

Survey of use of Melatonin

- 1[a] How many of your patients are currently taking MELATONIN? _____ Patients.
 [b] How many did you start yourself? _____ Patients.
 [c] How many were started by;

Community Paediatrician	Child Psychiatrist	General Practitioner	Other (Specify)

- 2 Have you prescribe Melatonin in the last year? YES/NO
 [a] If YES, how many new prescriptions issued over this period? _____ /Year
 [b] If NO, why not?

3 How old are your MELATONIN-TREATED patients?

Youngest	<=5yrs	6-10yrs	11-15yrs	16+yrs	Eldest

4 What are your PRINCIPAL INDICATIONS for this treatment?

5 Please list by frequency the THREE most common disorders in your melatonin group?

1. _____ 2. _____ 3. _____

6 What measures do you normally try BEFORE melatonin? _____

7 How/Why do you usually stop melatonin? _____

- 8 Clinical use [a] Usual starting dose _____mg
 [b] Usual maintenance dose range _____ to _____mg/day
 [c] Highest Effective dose used _____mg
 [d] Minutes before USUAL SETTling time given _____ minutes
 [e] Formulation used immediate release; slow release; both (circle)
 [f] Name if melatonin preparation (if known) _____

9 Have any of your patients experienced any side effects? YES/NO
 Describe these _____

10 What information do you give parents? _____
 (if written information provided please attach copy)

11 Do local GP's prescribe melatonin under your supervision?
 Always; usually; sometimes; rarely; never (circle)

12 Is melatonin EXCLUDED by your local formulary? YES/NO

13 Please circle the phrase that best sums up your view concerning the overall efficacy of melatonin
 always effective; usually effective; rarely effective; ineffective; not applicable

14 Any other comments or further information?