Supplemental material with the manuscript

Time until nursing home admission and death in persons with dementia: a systematic review and meta-analysis

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Supplementary data S1: PROSPERO protocol

The PROSPERO protocol can be found under this link:

https://www.crd.york.ac.uk/prospero/display_record.php?RecordID=341507

Supplementary data S2: Search strategy

Embase

('dementia'/de/mj OR 'Alzheimer disease'/de/mj OR 'diffuse Lewy body disease'/de/mj OR 'Lewy body'/de/mj OR 'multiinfarct dementia'/de/mj OR 'frontotemporal dementia'/de/mj OR (DLB OR DLBD OR dement* OR alzheimer* OR lewy-bod* OR frontotemp*):ti,kw) ('survival'/exp OR 'mortality'/exp OR 'institutionalization'/de OR 'prognosis'/de OR (survival* OR mortalit* OR (death* NOT (cell* OR neuron*)) OR life-expectanc* OR institutionalis* OR institutionaliz* OR prognos* OR (nurs*-home* OR car*-home* OR elder*-home*) NEAR/3 (admission* OR time-to OR transition* OR risk-of OR time-until OR placement*))):ab,ti,kw) AND ('observational study'/exp OR 'cohort analysis'/exp OR 'longitudinal study'/exp OR 'retrospective study'/exp OR 'prospective study'/exp OR 'health survey'/de OR 'health care survey'/de OR 'epidemiological data'/de OR 'case control study'/de OR 'cross-sectional study'/de OR 'correlational study'/de OR 'population research'/de OR 'family study'/de OR 'major clinical study'/de OR 'multicenter study'/de OR 'comparative study'/de OR 'follow up'/de OR 'clinical study'/de OR 'clinical article'/de OR 'clinical trial'/exp OR 'randomization'/exp OR 'intervention study'/de OR 'open study'/de OR 'community trial'/de OR 'controlled study'/de OR (((observation* OR epidemiolog* OR famil* OR comparativ* OR communit* OR interven*) NEAR/6 (stud* OR data OR research)) OR cohort* OR longitudinal* OR retrospectiv* OR prospectiv* OR population* OR (national* NEAR/3 (stud* OR survey)) OR (health* NEAR/3 survey*) OR ((case OR cases OR match*) NEAR/3 control*) OR (cross NEXT/1 section*) OR correlation* OR multicenter* OR multi-center* OR follow-up* OR followup* OR clinical* OR trial OR random* OR (mixed NEAR/3 method*)):ab,ti,kw) NOT ((animal/exp OR animal*:de OR nonhuman/de) NOT ('human'/exp)) NOT ([Conference Abstract]/lim) NOT ('case report'/de OR (case-report*):ab,ti)

Medline

(exp *Dementia/ OR exp *Lewy Bodies/ OR *Dementia, Multi-Infarct/ OR *Frontotemporal Dementia/ OR (DLB OR DLBD OR dement* OR alzheimer* OR lewy-bod* OR frontotemp*).ti,kf.) AND (Survival/ OR Mortality/ OR Institutionalization/ OR Prognosis/ OR (survival* OR mortalit* OR (death* NOT (cell* OR neuron*)) OR life-expectanc* OR institutionalis* OR institutionaliz* OR prognos* OR ((nurs*-home* OR car*-home* OR elder*-home*) ADJ3 (admission* OR time-to OR transition* OR risk-of OR time-until OR placement*))).ab,ti,kf.) AND ("Observational Study"/ OR exp "Cohort Studies"/ OR "Health Surveys"/ OR exp "Epidemiologic Studies"/ OR "Case-Control Studies"/ OR "Cross-Sectional Studies"/ OR "Multicenter Study"/ OR "Comparative Study"/ OR "Clinical Study"/ OR "Clinical Trial"/ OR "Random Allocation"/ OR

(((observation* OR epidemiolog* OR famil* OR comparativ* OR communit*) ADJ6 (stud* OR data OR research)) OR cohort* OR longitudinal* OR retrospectiv* OR prospectiv* OR population* OR (national* ADJ3 (stud* OR survey)) OR (health* ADJ3 survey*) OR ((case OR cases OR match*) ADJ3 control*) OR (cross ADJ section*) OR correlation* OR multicenter* OR multi-center* OR follow-up* OR followup* OR clinical* OR trial OR random* OR (mixed ADJ3 method*)).ab,ti,kf.) NOT (exp animals/ NOT humans/) NOT (news OR congres* OR abstract* OR book* OR chapter* OR dissertation abstract*).pt. NOT (case report/ OR (case-report*).ti.)

Cochrane

((DLB OR DLBD OR dement* OR alzheimer* OR lewy-bod* OR frontotemp*):ti,kw) AND ((survival* OR mortalit* OR (death* NOT (cell* OR neuron*)) OR life-expectanc* OR institutionalis* OR institutionaliz* OR prognos* OR (((nurs* NEXT/1 home*) OR (car* NEXT/1 home*)) OR (elder* NEXT/1 home*)) NEAR/3 (admission* OR time-to OR transition* OR risk-of OR time-until OR placement*))):ab,ti,kw) AND ((((observation* OR epidemiolog* OR famil* OR comparativ* OR communit* OR interven*) NEAR/6 (stud* OR data OR research)) OR cohort* OR longitudinal* OR retrospectiv* OR prospectiv* OR population* OR (national* NEAR/3 (stud* OR survey)) OR (health* NEAR/3 survey*) OR ((case OR cases OR match*) NEAR/3 control*) OR (cross NEXT/1 section*) OR correlation* OR multicenter* OR multi-center* OR follow-up* OR follow-up* OR clinical* OR trial OR random* OR (mixed NEAR/3 method*)):ab,ti,kw) NOT "conference abstract":kw

Web of Science

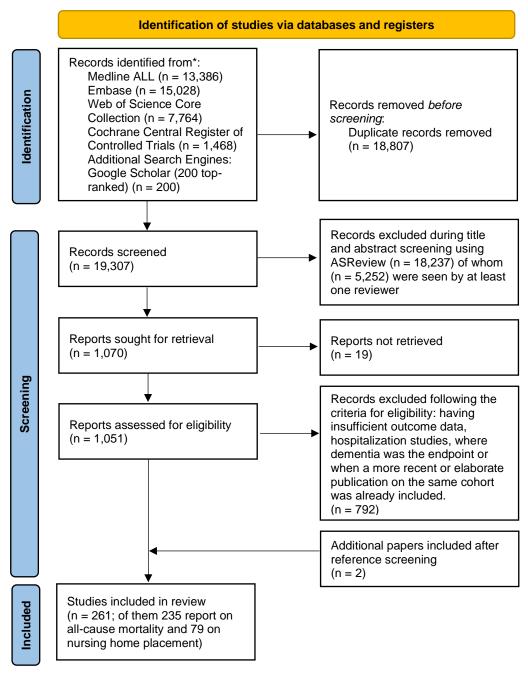
TI=(((DLB OR DLBD OR dement* OR alzheimer* OR lewy-bod* OR frontotemp*))) AND (TI=(((survival* OR mortalit* OR (death* NOT (cell* OR neuron*)) OR life-expectanc* OR institutionalis* OR institutionaliz* OR prognos* OR ((nurs*-home* OR car*-home* OR elder*-home*) NEAR/2 (admission* OR time-to OR transition* OR risk-of OR time-until OR placement*))))) OR AB=(((survival* OR mortalit* OR (death* NOT (cell* OR neuron*))) OR life-expectanc* OR institutionalis* OR institutionaliz* OR prognos* OR ((nurs*-home* OR car*-home* OR elder*-home*) NEAR/2 (admission* OR time-to OR transition* OR risk-of OR time-until OR placement*))))))) AND (TI=((((observation*) NEAR/5 (stud* OR data OR research)) OR cohort* OR longitudinal* OR retrospectiv* OR prospectiv* OR population* OR (national* NEAR/2 (stud* OR survey)) OR (health* NEAR/2 survey*) OR ((case OR cases OR match*) NEAR/2 control*) OR (cross-section*) OR correlation* OR multicenter* OR multi-center* OR follow-up* OR followup* OR clinical* OR trial OR random*

OR (mixed NEAR/2 method*)))) OR AB=(((((observation*) NEAR/5 (stud* OR data OR research)) OR cohort* OR longitudinal* OR retrospectiv* OR prospectiv* OR population* OR (national* NEAR/2 (stud* OR survey)) OR (health* NEAR/2 survey*) OR ((case OR cases OR match*) NEAR/2 control*) OR (cross-section*) OR correlation* OR multicenter* OR multi-center* OR follow-up* OR followup* OR clinical* OR trial OR random* OR (mixed NEAR/2 method*))))) NOT TS=(((animal* OR rat OR rats OR mouse OR mice OR murine OR dog OR dogs OR canine OR cat OR cats OR feline OR rabbit OR cow OR cows OR bovine OR rodent* OR sheep OR ovine OR pig OR swine OR porcine OR veterinar* OR chick* OR zebrafish* OR baboon* OR nonhuman* OR primate* OR cattle* OR goose OR geese OR duck OR macaque* OR avian* OR bird* OR fish*) NOT (human* OR patient* OR women OR woman OR men OR man))) NOT DT=(Meeting Abstract OR Meeting Summary) NOT TI=(case-report)

Google Scholar

dementia|alzheimer|"lewy body|bodies" survival|mortality|institutionalised|institutionalized

Note: The results from Google Scholar were limited to the first 200 hits.



Based on: Page MJ, et al. BMJ 2021;372:n71. doi: 10.1136/bmj.n71.

Supplementary data S4: Detailed methods for patient characteristic extraction

In addition to age, sex, race/ethnicity, and dementia subtype, we extracted more in-depth patient characteristic data on education, living alone, marital status, number of children, family history of dementia, history of stroke, history of heart disease, history of other vascular burden, history of cancer, current smoking, body mass index, diabetes, hypertension, depression, NPI score, MMSE score, CDR score, function score (e.g. ADL, IADL), mobility issues, comorbidity index. Due to substantial variability in reporting standards, meaningful extraction of data for most of these additional characteristics was not possible. Data was available, although still limited, for education, living alone and/or marital status (combined into one cohabitation variable) and mean baseline MMSE score. As education was most often reported as mean or median number of years of education at baseline compared to categorical reporting which also differed across studies, we extracted mean or median number of years of education at baseline. Information on living alone and marital status was combined into one cohabitation variable with marital status taking priority when information on both was provided. Finally, we extracted information on mean or median MMSE score at baseline.

Supplementary data S5: Modified Newcastle-Ottawa Scale for Quality assessment

Item	Criterion	Rating Categories	N (%) of survival samples (n=404)	N (%) of nursing home samples (n=85)
1	Dementia	2 = clinical exam or direct access to medical records	250 (61.9)	62 (72.9)
	diagnosis assessment	1 = reported by relative or caregiver, or based on registry data (e.g., ICD-10 coding)	140 (34.7)	22 (25.9)
		0 = not specified or screening test only (e.g. MMSE)		1 (1.2)
			14 (3.5)	
2	Time of inclusion	1 = incident, or prevalent with reported dementia duration	231 (57.2)	41 (48.2)
	(incident or prevalent dementia)	0 = not specified, or prevalent without reported dementia duration	173 (42.8)	44 (51.8)
3	Patient	2 = age, sex, ethnicity and dementia type reported	54 (13.4)	18 (21.2)
	characteristics	1 = at least age and sex reported	256 (63.4)	59 (69.4)
	reported	0 = not specified		
			94 (23.3)	8 (9.4)
4	Outcome	2 = registry-linked or medical records linked	257 (63.6)	28 (32.9)
	assessment	1 = informant based	54 (13.4)	29 (34.1)
		0 = not specified		
			93 (23.0)	28 (32.9)
5	Maximum	$1 = \ge 5$ years for survival studies or ≥ 3 years for	295 (73.0)	55 (64.7)
	follow-up duration	nursing home studies 0 = <5 years for survival studies or <3 years for nursing home studies	106 (27.0)	30 (35.3)
6	Attrition	2 = <10% attrition	74 (18.3)	19 (22.4)
		1 = 10% - 20% attrition	15 (3.7)	13 (15.3)
		0 = >20% attrition or not specified		
			315 (78.0)	
				53 (62.4)
Overa	ll quality score	Sum of the scores of the individual quality criteria	Mean score:	Mean score:
		(range 0 to 10)	5.6	5.6

Supplementary data S6: Data imputation

For the meta-regression analyses, missing data for study start year (4.3%), maximum follow-up time (6.6%), sex (15.0%), and age (19.1%) were imputed based on all other baseline study characteristics, using the "mice" package (version 3.16.0) with 50 iterations and 10 imputed sets. The continuous variables (age, sex proportion, and maximum follow-up time) were imputed using the predictive mean matching method, while a proportional odds model was used for the ordered, categorical variable (study start year in decades).

Figure 1 shows the density plots for continuous variables and Figure 2 shows the proportion plot for the categorical variable. The density of the imputed values follows the original, incomplete data well. For the study start year variable, the imputed values are more often earlier decades (1980 and 1990) and less often more recent decades (2000 and 2010) than in the original, incomplete data. This could however be due to publications based on older cohorts not reporting the study start. Finally, all four variables show stable mean and standard deviations across the 50 imputation iterations (Figure 3).

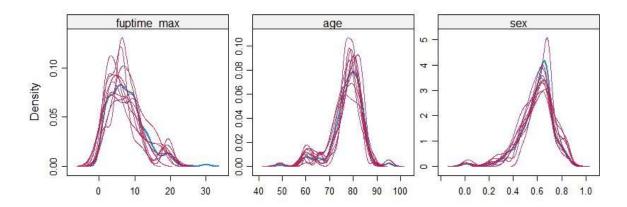


Figure 1: Imputation density plots for continuous variables.

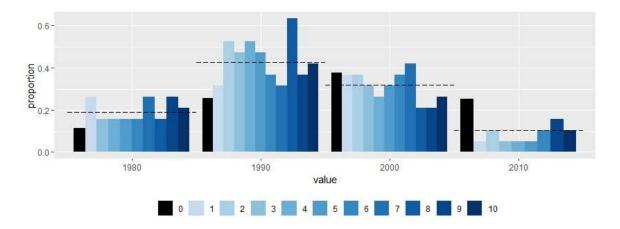


Figure 2: Imputation proportion plot for categorical variable, study start year in decades.

Legend: Each bar represents the proportion of the data in the category given on the x-axis in one (imputed) dataset. The black bars (0) show the distribution of the original, incomplete data. The blue bars (1-10) show the corresponding distribution in the imputed values from each of the imputed datasets. The dashed lines present the average proportion per category.

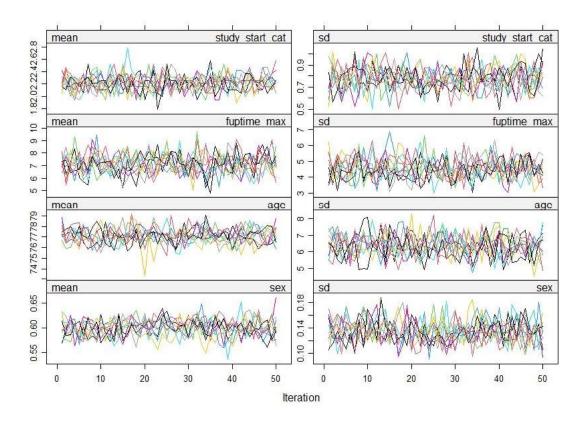


Figure 3: Mean and standard deviation of the imputed variable across the 50 iterations.

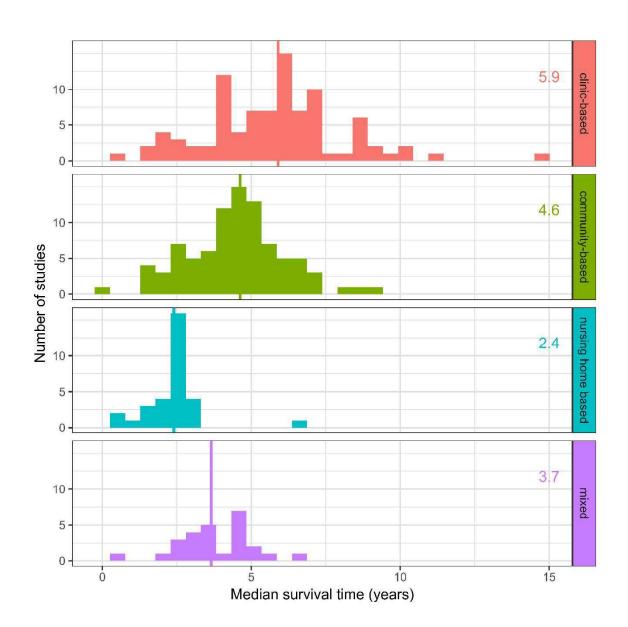
Supplementary data S7: Included Studies

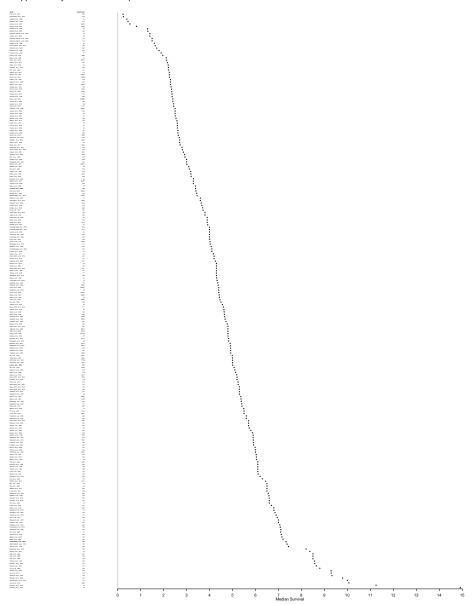
An overview of all studies included in the systematic review, along with study and population characteristics is presented in a supplementary excel file.

Supplementary data S8: Median survival and 5-year survival probability in contemporary studies

Legend: Estimated median survival and 5-year survival probability by age and sex and restricted to studies that included participants at time of diagnosis and were published from the year 2000 onwards.

	Median survival (n=	Median survival (n=125 studies)		5 studies)
	men	women	men	women
Age 60	6.5	8.9	0.59	0.86
Age 65	5.7	8.0	0.52	0.79
Age 70	4.8	7.2	0.45	0.72
Age 75	3.9	6.3	0.38	0.66
Age 80	3.0	5.4	0.32	0.59
Age 85	2.2	4.5	0.25	0.52
Age 90	1.3	3.7	0.18	0.45





Supplementary data S11: Determinants of 1-, 3-, 5- and 10-year survival after dementia diagnosis

Legend: Table depicts results of the fully adjusted meta-regression analysis on yearly survival probability. Presented estimates reflect the change in probability at the time point of interest, compared to the reference category or per unit increase for the continuous variable. Regression analyses were weighted by the number of patients in each study. The p-value for 'year of study start' reflects the trend across categories. Explained variance in the models (R²) was 0.45, 0.50, 0.51 and 0.45 for year 1, year 3, year 5 and year 10, respectively.

	Voor 1 (n=244)		Voor 2 (n=210)		Voor 5 (n=102)		Vaca 10 (n=97)	
	Year 1 (n=244) β (95% CI)		Year 3 (n=219) β (95% CI)		Year 5 (n=193) β (95% CI)		Year 10 (n=87) β (95% CI)	
A a.a. xxaan	0 (-0.01, 0)	0.028	-0.01 (-0.01, 0)	0.004	-0.01 (-0.02, 0)	0.002	-0.01 (-0.02, 0)	0.034
Age, year				0.004	` ' '			
Women vs. men	-0.07 (-0.19, 0.06)	0.284	-0.04 (-0.27, 0.19)	0.743	0.03 (-0.27, 0.34)	0.838	0.1 (-0.43, 0.63)	0.718
Dementia Type	D - f		D - f		D - f		D - f	
All-cause	Reference	0.052	Reference	0.020	Reference	0.001	Reference	0.401
Alzheimer's disease	0.03 (0, 0.05)	0.052	0.05 (0, 0.09)	0.038	0.05 (-0.01, 0.1)	0.091	0.04 (-0.06, 0.14)	0.481
Other	-0.02 (-0.06, 0.01)	0.157	-0.04 (-0.1, 0.01)	0.096	-0.08 (-0.14, -0.02)	0.008	-0.01 (-0.13, 0.12)	0.884
Study setting	T 0		T. 0		T. 0		T 0	
Clinic	Reference		Reference		Reference		Reference	
Community	-0.01 (-0.05, 0.02)	0.398	-0.05 (-0.1, 0)	0.047	0 (-0.06, 0.07)	0.889	0.11 (-0.01, 0.23)	0.087
Mixed	-0.06 (-0.12, 0)	0.063	-0.15 (-0.24, -0.06)	< 0.001	-0.14 (-0.28, 0.01)	0.064	NA	NA
Nursing Home	-0.13 (-0.18, -0.08)	< 0.001	-0.23 (-0.31, -0.15)	< 0.001	-0.17 (-0.28, -0.07)	0.001	0.03 (-0.28, 0.34)	0.865
Continent								
Europe	Reference		Reference		Reference		Reference	
North America	-0.03 (-0.05, 0)	0.055	-0.03 (-0.08, 0.01)	0.187	-0.06 (-0.11, -0.01)	0.031	-0.11 (-0.22, 0)	0.052
Asia	0(-0.03, 0.03)	0.924	0.03 (-0.02, 0.08)	0.231	0.13(0.07, 0.19)	< 0.001	0.2(0.1, 0.3)	< 0.001
Other	0(-0.07, 0.07)	0.947	-0.06 (-0.17, 0.05)	0.286	0.02 (-0.12, 0.16)	0.822	NA	NA
Year of study start		0.969		0.488		0.008		0.008
<1990	-0.02 (-0.07, 0.02)		-0.08 (-0.15, -0.01)		-0.12 (-0.21, -0.03)		-0.2 (-0.34, -0.05)	
1990s	0.03(0, 0.07)		0.02 (-0.04, 0.07)		0.04 (-0.03, 0.11)		0.05 (-0.07, 0.17)	
2000s	Reference		Reference		Reference		Reference	
>=2010s	0 (-0.03, 0.03)		-0.03 (-0.08, 0.01)		0.02 (-0.04, 0.07)		0.04 (-0.08, 0.15)	
Case ascertainment								
Clinical examination	Reference		Reference		Reference		Reference	
Medical Records	-0.05 (-0.1, 0)	0.035	-0.07 (-0.15, 0.01)	0.072	-0.1 (-0.2, -0.01)	0.040	-0.15 (-0.35, 0.06)	0.174
Registry	-0.03 (-0.06, 0)	0.075	-0.04 (-0.08, 0.01)	0.132	-0.09 (-0.15, -0.03)	0.004	-0.13 (-0.24, -0.01)	0.035
Other	-0.08 (-0.13, -0.02)	0.007	-0.07 (-0.16, 0.01)	0.106	-0.12 (-0.22, -0.01)	0.027	0.02 (-0.31, 0.35)	0.903
Time of inclusion	(/ /		(, -, -, -)		(- ,)		- (,)	
Incident	Reference		Reference		Reference		Reference	
Mixed	0.01 (-0.06, 0.09)	0.744	0.01 (-0.1, 0.12)	0.813	-0.01 (-0.16, 0.15)	0.931	0.02 (-0.34, 0.38)	0.896
Prevalent	0.01 (-0.02, 0.03)	0.537	0.01 (-0.04, 0.05)	0.800	0.01 (-0.04, 0.06)	0.659	0.13 (0.03, 0.24)	0.015
E ti t (1050/ CD)		0.557	5.51 (5.51, 5.55)	0.000	0.01 (0.01, 0.00)	0.007	0.15 (0.05, 0.21)	0.015

Estimate: estimate (±95% CI), p: p-value.

Supplementary data S12: Impact of education, cohabitation status, and MMSE baseline score on median survival and time till nursing home admission.

Education: mean or median years of education; cohabitation status: proportion of study sample not living alone or being married, ranging from 0 to 1 (estimate represents the difference in survival/time to nursing home comparing a 100% married/living together population with an 100% unmarried/living alone population); MMSE baseline score: mean or median MMSE baseline score.

	Number of studies	Mean/median
Education (years; mean (SD))	36	10.5 (3.3)
Cohabitation status (yes/no; mean (SD))	40	0.53 (0.19)
MMSE score	73	
Mean (SD)		19.1 (3.6)
Median [IQR]		20 [17.3 - 21.6]

Legend: Meta regression analysis of available studies, adjusted for sex in the education model, and for age and sex in the cohabitation status and MMSE models.

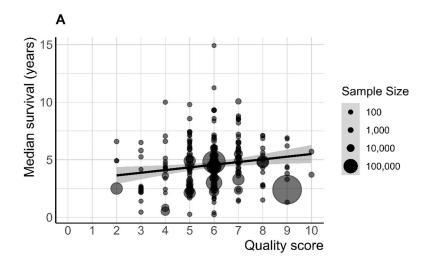
	Number of studies	β (95% CI)	P
Survival			_
Education (years)	36	-0.20 (-0.38, -0.03)	0.028
Cohabitation status (yes/no)	40	6.22 (2.48, 9.96)	0.003
MMSE score	73	-0.02 (-0.22, 0.18)	0.858
Nursing home admission			
Education (years)	9	0.33 (-0.4, 1.07)	0.417
Cohabitation status (yes/no)	13	0.61 (-3.2, 4.42)	0.762
MMSE score	15	0.11 (-0.19, 0.4)	0.489

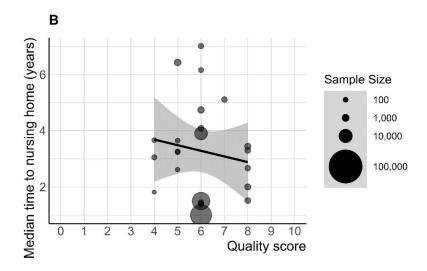
Study characteristics for studies (not) reporting education, cohabitation and MMSE

Study characteristic	Education	Education	Cohabitation	Cohabitation	MMSE	MMSE
	reported	missing	reported	missing	reported	missing
	(n=68)	(n=371)	(n=102)	(n=337)	(n=152)	(n=287)
Age (median, IQR)	75.6	79.7	79.4	78.8	76.2	80.8
	[73.1-77.6]	[76.2-82.5]	[75.6-82.1]	[75.2-82.0]	[73.5-79.2]	[77.8-83.0]
Sex (median, IQR)	0.59	0.63	0.60	0.63	0.61	0.63
	[0.50-0.66]	[0.55-0.69]	[0.54-0.67]	[0.53-0.69]	[0.50-0.68]	[0.56-0.68]
Dementia type (%)						
All-cause	30.9	45.8	56.9	39.5	29.6	50.9
Alzheimer's	48.5	29.1	30.4	32.6	45.4	25.1
Disease						
Other	20.6	25.1	12.7	27.9	25.0	24.0
Study setting (%)						
Clinic	76.5	37.2	49.0	41.5	69.1	29.6
Community	17.6	42.3	32.4	40.4	23.0	46.7
Nursing home	2.9	12.4	11.8	10.7	3.3	15.0
Mixed	2.6	8.1	6.9	7.4	4.6	8.7
Geographical location	(%)					
Europe	29.4	60.1	55.9	55.2	58.6	53.7
North America	54.4	21.6	35.3	24.0	28.9	25.4
Asia	14.7	13.2	1.0	17.2	9.2	15.7
Other	1.5	5.1	7.8	3.6	3.3	5.2
Years of study enrolme	ent (%)					
<1990	6.3	12.3	2.1	14.2	6.4	13.9
1990s	38.1	23.2	21.1	26.8	35.0	20.7
2000s	31.7	38.9	44.2	36.0	36.4	38.6
≥2010s	23.8	25.5	32.6	23.1	22.1	26.8
Case ascertainment (%	o)					
Clinical exam	91.2	49.9	52.9	57.3	73.0	47.4
Medical records	5.9	7.3	4.9	7.7	3.9	8.7
Registry	2.9	37.2	32.4	31.8	19.7	38.3
Other	NA	5.7	9.8	3.3	3.3	5.6
Time of inclusion (%)						
Incident	44.1	50.1	49.0	49.3	48.0	49.8
Prevalent	48.5	46.9	48.0	46.9	47.4	47.0
Mixed/unclear	7.4	3.0	2.9	3.9	4.6	3.1
Maximum follow-up	8.0 [3.0-13.0]	7.0 [4.5-10.0]	6.0 [3.0-9.0]	8.0 [5.0-11.0]	7.0 [4.0-10.4]	7.6 [4.5-10.0]
time (median, IQR)						

Supplementary data S13: Survival and nursing home admission after dementia diagnosis by study quality

Legend: Bubble plot of median survival (A) and median time to nursing home (B) according to quality score.





Supplementary data S14: Impact of quality

Legend: Results from a meta-regression analysis to determine the association of several patient and study characteristics with median survival for the full sample and the subsample restricted to high quality studies (>=6 on Modified Newcastle-Ottawa Scale). For categorical variables, numbers can be interpreted as differences in median survival (in years), as compared to the reference category. For age, the estimate depicts the change in median survival per year increase. Regression analyses were weighted by the number of patients in each study. The full model included all listed variables (age, sex, dementia type, study setting, geographical location, year of study start, case ascertainment, time of inclusion), as well as maximum follow-up time (log transformed).

Excluding low quality studies did not affect the point estimates or significance level of the investigated variables.

Median Survival	All studies (n=238)	High quality studies (>=6; n=149)		
	β (95% CI)	p-value	β (95% CI)	p-value	
Age, year	-0.12 (-0.17, -0.07)	< 0.001	-0.12 (-0.17, -0.07)	< 0.001	
Sex (men)	-0.41 (-2.66, 1.83)	0.718	-0.46 (-2.71, 1.78)	0.687	
Dementia type					
All-cause	Reference		Reference		
Alzheimer's disease	0.7 (0.21, 1.19)	0.006	0.71 (0.22, 1.21)	0.005	
Other	-0.76 (-1.33, -0.19)	0.010	-0.73 (-1.3, -0.15)	0.014	
Study setting					
Clinic-based	Reference		Reference		
Community-based	-0.1 (-0.77, 0.58)	0.778	-0.08 (-0.76, 0.6)	0.813	
Nursing home based	-1.03 (-1.91, -0.14)	0.024	-0.97 (-1.87, -0.07)	0.037	
Mixed	0.04 (-0.81, 0.89)	0.928	0.05 (-0.81, 0.9)	0.911	
Geographical location					
Europe	Reference		Reference		
North America	-0.41 (-0.88, 0.07)	0.096	-0.42 (-0.9, 0.06)	0.088	
Asia	1.09 (0.38, 1.8)	0.003	1.14 (0.42, 1.85)	0.002	
Other	-0.34 (-1.53, 0.84)	0.571	-0.21 (-1.44, 1.03)	0.744	
Year of study start		0.562			
<1990	-1.02 (-1.91, -0.13)		-1.01 (-1.9, -0.11)		
1990s	-0.28 (-0.9, 0.34)		-0.28 (-0.9, 0.34)		
2000s	Reference		Reference		
≥2010s	-0.24 (-0.77, 0.29)		-0.22 (-0.75, 0.32)		
Case ascertainment					
Clinical examination	Reference		Reference		
Medical records	-0.71 (-1.56, 0.14)	0.103	-0.71 (-1.56, 0.14)	0.103	
Registry	-0.61 (-1.13, -0.08)	0.024	-0.57 (-1.11, -0.04)	0.037	
Other	-1.46 (-2.47, -0.44)	0.005	-1.34 (-2.4, -0.28)	0.014	
Time of inclusion					
Incident	Reference		Reference		
Prevalent	-0.53 (-1.06, 0.01)	0.055	-0.44 (-1.03, 0.14)	0.139	
Mixed	1.01 (-0.27, 2.29)	0.124	1.13 (-0.2, 2.45)	0.096	

Legend: Age- and sex-adjusted linear regression models were used to explore determinants of median time until nursing home admission for the full sample and the subsample restricted to high quality studies (>=6 on Modified Newcastle-Ottawa Scale). For categorical variables, numbers can be interpreted as differences in median time until nursing home admission (in years), as compared to the reference category. For age, the estimate depicts the change in median time to admission per year increase. Regression analyses were weighted by the number of patients in each study.

Excluding low quality studies did not affect the point estimates or significance level of the investigated variables, except for age which is no longer significant.

Median time to nursing home	Full Sample (n=23)		High quality studies (>=6; n=15)	
	β (95% CI)	р	β (95% CI)	p
Age, year	-0.3 (-0.46, -0.15)	0.001	-0.14 (-0.38, 0.09)	0.258
Women versus men	0.59 (-4.83, 6)	0.834	-12.17 (-25.13, 0.79)	0.099
Dementia type				
All-cause	Reference		Reference	
Alzheimer's disease	-0.25 (-1.65, 1.16)	0.737	-0.38 (-2.02, 1.25)	0.657
Other	-1.7 (-4.32, 0.91)	0.220	NA	NA
Study setting				
Clinic	Reference		Reference	
Community	0.74 (-1.78, 3.26)	0.571	0.1 (-2.56, 2.75)	0.945
Mixed	0.48 (-2.21, 3.17)	0.729	0 (-2.79, 2.79)	1.000
Geographical location				
Europe	Reference		Reference	
North America	0.05 (-1.34, 1.45)	0.940	0.04 (-1.76, 1.85)	0.964
Other	2.12 (-0.95, 5.19)	0.194	0.08 (-3.95, 4.11)	0.970
Year Study Start		0.706		
<1990	0.3 (-2.15, 2.76)		0.77 (-2.14, 3.68)	
1990s	0.95 (-0.55, 2.45)		1.17 (-0.74, 3.08)	
2000s	Reference		Reference	
>=2010s	1.29 (-0.3, 2.87)		1.01 (-0.74, 2.76)	

Study	Sample Size
Giebel et al., 2021	34514
Meerman et al., 2008	251
Andr.n et al., 2008	308
Bhattacharjee et al., 2019	21538
Gilley et al., 2005	396
Rongve et al., 2014	43
Droogsma et al., 2016	576
Breitve et al., 2018	76
Smith et al., 2000	314
Rongve et al., 2014	189
Breitve et al., 2018	196
Weiner et al., 1999	158
Gilley et al., 2004	410
Miller et al., 1998	639
Breitve et al., 2018	120
Rongve et al., 2014	122
Joling et al., 2020	9230
Mittelman et al., 2006	406
Geldmacher et al., 2003	763
Haaksma et al., 2019	331
Brodaty et al., 2009	155
Lopez et al., 2009	943
Razlighi et al., 2014	254

Note: Sample sizes can be lower than 150 as studies can have subsamples with fewer than 150 individuals.

Supplementary data S16: Meta-regression analysis of median time to nursing home and 1-, 3- and 5-year nursing home admission probabilities.

Legend: Age- and sex-adjusted linear regression models were used to explore determinants of median time till nursing home admission as well as probabilities by year.

Presented estimates reflect the change in probability at the time point of interest, compared to the reference category or per unit increase for the continuous variable.

Regression analyses were weighted by the number of patients in each study. The p-value for 'year of study start' reflects the trend across categories. Explained variance in the models (R²) was 0.55, 0.36, 0.27 and 0.26 for median, year 1, year 3 and year 5, respectively.

	Median time (n=23)		Year 1 (n=56)		Year 3 (n=42)		Year 5 (n=23)	
	β (95% CI)	р	β (95% CI)	p	β (95% CI)	p	β (95% CI)	р
Age, year	-0.30 (-0.46, -0.15)	0.001	0.01 (-0.01, 0.02)	0.381	0.01 (-0.01, 0.02)	0.381	0.01 (-0.01, 0.02)	0.325
Women versus men	0.59 (-4.83, 6.00)	0.834	0.11 (-0.26, 0.49)	0.561	0.11 (-0.26, 0.49)	0.561	0.08 (-0.39, 0.56)	0.731
Dementia type								
All-cause	Reference		Reference		Reference		Reference	
Alzheimer's disease	-0.25 (-1.65, 1.16)	0.737	-0.06 (-0.13, 0.02)	0.147	-0.06 (-0.13, 0.02)	0.147	0 (-0.10, 0.10)	0.966
Other	-1.70 (-4.32, 0.91)	0.220	0.34 (0.17, 0.52)	< 0.001	0.34 (0.17, 0.52)	< 0.001	0.33 (0.12, 0.54)	0.004
Study setting								
Clinic	Reference		Reference		Reference		Reference	
Community	0.74 (-1.78, 3.26)	0.571	0.03 (-0.07, 0.12)	0.612	0.03 (-0.07, 0.12)	0.612	-0.02 (-0.15, 0.11)	0.784
Mixed	0.48 (-2.21, 3.17)	0.729	0.12 (-0.05, 0.29)	0.167	0.12 (-0.05, 0.29)	0.167	0.06 (-0.12, 0.23)	0.541
Geographical location	,							
Europe	Reference		Reference		Reference		Reference	
North America	0.05 (-1.34, 1.45)	0.940	0.01 (-0.06, 0.08)	0.787	0.01 (-0.06, 0.08)	0.787	0.04 (-0.07, 0.14)	0.481
Other	2.12 (-0.95, 5.19)	0.194	-0.09 (-0.4, 0.22)	0.573	-0.09 (-0.4, 0.22)	0.573	-0.13 (-0.29, 0.03)	0.122
Year Study Start		0.706		0.361		0.626		0.333
<1990	0.30 (-2.15, 2.76)		0.04 (-0.12, 0.2)		0.04 (-0.12, 0.2)		0.21 (-0.05, 0.47)	
1990s	0.95 (-0.55, 2.45)		-0.01 (-0.1, 0.09)		-0.01 (-0.1, 0.09)		0.09 (-0.04, 0.21)	
2000s	Reference		Reference		Reference		Reference	
>=2010s	1.29 (-0.3, 2.87)		0.05 (-0.04, 0.14)		0.05 (-0.04, 0.14)		0.08 (-0.04, 0.2)	

Supplementary Data S17: Study characteristics by duration of follow up

Legend: Study characteristics for studies with short maximum follow up (<9 years) and long maximum follow up (>9 years). A cut off of 9 years was chosen as it was the median maximum follow-up in the studies reporting median survival.

Study characteristic	<=9 years (n=296)	>9 years
Age (median, IQR)	79.5 [76.5-82.9]	76.7 [72.7-80.9]
Sex (median, IQR)	0.62 [0.56-0.69]	0.60 [0.52-0.66]
Dementia type (%)		
All-cause	48.7	35.7
Alzheimer's Disease	31.1	33.6
Other	20.2	30.8
Study setting (%)		
Clinic	38.2	51.7
Community	39.0	42.0
Nursing home	16.1	2.1
Mixed	6.7	4.2
Geographical location (%)		
Europe	54.7	57.3
North America	27.0	28.7
Asia	13.1	14.0
Other	5.2	NA
Years of study enrolment (%)		
<1990	11.0	14.5
1990s	19.7	37.0
2000s	40.6	31.2
≥2010s	28.7	17.4
Case ascertainment (%)		
Clinical exam	55.4	59.4
Medical records	8.2	5.6
Registry	30.3	32.2
Other	6.0	2.8
Time of inclusion (%)		
Incident	37.1	66.4
Prevalent	58.1	31.5
Mixed/unclear	4.9	2.1