## **Supplementary Table S3** Skin blood flow response after sympathetic stimulation

	Baseline	Post-intervention	Follow-up
HRV biofeedback			
VCR	53.86 [40.12,67.86]	56.41 [33.28,66.79]	53.75 [38.19,65.83]
Sham biofeedback			
VCR	57.38 [40.92,67.94]	57.53 [36.94,68.42]	62.49 [42.85,69.21]

## **Legend to Supplementary Table S3**

All values in median [interquartile range]. Interaction effects between group and time points of measurement were not significant (p>0.05) for VCR. Abbreviations: VCR, vasoconstrictory response