

## Supplementary Table S4 Sudomotor sympathetic skin response

	Baseline	Post-intervention	Follow-up
<i>HRV biofeedback</i>			
<b>SSR</b>	1.69 [0.48,3.61]	1.15 [0.37,3.09]	1.18 [0.32,4.65]
<i>Sham biofeedback</i>			
<b>SSR</b>	0.56 [0.07,2.33]	0.64 [0.06,5.41]	0.27 [0.13,0.70]

### Legend to Supplementary Table S4

All values in median [interquartile range]. Interaction effects between group and time points of measurement were not significant ( $p>0.05$ ) for SSR. Abbreviations: SSR, sympathetic skin response