Pulmonary agenesis as part of the VACTERL sequence

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SUMMARY Pulmonary agenesis is an uncommon anomaly that has been reported in isolation and in association with other congenital defects. Such defects include oesophageal atresia, cardiac malformation, horseshoe kidney, and anal atresia. Over a period of three years we have seen five neonates or fetuses with unilateral agenesis of the lung. All the cases had three or more anomalies seen in the VACTERL sequence in addition to the pulmonary atresia. None had a tracheo-oesophageal fistula. None were the products of consanguineous marriages. There had been no recurrence of this range of defects in any of the familes at the time of writing. We suggest that pulmonary agenesis may occur as an alternative to tracheo-oesophageal fistula in the VACTERL sequence.

VACTERL is an acronym widely applied to a group of Vertebral, Anal, and Cardiac defects, Tracheo-Esophageal fistula, and Renal and Limb defects occurring in a non-random association. Other acronyms have included VATER, VACTEL, ARTICLE, TREACLE, and LEATHER, and in the last two the second E refers to 'Etcetera'. Though the existence of an association is not in doubt, the broadest form of the sequence merges with caudal regression and complexes associated with choanal atresia (CHARGE) and Mullerian duct aplasia (MURCS). It may also represent the phenotype of several chromosome anomalies includ-

ing trisomy 13 and 13q-. The designation 'syndrome' does not, therefore, seem appropriate.

Czeizel and Ludanyi, in a comprehensive review, divided their cases into those with 'true' VACTERL in which three or more features were found alone, and 'mixed' VACTERL, in which there were other congenital anomalies. They also divided the features of the association into 'close' and 'broad' definitions (table 1). Using these stringent definitions true VACTERL becomes a more specific entity, which is reasonably well separated from similar phenotypes. The precise developmental mechanism has not been identified but all the defects can be explained by an

Table 1 Definitions of VACTERL⁴

| Type of anomaly | Close definition | Broad definition | |
|----------------------------|--|--|--|
| Vertebral anomalies | Absence of vertebra fusion | Other vertebral anomalies or | |
| | Hemivertebra rib absence or f Spina bifida occulta | | |
| Anal atresia | With or without rectovaginal or perincal fistula including anal stenosis | Atresia with other gastrointestinal anomalies | |
| Cardiac defects | Ventricular septal defect Atrial septal defect Tetralogy of Fallot | Other cardiovascular anomalies | |
| Tracheo-Esophageal fistula | Includes atresia without fistula, and fistula without atresia | Oesophageal stenosis | |
| Renal anomalies | Unilateral or bilateral renal agenesis or dysplasia | Accessory, double or fused kidneys, and others | |
| Limb anomalies | Preaxial reduction (radial or ulnar) Preaxial polydactyly | Other reductions Other polydactylies | |

insult occurring during early embryogenesis. The radial defects have been explained as vascular abnormalities—for example, absence of the radial artery.⁵

Because the bifurcation of the tracheal primordium and the subsequent initiation of lung development occur within the period encompassed by the VACTERL sequence, it would not be surprising to find bilateral or unilateral pulmonary agenesis as part of the same range of defects.

Case reports

CASE 1

A female infant was born to a 26 year old primigravida after a prolonged labour requiring rotation with Kielland's forceps. The pregnancy had been uneventful except that the mother had had wisdom teeth removed during the first trimester. This had required heavy analgesia, which made her extremely ill; the identity of the drug was not known. At delivery the infant weighed 3140 g and had skeletal abnormalities. The right lung was thought to be collapsed and the infant died despite intensive care. At necropsy there was right pulmonary agenesis as well as other anomalies (table 2).

CASE 2

A female infant died after three days with poor respiratory function, radial aplasia, aplasia of the left pectoralis major, and a 'hypoplastic' left lung (fig 1). She had been delivered after spontaneous premature labour at 36 weeks' gestation. Severe intrauterine growth retardation had been noted at

18 weeks. At necropsy left pulmonary agenesis together with skeletal, urogenital, and anal anomalies were found (table 2). Two previous pregnancies had been uneventful and had resulted in babies born alive.

CASE 3

A stillborn male infant with multiple anomalies was delivered electively at 31 weeks' gestation after ultrasound investigation of the 23 year old primigravida mother had shown oligohydramnios and renal agenesis. (table 2).

CASE 4

The mother of this infant was a 29 year old woman with two live children. Spontaneous onset of labour was followed by emergency lower segment



Fig 1 Absence of pectoral muscles, shortening of left arm, and reduction anomalies of forearm and hand (case 2).

Table 2 VACTERL anomalies in this series; broad features in parentheses

| Anomaly | Case 1 | Case 2 | Case 3 | Case 4 | Case 5 |
|---|---|---|--|--|--|
| Vertebral | No (13 ribs) | Cervical hemivertebrae | No x-ray | Cervical hemivertebrae | Lumbosacral and thoracic hemivertebrae |
| Anal | No | No | Anal atresia | Anal atresia | Anal atresia |
| Cardiac | Atrial septal defect | No | Atrial and ventricular septal defects | Atrial and ventricular septal defects (Aortic stenosis) | Atrial and ventricular septal defects |
| T-E fistula Renal | (Agenesis right lung) No (Genital anomalies) | (Agenesis left lung) No | (Agenesis right lung) Bilateral renal dysplasia | (Agenesis left lung) No (Horseshoe kidney) | (Agenesis left lung) No (Horseshoe kidney |
| Limb | Bilateral radial aplasia and absent right thumb | Left radial aplasia, thumb hypoplasia, and absent pectorals | No x-ray | Bilateral radial aplasia and proximal humoral aplasia; absent digits | and genital anomalies) Left radial aplasia and absent digits; left femoral hypoplasia |
| Total No of close | | | | and the second section of the second section of the second section of the second section sec | |
| anomalies Total No of close and broad | 2 | 2 | 3 | 4 | 4 |
| anomalies Total No of close anomalies if lung | (5) | (3) | (4) | (6) | (6) |
| agenesis is included | 3 | 3 | 4 | 5 | 5 |

caesarean section for fetal distress. A malformed female infant was delivered and the Apgar scores were poor (fig 2). Medical support was discontinued after two hours. The abnormalities found at necropsy are listed in table 2.



Fig 2 X-ray showing radial aplasia, absent thumb, and macrosyndactyly (case 4).



Fig 3 Thoracic contents showing absence of left lung and hemidiaphragm, persistent left superior vena cava (broad arrow) and abnormal cardiac outline with hypoplastic right ventricle. Small arrows indicate anterior descending coronary artery. Loops of intestine protrude into left hemithorax, and right lung is relatively well developed (case 5).

CASE 5

A fetus was referred for histological examination as a missed and macerated abortion. In addition to the anomalies listed in table 2, examination showed a sacral skin tag, a hypoplastic left lower limb, a large left diaphragmatic hernia, 13 pairs of ribs, and a persistent left superior vena cava (fig 3). The gestational age was estimated at 14–15 weeks at the time of death, no cause for which was found.

Discussion

Pulmonary agenesis has been classified morphologically by the extent to which bronchopulmonary tissue is absent. Earlier classifications were modified by Spencer⁶ who divided pulmonary agenesis into: (i) bilateral complete agenesis; (ii) unilateral agenesis with (a) complete absence of bronchi, alveolar tissue, and blood supply, or (b) rudimentary bronchus present but not invested by pulmonary tissue, or (c) poorly developed main bronchus with fleshy mass and poorly organised parenchyma; and (iii) lobar agenesis or lesser forms of congenital anomaly.

Variation in lobation or segmentation in the human lungs is extremely common, and usually of practical importance only to those surgeons who operate on the intrathoracic organs. The complete absence of a lung together with its bronchus is, on the other hand, sufficiently rare to excite considerable interest. The defect commonly occurs in association with other congenital anomalies. Schechter reviewed published reports on the 'congenital subtractive bronchopneumonic malformations'. In 114 cases of complete absence of one or both lungs, other anomalies were detected in the skeleton (n=30), the great vessels (n=27), the cardiac anatomy (n=26), the urogenital system (n=15), the upper respiratory tract (n=13), the face and cranial nerves (n=13), the lower intestinal tract (n=8), and the oesophagus (n=7).

The absence of one lung in association with preaxial reduction anomalies of the upper limb was first described in 1974 as an extreme expression of Poland's syndrome.⁸ In this case the ipsilateral diaphragm was also absent, and there were multiple rib anomalies but no defects of the heart or anus. A further report described triphalangeal thumb, rib anomalies, and a transient cardiac murmur in association with left pulmonary agenesis. 9 A more recent report of four cases from Saudi Arabia described cases of unilateral lobar or lung aplasia associated with other anomalies. 10 Three had preaxial upper limb anomalies including triphalangeal thumb, duplicated thumb, and posteriorly placed and contracted thumb. Other individual defects

included rib fusion, spina bifida, and flexion contractures. All four cases had atrial septal defects, and all four were the products of consanguineous marriages.

All our cases come into Spencer's category (iia), having no evidence of rudimentary bronchi though case 4 had an area of dysplastic right lung parenchyma that could conceivably represent an intrapulmonary sequestrated remnant of the left lung. On histological examination the area resembled cystic adenomatoid malformation and, because there was no evidence of a left main bronchus, the latter explanation therefore appears more probable. Table 2 shows that all five cases had several features of the VACTERL sequence and, if tracheo-oesophageal fistula is replaced by pulmonary agenesis, all can be defined as having the 'close' VACTERL sequence. Over the period that these cases presented we saw no other cases of pulmonary aplasia. We suggest therefore that there is a genuine association between pulmonary agenesis and the other features of the VACTERL sequence, and that the risk of recurrence in subsequent pregnancies is likely to be low.

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