# Pattern of talar articular facets in Indian calcanei

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### INTRODUCTION

In most textbooks of Anatomy descriptions of the posterior talar facet on the middle third of the dorsal surface of the calcaneus are similar. However, descriptions of the facet for the head of the talus are at variance (Breathnach, 1965; Last, 1970; Warwick & Williams, 1973). The common variations in the talar facets on the calcaneus have been described in detail by Bunning & Barnett (1965) in British, Nigerian and Indian subjects and by El-Eishi (1974) in Egyptians. In Bunning & Barnett's (1965) series, the number of Indian calcanei studied (78) was too small for detailed documentation of variations. The present study of the variations in the talar facets on Indian calcanei has utilized 401 normal adult specimens.

#### OBSERVATIONS

The posterior talar facet which is situated on the middle third of the dorsal surface of the calcaneus, and which articulates with the body of the talus, was large and convex in all cases, but its shape varied, being circular, rectangular, triangular or irregular. The facet(s) for the head of the talus were of four types:

Type 1: One continuous facet was situated on the sustentaculum tali extending on to the antero-medial corner of the distal part of the calcaneus (268 calcanei – 67 %, Figs. 1, 2). The facet was either constricted (28 %, Fig. 1) or not constricted (39 %, Fig. 2).

Type 2: Two articular facets were present, one on the sustentaculum tali and the other on the distal part of the calcaneus (104 calcanei -26%, Figs 3–6). However, the degree of separation between the 2 facets was variable: less than 2 mm (narrow interval -9%, Fig. 3); between 2 and 5 mm (moderate interval -4%, Fig. 4); or more than 5 mm (wide interval -13%, Figs. 5, 6). There was variation in the size of the facet at the antero-medial corner of the distal part of the calcaneus. In the majority of cases (20\%) this facet was large (Figs. 3–5), but in a few cases (6\%) it was quite small (Fig. 6).

Type 3: A single well defined facet confined to the sustentaculum tali was present (21 calcanei – 5%, Fig. 7).

Type 4: A single facet was situated on the sustentaculum tali extending on to the antero-medial corner of the distal part of the body of the calcaneus. This facet was continuous with the posterior talar facet of the calcaneus (8 calcanei – 2%, Fig. 8).

652



Fig. 1. Type 1 calcaneus: The talar articular facet is constricted. Fig. 2. Type 1 calcaneus: The talar articular facet is not constricted Fig. 3. Type 2 calcaneus: The degree of separation between two facets is less marked. The facet present at the antero-medial corner of the distal part of the calcaneus is large.

Fig. 4. Type 2 calcaneus: The degree of separation between two facets is moderately marked. The facet present at the antero-medial corner of the distal part of the calcaneus is large.



6 8

Fig. 5. Type 2 calcaneus: The degree of separation between two facets is more marked. The facet present at the antero-medial corner of the distal part of the calcaneus is large in size.Fig. 6. Type 2 calcaneus: The degree of separation between two facets is more marked. The facet present at the antero-medial corner of the distal part of the calcaneus is small in size.Fig. 7. Type 3 calcaneus.Fig. 8. Type 4 calcaneus.

	Type 1	Type 2	Type 3	Type 4
El-Eishi	98 cases (49 %)	80 cases (40 %)	22 cases (11 %)	
Present series	268 cases (67 %)	104 cases (26 %)	$\begin{array}{c} 21 \text{ cases} \\ (5\%) \end{array}$	8 cases (2 %)

Table 1. Comparison of our results with those of El-Eishi (1974)on Egyptian calcanei

Table 2. The comparison of our results with those of Bunning & Barnett(1965)

	Population	Pattern of talar articular facets in the calcanei				
		Type 1	Type 2	Type 3	Type 4	
Present series	Indian 401 cases	268 cases (67 %)	104 cases (26 %)	21 cases (5 %)	8 cases (2 %)	
		Type B	Type A		Type C	
Bunning &	Indian*	~ 1				
Barnett's	78 cases	61 cases	17 cases		Nil	
series		(78 %)	(22 %)			
	British**					
	194 cases	64 cases	130 cases	—	Nil	
		(33 %)	(67 %)			
	Nigerian***					
	492 cases	312 cases	176 cases		4 cases	
		(63 %)	(36 %)		(1%)	

### DISCUSSION

In the present series of 401 calcanei the facet(s) for the head of the talus were of four types: Type 1: 268 calcanei (67%); Type 2: 104 calcanei (26%); Type 3: 21 calcanei (5%); Type 4: 8 calcanei (2%).

Our results as compared with those of El-Eishi (1974) on Egyptian calcanei are shown in Table 1.

From this Table it is clear that there is a marked difference in the talar facets on the calcanei between Egyptians and Indians. In Egyptians, Type 4 facets were not observed by El-Eishi (1974).

Bunning & Barnett (1963) classified calcanei into three types according to the number of talar articular facets present on them. Type A calcanei bear three facets, Type B two, and Type C only a single facet. Types A, B and C of Bunning & Barnett's (1965) series corresponded to Type 2, 1 and 4 respectively of the present series. Type 3 of our series was not observed by them. Our results compared with those of Bunning & Barnett (1965) are given in Table 2.

The above Tables depict the marked differences in the talar facets on the calcanei between the various populations. There is no significant difference between Bunning & Barnett's (1965) results and ours with respect to the Indian series, except that

### Talar facets in Indian calcanei

Types 3 and 4 were not present in the former. This may have been because many more calcanei were examined in the present series, or possibly because Bunning & Barnett's material came from Calcutta, whereas ours came from Uttar Pradesh.

#### SUMMARY

The variations in the talar articular facets on 401 normal Indian calcanei have been observed and classified. Type 1 calcanei have one continuous facet on the sustentaculum tali extending on the antero-medial corner of the distal part of the calcaneus (268 cases – 67 %). Type 2 calcanei have two articular facets, one on the sustentaculum tali, and another on the distal part of the calcaneus (104 cases – 26 %). Type 3 calcanei have a single well defined facet on the sustentaculum tali (21 cases – 5 %). Type 4 calcanei have a single facet on the sustenaculum tali extending on to the antero-medial corner of the distal part of the calcaneus, but this facet is continuous with the posterior talar facet of the calcaneus (8 cases – 2%).

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