

Description of Additional Supplementary Files

File Name: Supplementary Data 1

Description: Baseline characteristics of participants by frequency of dairy consumption in the China Kadoorie Biobank

File Name: Supplementary Data 2

Description: Baseline characteristics of participants by total dairy consumption from 24 h dietary recalls in UK Biobank

File Name: Supplementary Data 3

Description: Baseline characteristics of participants by frequency of cheese consumption in UK Biobank

File Name: Supplementary Data 4

Description: Baseline characteristics of participants by milk type in UK Biobank

File Name: Supplementary Data 5

Description: Hazard ratios (95% confidence intervals) for incident cardiovascular disease for each 50 g/day increase in usual dairy intake in the China Kadoorie Biobank

File Name: Supplementary Data 6

Description: Hazard ratios (95% confidence intervals) for incident cardiovascular disease according to cheese consumption in UK Biobank

File Name: Supplementary Data 7

Description: Associations between cheese consumption from 24 h dietary recalls and cardiovascular disease risk in the UK Biobank

File Name: Supplementary Data 8

Description: Associations between hard cheese consumption from 24 h dietary recalls and cardiovascular disease risk in the UK Biobank

File Name: Supplementary Data 9

Description: Associations between fresh cheese consumption from 24 h dietary recalls and cardiovascular disease risk in the UK Biobank

File Name: Supplementary Data 10

Description: Associations between other cheese consumption from 24 h dietary recalls

and cardiovascular disease risk in the UK Biobank

File Name: Supplementary Data 11

Description: Associations between low-fat cheese consumption from 24 h dietary recalls and cardiovascular disease risk in the UK Biobank

File Name: Supplementary Data 12

Description: Associations between high-fat cheese consumption from 24 h dietary recalls and cardiovascular disease risk in the UK Biobank

File Name: Supplementary Data 13

Description: Associations between milk consumption from 24 h dietary recalls and cardiovascular disease risk in the UK Biobank

File Name: Supplementary Data 14

Description: Associations between yogurt consumption from 24 h dietary recalls and cardiovascular disease risk in the UK Biobank

File Name: Supplementary Data 15

Description: Associations between ice-cream consumption from 24 h dietary recalls and cardiovascular disease risk in the UK Biobank

File Name: Supplementary Data 16

Description: Associations between milk type and cardiovascular disease risk in the UK Biobank

File Name: Supplementary Data 17

Description: Associations of frequency of dairy consumption with cardiovascular disease, coronary heart disease, and stroke in subgroups in the China Kadoorie Biobank

File Name: Supplementary Data 18

Description: Associations of total dairy consumption with cardiovascular disease, coronary heart disease, and stroke in subgroups in the UK Biobank

File Name: Supplementary Data 19

Description: Associations of frequency of cheese consumption with cardiovascular disease, coronary heart disease, and stroke in subgroups in the UK Biobank

File Name: Supplementary Data 20

Description: Associations of milk type with cardiovascular disease, coronary heart

disease, and stroke in subgroups in the UK Biobank

File Name: Supplementary Data 21

Description: Multi-variable hazard ratios (95% CIs) of cardiovascular disease, coronary heart disease and stroke risk associated with dairy consumption from sensitivity analyses in the China Kadoorie Biobank

File Name: Supplementary Data 22

Description: Multi-variable hazard ratios (95% CIs) of cardiovascular disease, coronary heart disease and stroke risk associated with total dairy consumption from sensitivity analyses in the UK Biobank

File Name: Supplementary Data 23

Description: Multi-variable hazard ratios (95% CIs) of cardiovascular disease, coronary heart disease and stroke risk associated with cheese consumption from sensitivity analyses in the UK Biobank

File Name: Supplementary Data 24

Description: Multi-variable hazard ratios (95% CIs) of cardiovascular disease, coronary heart disease and stroke risk associated with milk type from sensitivity analyses in the UK Biobank

File Name: Supplementary Data 25

Description: Study characteristics in the meta-analysis

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Description: Overview of the covariates adjusted in multivariable model among studies in the meta-analysis

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Description: Assessment of risk of bias with the Newcastle-Ottawa Scale

File Name: Supplementary Data 28

Description: Subgroup meta-analysis using random effects models for the associations between cardiovascular disease risk and dairy consumption

File Name: Supplementary Data 29

Description: Association of different subtypes of dairy consumption with subgroups of CVD risk for high compared with low intake using fixed-effects meta-analysis

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Description: GRADE evidence profile for prospective cohort studies of dairy products and cardiovascular disease

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Description: Numbers of 24 h dietary records for participants included in analysis of UK Biobank

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Description: The Spearman coefficients of cheese intake frequency between baseline and resurveys

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Description: Codes to identify cardiovascular cases

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Description: Meta-analysis search strategy