

## Appendix

The frequency (percentage of group total) of reporting to be regularly/often engaged in the activities and postures during work and time spent in physically demanding activities and vehicle driving during leisure time, in the group of construction workers and in the group of sedentary workers.

<b>Work</b>	<b>Construction workers</b>		<b>Sedentary workers</b>	
	(n=47)		(n=49)	
	<i>freq</i>	(%)	<i>freq</i>	(%)
sitting	3	(6.5)	44	(93.6)
VDU operation	1	(2.7)	36	(97.3)
standing	41	(89.1)	1	(2.0)
walking	34	(73.9)	0	(0)
lifting/carrying loads (> 5kg)	42	(91.3)	0	(0)
lifting/carrying heavy loads (> 25kg)	31	(67.4)	0	(0)
pushing/pulling loads (>50kg)	16	(34.8)	0	(0)
pushing/pulling heavy loads (>200kg)	5	(10.9)	0	(0)
vehicle driving	19	(41.3)	18	(36.7)
postures				
kneeling / squatting	20	(43.5)	0	(0)
trunk flexion / rotation	29	(63.0)	4	(8.2)
uncomfortable posture	21	(45.7)	1	(2.0)
static posture	22	(47.8)	29	(59.2)
<b>leisure time</b>	<i>mean</i>	( <i>SD</i> )	<i>mean</i>	( <i>SD</i> )
physical activities (hr.wk <sup>-1</sup> )	9.7	(7.1)	9.1	(5.6)
vehicle driving (hr.wk <sup>-1</sup> )	6.9	(4.7))	7.0	(5.9)