An ultrasensitive multimodal intracranial pressure biotelemetric system enabled by exceptional point and iontronics

Supplementary Material

5 SM Note 1: Eigenfrequencies of a standard second-order PT-symmetric oscillator with asymmetric capacitive 6 perturbations

Considering the circuit diagram shown in Fig. S1a, which is formed by an active oscillator as the reader $(-R_1, L_1, C_1)$ and a passive oscillator as the sensor (R_2, L_2, C_2) , one can apply Kirchhoff's laws to such an electronic circuit and write the circuit dynamics as

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$$\begin{cases}
i\omega(L_1I_1 + M_{12}I_2) - I_1R_1 + \frac{I_1}{i\omega C_1} = 0 \\
i\omega(L_2I_2 + M_{21}I_1) + I_2R_2 + \frac{I_2}{i\omega C_2} = 0
\end{cases},$$
(1)

11 where I_1 and I_2 are the currents of the reader and sensor, respectively. We can then recast the above equation to the 12 following matrix form as

13
$$\begin{pmatrix} i\omega L_1 - R_1 + \frac{1}{i\omega C_1} & i\omega M_{12} \\ i\omega M_{21} & i\omega L_2 + R_2 + \frac{1}{i\omega C_2} \end{pmatrix} \begin{pmatrix} I_1 \\ I_2 \end{pmatrix} = 0,$$
(2)

14 which can be then simplified to

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$$\begin{pmatrix} i - \frac{\omega_1}{\omega} \frac{1}{\gamma_1} - i \frac{\omega_1^2}{\omega^2} & i \mu_{12} \\ i \mu_{12} & i + \frac{\omega_2}{\omega} \frac{1}{\gamma_2} - i \frac{\omega_2^2}{\omega^2} \end{pmatrix} \begin{pmatrix} I_1 \\ I_2 \end{pmatrix} = 0.$$
(3)

16 Here $\gamma_{1,2} = R_{1,2}^{-1} \sqrt{L_{1,2} / C_{1,2}}$ is the non-Hermiticity parameter of this non-Hermitian system, $\mu_{12,21} = M_{12,21} / \sqrt{L_1 L_2}$ 17 denotes the inductive coupling strength and $M_{12,21}$ is the mutual inductance between two coils.

In the weak coupling regime, the equation can be described approximately by the temporal coupled-mode equations¹ with $I_{1,2} = I_n^0 e^{-i\omega t}$. By making the approximation² of $\mu_{12,21} \ll 1$ and $1 - \frac{\omega_0^2}{\omega^2} \approx \frac{2(\omega - \omega_0)}{\omega_0}$, we have

$$H_0 \boldsymbol{I}_n^{\theta} = \boldsymbol{\omega}_n^0 \boldsymbol{I}_n^{\theta}, \tag{4}$$

21 and the two-level PT-symmetric Hamiltonian can be written as

$$H_{0} = \begin{pmatrix} 1 - i\frac{1}{2\gamma_{1}} & -\frac{\mu_{12}}{2} \\ -\frac{\mu_{21}}{2} & 1 + i\frac{1}{2\gamma_{2}} \end{pmatrix}.$$
 (5)

23 Thus, its normalized eigenfrequencies can be expressed as

24
$$\omega_{1,2} = 1 + i(\frac{1}{4\gamma_2} - \frac{1}{4\gamma_1}) \pm \frac{1}{4\gamma_1\gamma_2} \sqrt{4\mu_{12}\mu_{21}\gamma_1^2\gamma_2^2 - (\gamma_1 + \gamma_2)^2}.$$
 (6)

The PT symmetry condition requires that $[PT, H_0] \equiv PT H_0 - H_0 PT = 0$, leading to $\gamma_1 = \gamma_2 = \gamma$ and $\mu_{12} = \mu_{21} = \mu$; here, *P* denotes the parity operator associated with the first Pauli matrix and *T* is the timer-reversal operator which takes the complex conjugation. Then, the eigenfrequencies in the unit of the resonance frequency $(\omega_0 = 1/\sqrt{LC})$ yield

29
$$\omega_{1,2} = 1 \pm \frac{1}{2\gamma} \sqrt{\mu^2 \gamma^2 - 1}.$$
 (7)

30 The exact solution of eigenfrequencies in the PT-symmetric electronic system, as a function of γ and the coupling 31 strength μ , has been given by ref.³, and has the form of

32
$$\omega_{1,2} = \pm \sqrt{\frac{2\gamma^2 - 1 \pm \sqrt{1 - 4\gamma^2 + 4\gamma^4 \mu^2}}{2\gamma^2 \left(1 - \mu^2\right)}}.$$
 (8)

Figure S2 demonstrates that the exact solution and the approximation of eigenfrequencies can have a perfect agreement with each other when $\mu < 0.1$.

Considering the tiny capacitance variation ($C_2' = C_2 + \Delta C$) introduced to the sensor end only, the equation can be rewritten as

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$$\begin{cases}
i\omega(L_1I_1 + M_{21}I_2) - I_1R_1 + \frac{I_1}{i\omega C_1} = 0 \\
i\omega(L_2I_2 + M_{12}I_1) + I_2R_2 + \frac{I_2}{i\omega(C_2 + \Delta C)} = 0
\end{cases}$$
(9)

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38 Defining $\delta = \Delta C / C \ll 1$, the equation is given by

$$\begin{pmatrix} i - \frac{\omega_0}{\omega} \frac{1}{\gamma} - i \frac{\omega_0^2}{\omega^2} & i\mu \\ i\mu & i + \frac{\omega_0}{\omega} \frac{1}{\gamma} - i \frac{\omega_0^2}{\omega^2} \frac{1}{1+\delta} \end{pmatrix} \begin{pmatrix} I_1 \\ I_2 \end{pmatrix} = 0.$$
(10)

40 We make the approximation $\frac{1}{1+\delta} \approx 1-\delta$, the effective Hamiltonian H' is obtained

41
$$H' = \begin{pmatrix} 1 - i\frac{1}{2\gamma} & -\frac{\mu}{2} \\ -\frac{\mu}{2} & 1 - \frac{\delta}{2} + i\frac{1}{2\gamma} \end{pmatrix}.$$
 (11)

42 The solution of the normalized eigenfrequency can be obtained as follows

43
$$\omega'_{1,2} = 1 - \frac{\delta}{4} \pm \frac{1}{4\gamma} \sqrt{(\delta^2 + 4\mu^2)\gamma^2 - 4i\delta\gamma - 4}.$$
 (12)



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45 FIG. S1. The equivalent circuit diagram of (a) the PT-symmetric system and (b) the conventional "LC" wireless system.



46

47 Fig. S2. The exact and approximate solutions of the real part $Re(\omega)$ of the eigenvalues as a function of the coupling coefficient

48 μ.

49 SM Note 2: Eigenfrequencies of a conventional "LC" system

50 Considering the circuit diagram shown in Fig. S1b above, which is formed by a reader (L_1) and a sensor 51 (L_2, C_2, R_2). One can apply Kirchhoff's laws to such an electronic circuit and write the circuit dynamics as

52
$$\begin{cases} i\omega(L_1I_1 + M_{12}I_2) = 0\\ i\omega(L_2I_2 + M_{21}I_1) + I_2R_2 + \frac{I_2}{i\omega C_2} = 0 \end{cases}$$
 (13)

53 Thus, its eigenfrequencies for conventional LC system can be expressed as

54
$$\omega_{\rm LC1,2} = \frac{i(C_2R_2 \pm \sqrt{C_2^2R_2^2 + 4L_2C_2\mu^2 - 4L_1C_2})}{C_2(L_1 - L_2\mu^2)}.$$
 (14)

Substituting $L_1 = L_2$, $\mu = M_{12,21} / \sqrt{L_1 L_2} = M / L$, $\gamma_2 = R_2^{-1} \sqrt{L_2 / C_2}$ to make fair comparison with the EP system, the solution of the normalized eigenfrequencies can be obtained as follow

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$$\omega_{\rm LC1,2} = \frac{1}{2\gamma(1-\mu^2)} (i \pm \sqrt{4\gamma^2(1-\mu^2)-1}).$$
(15)

58 Considering the tiny capacitance variation introduced to the sensor end only, the eigenfrequencies can be rewritten as

59
$$\omega_{\text{LC1,2}}' = \frac{1}{2\gamma\sqrt{1+\delta}(1-\mu^2)} (i \pm \sqrt{4\gamma^2(1+\delta)(1-\mu^2)-1}).$$
(16)

61 SM Note 3: The enlarged cross-sectional view of microstructures obtained by SEM



63 FIG. S3. The enlarged cross-sectional SEM image of a PVA/H₃PO₄ film. Similar result can be repeated for at least five times.

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66 SM Note 4: Voltage divider circuit for response time measurement

To determine the response times of the transducer, we construct a voltage divider circuit and utilized a high-speed oscilloscope for precise measurements. As depicted in Fig. S4, a 24 MHz AC signal is generated and applied to the transducer via a signal generator, while pressure is exerted on the transducer by a dynamometer. It converts the capacitance change into voltage variations. Due to its exceptionally high sampling rate (maximum 16 GSa/s), highspeed oscilloscopes are capable of easily capturing voltage fluctuations derived from the transducer.



FIG. S4. The Schematic of the voltage divider circuit.

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76 SM Note 5: Responses of the transducer against the pressure variations

External perturbations to the PT-symmetric systems typically induce asymmetry predominantly on the sensor side. For optimal sensing, the PT-symmetric system is generally tuned to the exact phase. Variations within the sensor introduce asymmetry, causing the system to deviate from its PT-symmetric state and resulting in a detectable frequency shift. The implementation of this method is straightforward and robust to external variations.

An iontronic pressure transducer is employed in the EP-based biotelemetric system for the wireless monitoring of ICP, and it can be treated as a parallel connection of capacitance (C_P) and resistance (R_P). The relationship between the capacitance and resistance of the iontronic transducer as a function of pressure can be found in Fig. S5a; it exhibits a large impedance variation. The real part of impedance can be written as $\text{Re}(Z_{in}) = \frac{R_P}{1 + (\omega R_P C_P)^2}$. However, when the

iontronic pressure transducer is connected in parallel with a capacitor ($C_2 = 20 \text{ pF}$), the resultant equivalent impedance is nearly negligible as depicted in Fig. S5b. This configuration significantly diminishes the impact of resistance variations on the impedance. Fig. S5c examines the influence of parallel capacitance on the frequency offset within the system, clearly demonstrating that the effects of the resistance are substantially reduced. As evidenced in Fig. S5d, it has negligible effects on frequency offset in comparison to the capacitance effects. Consequently, the iontronic pressure transducer is predominantly characterized as a capacitive element when its resistance is disregarded through the parallel connection of a capacitor.



- 93 FIG. S5. (a) Resistance and capacitance of the iontronic transducer as a function of applied pressure. (b) The real part of the
- 94 impedance $\text{Re}(Z_{in})$ change for the ICP transducer with/without $C_2 = 20 \text{ pF}$. (c) Dependency of the system frequency offset on
- 95 the transducer's resistance. (d) With a parallel 20pF capacitor, system frequency offset as a function of the transducer's resistance
- 96 and capacitance, respectively.
- 97

98 SM Note 6: A summary of state-of-the-art pressure monitoring systems

Table S1. Pressure monitoring systems performance summary

Measuring range	Size (mm)	Operating frequency	Pressure sensitivity	Resolution	Ref
0 - 100	2.5 × 2.5	~5 GHz	~1.084 MHz/mmHg	0.2 mmHg	4
5 - 50	10 × 10	4.1 GHz	2.64 MHz/mmHg		5
5 - 50	14 × 14	~3.8 GHz	1.28 MHz/mmHg		6
0 - 30	8×8	~260 MHz	~200 kHz/mmHg	1 mmHg	7
0 - 120	60×70	~13.56 MHz	160 Hz/mmHg		8
0-40	5 × 5	35 MHz ~ 2.7 GHz	0.92 MHz/mmHg	0.028 mmHg	9
0 - 10	10 × 10	24 MHz	115.95 kHz/mmHg	0.003 mmHg	This work

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102 SM Note 7: Detail analysis of noise

103 The exceptional point (EP)-based sensors do enhance the sensitivity but provide no fundamental signal-to-noise 104 ratio (SNR) enhancement¹⁰. That is said, while the system has enhanced responsivity towards the target perturbations 105 around EP, any unwanted noise existing in the system will also be amplified in the same magnitude. Therefore, to 106 benefit from the sensitivity enhancement brought by the EP, any unwanted noise of the sensing system should be 107 suppressed to be sufficiently small compared to the target perturbation.

Generally, there are several noise sources in electromagnetic systems, such as shot noise, flicker noise, thermal noise, and quantum noise. Particularly, quantum noise originated from the quantization nature of charged carriers and photons is significant in optical and photonic systems¹¹, but can be ignored in our radio-frequency EP sensing system. Shot noise and flicker (1/f noise) exist in solid-state devices and vacuum electronics, which are important only at low frequencies (i.e., 1 Hz to 1 MHz). Consequently, thermal noise (Johnson-Nyquist noise¹²) sourced from the thermal agitation of bounded charges in devices (especially in resistors), which simultaneously introduces the resonance frequency shifts, is considered the dominant noise source in this work.

According to the Planck's black body radiation law, electrons in a real-world resistor are in random motion, whose kinetic energy may produce small, random voltage fluctuations across this resistor with a zero average but a nonzero root mean square (RMS) value, which can be expressed as

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$$\overline{V}_{\text{nosie}} = \sqrt{\frac{4hfBR}{e^{hf/kT} - 1}},$$
(17)

119 where h denotes the Planck's constant, k is the Boltzmann's constant, T represents the temperature in kelvin, f(B)120 is the center frequency (bandwidth), and R is the resistance value. In the low frequency range where the approximation $hf \ll kT$ takes account, the above equation can be simplified to $\overline{V}_{\text{nosie}} = \sqrt{4kTBR}$. This indicates that the noise 121 voltage fluctuates between $\pm \sqrt{8kTBR}$. Therefore, the voltage across a non-ideal resistor can be decomposed into 122 $V' = V_R + V_{\text{noise}}$, as seen in Fig. S6a. This model can also be equivalent to the series connection of an ideal resistor (*R*) 123 and a noisy resistor (R'), as seen in Fig. S6b, such that $V' = I(R + R') = IR + IR' = V_R + V_{\text{noise}}$. Defining a time-124 fluctuating parameter $\varepsilon_{1,2} = R'/R$ where the subscript 1,2 denotes the deviation occurring to the resistors of the gain 125 or loss oscillator, we can analyze the resonance frequency fluctuations due to thermal noise. Here, to simplify our 126 analysis, we assume $\mathcal{E}_{1,2} \in [-\Delta, \Delta]$ where $\Delta \propto \sqrt{8kTB/R}$. 127

128 In experiments, the measurement of eigenfrequencies associated with the Hamiltonians is realized by tracking the 129 dips of reflection spectra, which, in this work, is the reflection coefficient (S_{11}) at the gain side (Fig. S6c). The noise130 deviated S_{11} , considering the maximum noise ($\mathcal{E}_{1,2} \equiv \Delta$), has the form of

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$$S_{11} = \frac{\eta (1+\Delta)^2 \omega^2 + \eta \gamma^2 [1-2\omega^2 - (\mu^2 - 1)\omega^4]}{[(1+\Delta)(\eta + \Delta \eta) - 2\omega^2] - 2i\gamma\omega(\omega^2 - 1) + \eta \gamma^2 [1-2\omega^2 - (\mu^2 - 1)\omega^4]},$$
(18)

132 which yields the maximized deviated resonance frequency to be

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$$\omega_{1,2}' = \sqrt{\frac{(1+\Delta)^2 - 2\gamma^2 \pm \sqrt{(1+\Delta)^4 - 4\gamma^2 (1+\Delta)^2 + 4\gamma^4 \mu^2}}{2\gamma^2 (\mu^2 - 1)}}.$$
 (19)

The frequency fluctuation caused by the noise is $\Delta \omega = \omega_{1,2} - \omega_{1,2}'$. Taking parameters used in our experiments (e.g., $\gamma = 13.56$, $\mu = 0.08$ and the system operates at $f_0 \approx 24.1$ MHz and T = 290 K), the above equation yields $\Delta f = \Delta \omega / 2\pi \approx 1$ kHz, which agrees well with our noise measurements in Fig. S6d that the measured frequency may have ± 2.5 kHz fluctuation. This noise-introduced frequency fluctuation is indeed ignorable compared to the frequency shift caused by the target pressure variations (~ 10 - ~ 400 kHz), which, therefore, does not negate the implementation of the EP for sensing.



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141 Fig. S6. (a) Circuit equivalent of a non-ideal resistor. (b) Circuit diagram of the EP sensing system considering the presence of 142 thermal noise. (c) Reflection spectra measured within 120 seconds (~ per 2 seconds) without perturbations applied. (d) Frequency 143 fluctuations caused by the noise.

SM Note 8: Comparison of sensing distance between PT symmetry system and conventional "LC" wireless sensing

146 The relationship between the wireless coupling distance of two coils and the coupling coefficient is illustrated in Fig. 147 S7a. Figures. S7b and S7c present a comparative analysis of the reflection spectra between the PT-symmetric system and the conventional wireless "LC" system versus coupling distance. The PT-symmetric system is characterized by its 148 149 sharply defined resonance peaks with substantial amplitudes, crucial for detecting minute physiological variations. Its 150 ability to maintain sharp resonances, even with varying coupling coefficients, underscores its robust stability and 151 superior precision monitoring capabilities. In the PT-exact phase, the system achieves maximum resolution. As the 152 coupling distance increases (μ decreases), the system transitions from the exact state to the broken state, during which 153 the two eigenfrequencies converge and the amplitude of the reflection peak progressively diminishes. The degree, to 154 which these peaks are pronounced, correlates with the system's potential for exceptional sensitivity and accuracy in 155 detecting the changes it is tuned to monitor.

The resonant frequency obtained from the reflection spectrum (red point in Fig. S7c) is written as: 156 $\omega_c = \sqrt{1/[(1-\mu^2)L_2C_2]}$. It is worth noting that the intensity of conventional "LC" system reflectance spectra decreases 157 sharply with increasing coupling distance, making it difficult to observe at the detection distance of ICP. The 158 159 conventional wireless "LC" systems show disappointing resolution, with significantly low S₁₁ amplitude and gradually disappear as the coupling coefficient decreases. This decreased resolution in the conventional "LC" system is a result 160 161 of its inherent energy dissipation characteristics, which lead to broader spectral responses and thus a reduced ability to 162 precisely pinpoint specific resonant frequencies. This means that at the detection distance of the ICP, it is not able to 163 fulfill the requirement of discerning small variations in monitored parameters—such as intracranial pressure.

The PT-symmetric system's superior detection and response capabilities render it highly effective for monitoring applications, particularly in biotelemetry, where precise detection of small physiological changes is paramount. The pronounced difference in the resonance peak sharpness between the PT-symmetric and convention LC systems highlights the former's superior performance, underscoring its potential for groundbreaking advancements in noninvasive medical monitoring technologies.



FIG. S7. (a) Coupling coefficient as a function of the wireless coupling distance of the two coils. (b) Magnitude of the reflection



SM Note 9: Photograph of the sensor



- FIG. S8. Photograph of the sensor.

178 SM Note 10: Frequency response of the sensor system under low pressure

179 As mentioned in SM note 7, we have both theoretically and experimentally demonstrated that the noise-induced 180 frequency fluctuations are within ± 2.5 kHz, which can be ignored compared to the eigenfrequency shift caused by the 181 target pressure variations. To demonstrate that the fluctuations in Fig. 5g in the main text are induced by the heartbeat 182 signal instead of noise, we further perform experiments in the low-pressure range (0 - 0.15 mmHg) shown in Fig. S9. 183 The results demonstrate that the noise-induced (no pressure applied) frequency fluctuations (marked in Fig. S9a and 184 zoomed-in in Fig. S9b) are below 2 kHz, while the frequency fluctuations caused by the heartbeat signal is 185 ~ 25 kHz (the grey area marked in Fig. S9a), which is more than one order of magnitude larger than the noise-induced 186 fluctuation (Fig. S9b). In addition, the results in Fig. 4f, which demonstrates clear frequency differentiation under 187 extremely weak pressure perturbations, further support this finding. Figure 5g shows that the frequency fluctuation 188 caused by the heartbeat is about 25 kHz, significantly greater than that caused by noise. The fast Fourier transformation 189 (FFT) analysis (Fig. S9c) of the ICP signal from Fig. 5f reveals two distinct peaks: one for breathing (~ 0.33 Hz) and 190 another for heartbeat (~ 3.76 Hz), which closely matches the ECG results.



Fig. S9. (a) Frequency shift of ω_2 in response to low applied pressure (~ per 60 seconds). (b) Enlarged view of frequency shift without applied pressure. (c) FFT analysis of ICP signal and ECG.

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