

No.2550 -- 13Nov(1).docx

1 Article

2 **Patient-reported outcomes³ of rezvilutamide versus bicalutamide in combination**
3 **with androgen deprivation therapy in high-volume metastatic hormone-sensitive**
4 **prostate cancer patients (CHART): a randomized, phase 3 study**

5 **Running title:** Rezvilutamide plus ADT in mHSPC

6

7 **Abstract**

8 ⁴ The randomized phase 3 CHART trial (NCT03520478) revealed that rezvilutamide
9 (REZ) ¹⁴ plus androgen deprivation therapy (ADT) in high-volume, metastatic, hormone-
10 sensitive prostate cancer (mHSPC) significantly enhanced ³ radiographic progression-
11 free and overall survival than bicalutamide (Bic)-ADT. Accordingly, we examined
12 ⁴² patient-reported outcomes (PROs) results, which were exploratory endpoints in the
13 CHART trial. ³⁰ The patients were randomly allocated to receive REZ-ADT or Bic-ADT
14 in a 1:1 ratio. The PROs were evaluated with ¹⁶ the Brief Pain Inventory-Short Form (BPI-
15 SF) and the Functional Assessment of Cancer Therapy-Prostate (FACT-P)
16 questionnaires. Both study groups displayed comparable ¹ baseline pain scores and
17 functional status. Patients administered REZ-ADT had an extended ¹³ time to progression
18 of worst pain intensity in comparison to those treated with Bic-ADT (² 25th percentile,
19 ⁸ 9.2 [95% CI 7.4–16.6] vs. 6.4 months [95% CI 5.5–8.3]; HR 0.75 [95% CI 0.57–0.97];
20 $p = 0.026$). Similarly, patients received REZ-ADT ¹ exhibited a delayed time to
21 progression of pain interference in comparison to those receiving Bic-ADT (¹ 25th
22 percentile, 20.2 [95% CI 12.9–31.3] vs. 10.2 months [95% CI 7.4–11.1]; HR 0.70 [95%
23 CI 0.52–0.93]; $p = 0.015$). Additionally, the REZ-ADT group demonstrated a prolonged
24 delay in the deterioration of the total score on the FACT-P questionnaire (¹ 25th percentile,
25 12.8 [95% CI 7.4–20.3] vs. 6.0 months [95% CI 4.6–9.2]; HR 0.66 [95% CI 0.50–0.86];
26 $p = 0.002$), as well as most of the ¹ FACT-P subscale scores, in comparison to the Bic-
27 ADT group. In conclusion, REZ-ADT was superior to Bic-ADT regarding the pain
28 alleviation and enhancement of functional scales for high-volume mHSPC.

29 **Keywords:** rezvilutamide plus ADT, metastatic hormone-sensitive prostate cancer,

30 patient-reported outcomes, pain, functional status

31

32 **Introduction**

33 Prostate cancer is among the prevailing reasons for cancer-linked morbidity and death
34 in men worldwide, with its incidence rising as populations age.¹ Metastatic hormone-
35 sensitive prostate cancer (mHSPC) is defined by a particularly aggressive disease type,
36 where the tumor spreads beyond the prostate gland, commonly to the bones and lymph
37 nodes, leading to challenging complications and reduced survival. Patients with
38 mHSPC experience a high morbidity rate and poor clinical outcomes, and this disease
39 severely impacts their quality of life (QoL), with common symptoms including bone
40 pain, fatigue, urinary issues, and psychosocial distress.² This underscores the need for
41 developing treatment approaches that not only effectively control disease progression
42 but also enhance or maintain patient-reported outcomes (PROs) in this population.

43 The androgen receptor axis is crucial in prostate cancer pathology by driving tumor
44 proliferation and growth.^{3,4} While androgen-deprivation therapy (ADT), which reduces
45 circulating testosterone levels, has been the cornerstone of treatment, single-agent ADT
46 alone often fails to sustain long-term efficacy, as prostate cancer cells develop adaptive
47 resistance to testosterone suppression. In recent years, the emergence of androgen
48 receptor axis inhibitors, encompassing enzalutamide, abiraterone acetate, and
49 apalutamide, has achieved a significant advancement in the therapeutic landscape for
50 mHSPC. These agents, when used in combination with ADT, have demonstrated
51 considerable survival benefits and have become integral to the standard of care for
52 mHSPC patients.⁵⁻⁸ The combination of androgen receptor axis inhibitors with
53 ADT more effectively suppresses androgen receptor signaling than ADT alone, offering

54 new hope for delaying disease progression and improving survival outcomes in mHSPC
55 patients.⁹ For high-volume mHSPC patients who exhibit an extensive tumor burden
56 with multiple metastatic sites, these new drugs have shown significant potential in
57 clinical trials, resulting in ³² prolonged progression-free survival (PFS) and overall
58 survival (OS) benefits. Notwithstanding these advancements, some patients experience
59 resistance to existing androgen receptor-targeting therapies,⁹ underscoring the need for
60 novel agents that can further enhance clinical outcomes, especially for high-volume
61 cases where the tumor burden is substantial and aggressive. Consequently, researchers
62 have been investigating new-generation androgen receptor inhibitors that may
63 overcome treatment resistance, improve efficacy, reduce toxicity, and maintain or
64 enhance QoL, which are essential needs in managing the disease course of mHSPC
65 patients.

66 Rezvilutamide (REZ) is a new orally administrated inhibitor of the androgen
67 receptor that specifically targets the androgen receptor axis.^{10,11} A preclinical study
68 conducted in mice has indicated that REZ penetrates the blood-brain barrier to a
69 significantly lesser extent compared to enzalutamide, potentially lowering the seizure
70 risk. ⁴⁰ In metastatic castration-resistant prostate cancer patients, clinical studies have
71 demonstrated Rez's clinical effectiveness and favorable safety profile.^{12,13} The CHART
72 trial, a randomized ¹¹ phase 3 study, was performed to ascertain the effectiveness and
73 safety of REZ-ADT in high-volume ⁴⁶ mHSPC patients compared to bicalutamide (Bic)-
74 ADT. This study manifested that the REZ-ADT significantly enhanced ³⁹ OS (Hazard
75 ratio [HR] 0.58 with 95% confidence interval ¹² [CI] 0.44–0.77; p < 0.0001) and

76 radiographic progression-free survival (rPFS; HR 0.44 [95% CI 0.33–0.58]; $p < 0.0001$)
77 in mHSPC patients when compared with Bic-ADT.^{10,14} These outcomes resulted in the
78 approval of REZ-ADT in China in 2022 for treating high-volume mHSPC.¹¹ The
79 CHART trial results underscore the importance of incorporating novel androgen
80 receptor-targeting agents into the treatment paradigm for metastatic prostate cancer,
81 especially given the growing body of evidence that these therapies can enhance clinical
82 outcomes and offer new hope for patients with poor prognosis.

83 In addition to improving clinical efficacy, PROs have emerged as critical endpoints
84 in the evaluation of treatment approaches for mHSPC. Patients with mHSPC often
85 endure not only the physical burden of the disease but also a spectrum of adverse effects
86 from treatment, such as fatigue, hot flashes, loss of libido, and cognitive changes.^{15,16}
87 These side effects, combined with disease-related symptoms, can severely impact the
88 QoL and mental well-being of patients.¹⁷ Furthermore, mHSPC disproportionately
89 affects older adults, who may have additional comorbidities that can exacerbate the
90 impact of both disease symptoms and treatment toxicity. Traditional clinical study
91 endpoints, such as OS and rPFS, while essential for assessing treatment efficacy, often
92 fail to capture the daily QoL concerns of patients.¹⁸ Moreover, PROs, which assess
93 symptom burden, functional status, and overall satisfaction with therapy from the
94 perspectives of patients, offer valuable insights into how treatments impact daily
95 functioning and overall well-being, providing a more comprehensive view of
96 therapeutic benefits.^{19,20} Incorporating PROs into the study endpoints of clinical trials
97 conducted in mHSPC patients allows for patient-centered evaluations and informs

98 decision-making by simultaneously considering efficacy, safety, and QoL, ultimately
99 aiming to optimize comprehensive care and improve patient satisfaction.¹⁸

100 In the CHART trial, PROs were assessed as exploratory endpoints, focusing on
101 pain control and functional assessments in mHSPC patients receiving either REZ-ADT
102 or Bic-ADT. In this report, we present the comparative PRO ⁴¹data from the CHART
103 phase 3 trial, underscoring the importance of evaluating patient-centered outcomes
104 alongside effectiveness and safety in treatment strategies for high-volume mHSPC.

105

106 **Results**

107 **Patients**

⁹
108 Between June 28, 2018, and August 6, 2020, 654 patients fulfilling the eligibility
109 criteria were recruited, with 326 and 328 patients allocated to the REZ-ADT and Bic-
110 ADT groups, respectively. Baseline characteristics, including demographics, disease
111 status, prior treatments, pain levels, and functional scores, were comparable across both
112 treatment groups (Table 1).¹⁴

⁹
113 This exploratory analysis of PROs had a median follow-up period of 29.3 months
114 (interquartile range [IQR]: 21.0–33.3), with ⁹a data cutoff date of February 28, 2022.

115 The PRO data beyond 44 treatment cycles were excluded because the Bic-ADT group
116 had a limited number of remaining patients.

117 **5** **Brief Pain Inventory-Short Form (BPI-SF)**

118 Compliance rates for **BPI-SF** were high throughout the study, with over 90%
119 compliance observed in both treatment groups up to week 161 (Supplementary Table
120 1). Only 25 patients (3.8%) missed three or more scheduled pain assessments. Baseline
121 assessments showed low pain levels across both groups, with 203 (62%) **15** in the **REZ-**
122 **ADT group** and 206 (63%) **in the Bic-ADT group** reporting no pain at baseline, while
123 17% and 15%, respectively, reported mild pain (Table 1). Notably, Asian patients
124 generally reported lower baseline pain levels than non-Asian patients (Supplementary
125 Table 2).

126 Patients treated with REZ-ADT demonstrated an extended **13** time to progression of
127 worst **pain intensity**, in contrast to those receiving Bic-ADT (median: **7** NR [95% CI NR–
128 NR] vs. NR [95% CI 20.3–NR]; **2** 25th percentile: 9.2 [95% CI 7.4–16.6] **8** vs. 6.4 months
129 [95% CI 5.5–8.3]; HR 0.75 [95% CI 0.57–0.97]; p = 0.026, Fig. 1a). Similarly, the REZ-
130 ADT group experienced an extended **24** time to progression in pain interference (median:
131 **7** NR [95% CI NR–NR] vs. NR [95% CI NR–NR]; **1** 25th percentile: 20.2 [95% CI 12.9–
132 31.3] vs. 10.2 months [95% CI 7.4–11.1]; HR 0.70 [95% CI 0.52–0.93]; p = 0.015, Fig.
133 1b). Both groups did not achieve **37** the median time to average pain progression; the REZ-
134 ADT group showed 25th percentile values of **1** 25.8 months (95% CI 14.8–31.4), while
135 the Bic-ADT group indicated **1** 11.7 months (95% CI 8.7–22.1; HR 0.79 [95% CI 0.58–
136 1.08]; p = 0.133; Fig. 1c).

137 Both therapy groups exhibited decreases **2** in worst pain intensity, interference, and

138 average pain over time, with more pronounced reductions found in the REZ-ADT group
139 at various time intervals (Fig. 2). Analysis of the initial 12 treatment cycles stratified by
140 baseline pain severity revealed that patients reporting moderate baseline pain showed
141 marked improvements across pain metrics, with least-squares mean (LS Mean)
142 reductions ranging from -1.96 to -3.26 for worst pain intensity, -0.54 to -1.78 for pain
143 interference, and -1.00 to -1.97 for average pain in both groups. The REZ-ADT group
144 frequently experienced a greater enhancement of pain relief than the Bic-ADT cohort
145 (Supplementary Figs. 1–3). Meanwhile, patients with no or mild baseline pain
146 maintained stable pain levels throughout the study.

147 Baseline assessments indicated higher PSA levels and a greater number of bone
148 metastatic lesions among patients experiencing moderate to severe baseline pain
149 compared to those with mild or no pain in both the REZ-ADT and Bic-ADT groups
150 (Supplementary Table 3). Moreover, no obvious correlations were found between pain
151 severity at baseline and the presence of visceral metastases. Across all baseline pain
152 levels, the REZ-ADT combination consistently delayed PSA progression and prolonged
153 rPFS and OS compared to Bic-ADT, with HRs < 1 across most efficacy outcomes,
154 except for OS improvement in the subgroup with severe pain (Supplementary Table 4).
155 This suggests a consistent therapeutic advantage of REZ-ADT, regardless of initial pain
156 severity.

157 Additional analyses were conducted to examine the effectiveness of Rez-ADT
158 compared to Bic-ADT in delaying the progression of worst pain intensity, interference,
159 and average pain in Asian and non-Asian patient subgroups (Supplementary Table 5).

160 Due to a smaller sample size of non-Asian patients, findings for this subgroup should
161 be interpreted with caution.

162 ²⁷ **Functional Assessment of Cancer Therapy-Prostate (FACT-P)**

163 The overall compliance with the FACT-P questionnaire was strong, with adherence
164 rates above 90% in both treatment groups through week 161 (Supplementary Table 1).
165 Only 25 patients (3.8%) missed three or more scheduled functional assessments.
166 Baseline FACT-P scores indicated that the functional status was similar between the
167 REZ-ADT and Bic-ADT groups (Table 1).

168 For the FACT-P total score, REZ-ADT had longer 25th percentile time to functional
169 deterioration (¹12.8 months [95% CI 7.4–20.3] compared to 6.0 months [95% CI 4.6–
170 9.2] with Bic-ADT; HR 0.66 [95% CI 0.50–0.86]; $p = 0.002$; Fig. 3a, Table 2).
171 Deterioration across nearly all ²⁴FACT-P subscales was delayed with the administration
172 of REZ-ADT, encompassing delayed deterioration in physical well-being (⁶HR 0.65, 95%
173 CI 0.49–0.86; $p = 0.003$), emotional well-being (HR 0.68, 95% CI 0.50–0.92; $p = 0.013$),
174 functional well-being (²²HR 0.75, 95% CI 0.59–0.95; $p = 0.015$), the FACT-G general
175 scale (⁵HR 0.69, 95% CI 0.52–0.91; $p = 0.008$), the prostate cancer subscale (⁵HR 0.74,
176 95% CI 0.57–0.96; $p = 0.022$), and the trial outcome index (HR 0.65, 95% CI 0.49–
177 0.86; $p = 0.002$; Table 2). Nonetheless, no difference was found ¹¹between the groups for
178 the time to deterioration in social/family well-being or the FACT-P pain scale.

179 Both groups demonstrated improvements ²⁹from baseline in the FACT-P total score
180 at all time points (LS Means of 0.66–6.77; Fig. 3b), with the REZ-ADT group showing

181 more pronounced improvements, reflected in between-group LS Mean differences of
182 0.50–5.20. The score changes in all FACT-P subscales from baseline exhibited similar
183 patterns in the improvement in both groups, along with between-group differences,
184 except in the subscales of social/family well-being and the FACT-P pain scale.

185 An additional analysis evaluated the relationship between FACT-P total score
186 changes over the initial 12 treatment cycles and baseline pain levels. Results suggested
187 that patients with higher baseline pain reported greater improvements in the FACT-P
188 total scale. While patients with low to no pain at baseline showed minor improvements,
189 those with moderate baseline pain reported substantial improvements, with LS Mean
190 scores of 0.92–12.16 overall assessment time points. This trend was more significant ¹⁵ in
191 the REZ-ADT group, consistently exceeding improvements in the Bic-ADT group, with
192 between-group LS Mean differences of 3.70–8.57 (Supplementary Fig. 4). The
193 correlations between FACT-P subscale score improvements and baseline pain severity
194 paralleled those observed in ³⁶ the FACT-P total scale, except for the social/family well-
195 being and FACT-P pain subscales.

196 Discussion

197 This exploratory ⁴ analysis of the phase 3 CHART study indicates that REZ-ADT
198 outperformed Bic-⁴ADT in high-volume mHSPC patients in terms of delaying pain
199 progression and enhancing functional health. Treatment with REZ-ADT demonstrated
200 a delayed progression in worst pain intensity, pain interference, ² and functional
201 deterioration, as assessed by BPI-SF and FACT-P, respectively. The high patient

202 adherence observed for PRO measures supports the reliability of these assessments in
203 capturing clinically relevant improvements with REZ-based therapy.

204 Pain management is fundamental in mHSPC care due to its direct impact on patient
205 QoL.^{21,22} Our findings suggest that the REZ-ADT group experienced a significant
206 extension in time to pain progression—specifically, in terms of both worst pain and
207 interference scores compared to the Bic-ADT group. However, differences in average
208 pain progression time between groups were minimal. These results align with findings
209 from the LATITUDE trial, which demonstrated that ADT-abiraterone acetate and
210 prednisone delayed the progression of worst pain intensity and interference compared
211 to ADT-placebos.²³ Conversely, the TITAN and ARCHES studies demonstrated no
212 significant differences between apalutamide-ADT and placebo-ADT or enzalutamide-
213 ADT and placebo-ADT regarding the time to progression of **worst pain intensity, pain**
214 **interference, and average pain progression.**^{24,25} Variations in trial design and patient
215 features should be considered when comparing these results, underscoring the need for
216 further studies on androgen receptor inhibitors combined with ADT to better understand
217 their effects on pain progression.

218 The analysis of pain relief from baseline scores from **worst pain intensity** and
219 **interference, and average pain** favored REZ-ADT at most assessed intervals, suggesting
220 a stronger and more sustained pain-relief effect in this treatment group. Particularly,
221 patients with greater initial pain severity exhibited more substantial improvements in
222 pain-related measures when treated with REZ-ADT, indicating a potential predictive
223 value of baseline pain levels for clinical response to this therapy. These findings are

224 consistent with data from the TITAN study, where apalutamide-ADT was also more
225 effective in patients with higher baseline pain severity.²⁴

226 Previous studies have shown that there can be variations in pain reporting across
227 ethnic groups, potentially influenced by both cultural and biological factors. Consistent
228 with earlier findings, our results indicated that Asian patients reported lower baseline
229 pain levels,²⁶ possibly reflecting cultural tendencies such as stoicism, which may affect
230 pain reporting. In contrast, studies suggested that Black men may report higher pain
231 levels than Caucasians, possibly due to variations in pain tolerance, access to healthcare,
232 and historical disparities in pain management for minority populations.²⁶ From a
233 biological perspective, differences in androgen receptor gene polymorphisms, tumor
234 pathobiology, and hormone metabolism have been observed across ethnic groups,²⁶
235 may also contribute to these observed differences in pain reporting both at baseline and
236 during the androgen receptor inhibitor treatment. Although the CHART trial did not
237 specifically address these factors, understanding these variations is essential for
238 interpreting treatment outcomes in diverse patient groups. Future studies in more
239 demographically varied populations, with subgroup analyses by ethnicity, would
240 provide valuable perspectives into the effectiveness of REZ-ADT for managing pain in
241 mHSPC across different backgrounds.

242 Our analysis using the FACT-P questionnaire revealed that patients treated with
243 REZ-ADT experienced a longer time to functional deterioration across the total scale
244 and more subscales than those in the Bic-ADT group, indicating a sustained
245 preservation of functional well-being. This result suggests that REZ-ADT supports a

246 better QoL by delaying declines in overall functioning. Although prior studies have
247 shown positive impacts of androgen receptor inhibitors combined with ADT on
248 functional outcomes,²³⁻²⁵ our findings add robust evidence to this growing body of
249 research. However, differences between groups in social/family well-being and the
250 FACT-P pain scale were not obvious, warranting further exploration to understand the
251 underlying causes.

252 The trend of improvement in FACT-P scores from baseline across the total scale
253 and nearly all subscales consistently favored REZ-ADT, underscoring its effectiveness
254 in sustaining functional well-being in high-volume mHSPC patients. Correlation
255 analyses showed that patients with higher baseline pain severity experienced the most
256 notable improvements, suggesting that baseline characteristics like pain severity could
257 guide more individualized treatment strategies.

258 The progression of pain, PSA progression, and survival outcomes relative to
259 metastatic burden observed in the Bic arm were generally consistent with existing
260 findings,^{14,27-32} supporting the representativeness of this study population and the
261 reliability of the findings. Although direct comparisons across studies should be
262 interpreted cautiously, the data here suggest a distinct advantage in both efficacy and
263 PROs for REZ over Bic when used with ADT in high-volume mHSPC. The observed
264 improvement in survival and maintenance or enhancement of QoL in patients treated
265 with REZ-ADT can likely be attributed to several potential mechanisms. The selective
266 inhibition of REZ on androgen receptor pathways likely plays a central role by blocking
267 cancer cell growth, reducing tumor burden, and delaying disease progression, especially

268 pronounced in bone metastases where pain and functional decline are common.¹⁴
269 Additionally, REZ may help maintain physical mobility and reduce discomfort linked
270 to bone metastasis by limiting osteoclast-mediated bone breakdown. This inhibition of
271 bone resorption could alleviate complications and support mobility, addressing a
272 significant QoL concern for high bone metastatic burden patients.^{33,34} Another possible
273 mechanism involves the influence of REZ on molecules associated with pain, such as
274 nerve growth factor and inflammatory cytokines at metastatic sites,³⁵ which could lead
275 to pain reduction. Moreover, its regulatory impact on the hypothalamic-pituitary-
276 adrenal axis,^{36,37} may reduce stress hormone levels, such as cortisol, contributing to
277 improved mental well-being and, in turn, better physical functioning. Altogether, these
278 mechanisms underscore that the survival benefits of REZ-ADT do not come at the
279 expense of QoL; instead, they may enhance it. These insights enable clinicians to have
280 more comprehensive discussions with patients, offering a treatment choice that
281 prioritizes both extended survival and sustained QoL.

282 Herein, there are several limitations. The current follow-up duration of 29.3 months
283 may not fully capture the entire spectrum of PROs, particularly in the REZ-ADT group,
284 which exhibited superior anti-tumor efficacy and a more favorable PRO profile
285 compared to the Bic-ADT group, with a substantial proportion of patients still receiving
286 treatment. Therefore, an extended follow-up period will be crucial for assessing the
287 long-term durability of these findings. Additionally, since most participants were Asian,
288 the applicability of our study to broader, ethnically diverse populations might be limited.
289 Future studies and meta-analyses incorporating global data can help assess the

290 consistency of these results across different demographics, enhancing our
291 understanding of the broader applicability of REZ-ADT for high-volume mHSPC
292 patients worldwide.

293 To conclude, the CHART study establishes the benefits of REZ over Bic when
294 combined with ADT for managing pain and maintaining functional status in high-
295 volume mHSPC. Together with its demonstrated anti-tumor efficacy and safety, these
296 findings reinforce REZ-ADT as a promising treatment option and a potential new
297 standard of therapy for these patients.

298 **Methods**

299 **Study Design and Patient Population**

300 In ⁹ 72 hospitals across China, Poland, the Czech Republic, and Bulgaria, ⁴ a multinational,
301 randomized, open-label, active-controlled phase 3 CHART study (NCT03520478) was
302 performed. Eligibility criteria ³ were men aged 18 years or above, having histologically
303 or cytologically verified high-volume prostate adenocarcinoma. High-volume
304 disease was characterized by the existence of ⁴ four or more bone lesions identified using
305 a [⁹⁹Tc] bone scan, with a minimum of one lesion situated outside the pelvis or
306 vertebral column or by the presence of visceral metastases (excluding lymph node
307 involvement) verified via ⁷ CT or MRI. Eligible patients needed to have an Eastern
308 Cooperative Oncology Group (ECOG) performance status of 0 or 1 and sufficient organ
309 function. Prior treatment with ADT was permitted if administered no more than three
310 months before study entry, provided there was no evidence of significant radiographic

311 or clinical progression of prostate-specific antigen levels. Patients exhibiting
312 neuroendocrine differentiation or small-cell characteristics, or those with a history of
313 chemotherapy or localized treatment, were excluded. Nevertheless, patients who had
314 received a single course of palliative radiotherapy, transurethral resection of the prostate,
315 or surgical interventions for metastatic symptoms were eligible, provided these
316 interventions were completed at least four weeks prior to treatment initiation and all
317 treatment-related adverse events resolved to grade 1 or 0, as per the Common
318 Terminology Criteria for Adverse Events version 4.03.

319 The study protocol and its amendments were approved by independent ethics
320 review committee at each involved site. The trial adhered to the Declaration of Helsinki
321 and the International Council for Harmonization Good Clinical Practice guidelines. All
322 participants provided informed consent.

323

324 **Treatment and Assessments**

325 Eligible patients were randomly allocated to receive ADT (utilizing a luteinizing
326 hormone-releasing hormone agonist or antagonist or bilateral orchiectomy) combined
327 with either REZ (240 mg) or Bic (50 mg) in a 1:1 ratio, received orally once daily in
328 28-day therapy cycles. Randomization was stratified according to ECOG performance
329 status (0 or 1) and the existence of visceral metastases (yes or no). Treatment continued
330 until disease progression, unacceptable toxicity, withdrawal of consent, or decision by
331 the investigator. Dose interruptions and reductions for REZ were allowed, but dose

332 interruptions for Bic were allowed to manage toxicity, but dose reductions were not
333 permitted. Pain management was guided by the World Health Organization's analgesic
334 ladder and local pain management protocols in China.³⁸⁻⁴¹

335 The PROs were evaluated with BPI-SF and the FACT-P version 4 questionnaires.
336 The BPI-SF has 15 items that evaluate two main domains: pain severity and pain
337 interference.^{42,43} Pain severity and its effect on everyday activities were rated on a scale
338 from 0 to 10, with 0 denoting "no pain" or "no interference" and 10 signifying "the
339 worst imaginable pain" or "complete interference." Higher scores indicate worse pain
340 experiences. The FACT-P questionnaire encompasses domains of physical, social,
341 family, emotional, and functional well-being, and a prostate cancer-specific domain. It
342 comprises the total FACT-P scale (0–156), the FACT-P subscale for general functional
343 status (FACT-G, which includes physical, social and family, emotional, and functional
344 well-being; 0–108), and the trial outcome index (which includes physical and functional
345 well-being, and the prostate cancer-specific domain), with higher scores reflecting
346 better outcomes.⁴⁴⁻⁴⁶ At baseline, the questionnaires were administered, as well as at the
347 commencement of each cycle from cycles 2 to 12, bi-cyclically during cycles 13 to 36,
348 and every four cycles afterward, continuing until 30 days following the last treatment.
349 Patient-reported data were not collected throughout long-term survival follow-ups.

350 **Outcomes**

351 The co-primary endpoints of the CHART trial encompassed independent review
352 committee-evaluated rPFS and OS, with data previously published. PROs were

353 exploratory endpoints evaluated using the BPI-SF and the FACT-P (version 4).

354 The time to the worst pain intensity progression was defined as the interval from
355 randomization to the first occurrence of a 2-point or greater rise in pain intensity, as
356 assessed by item 3 of the BPI-SF. The time to pain interference progression was
357 calculated as the period from randomization to the first occurrence of an increase of at
358 least half a standard deviation from baseline scores on the combined scale of items 9A-
359 G of the BPI-SF. The time to average pain progression was defined as the period from
360 randomization to the first reported rise of 2 points or more in average pain compared to
361 baseline, determined by the average of items 3-6 of the BPI-SF. Deterioration thresholds
362 for the FACT-G general scale, trial outcome index, FACT-P total scale, and FACT-P
363 pain scale were established at 9 points, 9 points, 10 points, and 2 points, respectively;
364 for other FACT-P scales; the threshold for deterioration was set at 3 points.
365 Confirmatory evaluations for these progressions were required at subsequent
366 assessments conducted at least four weeks later. In cases where the last assessment
367 indicated progression but there was no confirmed progression, the last assessment was
368 treated as an event.

369 **Statistical Analyses**

370 Details regarding sample size assumptions have been previously reported. PROs were
371 analyzed the intent-to-treat population, including all randomized patients.

372 Compliance, BPI-SF scale scores, and FACT-P scale scores were summarized
373 descriptively. The Kaplan-Meier methodology was employed to calculate the median

374 time to deterioration for each therapy group, with ¹⁷ 95% CIs for median values estimated
375 with the Brookmeyer-Crowley method. Between-group differences in time-to-event
376 parameters were analyzed utilizing a ¹⁹ stratified log-rank test. A stratified Cox
377 proportional hazards model was employed to derive the HR and their corresponding 95%
378 CIs. In cases where median values could not be ascertained, comparisons were made
379 using the 25th percentiles. The censoring date for time to PRO progression or
380 deterioration ²³ of the BPI-SF and FACT-P was defined as the date of the last BPI-SF
381 assessment if no pain progression was noted or the date of randomization if there was
382 no baseline or post-baseline disease assessment.

383 Alterations from baseline in ¹⁰ the BPI-SF and FACT-P scales ¹⁸ were analyzed
384 employing a linear Mixed Model Repeated Measures model approach, employing
385 Restricted Maximum Likelihood estimation. The model incorporated the baseline
386 values, treatment groups, stratification factors, visits, and treatment-by-visit
387 interactions, treating patients as random impacts. An unstructured covariance matrix
388 was utilized, with a fallback to compound symmetry covariance structures if
389 convergence issues arose. The Kenward-Roger approximation was employed to
390 investigate the freedom degrees. The LS Mean and the differences between groups in
391 LS Means, along with their corresponding 95% CIs, were calculated. The model
392 included visits with at least 30 non-missing values in each treatment group. ³¹ All
393 statistical analyses were conducted utilizing SAS software (v. 9.4).

394 **Data availability**

395 Available upon a reasonable request from the corresponding author.

396 **Acknowledgments**

397 We extend our appreciation to ⁴ the patients, their families, the investigators, the site
398 workers, and the trial teams. Medical writing support was offered by Tengfei Zhang
399 (PhD, medical writer at Jiangsu Hengrui Pharmaceuticals Co., Ltd) in accordance with
400 Good Publication Practice Guidelines.

401 **Author contributions**

402 HW, DY, JL, and WW performed the conception and design ¹⁰ of the study. All authors
403 participated in the data collection. XY conducted ²⁵ the statistical analysis. All authors
404 performed data interpretation and manuscript writing and reviewed and approved the
405 submission.

406 **Competing interests**

407 XY, JL, and WW ²⁰ are employees of Jiangsu Hengrui Pharmaceuticals Co., Ltd. The
408 remaining co-authors declare no competing interests.

409 **Funding**

410 ⁴ Funded by Jiangsu Hengrui Pharmaceuticals Co., Ltd.

411

412 ³³
Figure legends

413 **Figure 1. Kaplan-Meier curves for time to pain progression assessed by BPI-SF**

414 ² (a) time to worst pain progression. (b) time to pain interference progression. (c) ⁴⁵ time to
415 average pain progression.

416 ¹²
Figure 2. Changes in pain from baseline assessed by BPI-SF

417 ⁴³ (a) Worst pain in past 24 hours. (b) Pain interference. (c) Average pain.

418 **Figure 3. FACT-P total score**

419 ² (a) Kaplan-Meier curve for time to functional status deterioration assessed by FACT-P
420 total score. (b) ⁵ Change from baseline in FACT-P total score.

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