

Supplemental Figure S1. Participant Survey

Name: _____

Date of Birth: _____

Gender: _____

Do you play a sport?

- (a) Yes
- (b) No

Do you currently work?

- (a) Yes, full-time
- (b) Yes, part-time
- (c) No

If so, do you consider your work to be physically demanding?

- (a) Yes
- (b) No

What type of injury/pain prompted today's visit?

- (a) Sport-related injury
- (b) Work-related injury
- (c) Chronic pain
- (d) Other

Marx Activity Score

Please indicate how often you performed each activity in your healthiest and most active state, in the past year.

1. Running: running while playing a sport or jogging
 - a. Less than one time in a month
 - b. One time in a month
 - c. One time in a week
 - d. 2 or 3 times in a week
 - e. 4 or more times in a week
2. Cutting: changing directions while running
 - a. Less than one time in a month
 - b. One time in a month
 - c. One time in a week
 - d. 2 or 3 times in a week
 - e. 4 or more times in a week
3. Decelerating: coming to a quick stop while running
 - a. Less than one time in a month
 - b. One time in a month
 - c. One time in a week
 - d. 2 or 3 times in a week
 - e. 4 or more times in a week
4. Pivoting: turning your body with your foot planted while playing a sport; For example: skiing, skating, kicking, throwing, hitting a ball (golf, tennis, squash), etc.
 - a. Less than one time in a month
 - b. One time in a month
 - c. One time in a week
 - d. 2 or 3 times in a week
 - e. 4 or more times in a week

Based on the following information, if you were to tear a stabilizing ligament of your knee and required surgery to fix it, would you prefer to get surgery A or surgery B?

Surgery A	Surgery B
63% hamstring strength compared to the nonoperated leg 2 years postsurgery	98% hamstring strength compared to the nonoperated leg 2 years postsurgery
76% chance of returning to sport within 1 year of surgery	88% chance of returning to sport within 1 year of surgery
6% chance that the repair will fail within 2 years and an additional surgery would be required to fix it	14% chance that the repair will fail within 2 years and an additional surgery would be required to fix it
51% chance of developing knee arthritis in 10 years	No long-term data available

How important was hamstring strength in your decision-making process?

- (a) Not important at all
- (b) Somewhat important
- (c) Important
- (d) Very Important
- (e) Extremely Important

How would you rate the importance of being able to return to sport in your decision-making process?

- (a) Not important at all
- (b) Somewhat important
- (c) Important
- (d) Very Important
- (e) Extremely Important

How important was the risk of requiring an additional surgery in your decision-making process?

- (a) Not important at all
- (b) Somewhat important
- (c) Important
- (d) Very Important
- (e) Extremely Important

How important was the potential of developing osteoarthritis in your decision-making process?

- (a) Not important at all
- (b) Somewhat important
- (c) Important
- (d) Very Important
- (e) Extremely Important

If given the option, would you choose to undergo the procedure?

(a) Yes

(b) No