

CARE Checklist of information to include when writing a case report



Topic	Item	Checklist item description	Reported on Line
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	1-2
	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report" ...	21-22
	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	30-40 6-18
	3b	Main symptoms and/or important clinical findings	45 6-18
Abstract (no references)	3c	The main diagnoses, therapeutic interventions, and outcomes	45 6-18
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	6-18
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	30-40
	5a	De-identified patient specific information	44-45
Patient Information	5b	Primary concerns and symptoms of the patient	45
	5c	Medical, family, and psycho-social history including relevant genetic information	44-45
Clinical Findings	5d	Relevant past interventions with outcomes	—
	6	Describe significant physical examination (PE) and important clinical findings	44-45
	7	Historical and current information from this episode of care organized as a timeline	Fig. 5
	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys)	47-93
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	47-93
Therapeutic Intervention	8c	Diagnosis (including other diagnoses considered)	93
	8d	Prognosis (such as staging in oncology) where applicable	120 2084
	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	105-106; 123; 125; 140
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	105-106; 123; 125; 140
	9c	Changes in therapeutic intervention (with rationale)	156-158
Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	155-158
	10b	Important follow-up diagnostic and other test results	44-158
	10c	Intervention adherence and tolerability (How was this assessed?)	44-158 (holerenu)
Discussion	10d	Adverse and unanticipated events	44-158
	11a	A scientific discussion of the strengths AND limitations associated with this case report	164-232
	11b	Discussion of the relevant medical literature with references	164-232
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	215-232
Patient Perspective	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	257-261
	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	157-158
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>