

**Supplementary Table 3.** Search strategy on Cochrane Library

Step	Search terms	No. of publications
#1	MeSH descriptor: [Multiple Trauma] explode all trees	246
#2	(major trauma):ti,ab,kw OR (trauma):ti,ab,kw NOT ("spinal cord injury"):ti,ab,kw	16,549
#3	MeSH descriptor: [Trauma, Nervous System] explode all trees	5,907
#4	MeSH descriptor: [Spinal Cord Injuries] explode all trees	1,875
#5	MeSH descriptor: [Spinal Cord] explode all trees	717
#6	(#1 OR #2 OR #3) NOT (#4 OR #5)	19,741
#7	("plan" OR "plans" OR "planning" OR "planned"):ti,ab,kw OR (patient education):ti,ab,kw OR (clinical decision):ti,ab,kw OR ("predict*" OR "prediction" OR "predict"):ti,ab,kw	138,384
#8	(discharge):ti,ab,kw OR (patient discharge):ti,ab,kw OR (hospital discharge):ti,ab,kw OR (disposition):ti,ab,kw	40,426
#9	(rehabilitation):ti,ab,kw OR (rehabilitation center):ti,ab,kw OR (neurological rehabilit*):ti,ab,kw	55,281
#10	MeSH descriptor: [Patient Discharge] explode all trees	1,756
#11	MeSH descriptor: [Rehabilitation Centers] explode all trees	694
#12	MeSH descriptor: [Patient Education as Topic] explode all trees	9,269
#13	MeSH descriptor: [Clinical Decision Rules] explode all trees	19
#14	#7 OR #12 OR #13	138,425
#15	#8 OR #10	40,426
#16	#9 OR #11	55,470
#17	MeSH descriptor: [Physical Functional Performance] explode all trees	339
#18	MeSH descriptor: [Activities of Daily Living] explode all trees	10,159
#19	MeSH descriptor: [Disability Evaluation] explode all trees	3,887
#20	#17 OR #18 OR #19	13,857
#21	("tool" OR "assessment" OR "measurement" OR "scale" OR "measure" OR "evaluation"):ti,ab,kw	622,650
#22	#6 AND #14 AND #15 AND #16 AND #21	34
#23	#6 AND #14 AND #20 AND #16 AND #21	14