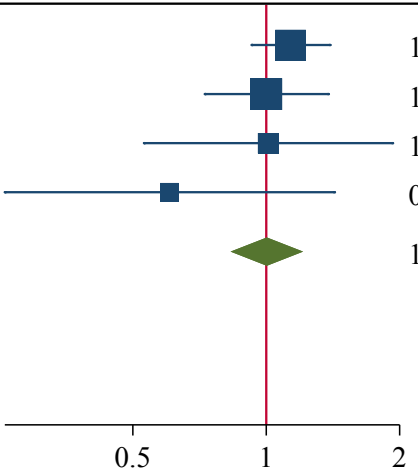
Study	Home exercise Events	Home exercise Total	Control Events	Control Total	Risk ratio with 95% CI	Weight (%)
Ziden, 2008	40	47	36	48	1.13 [0.93, 1.39]	35.51
Karlsson, 2016	39	80	38	78	1.00 [0.73, 1.38]	38.36
Magaziner, 2019	15	69	14	65	1.01 [0.53, 1.92]	14.37
Taraldsen, 2019	7	55	12	57	0.60 [0.26, 1.42]	11.75
Overall					1.00 [0.83, 1.21]	



Heterogeneity: $I^2 = 0\%$, $H^2 = 0.92$

Test of $\theta_i = \theta_j$: $Q(3) = 2.77$, $p = 0.43$

Test of $\theta = 0$: $z = 0.03$, $p = 0.98$

Fixed-effects Mantel-Haenszel model