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## *Research Highlights*

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- Nanoemulsions represent an advanced technological strategy for the delivery of herbal active ingredients.
- The surfactants and co-surfactants play pivotal roles in defining the characteristics of herbal nanoemulsions.
- Low-energy and high-energy techniques are commonly used for the production of nanoemulsion.
- Stability is an essential factor for the effective recognition and development of herbal nanoemulsions.