nature portfolio

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Reporting Summary

Nature Portfolio wishes to improve the reproducibility of the work that we publish. This form provides structure for consistency and transparency in reporting. For further information on Nature Portfolio policies, see our <u>Editorial Policies</u> and the <u>Editorial Policy Checklist</u>.

Statistics

For	For all statistical analyses, confirm that the following items are present in the figure legend, table legend, main text, or Methods section.				
n/a	Confirmed				
	×	The exact sample size (n) for each experimental group/condition, given as a discrete number and unit of measurement			
	×	A statement on whether measurements were taken from distinct samples or whether the same sample was measured repeatedly			
×		The statistical test(s) used AND whether they are one- or two-sided Only common tests should be described solely by name; describe more complex techniques in the Methods section.			
X		A description of all covariates tested			
×		A description of any assumptions or corrections, such as tests of normality and adjustment for multiple comparisons			
	×	A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. regression coefficient) AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals)			
×		For null hypothesis testing, the test statistic (e.g. F, t, r) with confidence intervals, effect sizes, degrees of freedom and P value noted Give P values as exact values whenever suitable.			
×		For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings			
×		For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes			
×		Estimates of effect sizes (e.g. Cohen's d, Pearson's r), indicating how they were calculated			
	•	Our web collection on statistics for biologists contains articles on many of the points above.			

Software and code

 Policy information about availability of computer code

 Data collection
 Data were collected using instrument interfacing software provided by the manufacturers including Keithley 4200 SCS analyzer and Fs-Pro semiconductor parameter analyzer, PDA.

 Data analysis
 All data were analyzed using Origin 2022 and MATLAB R2023a.

For manuscripts utilizing custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors and reviewers. We strongly encourage code deposition in a community repository (e.g. GitHub). See the Nature Portfolio guidelines for submitting code & software for further information.

Data

Policy information about availability of data

All manuscripts must include a <u>data availability statement</u>. This statement should provide the following information, where applicable:

- Accession codes, unique identifiers, or web links for publicly available datasets
- A description of any restrictions on data availability
- For clinical datasets or third party data, please ensure that the statement adheres to our policy

All the data that support the findings of this study are available within the article, its Supplementary Information, or from the authors.

Research involving human participants, their data, or biological material

Policy information about studies with <u>human participants or human data</u>. See also policy information about <u>sex, gender (identity/presentation),</u> and sexual orientation and <u>race, ethnicity and racism</u>.

Reporting on sex and gender	We reported that the EEG/ECG data were recorded from a male volunteer who was 24 years old at the time of the study (2024).
Reporting on race, ethnicity, or other socially relevant groupings	The participant declared that he is a Han nationality. Race, ethnicity or racism is not a variable in this study.
Population characteristics	Population characteristics is not related to the research content.
Recruitment	The volunteer was recruited through the campus forum, and informed written consent was obtained prior to subject participation.
Ethics oversight	All EEG/ECG measurements were approved by the Institutional Review Board (Approval number: PUIRB-2023139), and informed written consent was obtained prior to subject participation.

Note that full information on the approval of the study protocol must also be provided in the manuscript.

Field-specific reporting

Please select the one below that is the best fit for your research. If you are not sure, read the appropriate sections before making your selection.

Life sciences		Behavioural & social sciences		Ecological, evolutionary & environmental sciences
For a reference copy of the docume	nt w	ith all sections, see nature.com/documents/	nr-n	eporting-summary-flat.pdf

Life sciences study design

All studies must disclose on these points even when the disclosure is negative.

Sample size	We selected three mice, and our study is not related to the differences between individuals. We only needed to ensure that the samples could provide valid biological signals.
Data exclusions	There was no data excluded.
Replication	The number of replications per measurement, device, sample and trial are reported in figure legends.
Randomization	The allocation is random.
Blinding	Yes, they are blinded.

Reporting for specific materials, systems and methods

We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.

Materials & experimental systems

Involved in the study

× Eukaryotic cell lines

Palaeontology and archaeology

× Animals and other organisms

Dual use research of concern

Antibodies

Clinical data

Plants

n/a

X

x

x

X

Methods

- n/a Involved in the study
- K ChIP-seq
- Flow cytometry
- ▼ MRI-based neuroimaging

Eukaryotic cell lines

Policy information about cell lines and Sex and Gender in Research	Policy information about	cell lines and Sex and G	Gender in Research
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Cell line source(s)	(mouse.
Authentication	None of the cellines used were authenticated.
Mycoplasma contamination	Mycoplasma contamination were negative.
Commonly misidentified lines (See <u>ICLAC</u> register)	n/a

Animals and other research organisms

Policy information about studies involving animals; ARRIVE guidelines recommended for reporting animal research, and Sex and Gender in Research

Laboratory animals	mature female C57BL/6 mice, 8 weeks of age
Wild animals	n/a
Reporting on sex	Sex is not a biological variable.
Field-collected samples	n/a
Ethics oversight	the Animal Care & Use Committees at Tsinghua University (THU-LARC-2023-008).

Note that full information on the approval of the study protocol must also be provided in the manuscript.

Plants

Seed stocks	(n/a
Novel plant genotypes	n/a
Authentication	n/a