S2 Table. Application of ODQs (*Follow-up study, N=24*)

 I use Open Discovery Questions ('what' and 'how' questions) in my practice (1 –never, 2 – rarely, 3 – sometimes, 4 – often, 5 – always):

	Mean	Never	Rarely	Somet imes	Often	Always
a. To explore my patients' environments to identify barriers and facilitators for a behaviour change.	4.5	0 (0%)	0 (0%)	1 (4%)	10 (42%)	13 (54%)
b. To help my patients identify solutions that are appropriate for their circumstances.	4.6	0 (0%)	0 (0%)	1 (4%)	8 (33%)	15 (63%)
c. To support my patients in making a SMARTER plan for a behaviour change.	4.2	0 (0%)	1 (4%)	5 (21%)	9 (38%)	9 (38%)
d. To support my patients in evaluating and reviewing their SMARTER plan for a behaviour change.	4.2	0 (0%)	1 (4%)	5 (21%)	9 (38%)	9 (38%)