CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1, Line 1-2	title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 2, Line 33	keywords
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 2, Lines 17-20	Abstract section
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 2, Lines 21-28	Abstract section
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 2, Lines 29-32	Abstract section
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 2-3, Lines 35-42	Introduction section
Patient Information	5a	De-identified patient specific information	Page 3, Lines 52-54	Case Report
	5b	Primary concerns and symptoms of the patient	Page 3, Lines 52-56	Case Report
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 3, Lines 56-58	Case Report
	5d	Relevant past interventions with outcomes	Page 3, Lines 62-64	Case Report
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 3, Lines 64-88	Case Report
Timeline	7	Historical and current information from this episode of care organized as a timeline	NA	NA
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Lines 64-67; 69-76; 81-84	Case Report
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Lines 71-73; 76-79; 83-84	Case Report
	8c	Diagnosis (including other diagnoses considered)	Lines 84-88; 76-79	Case Report
	8d	Prognosis (such as staging in oncology) where applicable	Dead, not applicable	
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Lines 55-56	Case Report
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Not applicable	
	9c	Changes in therapeutic intervention (with rationale)	Not applicable	

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Lines 89-92	Case Report
	10b	Important follow-up diagnostic and other test results	Not applicable	
	10c	Intervention adherence and tolerability (How was this assessed?)	Not applicable	
	10d	Adverse and unanticipated events	Not applicable	
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Not applicable	
	11b	Discussion of the relevant medical literature **with references**	Lines 113-129	Discussion
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Lines 96-98; 114-120	Discussion
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Lines 129-132	Discussion
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Not applicable	
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.