looking for work 5. Homemaker 6. Student 7. Retired 8. Unable to work