

Supplementary information

Supplementary Table 1. Change* in SF-36 and SF-6D scores at 3-month and 6-month follow-ups.

SF-36	3-month follow-up mean change (n)			6-month follow-up mean change (n)		
	Dimension	Clinic group	Control group	P-value	Clinic group	Control group
Physical functioning	+1.4(73)	-1.7(72)	0.19	+2.5(66)	-4.7(59)	0.04
Social functioning	+1.6(73)	-8.6(72)	0.09	+1.1(66)	-7.6(59)	0.17
Physical role limitation	-4.3(72)	-1.8(69)	0.70	-5.0(64)	-8.3(59)	0.69
Emotional role limitation	+3.2(72)	-9.1(69)	0.10	+7.2(64)	-16.3(59)	0.01
Mental health	+2.9(73)	-0.9(70)	0.14	+4.5(66)	-4.0(59)	0.02
Energy/vitality	+7.0(73)	-4.5(70)	<0.001	+4.8(66)	-1.6(59)	0.08
Pain	+0.7(73)	-0.3(72)	0.75	+1.0(66)	+1.7(59)	0.86
General health perceptions	+1.8(73)	-1.0(69)	0.29	+2.2(65)	-0.7(57)	0.38
SF-6D						
Health-related utility				+0.024(64)	-0.014(59)	0.13

Change measured by area under the curve. Positive values indicate better perceived health