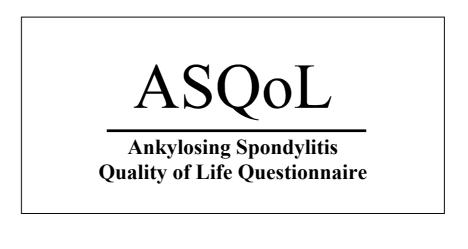
Appendix 1: The ASQoL questionnaire.



Please read this carefully

On the following pages you will find some statements which have been made by people who have Ankylosing Spondylitis.

Please read each statement carefully. We would like you to tick **'Yes'** if you feel the statement applies to you And tick **'No'** if it does not

Please choose the response that applies best to you

at the moment

Please read each item carefully and tick the <u>one</u> response that applies best to you <u>at the moment</u>

1. My condition limits the places I can go	Yes No	
2. I sometimes feel like crying	Yes No	
3. I have difficulty dressing	Yes No	
4. I struggle to do jobs around the house	Yes No	
5. It's impossible to sleep	Yes No	
6. I am unable to join in activities with my friends/family	Yes No	
7. I am tired all the time	Yes No	
8. I have to keep stopping what I am doing to rest	Yes No	
9. I have unbearable pain	Yes No	

This questionnaire should not be translated or adapted without permission.

Please read each item carefully and tick the <u>one</u> response that applies best to you <u>at the moment</u>

10.	It takes a long time to get going in the morning	Yes No	
	11. I am unable to do jobs around the house	Yes No	
	12. I get tired easily	Yes No	
	13. I often get frustrated	Yes No	
	14. The pain is always there	Yes No	
	15. I feel I miss out on a lot	Yes No	
	16. I find it difficult to wash my hair	Yes No	
	17. My condition gets me down	Yes No	
	18. I worry about letting people down	Yes No	

Thank you for taking the trouble to fill in this questionnaire.

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Appendix 2: Note on Scoring the ASQoL

Each statement on the ASQoL is given a score of "1" or "0". A score of "1" is given where the item is affirmed, indicating adverse QoL. All item scores are summed to give a total score or index. Scores can range from 0 (good QoL) to 18 (poor QoL). Cases with more than three missing responses (ie more than 20%) cannot be allocated a total score. For cases with between one and three missing responses, the total score is calculated as follows: T=18x/18-m where: *T* is the total score, *x* is the total score for the items affirmed and *m* is the number of missing items.