

The Role of Phagocyte Function in Resistance to Infection

ROBERT I. LEHRER, M.D., *San Francisco*

MORE THAN ONE generation of physicians has placed its faith in "the Lord and the leukocytes" when visiting the sickbed of a patient with infection. Although the continued interest of the Lord has been questioned by some, and reinforced with antibiotics by others, phagocytic leukocytes remain a major determinant of our ability to survive exposure to pathogenic microorganisms. Recent investigations have increased our knowledge of the phagocytic process, and have led to the finding that several disorders of man are caused by or associated with defective phagocyte function. This paper will review some of this new information, especially as it relates to the function of phagocytes in human illness. The interested reader will find additional details in recent publications.¹⁻³

Life Cycle of Leukocytes

Of the several types of phagocytic leukocytes, neutrophils have received the most extensive study. In structure and function this cell type shows numerous adaptations that equip it to respond rapidly and effectively to tissue invasion by microbes. The circulating pool of neutrophils, estimated roughly by a routine white blood cell count and a differential count, is continuously re-

newed by neutrophils that enter the blood from the bone marrow at a rate of 80 million cells per minute in the "average" adult.⁴ This freely circulating pool is in equilibrium with an approximately equal number of mature neutrophils within the vasculature of certain organs. The latter are able to enter the circulation in response to various hormonal or metabolic stimuli.^{4,5} Normally, at least four days elapse after the last occurrence of deoxyribonucleic acid (DNA) synthesis in a marrow precursor before the appearance of neutrophils in the circulation, but this may be considerably shortened in patients with acute infections and leukemoid reactions.⁶ Under normal conditions, the half-time of a neutrophil in the peripheral blood of man is estimated to be approximately six and a half to seven hours.^{4,5} Its subsequent life in the tissues is difficult to ascertain precisely, but is almost certainly short—probably no more than a day or two.

Our knowledge of monocytes, derived mainly from studies of laboratory animals, suggests several differences from the neutrophil model. Monocytes also are produced from rapidly dividing marrow precursors and enter the circulation quite promptly after final cell division. However, once in the circulation, they persist in the blood for a longer time than do neutrophils; the half-time of circulating mouse monocytes has been estimated at 22 hours.⁷ From the circulation, monocytes enter various tissues where some may differentiate into larger phagocytic cells (macrophages or histiocytes) that may survive for several months.⁸

From the Cancer Research Institute and Department of Medicine, School of Medicine, University of California, San Francisco.

Supported in part by U.S. Public Health Service research grant CA-11067.

Reprint requests to: Cancer Research Institute, School of Medicine, University of California, San Francisco, San Francisco, Ca. 94122 (Dr. R. I. Lehrer).

TABLE 1.—Disordered Phagocyte Function—General Pathophysiology

<i>Defective Stage</i>	<i>Illustrative Clinical Disorders</i>
Production of phagocytes	Agranulocytosis, acute leukemia
Migration to sites of inflammation	Neoplasia, steroid-treated patients
Chemotaxis	Hereditary disorders of complement function
Opsonization of microorganisms	Sickle-cell anemia, hypogammaglobulinemia
Killing of ingested microorganisms	Chronic granulomatous disease, hereditary myeloperoxidase deficiency

Unlike the short-lived neutrophil which enters the circulation equipped with its maximal supply of bactericidal and bacteriolytic components, mononuclear phagocytes may adaptively increase their microbicidal effectiveness after reaching tissue sites.^{9,10}

Migration and Chemotaxis

The first facet of the phagocytic process to be considered is that of local accumulation of large numbers of these cells in areas of tissue damage or microbial invasion. Two test systems, the "skin-window" technique of Rebeck and Crowley¹¹ and the chemotaxis chambers of Boyden,¹² have provided considerable information about this aspect of phagocytic function.

A "skin-window" is made by placing a coverslip over a superficially abraded area of skin.¹¹ Leukocytes that migrate to this area can be examined by periodic removal and staining of the coverslips or, in some modifications, by emptying a small collecting chamber. In normal adults, the cells observed after two to four hours are almost exclusively neutrophils. By eight hours, one-third to one-half of the cells adherent to coverslips are mononuclear phagocytes and at 24 hours mononuclear phagocytes predominate. Studies in animals suggest that these mononuclear phagocytes are derived from blood monocytes.⁸

Drugs and some disease states can impair the ability of neutrophils or monocytes to respond in this test. Decreased migration of neutrophils has been reported after the administration of steroids¹³ and ethanol¹⁴ to physically normal subjects. Patients with acute leukemia¹⁵ or diabetes mellitus and ketoacidosis^{14,16} also have impaired migration of neutrophils.

Diminished mononuclear cell response has been reported in untreated patients with advanced neoplasms and in patients receiving certain cytotoxic drugs to treat both neoplastic and non-neoplastic

disorders.¹⁷⁻¹⁹ If these abnormal neutrophil and monocyte responses also occur in areas of microbial challenge, they could serve to provide the invading organisms with a critical head start in causing disease.

The term *chemotaxis* refers to the directional motion of a cell toward a substance in its environment. Certain bacteria have been shown to be chemotactic for neutrophils,²⁰ and antigen-antibody complexes also generate chemotactic substances when added to fresh serum.¹² Many contemporary studies of chemotaxis *in vitro* utilize a chamber, devised by Boyden, that contains two adjacent compartments separated by a Millipore filter that has pores just large enough to permit a leukocyte to wriggle through.¹² If a suspension of leukocytes is placed in one compartment and the test substance in the other, the number of leukocytes that migrate through the filter may provide a measure of the substance's chemotactic activity. Keller and Sorkin have analyzed some of the recent work on such chemotactic mediators.²¹

Ward and his associates have described several mediators of chemotaxis that are generated in rabbit or guinea pig serum by reactions involving components of complement. One, a trimolecular complex composed of the fifth, sixth and seventh components of complement, is generated after the addition to serum of antigen-antibody precipitates.²² Other chemotactic factors of lower molecular weight are generated as a result of the cleavage of C3* by plasmin²³ or of C5 by trypsin.²⁴ Additional factors, generated from serum or present in lysates of neutrophils, may exert chemotactic effects that are specific for certain macrophage populations.²⁵ Recently, it has been reported that sera from patients with deficiencies of C3 or C5 have impaired ability to generate chemotactic stimuli *in vitro* (Table 1).^{26,27}

*C3 and C5 are symbols for the third and fifth components of complement.

Opsonization

Although certain bacteria may be ingested by leukocytes in the absence of serum, phagocytosis of many potential pathogens requires, or is facilitated by, the action of serum factors called opsonins.²⁸ By specific attachment or nonspecific adsorption to the bacterial surface, opsonins modify microorganisms so that they are readily ingested by leukocytes.

Antibodies

Although early workers concentrated on heat-labile serum opsonins, opsonizing properties have been detected in several moieties of serum. The opsonizing activity of specific antibodies, arising from previous vaccination or natural infection with the challenging organism or with one sharing some of its antigenic determinants, is of prime importance for phagocyte function. The repeated infections incurred by patients with hypogammaglobulinemia result in large part from their deficiencies of such heat-stable opsonins and are ameliorated by replacement therapy with gamma globulin. Recent studies suggest that the capability of immune IgG to combine with a specific microorganism depends on the Fab portion of the antibody molecule, whereas its ability to act as an opsonin depends on its Fc portion.²⁹ The opsonic ability may be related to the presence of Fc-attachment sites on the cell surface of certain phagocytes.³⁰

Complement Factors

Since the early studies of Wright and Douglas,³¹ it has been recognized that the phagocytosis of certain microorganisms is enhanced by heat-labile substances in the serum.³² The studies of Hirsch and Strauss suggested that heat-labile opsonins were distinct from antibodies and from the complete series of complement factors causing immune hemolysis.²⁸ Recent investigations by Wood and his collaborators have provided evidence that certain complement factors, specifically the third and fifth components, are involved in the phagocytosis of pneumococci by leukocytes suspended in rat serum.^{33,34} Binding sites for complement components have been detected on the surfaces of neutrophils and macrophages³⁵ and, in mononuclear phagocytes, these sites may show specificity for C3.³⁶

Complement Deficiencies in Man

Deficiencies of C3 or C5 may be associated with an increased susceptibility to bacterial infection in man.^{26,27} Alper et al studied a young adult with Klinefelter's syndrome and a lifelong history of infections by various bacteria.²⁶ The concentration of C3 (β_{1c} globulin) in his serum was less than one-third of normal and, of that, most was present in an inactive form. *In vitro*, his serum had decreased hemolytic complement activity and exerted poor bactericidal power against certain Gram-negative organisms. It failed to support optimal phagocytosis of pneumococci or to generate normal amounts of chemotactic activity. These serum deficiencies could be corrected *in vitro* by addition of small amounts of normal serum, but not by addition of purified C3. It was suggested that the patient might lack a serum factor, as yet uncharacterized, required for normal stability and function of C3.

Miller and Nilsson described an infant with severe eczematoid dermatitis who experienced repeated cutaneous and systemic infections caused by *Staphylococcus aureus* and various Gram-negative bacteria.²⁷ Sera from the patient, her mother and numerous relatives were markedly deficient in their ability to generate chemotactic activity or to promote ingestion of yeast particles by leukocytes. The defective function could be corrected *in vitro* by normal sera or purified C5, but not by (rat) sera deficient in C5. Attribution of this patient's infectious diathesis solely to the deficiency of C5 is tempered somewhat by the lack of reported infections in numerous other similarly affected relatives.

Other Opsonin Deficiencies in Man

From an historical standpoint it is instructive to recall that in 1904 Wright and Douglas noted that the incubation of human blood with viper venom reduced its opsonic activity, and they suggested that this could explain "the reduced resistance to septic infection which supervenes upon viper bites."³¹ More recently, the sera of patients with sickle cell anemia have been reported to have diminished amounts of heat-labile opsonins for Type 25 pneumococci,³⁷ and it has been suggested that this deficiency, in conjunction with the functional asplenia of such individuals,³⁸ may underlie the unique susceptibility of these patients to pneumococcal sepsis and meningitis.

Phagocytosis

The term *phagocytosis* refers to events associated with the envelopment and subsequent disposition of particles by certain cells. It is useful to consider the phagocytosis of microorganisms by leukocytes as composed of three sequential phases: (1) ingestion, the incorporation of extracellular organisms into cytoplasmic vacuoles; (2) the killing or inactivation of the ingested organisms; and (3) the digestion of killed organisms.

Metabolic Events

Contemporary biochemical and metabolic analyses of the phagocytic process are based on the contributions of Karnovsky, Quastel and their colleagues.^{39,40} Neutrophils derive the energy required for particle ingestion from glycolysis;⁴¹ therefore, inhibitors of oxidative metabolism (cyanide, dinitrophenol, oxygen-free atmosphere) do not block particle uptake *in vitro* by these cells. In contrast, killing of ingested organisms is greatly impaired under anaerobic conditions.⁴² The metabolic changes that follow particle ingestion by neutrophils include increased rates of lactate production, phospholipid turnover and ribonucleic acid (RNA) synthesis.^{39,40} Most importantly in relation to neutrophil microbicidal activity, phagocytosis triggers a burst of oxygen consumption associated with greatly increased oxidation of glucose via the hexose monophosphate shunt; this reaction results in the intracellular generation of hydrogen peroxide.⁴⁰

Morphologic Events

During phagocytosis, cytoplasmic granules of leukocytes enter and release their contents into the phagocytic vacuoles containing ingested organisms.⁴³ Recent studies of rabbit "neutrophils" indicate that these granules are heterogeneous; subpopulations of intact granules have differences in their enzymatic constituents.⁴⁴⁻⁴⁶ Substances detected in neutrophil granules from various mammalian species include numerous acid hydrolases, alkaline phosphatase, peroxidase, and a group of cationic proteins.^{47,48} How are the various granule proteins related to the ability of leukocytes to kill and digest engulfed organisms?

Proteins with antibacterial activity have been extracted from the neutrophils of certain mammalian species. Important contributions to this research were made by Hirsch.⁴⁹ More recently

this approach has been pursued vigorously by Zeya and Spitznagel,^{48,50,51} who have isolated and partially purified a group of cationic proteins from the granules of rat and guinea pig neutrophils and have demonstrated that these substances kill various bacteria *in vitro*. After fractionation, they found that the proteins differed in their amino-acid composition and in their ability to kill various species of bacteria.^{48,50} More recently these authors have assigned the granule-associated cationic proteins to a specific subpopulation of neutrophil granules, which also exhibits eosinophilic staining characteristics.⁵¹ It is not known whether similar cationic proteins are present in human neutrophils. Earlier attempts by these investigators to detect bacteriocidal cationic proteins in human granulocytes antedated techniques for obtaining pure monospecific cell populations, and the cationic proteins they detected in extracts of human leukocytes could have come from inadvertent contamination by eosinophils.⁵²

What role is played by the enzymes contained in neutrophil granules? Some neutrophil granules are lysosomes—that is, they contain acid phosphatase and other hydrolytic enzymes with acid pH optima in an inactive, structurally latent form.⁴⁷ When the granule contents are released into phagocytic vacuoles, the enzymes become active and can participate in the degradation of bacterial macromolecules.^{53,54} Muramidase (lysozyme) is also a component of neutrophil granules and acts to cleave the chemical bond linking two of the molecular constituents of bacterial cell walls. A few Gram-positive organisms, whose cell walls are stabilized principally by susceptible bonds, can be completely lysed by muramidase. However, like the other hydrolases, its major function is presumed to be the enzymatic digestion of organisms killed by other components of the leukocyte rather than primary bacteriocidal activity.

Defects in Microbicidal Activity

Two recently appreciated "experiments of nature," chronic granulomatous disease and hereditary myeloperoxidase deficiency, have provided insights into molecular mechanisms employed by normal human leukocytes to kill bacteria and fungi (Table 2). Chronic granulomatous disease (CGD) was originally described as a familial disorder with X-linked inheritance, affecting only male children.⁵⁵ However, cases affecting females, with alternate modes of hereditary transmission,

TABLE 2.—Comparison of Two Hereditary Disorders of Leukocyte Function

	<i>Chronic Granulomatous Disease</i>	<i>Myeloperoxidase Deficiency</i>
Symptoms	Repeated infections, especially by staphylococci and organisms of limited intrinsic pathogenicity	Increased susceptibility to opportunistic mycoses (<i>Candida</i> , <i>Aspergillus</i>), but compatible with good health
Age at onset of infections	Infancy, childhood	May be delayed until adulthood
Sex incidence	Males predominate	Probably equal (few cases)
Genetic pattern	X-Linked inheritance (most male patients), other patterns (affected females and sporadic male cases)	Autosomal recessive inheritance
Cellular defect	Impaired H ₂ O ₂ production (specific underlying defects may vary)	Impaired H ₂ O ₂ utilization due to absence of myeloperoxidase
Clinical variants	With associated immunologic defects Job's syndrome Leukocyte glucose-6-phosphate dehydrogenase deficiency	Mosaic myeloperoxidase deficiency —with refractory megaloblastic anemia —with acute leukemia
Diagnostic leukocyte studies	Familial lipochrome histiocytosis NBT test Microbicidal assay	Peroxidase stain of blood smear Candidacidal assay

have recently been recorded.⁵⁶⁻⁵⁸ CGD is manifested by a great susceptibility to severe infections which are often caused by microorganisms of limited intrinsic virulence.^{59,60} Symptoms generally develop during the first two years of life, often in infancy. Lymphadenopathy with suppurative adenitis, repeated pneumonias, hepatosplenomegaly and skin infections are characteristic, and other sequelae may include rhinitis, conjunctivitis, osteomyelitis, meningitis and septicemia.^{60,61} Eighteen of the 28 affected boys whose histories were reviewed by Johnston and McMurry died before their seventh birthday.⁶¹ Although staphylococci and various coliform bacilli are the predominant causes of infection in these children, resistance to actinomycetes and certain fungi, especially *Candida* species, is also impaired.^{60,61} Routine laboratory studies usually reveal anemia, leukocytosis, an accelerated sedimentation rate and hypergammaglobulinemia.

Quie and associates established a basis for the impaired resistance of affected children by demonstrating that leukocytes from CGD patients, although normally phagocytic, were deficient in bactericidal activity.⁶² CGD leukocytes have a remarkable metabolic defect as well—they fail to develop the burst of oxidative metabolism and hydrogen peroxide generation that follows ingestion of particles by normal leukocytes⁶³ (Chart 1).

Several lines of evidence suggest that this metabolic deficiency is the cause of the bactericidal

EFFECT OF PHAGOCYTOSIS ON O₂ CONSUMPTION BY NORMAL AND C.G.D. LEUKOCYTES

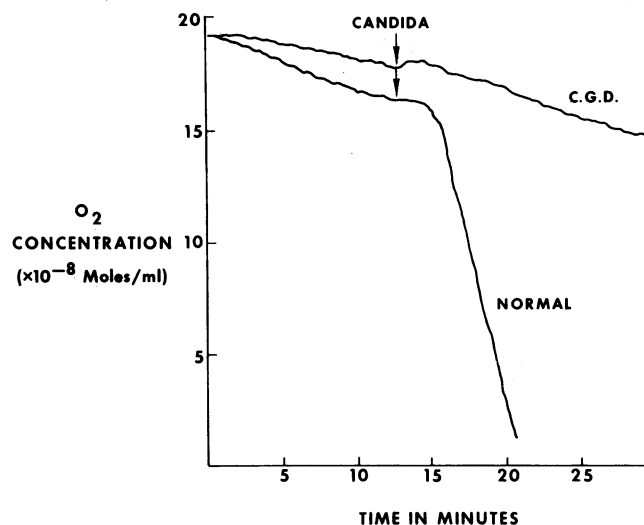


Chart 1.—Different rates of oxygen consumption by normal and CGD leukocytes (1 X 10⁷ neutrophils per ml) after they have phagocytosed heat-killed *Candida albicans* cells (3 X 10⁷ per ml). The recordings, made with a Gilson model KM oxygraph with a Clark electrode (Yellow Springs Instrument Co., Inc., Yellow Springs, Ohio) show the concentration of oxygen remaining in solution.

defect. The bactericidal and fungicidal activity of CGD leukocytes *in vitro* can be improved by providing an exogenous source of hydrogen peroxide⁶⁴ or by stimulating endogenous oxidative metabolism with redox dyes.⁶⁵ Moreover, CGD leukocytes kill certain hydrogen peroxide-producing bacteria (streptococci, lactobacilli and

pneumococci) relatively effectively, presumably because the bacteria supply the ingredient missing from these cells.^{66,67}

At present, the diagnosis of CGD requires two observations: that the patient's leukocytes display deficient oxidative metabolism after particle ingestion, and that they exert defective microbicidal activity. The metabolic response to phagocytosis can be measured in several ways. Some, such as the method illustrated in Chart 1, are relatively direct but require special equipment that may not be readily available. Consequently, many investigators have favored the use of some variant of the nitro blue tetrazolium (NBT) test, which utilizes the fact that, after ingestion of particles in the presence of the essentially colorless NBT, normal leukocytes reduce it to an insoluble blue substance that accumulates in the cytoplasm. Although CGD leukocytes ingest particles normally, little of the NBT is reduced and consequently little blue color is formed.⁵⁷ The extent of NBT reduction can be measured spectrophotometrically after appropriate chemical extraction;⁵⁷ alternatively, the proportion of phagocytic cells containing the reduced NBT can be established by microscopic examination.^{68,69}

Microbicidal activity is most often measured by some modification of the *in vitro* assay of Maale⁷⁰ as adapted by Hirsch and Strauss.²⁸ Known numbers of bacteria and leukocytes are combined under standardized conditions and serial colony counts are done on samples of the mixtures to record the rate of decline in viable bacteria. More recently described methods of determining leukocyte candidacidal activity may provide a somewhat simpler way to establish the presence of a microbicidal defect in leukocytes from children suspected of having CGD.^{71,72} Although the standard tests of microbicidal activity measure neutrophil function, monocytes from the peripheral blood of CGD patients also exert impaired bactericidal^{73,74} and candidacidal activity.⁷⁵

The demonstration of disordered leukocyte function has provided for the more precise diagnosis of CGD; it also has resulted in expanding our clinical picture of the disorder. Cases fulfilling the criteria for CGD have been reported in girls⁵⁶⁻⁵⁸ and diagnosed in children in their late teens.⁷⁶ The leukocyte defects of CGD have also been reported in association with other abnor-

malities, such as impaired leukotaxis⁷⁷ and selective immunoglobulin deficiency.⁷⁸

A variant of CGD, manifested by recurrent cold staphylococcal abscesses from birth and occurring in fair-skinned, red-haired girls, was described by Davis, Schaller and Wedgwood, who named the condition Job's syndrome.⁷⁹ Bannatyne et al demonstrated defective NBT reduction and impaired bactericidal activity against staphylococci by leukocytes from a child with this disorder. Like leukocytes from male children with CGD, her leukocytes killed streptococci normally.⁸⁸

In contrast, normal leukocyte bactericidal activity has been reported in studies of patients or animals with the Chediak-Higashi syndrome,^{80,81} who also have frequent severe infections starting in infancy or childhood. This inherited abnormality is associated with oculocutaneous hypopigmentation and may terminate with the development of an atypical lymphoma.^{82,83} Large cytoplasmic granules are present in various cell lines of affected patients, and the disorder may be diagnosed by finding the characteristic giant granules in leukocytes on conventionally stained blood smears.

Eventually, it should prove possible to classify CGD syndromes on the basis of their specific metabolic (enzymatic?) defects. Unfortunately, the studies designed to elucidate the mechanism that triggers the normal burst of postphagocytic oxidative metabolism and to discern the reason for its failure in CGD have produced a wealth of often conflicting information. Although detailed consideration of these studies is beyond the scope of this review, there are indications that CGD may be the expression of more than one specific cellular defect. Several recent papers can launch the interested reader into this interesting but controversial area.^{63,84-86}

If defective production of hydrogen peroxide underlies the CGD syndrome (or syndromes), it is reasonable to consider how H₂O₂ achieves its bactericidal activity. Klebanoff's studies indicate that the effectiveness of H₂O₂ as an antimicrobial agent may be considerably augmented by its combination with a peroxidase. In a series of *in vitro* experiments with peroxidase enzymes derived from saliva, milk and leukocytes, he has shown that effective antimicrobial activity results from and requires the interaction of the peroxidase enzyme with H₂O₂ and an appropri-

ate halide cofactor.^{67,87,88} In his studies with H₂O₂, iodide and myeloperoxidase (MPO), the peroxidase of neutrophils and monocytes, bactericidal activity was associated with iodination of the bacteria.⁸⁷ Iodination of intracellular bacteria was demonstrated if normal leukocytes ingested microorganisms in the presence of low concentrations of extracellular iodide.^{67,87} The extent of iodination was much diminished within CGD leukocytes, but could be demonstrated when viable, H₂O₂-generating organisms (lactobacilli) were ingested.⁶⁷ These observations, and studies by Sbarra and his associates,⁸⁹ strongly implicated MPO in the microbicidal activity of normal mammalian leukocytes.

The detection of hereditary myeloperoxidase deficiency, a syndrome characterized by the complete absence of peroxidase activity in neutrophils and monocytes, has permitted extensive evaluation of the role of MPO in the microbicidal affairs of human leukocytes.^{90,91}

Hereditary MPO deficiency is readily diagnosed by examination of a peroxidase-stained smear of peripheral blood. In contrast to the characteristic deposition of dark reaction product on the cytoplasmic granules of normal neutrophils, monocytes and eosinophils (Figure 1), only the eosinophils of affected patients show peroxidase activity (Figure 2). The persistence of eosinophil peroxidase in this condition is in accordance with other observations indicating that the eosinophil enzyme is structurally and chemically distinct from MPO.⁹² Thus far, five patients with hereditary MPO deficiency have been reported, including two pairs of siblings.^{90,93,94} Its true incidence is unknown, and its apparent rarity may only reflect the paucity of attempts to detect it. Indeed, the first three reported subjects were discovered essentially by chance.^{93,94}

In addition to the hereditary form of MPO deficiency, there have been reports of presumably acquired forms of the disorder; these forms are characterized by an enzymatic mosaicism of the peripheral blood neutrophils. In such patients, peroxidase-containing and peroxidase-deficient lines of cells coexist in the bone marrow and peripheral blood,^{95,96} and additional hematologic abnormalities may be present. We have recently observed such a patient. Almost all of his neutrophils lacked peroxidase, and he died as a result of systemic fungal infection.

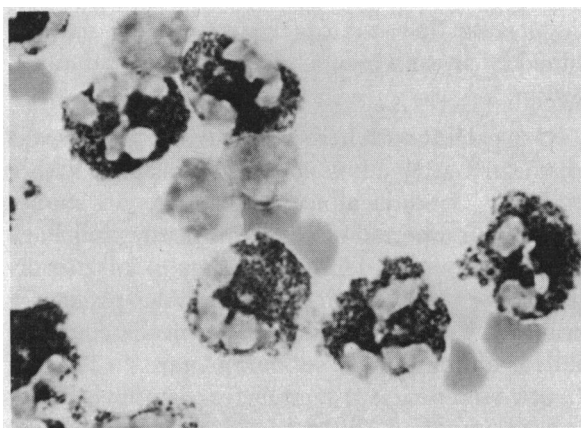


Figure 1.—Normal neutrophils, stained for peroxidase and counterstained with Giemsa. The peroxidase-containing granules are stained black and fill the cytoplasm of the cells. Original magnification X1250.

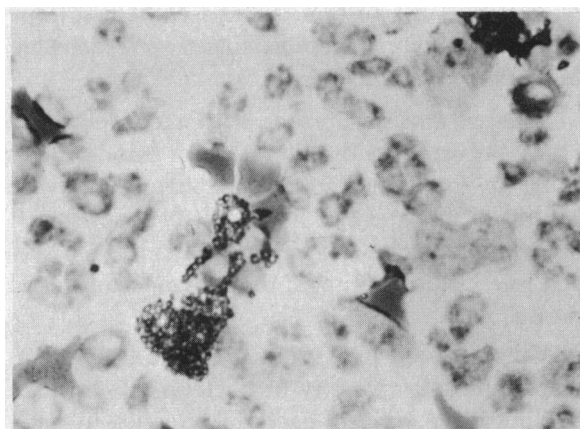


Figure 2.—Peroxidase stain of peripheral blood leukocytes from a patient with hereditary MPO deficiency. An eosinophil contains granules that are outlined by the peroxidase reagent. Neutrophils and monocytes all lack peroxidase activity. Original magnification X1000.

We have studied the leukocytes of three MPO-deficient subjects: a brother and sister with hereditary MPO deficiency, and a man with mosaic MPO deficiency in whom more than 99 percent of the circulating neutrophils were peroxidase-deficient. Peroxidase-deficient neutrophils were found to have an impaired ability to kill certain bacterial species. For example, the neutrophils of a patient with hereditary MPO deficiency required three to four hours to kill *Staphylococcus aureus* 502A or *Serratia marcescens* to the extent achieved by normal neutrophils in 45 minutes.⁹¹ Curiously, as with CGD cells, the ability of MPO-deficient neutrophils to kill *Streptococcus fecalis* is relatively intact,

suggesting that this organism normally may be killed by an MPO-independent microbicidal mechanism.

Our patient with hereditary MPO deficiency was diagnosed after admission to the hospital with a systemic *Candida albicans* infection. In studies made over a period of years, his neutrophils have had a profoundly depressed ability to kill that organism^{72,90} and certain other *Candida* species. In contrast, a strain of *Candida tropicalis* could be killed, although at a subnormal rate.⁹⁷ The patient's MPO-deficient monocytes also have had a greatly impaired ability to kill ingested *Candida albicans*.⁷⁵ The patient's sister has MPO-deficient neutrophils and monocytes and equally defective leukocyte candidacidal activity *in vitro*; she has, however, always been in good health and has remained free of infection. Likewise, the first three cases of hereditary MPO deficiency were detected in otherwise healthy adults.^{93,94}

Thus, of the six persons with MPO deficiency either reported in the literature or known to us fully at this time, four have been otherwise healthy adults and two have had serious systemic mycoses. This may signify that MPO plays a special role in the antifungal defense mechanisms of normal man.⁹⁸

Although MPO may increase the ability of neutrophils to kill a variety of bacteria,^{90,91} the lack of clinically significant bacterial infection in many MPO-deficient individuals suggests that the residual leukocytic bactericidal activity can, in most circumstances, compensate for the lack of MPO. Comparison of the severity of the clinical manifestations of CCD, presumably caused by a deficiency in H₂O₂ production, with that of hereditary MPO deficiency suggests that H₂O₂ may activate leukocyte components other than MPO to produce bactericidal activity.

An attempt has been made to survey a rapidly expanding area of medical research. As the patterns of infectious disease in our hospitals have gradually changed under the influences of medical and socioeconomic factors, infections in "impaired hosts" have assumed greater importance. Studies such as those surveyed here not only increase our knowledge of factors that govern susceptibility or resistance to infection, but may eventually enable physicians to cope more successfully with the increasing challenge of opportunistic infections.

REFERENCES

1. Douglas SD: Analytic review: Disorders of phagocyte function. *Blood* 35:851-866, 1970
2. Good RA, Quie PG, Windhorst DB, et al: Fatal (chronic) granulomatous disease of childhood: A hereditary defect of leukocyte function. *Seminars Hemat* 5:215-254, 1968
3. Karnovsky ML: The metabolism of leukocytes. *Seminars Hemat* 5:156-165, 1968
4. Perry S, Godwin HA, Zimmerman TS: Physiology of the granulocyte—Parts I and II. *JAMA* 203:937-944, and 1025-1032, 1968
5. Cartwright GE, Athens JW, Wintrobe MM: The kinetics of granulopoiesis in normal man. *Blood* 24:780-803, 1964
6. Perry S, Craddock CG Jr, Lawrence JS: Rates of appearance and disappearance of white blood cells in normal and in various disease states. *J Lab Clin Med* 51:501-515, 1958
7. van Furth R, Cohn ZA: The origin and kinetics of mononuclear phagocytes. *J Exp Med* 128:415-435, 1968
8. van Furth R: Origin and kinetics of monocytes and macrophages. *Seminars Hemat* 7:125-141, 1970
9. Axline SG: Functional biochemistry of the macrophage. *Seminars Hemat* 7:142-160, 1970
10. Mackaness GB: The monocyte in cellular immunity. *Seminars Hemat* 7:172-184, 1970
11. Rebeck JW, Crowley JH: A method of studying leukocytic functions *in vivo*. *Ann NY Acad Sci* 59:757-805, 1955
12. Boyden S: The chemotactic effect of mixtures of antibody and antigen on polymorphonuclear leukocytes. *J Exp Med* 115:453-466, 1962
13. Boggs DR, Athens JW, Cartwright GE, et al: The effect of adrenal glucocorticosteroids upon the cellular composition of inflammatory exudates. *Amer J Path* 44:763-773, 1964
14. Brayton RG, Stokes PE, Schwartz MS, et al: Effect of alcohol and various diseases on leukocyte mobilization, phagocytosis and intracellular bacterial killing. *New Eng J Med* 282:123-128, 1970
15. Perillie PE, Finch SC: Quantitative studies of the local exudative cellular reaction in acute leukemia. *J Clin Invest* 43: 425-430, 1964
16. Perillie PE, Nolan JP, Finch SC: Studies of the resistance to infection in diabetes mellitus: Local exudative cellular response. *J Lab Clin Med* 59:1008-1015, 1962
17. Hersh EM, Wong VG, Freireich EJ: Inhibition of the local inflammatory response in man by antimetabolites. *Blood* 27:38-48, 1966
18. Southam CM: The immunologic status of patients with non-lymphomatous cancer. *Cancer Res* 28:1433-1440, 1968
19. Dizon QS, Southam CM: Abnormal cellular response to skin abrasion in cancer patients. *Cancer* 16:1288-1292, 1963
20. Harris H: Chemotaxis of granulocytes. *J Path Bact* 66:135-146, 1953
21. Keller HU, Sorokin E: Chemotaxis of leukocytes. *Experientia* 24:641-652, 1968
22. Ward PA, Cochrane CG, Muller-Eberhard HJ: Further studies on the chemotactic factor of complement and its formation *in vivo*. *Immunology* 11:141-153, 1966
23. Ward PA: A plasmin-split fragment of C₃ as a new chemotactic factor. *J Exp Med* 126:189-206, 1967
24. Ward PA, Newman LJ: A neutrophil chemotactic factor from human C₅. *J Immun* 102:93-99, 1969
25. Ward PA: Chemotaxis of mononuclear cells. *J Exp Med* 128: 1201-1221, 1968
26. Alper CA, Abramson N, Johnston RB Jr, et al: Increased susceptibility to infection associated with abnormalities of complement-mediated functions and of the third component of complement (C₃). *New Eng J Med* 282:349-354, 1970
27. Miller ME, Nilsson UR: A familial deficiency of the phagocytosis-enhancing activity of serum related to a dysfunction of the fifth component of complement (C₅). *New Eng J Med* 282:354-358, 1970
28. Hirsch JG, Strauss B: Studies on heat-labile opsonin in rabbit serum. *J Immun* 92:145-154, 1964
29. Quie PG, Messner RP, Williams RC Jr: Phagocytosis in subacute bacterial endocarditis: Localization of the primary opsonic site to Fc fragment. *J Exp Med* 128:553-570, 1968
30. LoBuglio AF, Cotran RS, Jandl JH: Red cells coated with immunoglobulin G: Binding and sphering by mononuclear cells in man. *Science* 158:1582-1585, 1967
31. Wright AE, Douglas SR: An experimental investigation of the role of the blood fluids in connection with phagocytosis. *Proc Roy Soc* 72:357-370, 1904
32. Ward HK, Enders JF: An analysis of the opsonic and tropic action of normal and immune sera based on experiments with the pneumococcus. *J Exp Med* 57:527-547, 1933
33. Smith MR, Wood WB Jr: Heat-labile opsonins to pneumococcus—I. Participation of complement. *J Exp Med* 130:1209-1227, 1969
34. Shin HS, Smith MR, Wood WB Jr: Heat-labile opsonins to pneumococcus—II. Involvement of C₃ and C₅. *J Exp Med* 130:1229-1241, 1969
35. Lay WH, Nussenzweig V: Receptors for complement on leukocytes. *J Exp Med* 128:991-1009, 1968
36. Huber H, Polley MJ, Linscott WD, et al: Human monocytes: Distinct receptor sites for the third component of complement and for immunoglobulin G. *Science* 162:1281-1283, 1968

37. Winkelstein JA, Drachman RH: Deficiency of pneumococcal serum opsonizing activity in sickle-cell disease. *New Eng J Med* 279:459-466, 1968
38. Pearson HA, Spencer RP, Cornelius EA: Functional asplenia in sickle-cell anemia. *New Eng J Med* 281:923-926, 1969
39. Karnovsky ML: Metabolic basis of phagocytic activity. *Physiol Rev* 42:143-168, 1962
40. Iyer GYN, Islam DMF, Quastel JH: Biochemical aspects of phagocytosis. *Nature* 192:535-541, 1961
41. Cohn ZA, Morse SI: Functional and metabolic properties of polymorphonuclear leucocytes—I. Observations on the requirements and consequences of particle ingestion. *J Exp Med* 111:667-687, 1960
42. McRipley RJ, Sbarra AJ: Role of the phagocyte in host-parasite interactions—XI. Relationship between stimulated oxidative metabolism and hydrogen peroxide formation, and intracellular killing. *J Bact* 94:1417-1424, 1967
43. Hirsch JG: Cinemicrophotographic observations on granule lysis in polymorphonuclear leucocytes during phagocytosis. *J Exp Med* 116:827-834 + 7 plates, 1962
44. Baggiolini M, Hirsch JG, deDube C: Resolution of granules from rabbit heterophil leucocytes into distinct populations by zonal sedimentation. *J Cell Biol* 40:529-541, 1969
45. Bainton DF, Farquhar MG: Differences in enzyme content of azurophil and specific granules of polymorphonuclear leucocytes—I. Histochemical staining of bone marrow smears. *J Cell Biol* 39:286-298, 1968
46. Bainton DF, Farquhar MG: Differences in enzyme content of azurophil and specific granules of polymorphonuclear leucocytes—II. Cytochemistry and electron microscopy of bone marrow cells. *J Cell Biol* 39:299-317, 1968
47. Cohn ZA, Hirsch JG: The isolation and properties of the specific cytoplasmic granules of rabbit polymorphonuclear leucocytes. *J Exp Med* 112:983-1004, 1960
48. Zeya HI, Spitznagel JK: Antimicrobial specificity of leukocyte lysosomal cationic proteins. *Science* 154:1049-1051, 1966
49. Hirsch JG: Further studies on preparation and properties of phagocytin. *J Exp Med* 111:323-337, 1960
50. Zeya HI, Spitznagel JK: Arginine-rich proteins of polymorphonuclear leukocyte lysosomes: Antimicrobial specificity and biochemical heterogeneity. *J Exp Med* 127:927-941, 1968
51. Zeya HI, Spitznagel JK: Cationic protein-bearing granules of polymorphonuclear leukocytes: Separation from enzyme-rich granules. *Science* 163:1069-1071, 1969
52. Spitznagel JK, Zeya HI: Basic proteins and leukocyte lysosomes as biochemical determinants of resistance to infection. *Trans Assoc Amer Physicians* 77:126-134, 1964
53. Cohn ZA, Hirsch JG, Wiener E: The cytoplasmic granules of phagocytic cells and the degradation of bacteria, *In de Reuck AVS, Cameron MP (Eds): Lysosomes, Ciba Foundation Symposium, London, J & A Churchill Ltd, 1963, pp 126-144*
54. Cohn ZA: The fate of bacteria within phagocytic cells—I. The degradation of isotopically labelled bacteria by polymorphonuclear leucocytes and macrophages. *J Exp Med* 117:27-42, 1963
55. Windhorst DB, Page AR, Holmes B, et al: The pattern of genetic transmission of the leukocyte defect in fatal granulomatous disease of childhood. *J Clin Invest* 47:1026-1034, 1968
56. Azimi P, Bodenbender JG, Hintz RL, et al: Chronic granulomatous disease in three sisters. *Lancet* 1:208-209, 1968
57. Baehner RL, Nathan DG: Quantitative nitroblue tetrazolium test in chronic granulomatous disease. *New Eng J Med* 278:971-976, 1968
58. Quie PG, Kaplan EL, Page AR, et al: Defective polymorphonuclear-leukocyte function and chronic granulomatous disease in two female children. *New Eng J Med* 278:976-980, 1968
59. Bridges RA, Berendes H, Good RA: A fatal granulomatous disease of childhood: The clinical, pathological, and laboratory features of a new syndrome. *Amer J Dis Child* 97:387-408, 1959
60. Carson MJ, Chadwick DL, Brubaker CA, et al: Thirteen boys with progressive septic granulomatosis. *Pediatrics* 35:405-412, 1965
61. Johnston RB Jr, McMurtry JS: Chronic familial granulomatosis: Report of five cases and review of the literature. *Amer J Dis Child* 114:370-378, 1967
62. Quie PG, White JG, Holmes B, et al: *In vitro* bactericidal capacity of human polymorphonuclear leukocytes: Diminished activity in chronic granulomatous disease of childhood. *J Clin Invest* 46:668-679, 1967
63. Holmes B, Page AR, Good RA: Studies of the metabolic activity of leukocytes from patients with a genetic abnormality of phagocytic function. *J Clin Invest* 46:1422-1432, 1967
64. Johnston RB Jr, Baehner RL: Improvement of leukocyte bactericidal activity in chronic granulomatous disease. *Blood* 35:350-355, 1970
65. Lehrer RI: Defective candidacidal activity in chronic granulomatous disease neutrophils: Correction by redox dyes. *Clin Res* 17:331, 1969
66. Kaplan EL, Laxdal T, Quie PG: Studies of polymorphonuclear leukocytes from patients with chronic granulomatous disease of childhood: Bactericidal capacity for streptococci. *Pediatrics* 41:591-599, 1968
67. Klebanoff SJ, White LR: Iodination defect in the leukocytes of a patient with chronic granulomatous disease of childhood. *New Eng J Med* 280:460-466, 1969
68. Bannatyne RM, Skowron PN, Weber JL: Job's syndrome—a variant of chronic granulomatous disease. *J Pediat* 75:236-242, 1969
69. Miller DR, Kaplan HG: Decreased nitroblue tetrazolium dye reduction in the phagocytes of patients receiving prednisone. *Pediatrics* 45:861-865, 1970
70. Maaloe O: On the Relation Between Alexin and Opsonin. Copenhagen, Einar Munksgaard, 1946
71. Lehrer RI, Cline MJ: Interaction of *Candida albicans* with human leukocytes and serum. *J Bact* 98:996-1004, 1969
72. Lehrer RI: Measurement of candidacidal activity of specific leukocyte types in mixed cell populations—I. Normal, myeloperoxidase-deficient, and chronic granulomatous disease neutrophils. *Infect Immun* 2:42-47, 1970
73. Davis WC, Huber H, Douglas SD, et al: A defect in circulating mononuclear phagocytes in chronic granulomatous disease of childhood. *J Immunol* 101:1093-1095, 1968
74. Rodey GE, Park BH, Windhorst DB, et al: Defective bactericidal activity of monocytes in fatal granulomatous disease. *Blood* 33:813-820, 1969
75. Lehrer RI: The fungicidal activity of human monocytes: A myeloperoxidase-linked mechanism. *Clin Res* 18:408, 1970
76. Mandell GL, Hook EW: Leukocyte function in chronic granulomatous disease of childhood: Studies on a seventeen-year-old boy. *Amer J Med* 47:473-486, 1969
77. Ward PA, Schlegel RJ: Impaired leucocytic responsiveness in a child with recurrent infections. *Lancet* 2:344-347, 1969
78. Douglas SD, Davis WC, Fudenberg HH: Granulocytopenias: Pleomorphism of neutrophil dysfunction. *Amer J Med* 46:901-909, 1969
79. Davis SD, Schaller J, Wedgwood RJ: Job's syndrome: Recurrent, "cold," staphylococcal abscesses. *Lancet* 1:1013-1015, 1966
80. Windhorst DB: Studies on a hereditary defect involving lysosomal structure. *Fed Proc* 25:358, 1966
81. Padgett GA, Reiquam CW, Gorham JR, et al: Comparative studies of the Chediak-Higashi syndrome. *Amer J Path* 51:553-571, 1967
82. Windhorst DB, Zelickson AS, Good RA: Chediak-Higashi syndrome: Hereditary gigantism of cytoplasmic organelles. *Science* 151:81-83, 1966
83. Editorial: Granulocytes in Chediak-Higashi syndrome. *New Eng J Med* 279:1053-1054, 1968
84. Editorial: Phagocytes and the "bench bedside interface." *New Eng J Med* 278:1014-1016, 1968
85. Baehner RL, Karnovsky ML: Deficiency of reduced nicotinamide-adenine dinucleotide oxidase in chronic granulomatous disease. *Science* 162:1277-1279, 1968
86. Holmes B, Park BH, Malawista SE, et al: Chronic granulomatous disease in females: A deficiency of leukocyte glutathione peroxidase. *New Eng J Med* 283:217-221, 1970
87. Klebanoff SJ: Iodination of bacteria: A bactericidal mechanism. *J Exp Med* 126:1063-1078, 1967
88. Klebanoff SJ: Myeloperoxidase-halide-hydrogen peroxide antibacterial system. *J Bact* 95:2131-2138, 1968
89. McRipley RJ, Sbarra AJ: Role of the phagocyte in host-parasite interactions—XII. Hydrogen peroxide-myeloperoxidase bactericidal system in the phagocyte. *J Bact* 94:1425-1430, 1967
90. Lehrer RI, Cline MJ: Leukocyte myeloperoxidase deficiency and disseminated candidiasis: The role of myeloperoxidase in resistance to *Candida* infection. *J Clin Invest* 48:1478-1488, 1969
91. Lehrer RI, Hanifin J, Cline MJ: Defective bactericidal activity in myeloperoxidase-deficient human neutrophils. *Nature* 223:78-79, 1969
92. Salmon SE, Cline MJ, Schultz J, et al: Myeloperoxidase deficiency: Immunologic study of a genetic leukocyte defect. *New Eng J Med* 282:250-253, 1970
93. Grignaschi VJ, Sperperato AM, Etcheverry MJ, et al: Un nuevo cuadro citoquímico: Negatividad espontánea de las reacciones de peroxidasa, oxidasa y lípido en la progenie neutrofila y en los monocitos de dos hermanos. *Rev Asoc Med Argent* 77:218-221, 1963
94. Undritz E: Die Alius-Grignaschi-Anomalie: Der erblich-konstitutionelle Peroxydasedefekt der Neutrophilen und Monozysten. *Blut* 14:129-136, 1966
95. Arakawa T, Wada Y, Hayashi T, et al: Uracil-uric refractory anemia with peroxidase negative neutrophils. *Tohoku J Exp Med* 87:52-76, 1965
96. Higashi O, Katsuyama N, Satodate R: A case with hematological abnormality characterized by the absence of peroxidase activity in blood polymorphonuclear leukocytes. *Tohoku J Exp Med* 87:77-93, 1965
97. Klebanoff SJ: Myeloperoxidase: Contribution to the microbicidal activity of intact leukocytes. *Science* 169:1095-1097, 1970
98. Lehrer RI: Antifungal effects of peroxidase systems. *J Bact* 99:361-365, 1969