

Cisplatin impairs fluid and electrolyte absorption in rat small intestine: a role for 5-hydroxytryptamine

C P Bearcroft, P Domizio, F H Mourad, E A André, M J G Farthing

Abstract

Background—The antineoplastic drug cisplatin has been widely used for the treatment of cancer in humans but its use has been limited by vomiting and diarrhoea. Cisplatin releases 5-hydroxytryptamine into the gut which is thought to be the major mediator of cisplatin induced vomiting.

Aim—To determine whether cisplatin affects fluid and electrolyte transport in rat jejunum and whether this change can be modulated by the 5-hydroxytryptamine₃ receptor antagonist, ondansetron.

Methods—Jejunal perfusion in rats in vivo was performed one hour after intraperitoneal cisplatin (5 and 10 mg/kg) administration. The effect of pretreatment with subcutaneous ondansetron 300 µg/kg was investigated.

Results—Median net fluid absorption after cisplatin 10 mg/kg (67 µl/min/g dry intestinal weight (interquartile range 46 to 100); n = 15) was reduced compared with controls (120 (107 to 151) µl/min/g; n = 13; p < 0.001). Ondansetron reversed the impairment of jejunal fluid absorption produced by cisplatin to normal (161 (130 to 176) µl/min/g; n = 11; p < 0.001). Electrolyte movement paralleled fluid movement. Jejunal histological examination of sections from cisplatin treated animals showed villus damage, which was not prevented by pretreatment with ondansetron.

Conclusion—These findings suggest that diarrhoea during cisplatin therapy may be due to altered fluid transport in the small bowel. The reversal of fluid transport to normal in the presence of a 5-hydroxytryptamine₃ receptor antagonist suggests that 5-hydroxytryptamine is a local mediator in the small intestine.

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Keywords: cisplatin; 5-hydroxytryptamine; rat; ondansetron; small intestine; fluid transport

The antineoplastic drug cisplatin (cis-diammine dichloroplatinum II) has been shown to be highly effective against a wide variety of cancers. Its use was initially limited by severe nausea and emesis, and 67% of patients also suffered from diarrhoea.¹ Emesis was partially controlled by high dose metoclopramide when its effect was attributed to 5-hydroxytryptamine₃ (5-HT₃) receptor antagonism.² Since then other more selective 5-HT₃ receptor antagonists have been developed, such as ondansetron and granisetron,

which have been shown to reduce early cisplatin induced emesis considerably.³⁻⁵

5-HT has been implicated as a cause of diarrhoea in patients with carcinoid syndrome, and treatment with the 5-HT₃ receptor antagonist tropisetron has been shown to reduce the diarrhoea.⁶ Triple lumen perfusion in such patients has shown jejunal secretion of fluid, which could also be reduced by the 5-HT₁ receptor antagonist methysergide.⁷ In addition, 5-HT has been shown to be released during cholera toxin induced secretion in man and rats,^{8,9} and 5-HT₂ and 5-HT₃ receptor antagonism reverses cholera toxin induced secretion in rats and humans.¹⁰⁻¹² 5-HT is also released in morphine withdrawal induced intestinal secretion.¹³ After treatment with high dose cisplatin, increased 5-hydroxyindoleacetic acid (5-HIAA) was found in the urine of cancer patients^{4,14} and portal venous blood of laboratory animals in an in vitro study,¹⁵ indicating increased 5-HT release from the gut.

As cisplatin treatment is clinically associated with diarrhoea and 5-HT is known to be an intestinal secretagogue,^{16,17} we investigated the effect of cisplatin on intestinal fluid and electrolyte movement in rat jejunum and the possible involvement of 5-HT₃ receptors by performing experiments with the 5-HT₃ receptor antagonist, ondansetron.

Materials and methods

SMALL INTESTINAL PERFUSION

After an overnight fast with free access to water, adult male Wistar rats (180-200 g) were anaesthetised with intraperitoneal pentobarbitone (60 mg/kg). A laparotomy was performed, and a 25 cm length of proximal jejunum was ligated such that this segment of small bowel was isolated with its blood supply intact. The isolated segment was then opened proximally and distally by 2-3 mm incisions on the antimesenteric border. The lumen of the segment was flushed with physiological saline at 37°C to remove any luminal contents and then air was injected to clear the small intestine of residual content. The segment was then cannulated at both ends and returned to the abdominal cavity and the abdomen was closed. Cisplatin (cis-diammine dichloroplatinum II), dissolved in 0.9% saline at 25°C at a concentration of 1 mg/ml, was injected intraperitoneally at doses of 5 and 10 mg/kg. Control animals were injected with the same volume of saline. At one hour after cisplatin

Abbreviations used in this paper: 5-HT, 5-hydroxytryptamine; 5-HIAA, 5-hydroxyindoleacetic acid; PEG, polyethylene glycol. HPLC, high performance liquid chromatography.

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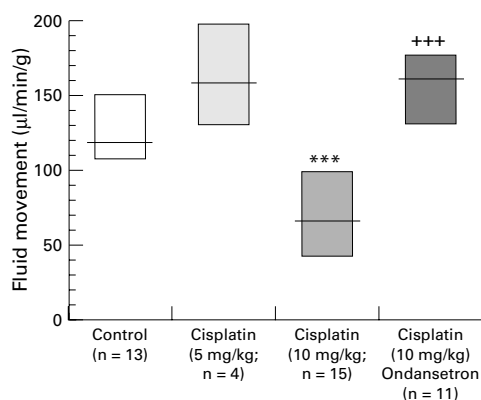


Figure 1 Net fluid movement ($\mu\text{l}/\text{min}/\text{g}$) in controls and animals treated with cisplatin or cisplatin and ondansetron. Values are expressed as median (horizontal line) and interquartile range (bar). *** $p < 0.001$ compared with controls; ††† $p < 0.001$ compared with cisplatin 10 mg/kg alone but no different from controls.

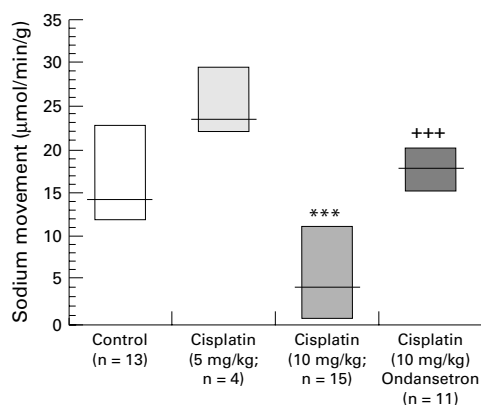


Figure 2 Net sodium movement ($\mu\text{mol}/\text{min}/\text{g}$) in controls and animals treated with cisplatin or cisplatin and ondansetron. Values are expressed as median (horizontal line) and interquartile range (bar). *** $p < 0.001$ compared with controls; ††† $p < 0.001$ compared with cisplatin 10 mg/kg alone but no different from controls.

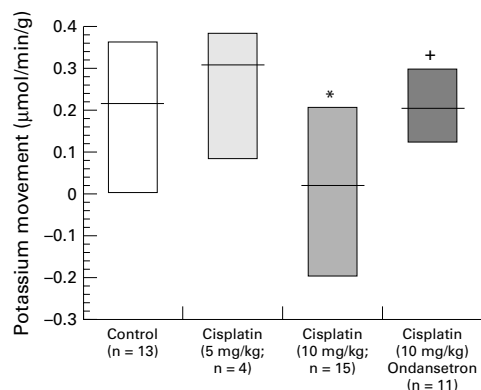


Figure 3 Net potassium movement ($\mu\text{mol}/\text{min}/\text{g}$) in controls and animals treated with cisplatin or cisplatin and ondansetron. Values are expressed as median (horizontal line) and interquartile range (bar). * $p < 0.05$ compared with controls; † $p < 0.05$ compared with cisplatin 10 mg/kg alone but no different from controls.

injection, the intestinal segment was perfused in situ with plasma electrolyte solution (Na 140 mmol/l, K 4 mmol/l, HCO_3^- 40 mmol/l, Cl 104 mmol/l) containing [^{14}C]polyethylene glycol 4000 (PEG) 4 $\mu\text{Ci}/\text{l}$ and PEG 2 g/l as non-absorbable volume markers. After an equilibration period of 30 minutes, to reach

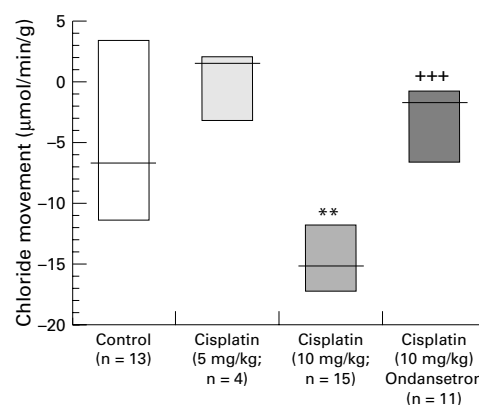


Figure 4 Net chloride movement ($\mu\text{mol}/\text{min}/\text{g}$) in controls and animals treated with cisplatin or cisplatin and ondansetron. Values are expressed as median (horizontal line) and interquartile range (bar). ** $p < 0.01$ compared with controls; ††† $p < 0.001$ compared with cisplatin 10 mg/kg alone but no different from controls.

steady state, three separate 10 minute collections of the effluent were made. The experiment was repeated using subcutaneous ondansetron 300 $\mu\text{g}/\text{kg}$ administered one hour before cisplatin. Control animals received the same volume of 0.9% saline subcutaneously. This dose of ondansetron is known to effectively block 5-HT₃ receptors,¹⁸ and we have shown previously that this dose will also reverse cholera toxin induced fluid secretion in rat small intestine, which is thought to be mediated, at least in part, by 5-HT.¹⁹ At the end of the experiment, 1–2 ml blood was collected by intracardiac sampling, without replacement with intravenous fluid, and immediately centrifuged at 1500 g for 10 minutes at 4°C. Specimens for histological examination were taken from the proximal half of the perfused and distal non-perfused bowel. Then, the ligated bowel was removed, stripped from the mesentery, dried in an oven for 24 hours and weighed so that the fluid and electrolyte transport results could be expressed per g dry intestinal weight. Finally the animals were killed by overdose with pentobarbitone. Platelet-poor plasma was stored at -20°C before analysis of 5-HT by high performance liquid chromatography (HPLC).²⁰

The specimens from control animals treated with intraperitoneal and subcutaneous saline and from animals treated with cisplatin 10 mg/kg or cisplatin 10 mg/kg and ondansetron were fixed in 10% formol saline, embedded in paraffin wax, sectioned and stained with haematoxylin and eosin and examined by a histopathologist (P D) in a blinded fashion. The histological sections were 4 μm thick. Two samples about 0.25 cm wide were taken from each animal, one from perfused small intestine and the other from the distal non-perfused small intestine. Each sample was divided into 8–10 sections from throughout the specimen.

ANALYTICAL PROCEDURES AND CALCULATION OF RESULTS

The [^{14}C]PEG concentration of each sample was measured in triplicate by liquid scintillation spectroscopy using an LKB 1912 liquid

scintillation counter. Values were only accepted if recovery of radioactive PEG for each of the animals fell between 95 and 105%²¹; any samples with reduced recovery were excluded. The concentration of sodium and potassium in small bowel effluent was measured by flame photometry using an Instrumentation Laboratory IL 943 and chloride on a Corning 945

chloride meter. 5-HT was analysed in small bowel effluent, and platelet-poor plasma by HPLC with fluorimetric detection.²⁰

Net fluid transfer is expressed in $\mu\text{l}/\text{min}/\text{g}$ dry intestinal weight, and net electrolyte transfer in $\mu\text{mol}/\text{min}/\text{g}$ dry intestinal weight. Net absorption of fluid or electrolytes is indicated by a positive value, and net secretion by a negative

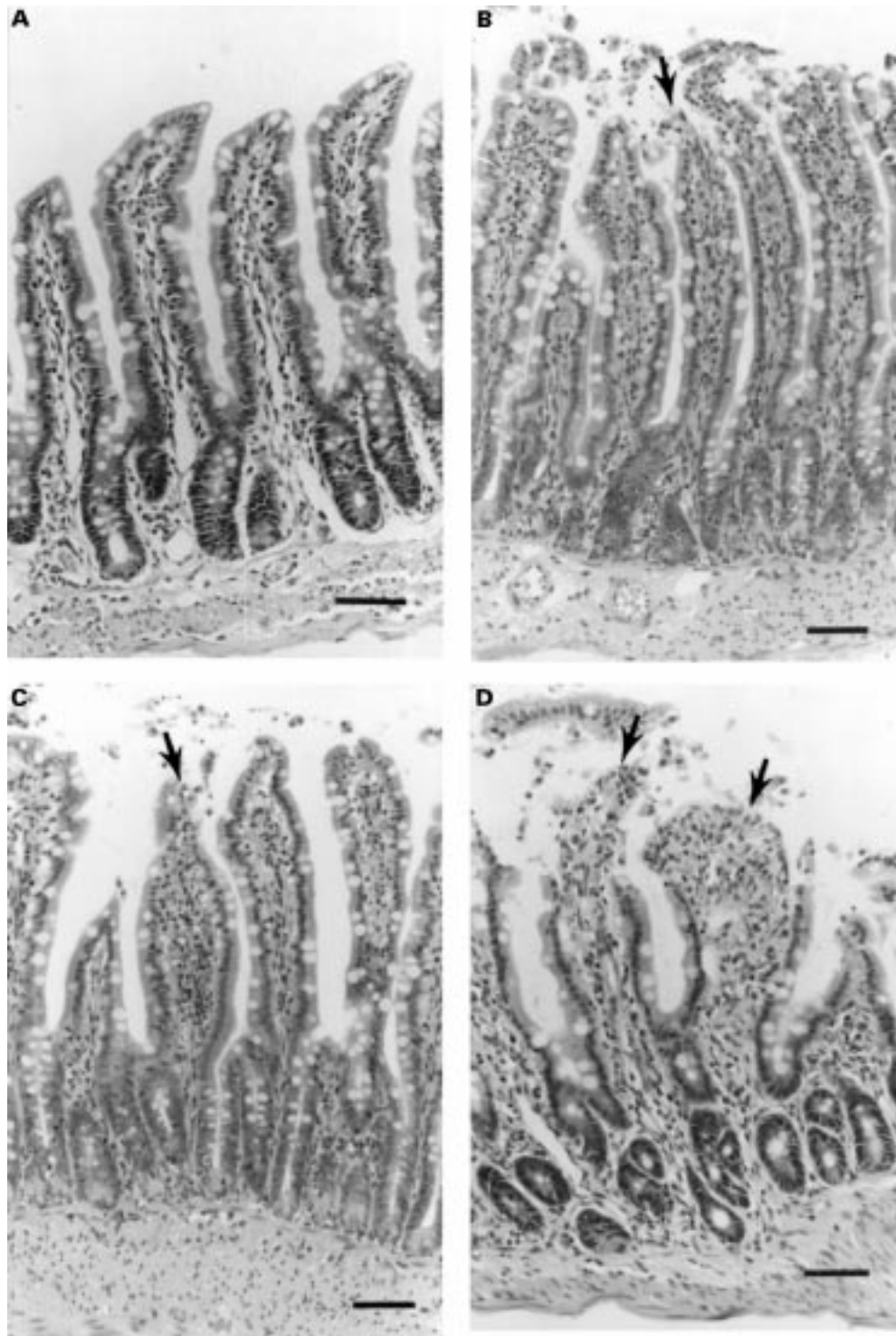


Figure 5 Histological sections from (A) controls, (B) cisplatin (10 mg/kg) treated animals and (C) animals treated with cisplatin 10 mg/kg and ondansetron 300 $\mu\text{g}/\text{kg}$ showing degeneration of the tips of the villi and enterocyte damage (arrows). These sections were selected to be representative of the histological appearance for each of the groups. An example of more serious damage after treatment with cisplatin 10 mg/kg is shown in (D), with denudation of the distal third of some of the villi which occurred in 23% of villi in one out of nine animals and was not present in all sections. All sections were examined in a blinded fashion but were 'selected' to be representative of the histology in each of the treatment groups. Bar = 100 μm .

Table 1 Villus damage in rats treated with cisplatin or cisplatin and ondansetron

Group	Total no villi examined (a)	Total no villi damaged (b)	Overall villus damage (b/a × 100%)	Median (IQR)% villus damage
Control (n=6)	465	0	0	0 (0-0)
Cisplatin 10 mg/kg (n=9)	1353	80	5.9	0 (0-7.9)
Cisplatin 10 mg/kg plus ondansetron (n=10)	1432	119	8.3	1.3 (0-3.2)*

*p>0.5 compared with cisplatin alone.
IQR, interquartile range.

value. Effluent and plasma 5-HT is expressed in nmol/l.

CHEMICALS

Cisplatin was obtained from Pharmacia & Upjohn, Milton Keynes, Bedfordshire, UK, and ondansetron from Glaxo, Greenford, Middlesex, UK. [¹⁴C]PEG 4000 was obtained from Amersham International, Amersham, Buckinghamshire, UK, and all other chemicals were from BDH, Poole, Dorset, UK.

STATISTICAL ANALYSIS

The results are expressed as median and interquartile ranges, as the values were not normally distributed, and groups were compared by two tailed Wilcoxon rank sum tests.

Results

NET FLUID AND ELECTROLYTE MOVEMENT

Cisplatin at 5 mg/kg had no effect on net fluid movement, but at 10 mg/kg it reduced median fluid absorption (67 (46 to 100) µl/min/g dry intestinal weight; n = 15) compared with controls (120 (107 to 151); n = 13; p<0.001) (fig 1). Similarly there was a significant reduction in net absorption of sodium (4.1 (0.5 to 11.0) µmol/min/g), potassium (0.08 (-0.20 to 0.20) µmol/min/g) and chloride (-15.6 (-11.9 to -17.6) µmol/min/g) in comparison with controls (p<0.001, p<0.05, p<0.01 respectively) (figs 2, 3 and 4).

Ondansetron completely reversed the reduction in net fluid absorption produced by cisplatin (161 (130 to 176) µl/min/g; n = 11; p<0.001). Similarly, net sodium (17.8 (15.2 to 20.1) µmol/min/g; p<0.001), potassium (0.20 (0.12 to 0.29) µmol/min/g; p<0.05) and chloride movement (-1.8 (-6.7 to -1.1) µmol/min/g; p<0.001) were also normalised. Fluid and electrolyte movement in animals treated with ondansetron and cisplatin were not significantly different from controls.

Recovery of [¹⁴C]PEG after treatment with cisplatin 10 mg/kg (98.3 (96.0 to 99.0)%) was not significantly different from that in controls (97.2 (96.3 to 100.0)%) or after treatment with cisplatin 5 mg/kg (96.2 (95.5 to 99.4)%) or cisplatin 10 mg/kg and ondansetron (98.5 (96.5 to 99.0)%). In addition, median dry small intestinal weight after cisplatin 10 mg/kg (0.35 (0.32 to 0.41) g) was also not significantly different from that in controls (0.36 (0.31 to 0.53) g) or after treatment with cisplatin 5 mg/kg (0.35 (0.27 to 0.50) g) or cisplatin 10 mg/kg and ondansetron (0.42 (0.34 to 0.46) g).

5-HT IN INTESTINAL FLUID AND PLASMA

The 5-HT concentration in the jejunal effluent was below the level of detection in both the

animals treated with cisplatin 10 mg/kg and in controls. The median platelet-poor plasma 5-HT was 19 (13 to 164) nmol/l after cisplatin treatment which was not significantly different from that in control animals (18 (7 to 36) nmol/l).

SMALL INTESTINAL HISTOLOGY

Histological sections were taken from perfused small intestine and from the distal non-perfused small intestine. Once it was established that there were no histological differences between the perfused and non-perfused bowel, only the perfused bowel sections were used and photographed for this study.

Histological examination of sections from control animals injected with intraperitoneal saline and subcutaneous saline showed no abnormality (fig 5A, table 1). In those treated with cisplatin 10 mg/kg, abnormal results were found in four of 59% of nine animals (patchy distribution, with mild to moderate degeneration of the distal ends of the villi and enterocyte damage, nuclear crowding, cytoplasmic vacuolation, and subepithelial apoptosis), although this was not seen in all sections (fig 5B, table 1). In the remaining five animals the histology was normal. Samples from animals treated with ondansetron and cisplatin (fig 5C, table 1) were indistinguishable from those treated with cisplatin alone, with damage in 8.3% of villi in five of ten animals examined. In one animal treated with cisplatin 10 mg/kg and one treated with cisplatin and ondansetron, there was more severe histological damage involving 23 and 9% of villi respectively. An example from the animal treated with cisplatin 10 mg/kg alone is shown in fig 5(D), with denudation of the distal third of the villi. There was no significant difference between the median (interquartile range) percentage of villi damaged in the cisplatin treated animals (0 (0 to 7.9)%) and the animals treated with cisplatin and ondansetron (1.3 (0 to 3.2)%) (p>0.5, two-tailed Wilcoxon rank sum test).

Discussion

In the present study we have examined the possible involvement of 5-HT in cisplatin induced diarrhoea. We have shown that high dose cisplatin reduces net fluid and electrolyte absorption. This may be by decreasing absorption or by increasing secretion or a combination of the two. The 5-HT₃ receptor antagonist ondansetron completely reversed the reduction in fluid and electrolyte absorption but did not protect cisplatin treated animals against mucosal damage.

The animal model used in this study was developed and validated by Rolston *et al.*²¹ The initial dose (5 mg/kg) of cisplatin was chosen as it was comparable with the usual human therapeutic dose of 1-3 mg/kg and because the pharmacokinetics of this dose have been studied in the rat.²² As this dose had no appreciable effect on intestinal fluid transport, 10 mg/kg was investigated. A dose-response effect of cisplatin had previously been noted by Cubeddu *et al.*¹⁴ when studying urinary 5-HIAA in cancer patients. Cisplatin is thought to be absorbed by

simple diffusion through the peritoneum, and no evidence has been found for active transport after ingestion of an oral dose.²³ The intraperitoneal route was chosen for administration of cisplatin, as Vadieli *et al*²² showed no significant difference in plasma levels of cisplatin using the intraperitoneal and intravenous routes for the same 5 mg/kg dose, and intraperitoneal administration is technically easier. Peak serum levels were achieved 30 min after an intraperitoneal dose of cisplatin and peak tissue levels in the kidney were found after one hour. It was for this reason that the small bowel perfusion in the present study was delayed for one hour after administration of cisplatin. Control experiments were not performed with ondansetron alone, as Mourad *et al*¹⁹ had found that another 5-HT₃ receptor antagonist granisetron had no effect on basal fluid movement.

Although cisplatin treatment is associated with diarrhoea in 67% of patients, this is the first study on the effect of cisplatin on intestinal secretion and reversal by 5-HT₃ receptor antagonism. Cisplatin, in high doses, is associated with increased 5-HIAA in the urine in cancer patients.^{4, 14} Gunning *et al*²⁴ found raised levels of 5-HT and 5-HIAA in the gastric mucosa, and Endo *et al*²⁵ found increased levels of 5-HT in the ileal mucosa of ferrets pretreated with cisplatin. Barnes *et al*²⁶ measured increases in plasma 5-HT concentrations in some patients receiving cisplatin. Schworer *et al*¹⁵ found increased 5-HT and 5-HIAA release from isolated vascularly perfused guinea pig ileum, after intra-arterial administration of cisplatin; this effect was prevented by the neurotoxin, tetrodotoxin. Cisplatin may therefore have an indirect ability to release 5-HT from gut enterochromaffin cells via activation of a neuronal pathway. Schworer *et al*¹⁵ also showed that the 5-HT₃ receptor antagonist ondansetron antagonised the ability of cisplatin to increase 5-HT turnover, which suggested that 5-HT₃ receptor antagonists prevented cytotoxic induced emesis by both antagonising the action of 5-HT at the 5-HT₃ receptor and inhibiting the release of 5-HT from the gut.

The mechanism by which cisplatin releases 5-HT is unknown. The source of 5-HT released by cisplatin has been suggested by Cubeddu *et al*⁴ to be the enterochromaffin cells of the gut, as there was no change in platelet 5-HT concentration after high dose cisplatin, despite marked plasma 5-HT fluctuations in cancer patients undergoing treatment with cisplatin. The *in vitro* work of Schworer *et al*¹⁵ suggests that there is prompt release of 5-HT from enterochromaffin cells on exposure to cisplatin. Physical disruption of cells appears later, so release of 5-HT is probably by normal exocytosis. Cisplatin bivalently bonds to the bases in DNA, inhibits DNA synthesis, and is cytotoxic in all stages of the cell cycle; this is likely to be the mechanism of intestinal mucosal cell damage in this study. Severe mucosal damage of the ileum and jejunum followed treatment with high dose cisplatin in the ferret²⁴ and the mouse,²⁷ and, in breast cancer patients on combination chemotherapy, crypt cell vacuolation was observed.²⁸ The reason

why the villus damage was only observed in some animals treated with cisplatin or cisplatin and ondansetron may be differences between animals or sampling error.

In addition to effects that cisplatin induced 5-HT may have on gut function, cisplatin has been shown to be directly neuroexcitatory to cultured dorsal root ganglion cells.²⁹ Cisplatin also caused transient stimulation of motility of stomach and upper small intestine in ferrets *in vivo*, which occurred earlier than the emetic response and was not blocked by ondansetron.³⁰ It has also been shown, in the house musk shrew, that cisplatin induced emesis may be mediated by free radicals, and prevented by radical scavengers.³¹

The association of 5-HT and diarrhoea has been well established in the carcinoid syndrome,⁷ and 5-HT is known to be an intestinal secretagogue *in vivo*¹⁶ and *in vitro*.³² Diarrhoea is a documented side effect in 67% of patients treated with cisplatin.¹ Cunningham *et al*²⁸ showed a non-significant reduction in fluid and electrolyte movement in patients undergoing chemotherapy with cyclophosphamide, 5-fluorouracil, and methotrexate for breast cancer. However, this is the first study to investigate intestinal transport changes in association with cisplatin treatment and to implicate the 5-HT₃ receptor in these changes. We did not show 5-HT release into jejunal effluent or plasma, although the 5-HT-emesis hypothesis³³ emphasises that 5-HT from enterochromaffin cells is released and acts locally on 5-HT₃ receptors situated on afferent vagal nerve terminals. Activation of these receptors could influence secretion via a neuronal mechanism, possibly involving vasoactive intestinal peptide release.³⁴ Using the cholera model of secretion,⁸ released 5-HT may also activate 5-HT₂ receptors situated on the enterochromaffin cells and the mucosal cells,³⁵ causing secretion via release of prostaglandins.¹⁰

We have shown therefore that high dose cisplatin reduces jejunal net fluid and electrolyte absorption in the rat *in vivo*. Although intestinal histological damage in the cisplatin treated animals was marked, the 5-HT₃ receptor antagonist ondansetron reversed the reduced absorption to normal, suggesting that 5-HT is involved in the intestinal transport process.

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