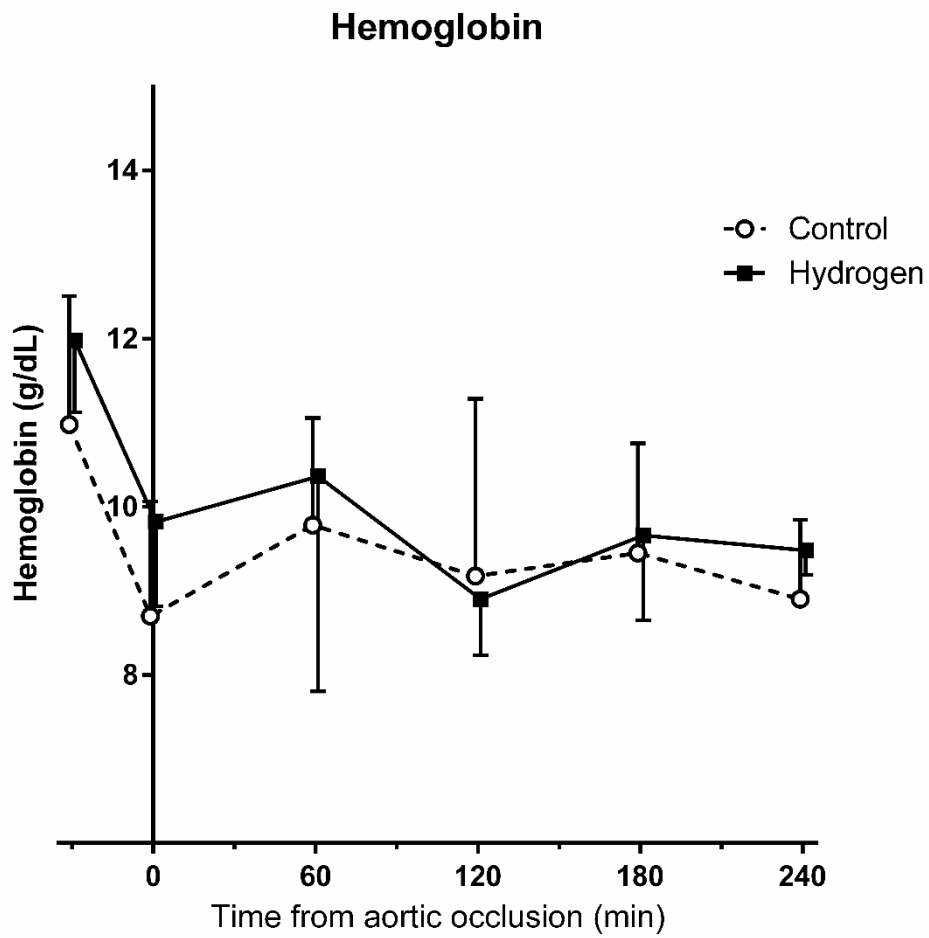


Supplement Figure 1.



Changes in hemoglobin level before and after phlebotomy were 11.0 (1.5) to 8.7 (1.4) g/dL in the control group and 12.0 (0.86) to 9.8 (1.0) g/dL in the hydrogen group, respectively.