

**Appendix table 1. CCR by husband's smoking (Reproduced from selected lines of Lee's table 3)**

Index of husband's smoking	Level	n	Median CCR (ng/mg)
Current smoker	No	127	17.98
	Yes	137	11.51
Cigarettes smoked daily at home (workdays)	1-5	49	10.93
	6-10	52	16.38
	11+	28	5.74

Appendix Table 2. Variation in CCR (ng/mg) by number of cigarettes smoked and various indices of ETS exposure (Reproduced from the bottom lines of Lee's table 5)

Base	Index of exposure	Level	n	Median CCR (ng/mg)
Confirmed non-smokers	Working in preceding week	No	122	16.72
		Yes	168	14.49
	Any exposure (home + work)	No	55	17.56
		Yes	235	14.74

Appendix Table 3.

Difference between self-reported smoking status and food intake frequency and lifestyle.

	current	passive	non	$X^2$ test p-value
			P-N	P-N adjusted <sup>†</sup>
<u>Food intake frequency</u>				
Eggs				0.605 0.818
-1/w	15	21	19	
1/w	65	48	45	
2+/w	19	31	36	
Dark green vegetables				0.164 0.191
-1/wk	17	9	5	
2-3/wk	51	34	30	
1/day	28	47	47	
2+/day	4	10	17	
Carrot				0.069 0.094
-1/wk	26	20	10	
2-3/wk	59	54	57	
+1/day	15	27	33	
Smoked fish				0.033 0.092
no	43	63	61	
less than 1/w	21	24	23	
1/w	23	10	7	
more than 2/w	13	2	10	
Fruits				0.080 0.066
-1/wk	14	7	5	
2-3/wk	37	24	18	
1/day	40	52	49	
2+/day	9	18	29	

Juice					0.042	0.038
	no	18	31	43		
	less than 1/w	18	24	16		
	1/w	8	15	11		
	2-3/w	33	15	20		
	every day	23	16	10		

Coffee					0.367	0.606
	no	4	15	18		
	-3/wk	10	34	26		
	1/day	27	26	33		
	+2/day	59	25	23		

### Lifestyle

Taking breakfast with husband					0.009	0.010
	yes	47	63	76		
	no	53	37	24		

Taking lunch with husband					0.058	0.048
	yes	8	13	21		
	no	92	87	79		

Cooking					0.187	0.304
	boiled	33	46	56		
	fried	54	47	39		
	baked	13				

Cooking hours					0.880	0.974
	less than 30 minutes	23	6	7		
	21-60 minutes	36	31	27		
	61-90 minutes	18	33	35		
	91 minutes and over	23	30	32		

Ventilation hours				0.328	0.266
less than 15 minutes	12	9	9		
16-90 minutes	49	36	28		
91 minutes and over	40	55	63		
Vehicle at the time when they go out				0.730	0.694
bicycle	53	58	63		
car	40	22	20		
others	6	19	18		
Hours husband at home				0.351	0.242
less than 8 hours	29	15	12		
9-12 ours	46	56	55		
13-20 hours	22	24	23		
21 hours and over	3	5	10		
Income (ten thousand yen)				0.932	0.795
less than 500	45	22	20		
501-700	22	25	24		
701-900	9	15	18		
901 and over	19	18	16		
missing	5	20	22		

---

Originally 24 food items and 30 lifestyle items were compared among active smoker, passive smoker, and neither active nor passive smokers and between the latter two. Items showing some significant difference in these comparisons were presented.

Number indicates percentile.

P-N: comparison between non-smoker with and without ETS exposure

<sup>†</sup> p value when excluding non-smokers whose CCR value was over the relevant cut-off level of CCR 100ng/mg