

S1 Table. Sample size available for data analysis at baseline, pre-, post-eHCS training and at follow-up among those who completed the training (n=27).

Data collection method	Baseline N (%)	Pre-eHCS N (%)	Post-eHCS N (%)	Follow-up N (%)
Assessment	26 (96)*	26 (96)*	26 (96)*	NA
Questionnaire	27 (100)	NA	26 (96)*	24 (92)
Interview	NA	NA	NA	24 (92)

NA, not applicable

*one participant out of 27 who completed eHCS training not included in the analysis due to technical issues with the assessment and questionnaire online data entry