

Supplementary File 3. Participants satisfaction Likert plots stratified by age, sex, and education level

## Nature-based interventions for individuals with rare skeletal disorders: evaluation of a 5-day sailing program on health-related quality of life

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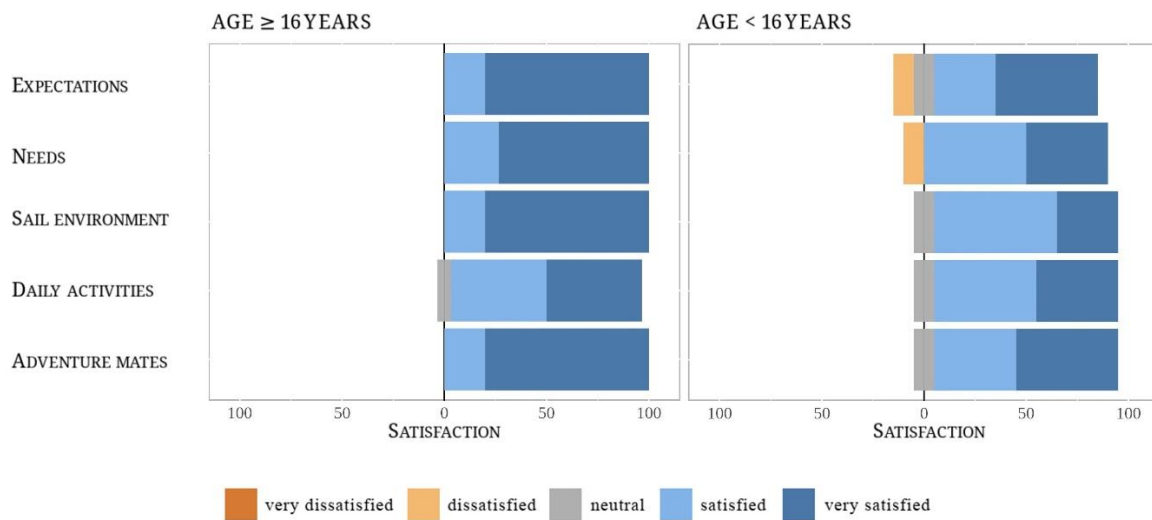
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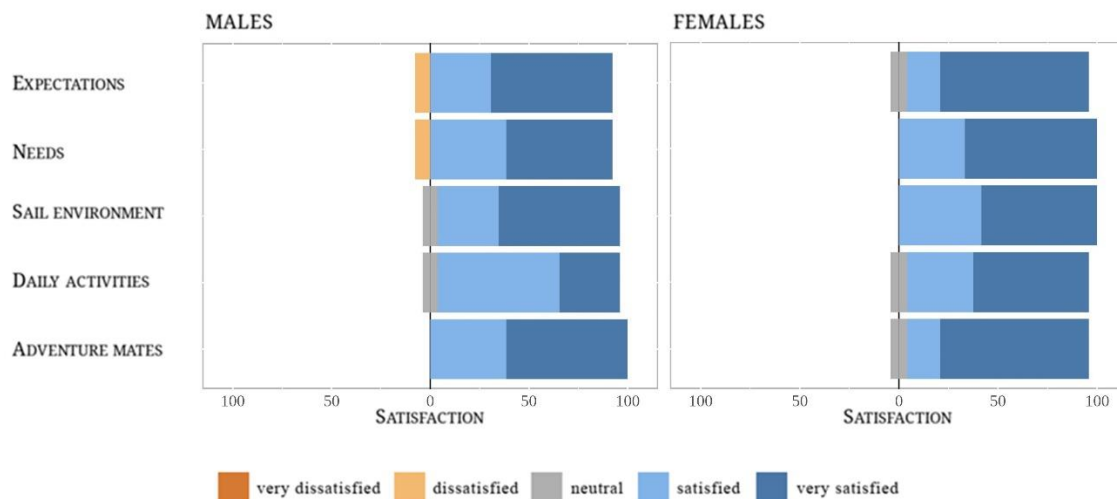
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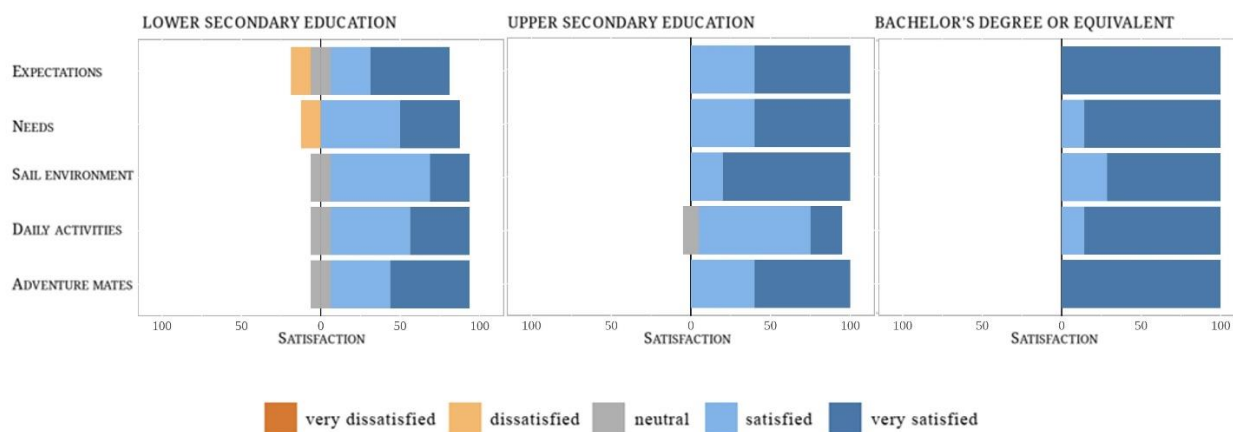
### STRATIFIED BY AGE



### STRATIFIED BY SEX



# STRATIFIED BY EDUCATION LEVEL



Participants satisfaction stratified by age, sex and education level compared using single or pairwise Wilcoxon signed-rank tests

Satisfaction	Age (≥16 vs <16 years)	Sex (M vs F)	Education level		
			LS vs US	US vs B	LS vs B
Expectations	0.09*	0.53	1	0.22	0.13
Needs	0.09*	0.47	0.88	0.88	0.21
Sail Environment	0.01**	1	0.07*	1	0.24
Daily activities	0.73	0.25	1	0.04**	0.21
Adventure mates	0.11	0.62	1	0.22	0.13

\*\* p< 0.05; \* p< 0.10

M: males; F: females; LS: Lower Secondary education; US: Upper Secondary Education; B: Bachelor's or equivalent