

**Table S3** Outcome comparisons for ‘traffic light’ configuration of action plans

<b>Outcome</b>	<b>Traffic light</b>	<b>No. of studies</b>	<b>No traffic light</b>	<b>No. of studies</b>
Hospitalisations*	0.58 ( (0.17 to 1.92)	2[8,18]	0.58 (0.43 to 0.79) <sup>+</sup>	6[8,15,19,21,23,27]
ER visits*	0.93 (0.70 to 1.23)	3[8,18,22]	0.74 (0.60 to 0.92) <sup>+</sup>	5[9,15,19,23,27]
Unscheduled Dr visits*	0.44 (0.25 to 0.80) <sup>+</sup>	2[10-14,18]	0.72 (0.58 to 0.90) <sup>+</sup>	3[19,21,23]
Days off work*	0.92 (0.63 to 1.33)	1[18]	0.74 (0.56 to 0.97) <sup>+</sup>	3[19,21,27]
Nocturnal asthma*	0.36 (0.16 to 0.81) <sup>+</sup>	1[18]	1.0 (0.92 to 1.08)	1[19]

\*Relative risk (95% CI).

<sup>+</sup> p<0.05.