



Supplementary Figure 1. HFD promoted epidural fibrosis. (A) Western blot 2 analysis of fibronectin and α-SMA in obese mice induced with a high-fat diet 3 and normal control mice. (B) ELISA analysis of collagen-1 in obese mice fed a 4 high-fat diet and normal control mice. (C) Immunohistochemical staining of α-5 SMA (brown) in obese mice induced by a high-fat diet and normal control mice. 6 (D) HE staining of obese mice induced with a high-fat diet and normal control 7 mice. (E) Masson's trichrome staining of the obese mice fed a high-fat diet and 8 normal control mice. All the data are presented as the mean ± Standard Error 9 of the Mean (SEM). 10



Supplementary Figure 2. TGF- β promoted fibrosis in adipocytes. (A) Oil 12 Red O staining of adipocytes treated with or without TGF- β . (B) PLIN1 and α -13 SMA expression in adipocytes was detected via flow cytometry. On the left are 14 typical images of flow cytometry, and on the right is the statistical graph after 15 16 the experiment was repeated three times. (C) Immunofluorescence images of PLIN1 and α -SMA in adipocytes treated with or without TGF- β . (D) Western blot 17 analysis of fibronectin, α-SMA and PLIN1 in adipocytes treated with different 18 19 doses of TGF- β . All the data are presented as the mean ± Standard Error of the Mean (SEM). 20

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Supplementary Figure 3. Vesicle sorting and metabolic intervention in
adipocytes. (A) Vesicles were stained with MitoTracker Red and then sorted
by flow cytometry according to MitoTracker expression. (B) ECAR levels in
adipocytes were detected with a Seahorse assay after treatment with M2-EVs.
(C) OCRs in adipocytes were detected with a Seahorse assay after treatment
with M2-EVs. All the data are presented as the mean ± Standard Error of the
Mean (SEM).

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