AMSTAR 2: a critical appraisal tool for systematic reviews that include randomised or non-randomised studies of healthcare interventions, or both

1. Did the research questions and	inclusion criteria for the review include t	he components of PICO?
	Optional (recommended) Timeframe for follow-up ntain an explicit statement that the review at of the review and did the report justify a	
For Partial Yes: The authors state that they had a written protocol or guide that included ALL the following: review question(s) a search strategy inclusion/exclusion criteria a risk of bias assessment	For Yes: As for partial yes, plus the protocol should be registered and should also have specified:	✓ Yes□ Partial Yes□ No
 3. Did the review authors explain their selection of the study designs for incl For Yes, the review should satisfy ONE of the following: Explanation for including only RCTs OR Explanation for including only NRSI OR Explanation for including both RCTs and NRSI 		elusion in the review? ∇ Yes No
	omprehensive literature search strategy?	
For Partial Yes (all the following): searched at least 2 databases (relevant to research question) provided key word and/or search strategy justified publication restrictions (e.g. language)	For Yes, should also have (all the following): Searched the reference lists / bibliographies of included studies Searched trial/study registries included/consulted content experts in the field Where relevant, searched for grey literature Conducted search within 24 months of completion of the review	V Yes □ Partial Yes □ No
and achieved consensus on which OR two reviewers selected a sam	ntly agreed on selection of eligible studies	V Yes □ No

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6. Did the review authors perform	m data extraction in duplicate?		
	in data extraction in duplicate.		
For Yes, either ONE of the following: at least two reviewers achieved of included studies	consensus on which data to extract from	□ v	Yes No
☐ OR two reviewers extracted data	a from a sample of eligible studies <u>and</u> ast 80 percent), with the remainder		110
7. Did the review authors provide	e a list of excluded studies and justify the ex	xclusion	as?
For Partial Yes:	For Yes, must also have:		
□ provided a list of all potentially	☑ Justified the exclusion from	V	Yes
relevant studies that were read	the review of each potentially		Partial Yes
in full-text form but excluded from the review	relevant study		No
8. Did the review authors describ	be the included studies in adequate detail?		
For Partial Yes (ALL the following):	For Yes, should also have ALL the following:		
 described populations 	☑ described population in detail	$\Box_{\!$	Yes
☐ described interventions	described intervention in		Partial Yes
described comparators	detail (including doses where relevant)		No
described outcomes	described comparator in detail		
☐ described research designs	(including doses where relevant)		
	□ described study's setting		
RCTs For Partial Yes, must have assessed RoB	For Yes, must also have assessed RoB	of bias	(RoB) in
from	from:		37
unconcealed allocation, and	allocation sequence that was		Yes Partial Yes
☐ lack of blinding of patients and assessors when assessing	not truly random, <i>and</i> □ selection of the reported result		No
outcomes (unnecessary for	from among multiple		Includes only
objective outcomes such as all-	measurements or analyses of a	V	NRSI
cause mortality)	specified outcome		
NRSI			
For Partial Yes, must have assessed	For Yes, must also have assessed RoB:	**	Vac
RoB:		V	Yes Partial Yes
☐ from confounding, and☐ from selection bias	exposures and outcomes, <i>and</i> Selection of the reported result		No Yes
inom selection dias	from among multiple		Includes only
	measurements or analyses of a specified outcome		RCTs
	on the sources of funding for the studies in	cluded	in the review?
For Yes			
	rces of funding for individual studies included g that the reviewers looked for this informatio		∇ YesNo
but it was not reported by stud			

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11. If meta-analysis was performed did the review authors use appropriate combination of results?	emetho	ods for statistical
RCTs		
For Yes:		Vac
The authors justified combining the data in a meta-analysis	П	Yes No
AND they used an appropriate weighted technique to combine	□ V	No meta-analysis
study results and adjusted for heterogeneity if present.	V	conducted
AND investigated the causes of any heterogeneity For NRSI		Conducted
For Yes:		
☐ The authors justified combining the data in a meta-analysis		Yes
AND they used an appropriate weighted technique to combine		No
study results, adjusting for heterogeneity if present	V	No meta-analysis
☐ AND they statistically combined effect estimates from NRSI that		conducted
were adjusted for confounding, rather than combining raw data,		
or justified combining raw data when adjusted effect estimates		
were not available		
AND they reported separate summary estimates for RCTs and NRSI separately when both were included in the review		
12. If meta-analysis was performed, did the review authors assess the poter individual studies on the results of the meta-analysis or other evidence s		
For Yes:		
☐ included only low risk of bias RCTs		Yes
☐ OR, if the pooled estimate was based on RCTs and/or NRSI at variable		
RoB, the authors performed analyses to investigate possible impact of	V	, , , , , , , , , , , , , , , , , , ,
RoB on summary estimates of effect.		conducted
13. Did the review authors account for RoB in individual studies when into results of the review?	erpreti	ng/ discussing the
For Yes:		
☐ included only low risk of bias RCTs	V	Yes
☑ OR, if RCTs with moderate or high RoB, or NRSI were included the		No
review provided a discussion of the likely impact of RoB on the results		
14. Did the review authors provide a satisfactory explanation for, and disc heterogeneity observed in the results of the review?	ussion	of, any
For Yes:		
☐ There was no significant heterogeneity in the results		
\square_{V} OR if heterogeneity was present the authors performed an investigation of	V	
sources of any heterogeneity in the results and discussed the impact of this on the results of the review] No
15. If they performed quantitative synthesis did the review authors carry o investigation of publication bias (small study bias) and discuss its likely the review?		
For Yes:		
 performed graphical or statistical tests for publication bias and discussed 		Yes
the likelihood and magnitude of impact of publication bias		
	V	No meta-analysis conducted

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16. Did the review authors report any potential sources of conflict of interest, including any funding they received for conducting the review?			
For Yes	5:		
V	The authors reported no competing interests OR	$\overline{\mathbf{V}}$	Yes
	The authors described their funding sources and how they managed		No
	potential conflicts of interest		

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