

**Table 6. Comparison of the thermodynamic parameters obtained for residues of Groups 1, 2, and 3 as defined in Tables 1 and 2**

Group	Forward		Reverse		Equilibrium		Barrier $\Delta G^\ddagger$ at 22°C, kJ/mol	
	$\Delta H^\ddagger$ , kJ/mol	$\Delta S^\ddagger$ , J/mol K	$\Delta H^\ddagger$ , kJ/mol	$\Delta S^\ddagger$ , J/mol K	$\Delta H$ , kJ/mol	$\Delta S$ , J/mol K	Forward	Reverse
1	72 ± 4	16 ± 14	62 ± 5	26 ± 17	9 ± 3	-9 ± 4	66.7 ± 0.1	54.8 ± 0.1
2	67 ± 1	15 ± 4	67 ± 3	32 ± 9	-1 ± 3	-16 ± 10	62.3 ± 0.1	58.0 ± 0.1
3	42 ± 2	-62 ± 6	62 ± 1	23 ± 4	-21 ± 1	-85 ± 4	60.1 ± 0.1	55.4 ± 0.1

Relaxation dispersion data were fit directly to a model where  $k_a$  and  $k_b$  were constrained according to the

relation  $k_{a/b} = \frac{k_B T}{h} \exp(-\Delta G_{a/b}^\ddagger / RT)$ . Chemical shift differences were assumed to be temperature-

independent. Note that in Tables 1 and 2, parameters were obtained from fits where rates were not

constrained to a specific functional form and where temperature-independent  $\Delta\omega$  values were assumed.