

## Validity of Antonovsky's Sense of Coherence Scale – a systematic review.

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### Appendix

Table 1. Description of the material – a flow chart.

Number of papers	
Total hits of the search	1215
↓	
Corrected for double listing in doctoral thesis (table 10)	1193
↓	
Corrected for double listing in the databases (table 9)	509
↓	
Included papers published in McCubbin et al. Stress, coping, and health in families. Sense of coherence and resiliency. Thousand Oaks 1998	519
↓	
Papers excluded because of double publishing (table 9: 208, 235, 390)	516
↓	
Papers excluded because of missing the words "salutogenesis" and/or "sense of coherence" and the translations in the heading, abstract and/or key word (table 9: 64, 263, 268, 270)	512
↓	
Papers excluded because of no references to Antonovsky's SOC concept (table 9: 25, 26, 30, 33, 50, 58, 82, 131, 156, 234, 299, 315, 328, 349, 354, 355, 360, 398, 429, 457, 471, 474, 496, 480)	488
↓	
Papers excluded because of insufficient validity (table 9: 24, 27, 70, 89, 97, 110, 136, 141, 145, 182, 189, 277, 278, 279, 320, 346, 366, 373, 376, 378, 380, 443, 446, 447, 473)	463
↓	
Papers not used the Life Orientation Questionnaire to measure coherence (table 9: 265, 266, 267, 504, 505)	458
<b>The total number of included papers</b>	<b>458</b>

Table 2. Statistical data from studies using the SOC-29 questionnaire published 1992-2003.

Country	Sample	Language	N	Mean	SD	$\alpha$	First author
USA	College students and general population	English	116 students	133.38	21.91		Amirkhan J.H. 2003 <sup>1</sup>
			90 students	137.13	23.12		
			52 students	133.44	21.07		
Sweden	Patients with musculoskeletal pain	Swedish	75 general population	130.39	22.79	.92	Atroush I. 2002 <sup>2</sup>
USA	Adolescents with Cystic Fibrosis	English	189 all	151.00	24.00	.92	Baker L. 1998 <sup>1</sup>
Germany	Patients with postmenopausal osteoporosis	German	123	134.90	25.40		Begerow B. 1999 <sup>4</sup>
			50 total	136.00	43.00	.89	
			30 group A	143.00	41.00	.90	
			20 group B	128.80	17.70	.87	Ben-David A. 1996 <sup>5</sup>
Israel	College students aged 16-29 years	Hebrew	294	140.47	18.35	.87	Ben-David A. 1997 <sup>6</sup>
Israel	Immigrants (Ethiopians)	Hebrew	40 families	136.82	23.31	.87	Ben-David A. 1999 <sup>7</sup>
Israel	College students	Hebrew	46 Ethiopians	140.09	19.35		
			46 Israelis	129.00 total	26.60		Bengtsson-Tops A. 2000 <sup>8</sup>
Sweden	Schizophrenic patients aged 18-81 years	Swedish	120	134.00 men	13.00		
				123.00 women	53.00		
				143.00 total	24.00	.90	Berglund B. 2003 <sup>9</sup>
Sweden	Patients with Ehlers-Danlos syndrome	Swedish	77	142.00 women	24.00		
			69 women	150.00 men	21.00		
			8 men				
USA	College students and patients with schizophrenia	English	133 students	137.10	24.10		Bigler M. 2001 <sup>10</sup>
Singapore	Singaporean subjects	English	31 patients			.74	Bishop G.D. 1993 <sup>11</sup>
Sweden	Obese patients and controls	Swedish	186	134.00	22.00		Björvell H. 1994 <sup>12</sup>
			33 patients	151.00	18.00		
			145 controls				
Sweden	Patients in long-term psychotherapy or psychoanalysis and healthy people	Swedish	405 patients			.92	Blomberg J. 2001 <sup>13</sup>
			345 controls	139.00	24.00	.92	
Sweden	Patients with breast cancer	Swedish	29 group 1	149.00	21.00	.91	Boman L. 1999 <sup>14</sup>
			115 group 2	115.50	20.40	.78	Botha K. 2002 <sup>15</sup>
South-Africa	Patients with essential hypertension	Afrikaans	196 all				
		Sotho	102 Afrikaans				
			94 Sotho				
Sweden	Students	Swedish	328 all	142.50	21.40	.91	Botlner von M. 2003 <sup>16</sup>
			160 women	162.00	21.00		
			168 men				

USA	Native Americans and Anglo Americans	English	81 NA 105 AA	134.40 134.50	24.60 21.60		Bowman B.J. 1996 <sup>17</sup>
Sweden	Occupational therapy students	Swedish	71 students	142.00	16.00		Brånholm I-B. 1998 <sup>18</sup>
United Kingdom	Patients with rheumatoid arthritis	English	651 Swedes 89	144.10	27.90		Büchi S. 1998 <sup>19</sup>
USA	Patients with rheumatoid arthritis	English	828	146.50	29.40		Callahan L. 1995 <sup>20</sup>
South Africa	Patients with major depressive disorder		50 patients	100.56	22.98		Carstens J. 1997 <sup>21</sup>
Sweden	Control group		50 controls	137.24	24.39		
Sweden	Subjects at high risk for mental illness	Swedish	148	152.60	22.00		Cederblad M 1995 <sup>22-26</sup> Dahlin L. 1993 <sup>26</sup>
Thailand	Children and youths aged 7-18	Thai	483	139.30-148.60			Cederblad M. 2001 <sup>27</sup>
Thailand	Adult family members	Thai	456 families 179 mothers 200 fathers 77 grandparents	143.38 144.01 142.57 144.00	24.03 24.67 22.96 25.48		Cederblad M. 2003 <sup>28</sup>
Sweden	HIV-infected patients and control group	Swedish	189 patients 145 controls	133.00 women 134.00 men 151.00 women 152.00 men	20.00 23.00 19.00 17.00		Cederfjäll C. 2001 <sup>29</sup>
Sweden	HIV-infected patients in therapy	Swedish	99	139.00 <sub>1</sub> , 139.00 <sub>2</sub> 140.00 <sub>1</sub> , 141.00 <sub>2</sub> 133.00 <sub>1</sub> , 127.00 <sub>2</sub>	25.00, 27.00 24.00, 25.00 30.00, 30.00	.91-.93	Cederfjäll C. 2002 <sup>30</sup>
New Zealand	Older patients before and after a surgery operation	English	57				Chanberlain K. 1992 <sup>31</sup>
South Africa	General nurses		105	141.28	16.44		Cilliers F. 2003 <sup>32</sup>
Israel	Women and men	Hebrew	74				Cohen O. 1997 <sup>33</sup>
Israel	Married and divorced mothers	Hebrew	74	137.17 <sup>e</sup> divorced 156.60 <sup>e</sup> married	- <sub>f</sub> - <sub>f</sub>		Cohen O. 2000 <sup>34</sup>
Israel	Divorced Muslim Arabs	Arabic	306 all 147 women 159 men	121.80 124.37 144.80	23.52 21.03 19.01	.83	Cohen O. 2003 <sup>35</sup>
Bulgaria	Nuclear operators	Bulgarian	15				Dalbockova D. 1995 <sup>36</sup>
Israel	Women with disabilities	Hebrew	88				Dangoor N. 1994 <sup>37</sup>
Israel	Cancer patients and healthy people	Hebrew	48 patients 46 controls	138.58-153.08 149.15-139.04	19.52-20.30 23.80-23.60	.90	Delbar V. 2001 <sup>38</sup>
Israel	Male Israeli patients	Hebrew	209			.87	Drory Y. 2002 <sup>39</sup>
Poland	Women staying in hospital after delivery	Polish	523	133.90	48.90	.91	Dudek B. 1993 <sup>40</sup>
Poland	Fire fighters	Polish	464	148.46	19.58		Dudek B. 2000 <sup>41</sup>
USA	Students	English	202	137.30	20.90		Ebert S. 2002 <sup>42</sup>

Canada	University undergraduates	English	298	132.91 women 133.21 men	19.92 20.35	.88	Edwards M.J. 2001 <sup>43</sup>
USA	Production workers	English	74	133.70-135.20	25.90-28.90	.88	Fiorentino L.M. 1998 <sup>44</sup>
USA	Young homeless and substance-abusing women with children	English	72			.85	Flick L.H. 1998 <sup>45</sup>
Israel	Israeli Jewish women with physical disabilities and controls	Hebrew	94 disabled 94 controls	115.78 142.36	28.18 20.43	.90	Florian V. 1994 <sup>46</sup>
USA	Women and men	English	374			.93	Frenz A. 1993 <sup>47</sup>
Norway	Patients and controls	Norwegian	59	110.78 <sup>e</sup>	-f	.94	Friborg O. 2003 <sup>48</sup>
Germany	Traffic accident victims		276	140.65 <sup>e</sup>	-f		Frommberger U. 1999 <sup>49</sup>
Belgium	Primary caregivers to dementing and nondementing chronically ill family members	Flemish (Dutch)	51	144.00	26.00	.84	Gallagher T.J. 1994 <sup>50</sup>
France	French adults	French	126	138.16	21.96		Gana K. 2001 <sup>51</sup>
United Kingdom	Open university students	English	55 patients 71 healthy	137.04 139.03	26.73 17.56	.88	Gibson L.M. 1997 <sup>52</sup>
Israel	Daughters of women with breast cancer and healthy women	English	306	133.66	20.36		Gilbar O. 1998 <sup>53</sup>
Israel	Women referred to a breast health clinic	Hebrew	45	109.62 <sup>e</sup>	-f		Gilbar O. 2003 <sup>54</sup>
USA	Patients with rheumatic disorders	Hebrew	51	114.84 <sup>e</sup>	-f	.95	Hawley D. 1992 <sup>55</sup>
USA	College students	English	314	113.68 <sup>e</sup>	-f	.93	Hittner J.B. 2000 <sup>56</sup>
Canada	Patients attending home dialysis and their spouses	English	1333	148.00	29.66	.92	Horsburgh M. 1998 <sup>57</sup>
USA	Students	English	150	131.00	28.20	.91	Jorgensen R.S. 1999 <sup>58</sup>
Israel	Kibbutz members	Hebrew	28 couples	143.50	28.10	.91	Kaiser C. 1996 <sup>59</sup>
Sweden	Patients after coronary artery bypass grafting	Swedish	116	137.30	22.52	.88	Kark J.D. 1996 <sup>60</sup>
Denmark	Juvenile delinquents	Danish	437 total 228 religious	150.80 men 146.40 women	19.80 22.90	.89	Karlsson I. 2002 <sup>61</sup>
Russia	Patients with coronary heart disease	Russia	193	147.10 men	19.10	.89	Koposov R. 2003 <sup>62</sup>
Sweden	Nurses, patients and general population	Hebrew	209 secular	142.30 women	20.00	.88	Kravetz S. 1993 <sup>63</sup>
Sweden	Cancer patients and healthy controls	Swedish	111 Swedes 102 Danes 159 164	152.00 <sup>b</sup> 143.00 <sup>b</sup> 160.00-161.00 <sup>c</sup> 151.00 <sup>b</sup> 151.00	17.00 17.00 14.00-19.00 21.00 18.00	.83 .85-.90 .89 .88	Langius A. 1992 <sup>64</sup> , 1993 <sup>65</sup>
Sweden	Cancer patients and healthy controls	Swedish	42 patients	150.00 total 137.00 women	22.00 22.00	.89	Langius A. 1994 <sup>66</sup>

Sweden	Patients	Swedish	145 controls 165 breast ca patients 28 overweight patients 25 patients	158.00 men 151.00 148.00 134.00 144.00	17.00 18.00 21.00 22.00 29.00	.88	Langius A. 1996 <sup>67</sup>
Sweden	Pentecostalis and reference group	Swedish	37 pentecostalis 145 controls	152.00 151.00	16.00 18.00		Langius A. 2001 <sup>68</sup>
USA	Dialysis nurses	English	238 all 224 female 14 male	143.10 143.90 137.90	23.00 22.40 26.00		Lewis S. 1992 <sup>69</sup>
USA	Nephrology nurses in dialysis settings Older people	English	49	148.70	24.20		Lewis S.L. 1994 <sup>70</sup>
USA	College students with disabilities	English	128	158.90	22.90		Lewis J.S. 1996 <sup>71</sup>
USA	Female college students	English	89	136.20	29.40	.93	Lustig D. 2000 <sup>72</sup>
Sweden	Patients with non-specific musculoskeletal disorder	Swedish	145 23 BAT 22 FK 26 TAU	146.50 134.00-141.00 132.00-135.00 140.00-142.00	22.10 25.00-23.00 24.00-21.00 17.00-16.00	.91	Lustig D. 2002 <sup>73</sup> Malmgren-Olsson E-B 2002 <sup>74</sup>
Israel	Youths from disadvantaged neighbourhoods	Hebrew	137 all 57 experienced volunt 37 beginning volunt 42 uninvolved	136.30 124.41 130.50		.81	Magen Z. 1992 <sup>75</sup>
Israel	Parents of handicapped children Control families	Hebrew	78 handicapped 83 controls	139.49 <sup>e</sup> mothers 147.61 <sup>e</sup> fathers 146.16 <sup>e</sup> mothers 151.96 <sup>e</sup> fathers	- <sup>f</sup> - <sup>f</sup> - <sup>f</sup> - <sup>f</sup>	.86	Margalit M. 1992 <sup>76</sup>
USA	Japanese-American and Anglo-American women	English	59	152.00, 151.00 A 146.00, 149.00 J	21.07-24.33 20.78-26.33		Milanesi L.C. 1998 <sup>77</sup>
United Kingdom	Primary carer participants caring for an individual with dementia	English	25 service users 25 non-service users	113.10 146.60	28.40 21.60		Mockler D. 1998 <sup>78</sup>
USA	Women with IBS and healthy controls	English	324 all 235 IBS	131.75 148.94	21.73 21.38		Motzer Adams S. 2003 <sup>79</sup>
Japan	Male office workers	Japanese	89 controls 125 total 75 present smoker 26 never smoker 24 ex-smoker	128.00 124.00 133.00 132.00 127.30	17.00 15.40 16.40 20.50 19.70		Nakamura H. 2001 <sup>80</sup>
Japan	Male office workers	Japanese	101	157.21	24.82	.91	Nakamura H. 2003 <sup>81</sup>
USA	Older women	English	137	152.81	33.33		Nesbitt B.J. 2000 <sup>82</sup>
USA	Post-liver transplant recipients	English	230 all 72 non-working 122 working	142.85 157.01 142.33	35.21 29.96		Newton S. 1999 <sup>83</sup>
Sweden	Patients with indigestion	Swedish	18	142.33	29.96		Nilsson B. 1997 <sup>84</sup>

Thailand	Nursing students	Thai	132		131.18-136.33	18.68-21.20	.85	Nintachan P. 2000 <sup>85</sup>
Sweden	Patients with ostomy surgery	Swedish	26 total				.79-.90	Nordstrom G. 1995 <sup>86</sup>
United Kingdom	Patients with total spinal cord transaction and healthy controls	English	17 conventional ostomy		147.70	25.30		
			9 continent ostomy		151.30	30.90 ns		
			20 patients		123.90	15.00		O'Carroll R.E. 2003 <sup>87</sup>
			20 controls		115.80	23.10		
South Africa	Trained non-professional counselors	English	130		151.52 <sup>d</sup>	19.84	.92	Ortlepp K. 2002 <sup>88</sup>
Sweden	Patients with cancer	Swedish	16		160.90	13.50	.80	Persson L. 2001 <sup>89</sup>
New Zealand	Hospitalized parasiticide	English	150					Petrie K. 1992 <sup>90</sup>
Poland	Female toxicological inpatients	Polish	150 all		108.60	28.90		Polewka A. 2001 <sup>91</sup>
Finland	Middle-aged working men	Finnish	102 group 1		113.80	28.20		
			48 group 2		100.50	28.50		
			4405		143.50 total	20.60	.91	Poppius E. 1999 <sup>92</sup>
Sweden	District nurses	Swedish	33 total		146.00 white coll			
			21 supervisory group		142.80 blue coll	20.30		Poppius E. 2003 <sup>93</sup>
			12 comparison group		143.00 smokers	20.70		
			181		143.70 non-smokers	20.30		
			86		142.70 alc users	20.90		
			80		144.30 alc non-users		.89	Palsson M-B. 1996 <sup>94</sup>
			80			17.50-16.60		
USA	Patients with morbid obesity	English	21		148.00-151.00	13.60-17.30	.87	Ray E. 2003 <sup>95</sup>
Israel	Handicapped and their relatives	Hebrew	12		154.00-153.00	26.00	.85	Ranfelt E. 2000 <sup>96</sup>
Sweden	Elderly people	Swedish	152		140.00	19.00	.85	Rena F. 1996 <sup>97</sup>
Sweden	Insulin-dependent diabetic subjects	Swedish	58		150.00			Rena F. 1998 <sup>98</sup>
Sweden	Employees	Swedish	107 all					Remenmark M. 1999 <sup>99</sup>
			60 women		142.60	24.30		Richardson A. 2001 <sup>100</sup>
			47 men		154.60	16.80		
Sweden	Retirees and their spouses	Swedish	194		145.00 female	18.00		Runeson, R. 2003 <sup>101</sup>
Israel	Retirees	Hebrew	572 total		151.00 male	17.00		
			286 retirees		151.02	21.89		Sagy S. 1992 <sup>102</sup>
			286 spouses		154.50	20.62		
Israel	Retirees	Hebrew	89		147.53	22.58		
Finland	University students	Finnish	117 all		148.67	37.23	.92	Sagy S. 2000 <sup>103</sup>
Finland	Psychiatric outpatients and community controls	Finnish	28 clients		124.93	24.92		Salmela-Aro K. 1992 <sup>104</sup>
			44 psychology student		140.40	21.73		
			45 technology student		145.04	20.11	.93	Sammallahi P. 1996 <sup>105</sup>
	441 total		53 neurotics		117.00	20.30		

Sweden	Patients and healthy controls	Swedish	915 all 161 psychotherapy 427 waiting-list group 146 norm group 181 student group	54 personal disorder 334 controls	115.00 149.00	32.80 21.80	.91	Sandell R. 1998 <sup>106</sup>
Sweden	Treatment terminated patients	Swedish	156		119.48 <sup>e</sup> 130.50 <sup>e</sup> 153.41 <sup>e</sup> 142.39 <sup>e</sup> 129.34 <sup>e</sup> 132.24 <sup>e</sup> 135.43 <sup>e</sup>	- - - - - - -	.90	Sandell R. 2002 <sup>107</sup>
Switzerland	Injured accident victims	German	106		154.40	20.60	.90	Schnyder U. 2001 <sup>108</sup>
Switzerland	Patients with rheumatoid arthritis and traffic accident victims	English German	112 AV 89 RA		155.30 144.10	20.70 27.90		Schnyder U. 1999 <sup>109</sup>
Switzerland	Accident victims aged 18-68 years	German	121		155.30	20.50	.89	Schnyder U. 2000 <sup>110</sup>
Netherlands	Dutch adults	Dutch	153		135.75	12.27	.89	Van Selim M. 1998 <sup>111</sup>
China	Public health nurses	Chinese	20		129.80	20.70	.76	Shiu A.T.-Y. 1998 <sup>112</sup>
USA	College students	English	270		132.30 men	21.10		Skirka N. 2000 <sup>113</sup>
USA	Students	English	336		134.30	22.77	.87	Smith T.L. 1997 <sup>114</sup>
USA	College students	English	156		146.47	22.14	.91	Strauser D. 2003 <sup>115</sup>
South Africa	Nursing students, insurance employees and male artisan employed	English Afrikaans	118 students 88 insurance employee 117 artisans employed		[113]9.36 <sup>d</sup> 145.82 139.65	23.64 22.60 18.16	.90 .91	Strümpfer D.J.W. 1998 <sup>116</sup>
Sweden	Middle-aged women	Swedish	450		150.90	23.40	.87	Svartvik L. 2000 <sup>117</sup>
Sweden	Middle-aged women	Swedish	136		150.90	23.40		Svartvik L. 2002 <sup>118</sup>
Iceland	Parents of children with asthma	Icelandic	76 families				.92	Svavarsdóttir E.K. 2000 <sup>119</sup>
Iceland	Parents of children with asthma	Icelandic	103 Icelandic				.86, .91	Svavarsdóttir E.K. 2003 <sup>120</sup>
USA	Parents of children with asthma	English	76 American		127.00	27.50	.92	Söderberg S. 2001 <sup>121</sup>
Sweden	Patients with chronic fatigue syndrome	Swedish	14		150.00	17.00		Tedgård U. 1999 <sup>122</sup>
Sweden	Carriers of haemophilia and their spouses	Swedish	29 women 23 men		158.00	17.00		Tedgård U. 1999 <sup>123</sup>
Sweden	Carriers of haemophilia	Swedish	367 total 50 prenatal diagnosis 55 carriers		150.00	20.00	.90	
Sweden	Nursing students	Swedish	262 controls		146.00	23.00	.70	Thorell-Ekstrand L. 1993 <sup>124</sup>
Australia	Women with perinatal bereavement	English	95		128.76 <sup>e</sup>	- -		Uren T.H. 2002 <sup>125</sup>
South-Africa	Multicultural group of subjects	Afrikaans	550 total 306 women 244 men 292 White		136.52 134.07 139.57 139.18	21.68 21.83 21.18 21.91	.85 .85 .86 .90	Wissing M. 2002 <sup>126</sup>

Country	Sample	Language	N	Mean	SD	$\alpha$	First author
USA	Nondiabetic older adults	English	258 Black	133.49	21.10	.80	Zhang J. 2001 <sup>127</sup>
			142 total			.92	
			73 spouses	141.90 women	26.30		
				141.20 women	24.60		
				158.60 men	17.40		
				158.90 men	17.80		
			60 controls	160.50 women	22.10		
				159.90 women	21.70		
				164.50 men	17.10		
				161.70 men	15.50		
USA	Chinese Americans	Chinese	15	146.70	24.30		Ying Y.-W. 1999 <sup>138</sup>
				155.50	21.50		
				153.10	21.80		
USA	Chinese American undergraduate students	English	353 all	127.55	21.37	.89	Ying Y.-W. 2000 <sup>129, 130</sup>
			122 American-born	129.20	20.15		
			231 Immigrants	126.68	21.98	.90	
			121 Early immigrants	125.42	21.97		
			110 Late immigrants	128.06	22.01		
			642 all	129.35	21.74	.90	
			291 Asian	125.43	20.28		
			197 White	133.47	22.34		
			20 African	129.40	19.80		
			67 Hispanic	131.31	23.07		
			56 Multiracial	132.80	23.05		

<sup>a)</sup> visual analogue scale (VAS) 100 mm; <sup>b)</sup> visual analogue scale (VAS) 60 mm; <sup>c)</sup> visual analogue scale (VAS) 60 mm and 7-point Likert scale; <sup>d)</sup> printer's error corrected by personal communication with the author; <sup>e)</sup> here multiplied by .29; <sup>f)</sup> SD cannot be corrected. 1 = time

Table 3. Statistical data from studies using the SOC-13 questionnaire published 1992-2003

Country	Sample	Language	N	Mean	SD	$\alpha$	First author
Switzerland	Adults aged 55-65 years	German	1119 Swiss	51.30			Abel T. 1999 <sup>132</sup>
Germany			780 German	50.00			
Sweden	Pregnant women	Swedish	395 total	71.80	10.90		Abrahamsson A. 2002 <sup>133</sup>
USA	College students aged 16-58 years	English	112	62.40	10.89	.85	Adams T.B. 2000 <sup>134</sup>
Canada	Canadians aged 20-24 years	English	1395	54.18	12.42		Allison K.R. 1999 <sup>135</sup>
Sweden	Managers and controls	Swedish	68 managers	72.30	1.00		Anderzén I. 1997 <sup>136</sup>
			39 controls	71.30	1.50		
Sweden	Employees and	Swedish	47 employees	72.70	1.36	.82	Anderzén I. 1999 <sup>137</sup>



Norway	controls	Norwegian	35 controls	71.90	1.58				
Norway	Patients with multiple trauma	Norwegian	69	60.00	13.00				Anke A. 2003 <sup>138</sup>
Israel	Women married to army members and civilians	Hebrew	44 married	68.10	13.30				Anson O. 1993 <sup>139</sup>
Israel	Patients with mild hypertension	Hebrew	53 civilians	71.90	8.20				
Israel		Hebrew	238	67.90 men 58.90 women		.74			Anson O. 1993 <sup>140</sup>
Israel	Kibbutz members	Hebrew	230 total	68.67	9.90				Anson O. 1993 <sup>141</sup>
United Kingdom	Social workers	English	105 religious	66.43	10.00				
Norway	Substance abusers	English	125 nonreligious	64.00	11.00				Baker M. 1997 <sup>142</sup>
USA	Older males	Norwegian	78	64.00					Berg J.E. 1998 <sup>143</sup>
Switzerland	Adolescents aged 16-20 years	English	61 all	40.30 <sup>f</sup>	0.14 <sup>f</sup>				Brooks J. 1998 <sup>144</sup>
Switzerland		German	43 completers	35.49 <sup>f</sup>	0.10 <sup>f</sup>				Buddenberg-Fischer B. 2001 <sup>145</sup>
Switzerland		German	18 non-compl	70.60	10.70				
Switzerland		German	199	60.71 <sup>f</sup>	- <sub>h</sub>	.82			
Switzerland		German	341	61.62 <sup>f</sup>	- <sub>h</sub>	.82-.87			
Switzerland	Patients with SLE	German	60	65.00	11.00				Büchi S. 2000 <sup>146</sup>
China	Han Chinese adults	Chinese	197			.74			Cai D. 1998 <sup>147</sup>
USA	Patients with rheumatoid arthritis	English	828	65.30	14.80				Callahan L. 1995 <sup>20</sup>
USA	Family caregivers of memory-impaired individuals	English	305 all	68.70	12.70				Chumbler N. 2003 <sup>148</sup>
USA		English	211 female	69.30	12.50	.75			
USA		English	94 male	67.50	13.20				
United Kingdom	Adults with cleft lip	English	51	60.17	12.50				Cochrane W. 1999 <sup>149</sup>
USA	Clinic patients (elderly Veterans)	English	194	69.10	17.49				Coe R.M. 1992 <sup>150</sup>
USA	Elderly people	English	152	62.00	9.80	.87			Coward D.D. 1996 <sup>151</sup>
Denmark	General population	Danish	2352	65.00	11.00	.85			Due E.P. 1998 <sup>152</sup>
South Africa	Sawmill workers	Afrikaans	51	61.66	12.10				Edwards D. 2001 <sup>153</sup>
Sweden	Patients with schizophrenia	Swedish	74	45.50 <sup>f</sup> employed 53.30 <sup>f</sup> unemployed	- <sub>h</sub>				Eklund M. 2001 <sup>154</sup>
Sweden	Elderly people and healthy controls	Swedish	94 patients	72.40	8.90				Ekman I. 2002 <sup>155</sup>
Finland	Older population > 75 years old	Finnish	94 controls	73.60	8.70				
Finland	Technical designers	Finnish	348	71.50 <sup>f</sup>	- <sub>h</sub>	.89			Flovaainio M. 2000 <sup>156</sup>
Finland	Employees	Finnish	989	63.10	11.90	.82			Feldt T. 2000 <sup>157</sup>
Finland	25-29-year-aged and 35-40 year-aged technical designers	Finnish	219	63.90-64.50		.84, .85			Feldt T. 2003 <sup>158</sup>
Canada	Young old (65-79) and old-old (80+) people	English	352 total 141 younger age 211 older age	61.70-65.30 61.00-65.70	12.40-11.20 11.80-10.80	.82, .87			Forbes D.A. 2001 <sup>159</sup>
Sweden	Patients with cancer	Swedish	2006 young-old 406 old-old	63.48 63.92	10.99 11.01				Forsberg C. 1996 <sup>160</sup>
Brazil	15-year-olds schoolchildren and	Portuguese	79	57.50		.81			Freire M.C. 2001 <sup>161</sup>

Brazil	their mothers 15-year-olds schoolchildren and their mothers	(Brazilian) Portuguese (Brazilian)	664	63.90 mothers	13.40	Freire M.C. 2002 <sup>162</sup>
France	French adults	French	647			Gana K. 2001 <sup>51</sup>
Australia	Patients with arthritis and healthy controls	English	375 total 116 AFV-support 93 without supp 166 controls	63.40 60.30 62.90 67.10	15.30 17.40 15.50 13.10	Germano D 2001 <sup>163</sup>
USA	Field-workers	English	158 home health 55 nurses 400 nurses 40 soc workers	65.06 70.18 70.03 73.80	12.80 11.79 10.05 8.91	George V. 1996 <sup>164</sup>
Greece	Male conscripts	Greek	1098	59.75	10.80	Gioukatos O. 2003 <sup>165</sup>
USA	Single mothers of disabled children	English	152	59.90	14.00	Gottlieb A. 1998 <sup>166</sup>
Canada	Persons aged 65 or older	English	826	79.30 <sup>f</sup>	- <sup>i</sup>	Graham K. 1998 <sup>167</sup>
Norway	Patients with angina pectoris	Norwegian	589	71.16 <sup>a</sup>	21.20	Guldvog B. 1999 <sup>168</sup>
Finland	Nurse educators	Finnish	477	66.90 <sup>a</sup>	0.47	Harti M. 1998 <sup>169</sup>
Finland	General population	Finnish	3403			Hassmén P. 2000 <sup>170</sup>
Sweden	Parents with Down Syndrom-children and controls	Swedish	334 total 165 DS 86 mothers 79 fathers	67.30 69.20	12.00 ns 10.30 ns	Hedov G. 2002 <sup>171</sup>
Sweden	Employed women aged 18-64 years	Swedish	1075		11.80 ns	Hensing G. 2000 <sup>172</sup>
Sweden	Patients with Ménière's disease and controls	Swedish	112 patients 268 controls	68.70 66.00	13.80 12.00	Hessén Söderman A-C. 2001, 2002 <sup>173, 174</sup>
Canada	Healthy people	English	16291		10.00 ns	Hood S.C. 1996 <sup>175</sup>
USA	Homeless women and low-income housed women	English	113 homeless 116 housed	50.45 55.66	14.34 12.59	Ingram K. 1996 <sup>176</sup>
Sweden	Men with prostate cancer and men with benign prostatic hyperplasia	Swedish	71 cancer patient 37 BPH	75.10 76.50	13.20 10.90	Jakobsson L. 2002 <sup>177</sup>
Sweden	Former workers at Volvo Kalmar plant	Swedish	344	66.50 women 67.90 men	12.05 12.24	Johansson Hansé J. 1999 <sup>178</sup>
Sweden	Ambulance personnel	Swedish	362	67.72		Jonsson A. 2003 <sup>179</sup>
Finland	Unemployed with disabilities and controls	Finnish	137 non-traumatic events 223 traumatic events 88 disabili 88 contr	69.90 men 70.54 women 65.57 men 66.30 women	8.57 9.72 10.30 9.93	Juononen-Posti P. 2002 <sup>180</sup>

Finland	Employees	Finnish	2144	63.96 <sup>f</sup> <sub>11</sub> , 67.73 <sup>f</sup> <sub>12</sub>	- <sup>j</sup>	.84-.87	Katimo R. 2002 <sup>181</sup>
Finland	Employees	Finnish	174 all				Katimo R. 2003 <sup>182</sup>
Sweden	Patients attended cardiac rehabilitation	Swedish	87 no-burnout	67.99 <sup>f</sup> <sub>11</sub> , 70.85 <sup>f</sup> <sub>12</sub>			Kanwendo K. 1998 <sup>183</sup>
Sweden	Patients with coronary heart disease	Swedish	87 serious burnout	53.17 <sup>f</sup> <sub>11</sub> , 49.27 <sup>f</sup> <sub>12</sub>			Karlsson I. 2000 <sup>184</sup>
Sweden	Patients with coronary heart disease	Swedish	79	62.40	12.60	.84	Karlsson I. 2000 <sup>184</sup>
Sweden	Patients after coronary artery bypass grafting	Swedish	111	69.50 <sub>11</sub>		.88	Karlsson I. 2002 <sup>201</sup>
Denmark	Male industrial managers	Danish	111	66.00	13.00	.84-.88	Karlsson I. 2002 <sup>201</sup>
Finland	Municipal employees	Finnish	102	66.00	14.00	.75	Kivimäki M. 1998 <sup>185</sup>
Finland	Accident victims	Finnish	750	67.99 <sup>f</sup>	- <sup>b</sup>	.83	Kivimäki M. 2002 <sup>186</sup>
Switzerland	Patients with chronic renal failure	German	2991	64.61 <sup>f</sup> women	- <sup>b</sup>		Kjaer Fuglsang A. 2002 <sup>187</sup>
Sweden	Patients with chronic renal failure	Swedish	323	64.09 <sup>f</sup> men	- <sup>b</sup>		Klang B. 1996 <sup>188</sup>
Sweden	Predialytic uremic patients and healthy reference group	Swedish	48 all	66.30 <sup>f</sup>	- <sup>j</sup>	.76	Klang B. 1996 <sup>188</sup>
Sweden	Uraemic patients and controls	Swedish	25 predialysis	66.00	10.30	.76	Klang B. 1996 <sup>189</sup>
Sweden	Uraemic patients and controls	Swedish	23 dialysis	71.40	13.60	.75	Klang B. 1996 <sup>189</sup>
Sweden	Uraemic patients and controls	Swedish	38 patients	66.80	11.20	.76	Klang B. 1996 <sup>189</sup>
Sweden	Uraemic patients and controls	Swedish	268 reference group	65.70	12.00	.82	Klang B. 1999 <sup>190</sup>
Sweden	Uraemic patients and controls	Swedish	28	66.00 predialysis	13.00	.82	Klang B. 1999 <sup>190</sup>
Sweden	Uraemic patients and controls	Swedish	71.00 dialysis	71.00 dialysis	12.00	.88	Klang B. 1999 <sup>190</sup>
Sweden	Uraemic patients and controls	Swedish	65.00 dialysis	65.00 dialysis	10.00	.88	Klang B. 1999 <sup>190</sup>
Colombia	Detained offenders	Spanish	28				Klevens J. 2000 <sup>191</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	223				Klevens J. 2000 <sup>191</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	270 all				Klevens J. 2000 <sup>191</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	75 ischaemia	71.00	13.80	.87	Klevens J. 2000 <sup>191</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	93 claudicants	72.00	13.60	.87	Klevens J. 2000 <sup>191</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	102 controls	75.00	10.50	.87	Klevens J. 2000 <sup>191</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	397				Klevens J. 2000 <sup>191</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	150	68.80	0.90	.77	Krantz G. 2000 <sup>193</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	159	62.50	0.90	.86	Kristenson M. 1998 <sup>194</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	201				Kristenson M. 1998 <sup>194</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	203				Kristenson M. 1998 <sup>194</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	145	61.00	9.00	.77	Läjunen T. 1998 <sup>195</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	268 controls	66.00	12.00	.86	Läjunen T. 1998 <sup>195</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	38 kidney disease	67.00	11.00	.76	Langius A. 1993 <sup>65</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	96 cancer patients	70.00	11.00	.78	Langius A. 1996 <sup>67</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	19 cancer patients	67.00	12.00	.79	Langius A. 1996 <sup>67</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	2003				Langius A. 1996 <sup>67</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	64.02 women		11.36	.82	Larsson G. 1996 <sup>196</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	65.04 men		10.39	.82	Larsson G. 1996 <sup>196</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	1906	64.52	11.03	.82	Larsson G. 1999 <sup>197</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	1901	65.31	10.64	.82	Larsson G. 1999 <sup>197</sup>
Sweden	Patients with chronic lower limb ischaemia and healthy controls	Swedish	510	65.13 poor mental	10.34	.80	Larsson G. 2000 <sup>198</sup>

					health	70.04 no poor mental health	8.91	
Sweden	Patients	Swedish	1056				.84	Larsson Wilde B. 1999 <sup>199</sup>
USA	Chinese, Japanese and American adults	English	160 Americans		.82 <sup>c</sup> , .84 <sup>a</sup> , .85			Lee J.W. 2002 <sup>200</sup>
		Japanese	323 Japanese		.85 <sup>c</sup> , .77 <sup>a</sup> , .86			
		Chinese	136 Chinese		.75 <sup>c</sup> , .78 <sup>a</sup> , .78			
South Africa	Psychiatric nurses	English	94				.75	Levert T. 2000 <sup>201</sup>
USA	Older adults and controls	English	30 adults		60.61		12.40	Lutendorf S.K. 1999 <sup>202</sup>
		English	28 controls		75.43		8.55	
USA	Employees	English	728		75.30		9.53	
Sweden	Patients treated with noninvasive and invasive home mechanical ventilation	Swedish	31 trach		62.50		12.56	Mackie K.S. 2001 <sup>203</sup>
Japan	Patients with Scleroderma	Japanese	60 NIV		70.70		15.50	Markström A. 2002 <sup>204</sup>
Norway	Male conscripts	Norwegian	663		66.80		13.80	
Sweden	Unemployed with a somatic disorder	Swedish	109		67.70		13.40	Matsuura E. 2002 <sup>205</sup>
Sweden	Patients with peripheral vestibular disorder and controls	Swedish	99 patients		59.50		11.60	Mehlum L. 1998 <sup>206</sup>
USA	Persons with CHD survived cardiac arrest	English	268 controls		71.00		12.00	Melin R. 2003 <sup>207</sup>
USA	Women with IBS and healthy controls	English	149		66.00		12.95	Mendel B. 2001 <sup>208</sup>
		English	324 all		69.21		.87	Motzer S. 1996 <sup>209</sup>
		English	235 IBS		61.58		13.00	Motzer Adams S. 2003 <sup>209</sup>
		English	89 controls		67.36		12.33	
Japan	Civil servants	Japanese	1595 all				.83	Nisernoaddeli A. 2002 <sup>210</sup>
		Japanese	698 women		52.80		10.20	
		Japanese	897 men		54.70		10.40	
Japan	Civil servants	Japanese	1300 all				.83	Nisernoaddeli A. 2003 <sup>211</sup>
		Japanese	564 women		53.10		10.20	
		Japanese	736 men		54.70		10.40	
Sweden	General population	Swedish	1802		70.80 women		10.40	Nilsson B. 2000 <sup>84</sup>
Sweden	General population	Swedish	1254		70.50 men		9.90	
		Swedish	70.83 <sub>11</sub> , 68.87 <sub>2</sub>					Nilsson B. 2003 <sup>212</sup>
		Swedish	70.92 <sub>11</sub> , 69.04 <sub>2</sub> women					
		Swedish	70.73 <sub>11</sub> , 68.70 <sub>2</sub> men					
Sweden	Parents with children with intellectual disabilities and controls	Swedish	755		67.00		13.00	Olsson M.B. 2002 <sup>215</sup>
		Swedish	259		64.40 mothers		14.50	
		Swedish	109		69.10 fathers		11.90	
		Swedish	59.90 mothers				.86-.87	
		Swedish	65.20 fathers				12.00	
		Swedish	69.10 mothers				10.80	
		Swedish	69.50 fathers				10.80	
Australia	General population	English	439 all		60.80		11.70	Pallant J. 2002 <sup>214</sup>
		English	255 women		60.40		12.05	

Sweden	Survivors of acute leukemia and highly malignant lymphoma	Swedish	184 men	61.37	11.23		Persson L., 1997 <sup>215</sup>
USA	Outpatients with solid tumors	English	38	63.00-66.50			Post-White J., 1998 <sup>216</sup>
USA	High school students	English	338				Ryland E.K., 1998 <sup>217</sup>
Sweden	Adolescents and young adults with epilepsy and controls	Swedish	158 epilepsy 282 controls	64.05 63.73	13.15 12.07	.84 .83	Raty L., 2003 <sup>218</sup>
Israel	School children and their parents	Hebrew	201				Sagy S., 1998 <sup>219</sup>
Israel	Israeli Jewish adolescents	Hebrew	107 Golan 91 Galilee	55.32 54.92	9.30 10.11		
Sweden	Patients with type-2 diabetes	Swedish	266 acute stress 448 without a s 88	56.16 <sup>f</sup> 58.11 <sup>f</sup> 72.60	- <sup>h</sup> - <sup>h</sup> 11.90	.74 .73	Sagy S., 2002 <sup>220</sup>
Finland	Adult patients	Finnish	71.00 women	71.00 women	11.70		Sanden-Eriksson B., 2000 <sup>221</sup>
Finland	Adult patients	Finnish	80	73.90 men	12.10		
Israel	Female students	Hebrew	85	65.00	15.00	.90	Santavirta N., 1996 <sup>222</sup>
Finland	Older population > 75 years old	Finnish	54	64.60	14.20	.92	Santavirta N., 1996 <sup>223</sup>
Switzerland	Accident victims and patients with RA	Finnish English German	300 96	61.26 65.00 68.22 <sup>1</sup> 65.33 <sup>2</sup> 65.90 <sup>3</sup> 66.87 <sup>1</sup> 68.89 <sup>2</sup> 58.00	8.96 11.57 11.87 12.66 11.59 13.47 14.00	.75 .78	Sarid O., 2003 <sup>224</sup> Sarvimäki A., 1994 <sup>225</sup> Schnyder U., 2000 <sup>110</sup>
Sweden	Patients with chronic pain	Swedish	84			.80	Schult M-L., 2000 <sup>226</sup>
USA	Later life family units	English	184			.78	Smith S.D., 1997 <sup>227</sup>
Canada	Canadian labour force	English	6790	58.43 <sup>h</sup> <sub>11</sub> , 62.01 <sup>h</sup> <sub>12</sub> 57.65 <sup>h</sup> <sub>11</sub> , 61.70 <sup>h</sup> <sub>12</sub> women 59.08 <sup>h</sup> <sub>11</sub> , 62.27 <sup>h</sup> <sub>12</sub> men	11.76 11.47 10.73 12.00 10.92	.83	Smith P., 2003 <sup>228</sup>
Norway	Patients with severe multiple trauma	Norwegian	26	63.00 <sup>1</sup> <sub>11</sub> 68.00 <sup>1</sup> <sub>12</sub> 65.00 <sup>1</sup> <sub>11</sub>		.86-.89	Snekkevik H., 2003 <sup>229</sup>
Israel	Mothers/immigrants from the former Soviet Union	Russian	221 single 241 couple	60.60 63.40	12.50 12.30	.77	Soskolne V., 2001 <sup>230</sup>
Israel	Patients with irritable bowel syndrome (IBS)	Hebrew	151 all 79 IBS	59.60	1.10		Sperber A., 1999 <sup>231</sup>
Sweden	Unemployed people	Swedish	72 controls	65.70	1.20		Starrin B., 2001 <sup>232</sup>
USA	Older people	English	414	55.19 women 54.41 men	14.26 14.10	.77	Steiner A., 1996 <sup>233</sup>
Canada	Population aged 18 and older	English	50 controls 19818	77.60 72.60	13.80 13.60	.78	Stephens T., 1999 <sup>234</sup>

Country	Sample	Language	Items	Scales	N	Mean	SD	$\alpha$	First author
South African	Working adults	English Afrikaans	152			12.15	.84		Sturmlper D. 2001 <sup>235</sup>
Finland	General population	Finnish	20101 total						Suominen S. 2002 <sup>236</sup>
			9151 good health	67.08					
			7802 fairly good h	62.91					
			3185 mediocre h	59.84					
			688 fairly poor h	56.34					
171 poor health	52.92								
Norway	Patients with Gallbladder Stones disease	Norwegian	28			19.80		Svebak S. 2000 <sup>237</sup>	
Sweden	Employees of social-welfare and social-insurance agencies	Swedish	103			66.00 women 67.00 men		Söderfeldt M. 2000 <sup>238</sup>	
Finland	Elderly people	Finnish	78			10.42-11.35	.70		Takkinen S. 2001 <sup>239</sup>
			182						
USA	Chinese bilingual students	English Chinese	299			69.90-71.90	.79		Tang S. T. 2002 <sup>240</sup>
			70			60.90 60.70	.88 .89		
Finland	Industrial design personnel	Finnish	422			64.87 <sup>f</sup>	.83		Toppinen-Tanner S. 2003 <sup>241</sup>
Norway	Students	Norwegian	4731						Torshelm T. 2001 <sup>242</sup>
Greece	Nurses	Greek	79 all 17 male 62 female			11.70 12.00 11.56			Tselchis A. 2001 <sup>243</sup>
Norway	Patients	Norwegian	5305			63.60 67.10 62.63			Veenstra M. 2002 <sup>244</sup>
Australia	Older people	English	556			67.00	13.00		Wells Y.D. 1997 <sup>245</sup>
Australia	Retired individuals	English	363			70.47	14.54		Wells Y.D. 1999 <sup>246</sup>
Sweden	Cancer patients	Swedish	20			67.00	.79		Wettersgren L. 1997 <sup>247</sup>
Finland	Physicians and architects	Finnish	189 architects			61.40-62.50			Virtanen P. 2001 <sup>248</sup>
			638 physicians			62.60-67.50			
Canada	General population	English	17626			9.20- 9.90	.83		Wolff A.C. 1999 <sup>249</sup>
Hong Kong	Critical care nurses	Chinese	35			12.00	.79		Yam B. 2003 <sup>250</sup>

<sup>b1</sup> visual analogue scale (VAS) 100 mm. <sup>c1</sup> 4-point Likert scale. <sup>d1</sup> 6-point Likert scale. <sup>e1</sup> 5 response choices. <sup>f1</sup> here multiplied by 13; <sup>g1</sup> SOC index transformed to range between 0 and 100; <sup>h1</sup> completed information by personal communication with the author; <sup>i1</sup> median; <sup>j1</sup> SD cannot be corrected, <sup>k1</sup> = time

Table 4. Statistical data from studies using modified versions of the SOC questionnaire published 1992-2003.



Canada	Women aged 20-64 years	English	SOC-13	7-point Likert (0-6 points)	6748	57.70	.83	Ing J. 2003 <sup>271</sup>
Norway	Persons with CP and without intellectual disability	Norwegian	3	3-point Likert	406	2.01		Jahnsen R. 2002 <sup>272</sup>
Sweden	Older patients	Swedish	9	3 choices	All 53	1.51	.74	Johansson L. 1994 <sup>273</sup>
Norway	13-15 year-aged schoolchildren	Norwegian	13	5 choices	Group 1 25 Group 2 17 Group 3 8	2.27 1.99 2.08	0.30 0.37 0.31	Johnsen M. 2001 <sup>274</sup>
Finland	Government employees	Finnish	9		All 785		7.26	Kivimäki M. 1997 <sup>275</sup>
Finland	Municipal employees and male technical designers	Finnish	6	7-point Likert	Grade 8 256 Grade 9 256 Grade 10 273	10.77 <sub>11</sub> , 10.74 <sub>2</sub> 10.53 <sub>11</sub> , 10.54 <sub>2</sub> 10.44 <sub>11</sub> , 10.39 <sub>2</sub>	7.32	
Finland	Municipal female employees	Finnish	6	7-point Likert	577	5.14 <sub>11</sub> 5.19 <sub>2</sub>	.76 <sub>11</sub> .64 <sub>2</sub>	Kivimäki M. 2000 <sup>276</sup>
Finland	Finnish population	Finnish, Swedish	12	5-point Likert	433	5.09	0.81	Kivimäki M. 2002 <sup>277</sup>
Japan	Japanese population	Japanese	28	7-point Likert	647	10.50	1.74	Kroll Ch. 1998 <sup>278</sup>
Finland	Finnish polytechnic students	Finnish	28	7-point Likert	741	9.60	1.34	Kuuppelomäki, M. 2003 <sup>279</sup>
Sweden	Elderly patients	Swedish	9	3-point Likert	287 all 93 health c 128 business 66 techn	5.04 <sub>61</sub> 5.13 <sub>11</sub> 5.11 <sub>2</sub> 5.28 <sub>3</sub>	0.61 <sub>61</sub> 0.57 <sub>11</sub> 0.53 <sub>2</sub> 0.56 <sub>3</sub>	Larsson G. 1995 <sup>280</sup>
Sweden	White-collar workers	Swedish	9	5-point Likert	53	2.16-2.15	0.35-0.36	Larsson G. 1995 <sup>280</sup>
Netherlands	Dutch men and women	Dutch	3	3 choices	1140		.79	Larsson G. 1994 <sup>281</sup>
Sweden	General population	Swedish	3	3 choices	2514		.89	van Loon A.J.M. 2001 <sup>282</sup>
Sweden	General population	Swedish	3	3 choices	3949			Lundberg O. 1994 <sup>283</sup>
Israel	Children with learning disorders	Hebrew	16+3	4-point Likert	4390	1.51	4.83	Lundberg O. 1995 <sup>284</sup>
Israel	Children with learning difficulties	Hebrew	16+3	4-point Likert	238 all 130 boys 108 girls	49.58 47.83	5.37 5.96	Margalit M. 1995 <sup>285</sup>
Israel	Preschool children	Hebrew	16+3	4-point Likert	230		.72	Margalit M. 1996 <sup>286</sup>
USA	Older adults	English	9	5-point Likert	94 65 71	48.62 50.03 50.94	6.28 6.54 4.83	Margalit M. 1998 <sup>287</sup>
USA	Older adults	English	9	5-point Likert	187 all 50 LD 76 Non-LD 51 high-risk	49.45 52.74 47.77	5.48 5.46 5.90	Midanik L.T. 1992 <sup>288</sup>



Israel	Preschool children at risk for developing learning disabilities	Hebrew	16+3 children	4-point Likert	35.60 women 36.30 men	4.50 4.30	.72	Most T. 2000 <sup>289</sup>	
USA	Students at risk of school failure	English	9 sense of school coherence	3-point Likert	98 all 39 high-risk 59 nondisabled	8.51 5.07 0.37	.65	Nash J. 2002 <sup>290</sup>	
Finland	General population	Finnish	7 coherence	4 choices	1861	22.20 22.25 women 23.08 employed 21.37 unemployed 22.18 men 23.30 employed 21.07 unemployed	0.13 0.18 0.13 0.34 0.19 0.13 0.36	.72	Niemela M. 2002 <sup>291</sup>
USA	Homeless drug-abusing minority women	English	13	5-point Likert	581	3.02	0.67	.76	Nyamathi A. 1992 <sup>292</sup>
USA	Black homeless women	English	13	5-point Likert	All 460 High risk 299 Moderate 63 Low 98	2.97 3.16 3.36	0.66 0.16 0.70	.76	Nyamathi A. 1992 <sup>293</sup>
USA	Women at risk for HIV infection	English	13	5-point Likert	535	3.02	0.67	.76	Nyamathi A. 1993 <sup>294</sup>
Israel	Retirees and their spouses	Hebrew	26 family	7-point Likert	214	151.02	18.17	.88	Sagy S. 1992 <sup>102</sup>
Israel	School children and their parents	Hebrew	12 family	7-point Likert	201	57.68	10.00	.81	Sagy S. 1998 <sup>219</sup>
Israel	Schoolchildren 8 <sup>th</sup> grade	Hebrew	12 family	7-point Likert	107 91	59.24	10.36	.81	Sagy S. 1998 <sup>219</sup>
Israel	Israeli Jewish adolescents	Hebrew	12 family	7-point Likert	total 226 MC 81 NMC 145	4.34 4.89	0.72 0.70	.76	Sagy S. 2001 <sup>295</sup>
Germany	General population	German	29 family	5-point Likert	266 448	4.49 4.76	0.84 0.80	.74 .77	Sagy S. 2002 <sup>220</sup>
Germany	General population	German	3	3 choices	3515	113.20 112.47 women 113.91 men	15.07 15.07 15.05	.91	Schumann A. 2003 <sup>296</sup>
Germany	General population	German	3	3 choices	3515	4.61 all 4.58 women 4.64 men	1.17 1.14 1.19	.45	Schumann A. 2003 <sup>296</sup>
Germany	General population	German	3 BASOC	5-point Likert	3515	12.55 all 12.41 women 12.69 men	2.13 2.17 2.08	.71	Schumann A. 2003 <sup>296</sup>
Netherlands	Older adults	Dutch	11	4 choices	90	35.65 women	5.21	.77	Smitis C. 1995 <sup>297</sup>

South Africa	Male supervisors	Afrikaans	13	5-point Likert	79	36.20 men	4.98	.68	Strümpfer D. 1997 <sup>298</sup>
South Africa	Male farm workers	Afrikaans	13	5-point Likert	149	40.90	6.14	.68	Strümpfer D.J.W. 1997 <sup>299</sup>
Sweden	Foreign-born immigrants	Farsi, Spanish, Turkish, Polish	3	5 choices	1980				Sundquist J. 2000 <sup>300</sup>
Finland	General population aged 15-64	Finnish Swedish	16	4 choices	3115	9.50women 9.55men	1.20 1.17		Suominen S. 1993 <sup>301</sup>
Finland	General population	Finnish	16	4-point Likert	3115	9.52	1.14	.84	Suominen S. 1999 <sup>302</sup>
United Kingdom	General population	English	3	3 choices	1976				Suominen S. 2001 <sup>303</sup>
Finland	Municipal employees	Finnish	9	4 choices	20579	1.84	1.15	.35	Surtees P. 2003 <sup>304</sup>
USA	Children with asthma and their parents	English	16	4-point Likert	856			.80	Vahtera J. 1996 <sup>305</sup>
Finland	Working people	Finnish	28		624	46.30	7.30		Vinson J.A. 2002 <sup>306</sup>
					232	46.80	7.30		
					235				
					817				Vuori J. 1994 <sup>307</sup>
t = time									

Table 5. Correlation of SOC with measures serving as tests of criterion validity from studies published 1992-2003.

Measure/Variable	Sample	N	Instruments measuring health	
			Coeff r	First author
Brief Psychiatric Rating Scale (BPRS)	Schizophrenic patients	120	-.44 <sub>s</sub>	Bengtsson-Tops A. 2000 <sup>8</sup>
British Isles Lupus Assessment Group Disease Activity Index (BILAG)	Patients with SLE	60	-.07 ns	Büchi S. 2000 <sup>146</sup>
General Health Questionnaire (GHQ)	College students	52	-.39	Amirkhan J.H 2003 <sup>1</sup>
General Health Questionnaire (GHQ)	Students	95	-.32	Gibson L. 1996 <sup>308</sup>
General Health Questionnaire (GHQ)	General population	439	-.50	Pallant J. 2002 <sup>214</sup>
General Health Questionnaire (GHQ)	Psychiatric outpatients and community controls	441	-.66 <sub>p</sub>	Sammallahti P. 1996 <sup>105</sup>
General Health Questionnaire (GHQ)	Patients with severe multiple trauma	26	.33 <sub>t1</sub> ns -.71 <sub>t2</sub> -.62 <sub>t3</sub>	Snekkevik H. 2003 <sup>229</sup>
Gießener Beschwerdebogen (GBB)	Adolescents aged 16-20 years	341	-.54 <sub>p</sub>	Buddeberg-Fisher B. 2001 <sup>145</sup>
Health Assessment Questionnaire (HAQ)	Patients with rheumatoid arthritis (RA)	89	.19 ns	Büchi S. 1998 <sup>19</sup>
Health Assessment Questionnaire (HAQ)	Patients with RA and traffic accident victims	89 112	-.19 ns	Schnyder U. 1999 <sup>109</sup>
Health Assessment Questionnaire (HAQ – modified)	Patients with rheumatoid arthritis (RA)	828	-.27 <sup>a</sup> -.25 <sup>b</sup> -.37 <sup>c</sup> -.34 <sup>d</sup>	Callahan L. 1995 <sup>20</sup>
Global Health Status Scale				
Health Index (HI)	HIV-infected patients and controls	514	.66 <sub>p</sub> <sup>c</sup> .46 <sub>p</sub> <sup>d</sup>	Cederfjäll C. 2001 <sup>29</sup>
Health Index (HI)	Patients with cancer	79	.32 <sub>s</sub>	Forsberg C. 1996 <sup>160</sup>
Health Index (HI)	Predialytic uremic patients and healthy reference group	38 268	-.44 <sub>s</sub>	Klang B. 1996 <sup>189</sup>
Health Sickness Rating Scale (HSRS)	Middle-aged psychiatric high-risk subjects	148	.51 <sub>p</sub>	Cederblad M. 1996 <sup>309</sup>
Health Utility Index Score	Healthy subjects	16291	.31 <sub>p</sub>	Hood S.C. 1996 <sup>175</sup>
HIV Symptom Scale	HIV-infected patients and controls	514	-.42 <sub>p</sub> <sup>c</sup> -.34 <sub>p</sub> <sup>d</sup>	Cederfjäll C. 2001 <sup>29</sup>
Hopkin's Symptom Checklist	Patients and controls	59 276	-.75	Friberg O. 2003 <sup>48</sup>
Hopkin's Symptom Checklist	Homeless women and low-income housed women	113 116	-.62	Ingram K. 1996 <sup>176</sup>
Leddy Healthiness Scale	Adult volunteers	125	.70 .64 .60 .53	Leddy S. 1996 <sup>310</sup>
- power				
- purpose				
- connections				
Mental Health Inventory (MHI)	Divorced Muslim Arabs	306	.55 <sub>p</sub>	Cohen O. 2003 <sup>35</sup>
Mental Health Inventory (MHI)	Women with disabilities	88	.80 <sub>p</sub>	Dangoor N. 1994 <sup>37</sup>
Mental Health Inventory (MHI)	Students	202	.58	Ebert S. 2002 <sup>42</sup>
Mental Health Inventory (MHI)	Israeli Jewish women with physical disabilities and	94 94	.81	Florian V. 1994 <sup>46</sup>

	controls			
Mental Health Inventory (MHI-5)	General population	3515	.51-.65	Schumann A. 2003 <sup>296</sup>
MOS Short Form 36 (SF-36)	Patients with musculoskeletal pain	189		Atroshi I. 2002 <sup>2</sup>
- bodily pain			.13 <sub>p</sub>	
- mental health			.47 <sub>p</sub>	
MOS Short Form 36 (SF-36)	Students	202		Ebert S. 2002 <sup>42</sup>
- global health			.51	
MOS Short Form 36 (SF-36): Physical Component Scale (PCS)	Patients with RA and traffic accident victims	89	.20 ns	Schnyder U. 1999 <sup>109</sup>
MOS Short Form 36 (SF-36): Physical Component Scale (PCS)	Patients with SLE	112		Büchi S. 2000 <sup>146</sup>
MOS Short Form 36 (SF-36): Mental Component Scale (MCS)		60	.22 ns	
MOS Short Form 12 (SF-12): Physical Component Scale (PCS)	Patients with Menier's disease and healthy controls	112	.64 <sub>p</sub>	Hessén Söderman A-C. 2002 <sup>174</sup>
MOS Short Form 12 (SF-12): Mental Component Scale (MCS)		268	.05 <sub>p</sub> ns	
Oswestry low-back Questionnaire	Adult patients	80	-.54 <sub>p</sub>	Santavirta N. 1996 <sup>222</sup>
Oswestry low-back Questionnaire	Adult patients	85	-.23 <sub>s</sub>	Santavirta N. 1996 <sup>223</sup>
Pain Scale	Patients with rheumatoid arthritis	828	-.34 <sub>s</sub>	Callahan L. 1995 <sup>20</sup>
Pain VAS	Patients with rheumatoid arthritis	89	-.26 <sup>a</sup> -.25 <sup>b</sup>	Büchi S. 1998 <sup>19</sup>
Pennebaker Inventory of Limbic Languidness (PILL)	Students	202	-.35 <sub>p</sub>	Ebert S. 2002 <sup>42</sup>
Rheumatoid Arthritis Disease Activity Index (RADAI)	Patients with rheumatoid arthritis	89	-.31	Büchi S. 1998 <sup>19</sup>
Self-Illness Separation (SIS)	Patients with SLE	60	-.33 <sub>p</sub>	Büchi S. 2000 <sup>146</sup>
Self-perceived health	Healthy subjects	16291	.39 <sub>p</sub> .21 <sub>p</sub>	Hood S.C. 1996 <sup>175</sup>
Self Report Symptom Check List (SCL)	Adolescents aged 16-20	341	-.61 <sub>p</sub>	Buddeberg-Fisher B. 2001 <sup>145</sup>
Sickness Impact Profile (SIP)	Swedish patients with EDS	77	-.32	Berglund B. 2003 <sup>9</sup>
- physical dimension			-.10 ns	
- psychosocial dimension			-.46	
Sickness Impact Profile (SIP)	Older males	199	-.50	Brooks J.D. 1998 <sup>144</sup>
Sickness Impact Profile (SIP)	Cancer patients	25	-.64 <sub>s</sub>	Edman L. 2001 <sup>311</sup>
Sickness Impact Profile (SIP)	Swedish urban population	145	-.29 <sub>s</sub> <sup>a</sup> -.30 <sub>s</sub> <sup>b</sup>	Langius A. 1993 <sup>65</sup>
Scale of Psychological Distress Symptom Checklist (SCL-90)	Female students	54	-.35 <sub>p</sub>	Sarid O. 2003 <sup>224</sup>
Symptom Checklist (SCL-90)	Middle-aged psychiatric high-risk subjects	148	.72 <sub>p</sub>	Cederblad M. 1996 <sup>309</sup>
Symptom Checklist (SCL-90)	Traffic accident victims	51	-.54 <sub>p</sub> -.66 <sub>p</sub>	Frommberger U. 1999 <sup>49</sup>
Symptom Checklist (SCL-90)	Psychiatric outpatients and community controls	441	-.83 <sub>p</sub>	Sammallahti P. 1996, 1997 <sup>105, 312</sup>
Symptom Checklist (24 items) - physical symptoms	Drug addicts	20	-.74	Berg J.E. 1996 <sup>257</sup>
Symptom Checklist-90-R - global severity index	Women with IBS and healthy controls	324	-.64 <sub>p</sub>	Motzer Adams S. 2003 <sup>79</sup>
Symptom Checklist-90-R - somatization			-.31 <sub>p</sub>	
Symptom Checklist-90-R - somatization	Homeless drug-abusing minority women	581	-.46 <sub>p</sub>	Nyamathi A. 1992 <sup>292</sup>
Systemic Lupus International Collaborating Clinic/American College of Rheumatology (SLICC/ACR) Damage Score	Patients with SLE	60	.12 ns	Büchi S. 2000 <sup>146</sup>
Tinnitus Severity Questionnaire (TSQ)	Patients with Ménière's disease	112	-.58	Hessén Söderman A-C. 2001 <sup>173</sup>
Wahler Physical Symptom Inventory (WPS)/	Native and Anglo Americans	81	-.29 <sub>p</sub>	Bowman B.J. 1996 <sup>17</sup>
Vertigo Symptom Scale (VSS)	Patients with Ménière's	105	-.41 <sub>p</sub>	
		112	.22	Hessén Söderman A-

disease 268 C. 2001<sup>173</sup>  
 a) SOC-29 b) SOC-13 c) male d) female ns = not significant r<sub>s</sub> = Spearman's rank correlation coefficient  
 r<sub>p</sub> = Pearson's product moment correlation coefficient t = time

### Instruments measuring generalised perceptions of self and environment

Variable/Measure	Sample	N	Coeff r	First author
<i>Anger</i>				
Anger Arousal Scale	Patients with CHD	164	-.37 <sup>e</sup>	Kravets S. 1993 <sup>63</sup>
<i>Anxiety</i>				
Adult Attachment Scale (AAS) - anxiety	Women with perinatal bereavement	109	-.44	Uren T.H. 2002 <sup>125</sup>
Anxiety Scale	Adults with HIV	255	-.42	Linn J.G. 1995 <sup>313</sup>
Arthritis Impact Measurement Scale (AIMS)	Patients with rheumatic disorders	1333	-.63 <sub>p</sub>	Hawley D. 1992 <sup>55</sup>
Beck Anxiety Inventory (BAI)	Sawmill workers	51	-.43 <sup>e</sup>	Edwards D. 2001 <sup>153</sup>
Costello-Comrey Depression and Anxiety Scale (CCDAS) - anxiety	College students	133	-.45 <sub>p</sub>	Bigler M. 2001 <sup>10</sup>
Florida Health and Family Life Instrument - anxiety	Southeast Asian refugees	2234		Ying Y-W. 1997 <sup>314</sup>
Hopkin's Symptom Checklist - anxiety	Adult family members	456	-.29	Cederblad M. 2003 <sup>28</sup>
Hospital Anxiety and Depression Scale (HADS)	Patients with RA	89	-.55 <sub>p</sub>	Büchi S. 1998 <sup>19</sup>
Hospital Anxiety and Depression Scale (HADS)	French adults	647	-.52 <sup>a</sup> -.44 <sup>b</sup>	Gana K. 2001 <sup>51</sup>
Hospital Anxiety and Depression Scale (HADS)	French adults	193	-.51	Gana K. 2001 <sup>315</sup>
Hospital Anxiety and Depression Scale (HADS)	Patients with Menier's disease and healthy controls	112 268	-.67 <sub>p</sub>	Hessén Söderman A-C. 2002 <sup>174</sup>
Hospital Anxiety and Depression Scale (HADS)	Accident victims and patients with RA	96 60	-.28 -- -.61 -.63 -- .73	Schnyder U. 2000 <sup>110</sup>
Hospital Anxiety and Depression Scale (HADS)	Patients with severe multiple trauma	26	-.75 <sub>s12</sub> -.82 <sub>s13</sub>	Snekkevik H. 2003 <sup>229</sup>
Hospital Anxiety and Depression Scale (HADS)	Cancer patients	20	Ns	Wettergren L. 1997 <sup>247</sup>
Karolinska Scales of Personality - somatic anxiety - muscular tension - psychic anxiety - psychasthenia	Obese patients	33	-.57 <sub>p</sub> -.46 <sub>p</sub> -.83 <sub>p</sub> -.59 <sub>p</sub>	Björvell H. 1994 <sup>12</sup>
Karolinska Scales of Personality - somatic anxiety - psychological anxiety	Healthy nurses and patients (overweight, cancer)	80	-.57 -- .62 -.47 -- .83	Langius A. 1996 <sup>67</sup>
Sixteen Personality Factor Questionnaire (16PF) - anxiety	Undergraduates	100	-.52	Mlonzi EN. 1998 <sup>316</sup>
State Anxiety Questionnaire	Female students	54	-.70 <sub>p</sub>	Sarid O. 2003 <sup>224</sup>
State-Trait Anxiety Inventory (STAI)	Students	193	-.68	Kaiser C. 1996 <sup>59</sup>
State-Trait Anxiety Inventory (STAI)	Predialytic uremic patients and healthy reference group	38 268	-.64 <sub>s</sub>	Klang B. 1996 <sup>189</sup>
State-Trait Anxiety Inventory (STAI)	Patients with CHD	164	-.53 <sup>e</sup>	Kravets S. 1993 <sup>63</sup>
State-Trait Anxiety Inventory (STAI-Form Y-2)	Nursing students	132	-.70 -- -.75	Nintachan P. 2000 <sup>85</sup>
State-Trait Anxiety Inventory (STAI)	Handicapped and their spouses	152	-.82 <sup>e</sup>	Rena F. 1998 <sup>98</sup>
State-Trait Anxiety Inventory (STAI)	Patients with irritable bowel syndrome and controls	151	-.60 <sub>p</sub>	Sperber A. 1999 <sup>231</sup>

Symptom-Checklist-90-R - anxiety	Women with IBS and healthy controls	324	-.53 <sub>p</sub>	Motzer Adams S. 2003 <sup>79</sup>
Taylor Manifest Anxiety Scale (TMAS)	Adult college students	105	-.50	Flannery R.B. 1994 <sup>317</sup>
Well-being Scale: anxiety	HIV-patients and controls	514	-.71 <sub>p</sub> <sup>c</sup> -.67 <sub>p</sub> <sup>d</sup>	Cederfjäll C. 2001 <sup>29</sup>
Trier Personality Questionnaire - mental health	General population	3515	.76-.79	Schumann A. 2003 <sup>296</sup>
<b>Attachment</b>				
The Adult Attachment Scale (AAS) - closeness - search for meaning - degree of meaning	Women with perinatal bereavement	109	.49 -.37 .27	Uren T.H. 2002 <sup>125</sup>
<b>Attributional style</b>				
IPC Scale - internal control - powerful others control - chance control	Traffic accident victims	51	.22 ns -.36 <sub>p</sub> -.19 ns	Frommberger U. 1999 <sup>49</sup>
<b>Burnout</b>				
The Maslach Burnout Inventory (MBI) - emotional exhaustion - depersonalisation - personal achievement	Social workers	78	-.48 -.25 .36	Baker M. 1997 <sup>142</sup>
The Maslach Burnout Inventory (MBI) - emotional exhaustion - depersonalisation - personal accomplishment	Social workers	81	-.30 -.20 ns -.34	Gilbar O. 1998 <sup>318</sup>
The Maslach Burnout Inventory (MBI) - emotional exhaustion - depersonalisation - personal achievement	Dialysis nurses	238	-.57 <sub>p</sub> -.54 <sub>p</sub> .53 <sub>p</sub>	Lewis S. 1992 <sup>69</sup>
The Maslach Burnout Inventory (MBI) - sentimental exhaustion - depersonalisation - personal achievement	Nurses	79	-.55 [-.45] <sup>2</sup> .44	Tselebis A. 2001 <sup>243</sup>
The Compassion Satisfaction/Fatigue Test - burnout	Counsellors	130	-.59	Ortlepp K. 2002 <sup>88</sup>
The Burnout Measure	District nurses	33	-.69	Pålsson M-B. 1996 <sup>94</sup>
<b>Compassion/Empathy</b>				
The Compassion Satisfaction/Fatigue Test - compassion fatigue - compassion satisfaction	Counsellors	130	.51 -.56	Ortlepp K. 2002 <sup>88</sup>
The Empathy Construct Rating Scale	District nurses	33	.76	Pålsson M-B. 1996 <sup>94</sup>
<b>Contentment</b>				
General Contentment Scale (GCS)	College students	133	.84	Bigler M. 2001 <sup>10</sup>
<b>Demoralisation</b>				
PERI Demoralisation Scale <sup>1</sup>	Adolescents and youths aged 12-24 years and reference group	750 60 1033	-.75 <sub>p</sub>	Höfer R. 1997 <sup>319</sup>
PERI Demoralisation Scale	Mothers/immigrants	562	-.62	Soskolne V. 2001 <sup>230</sup>
<b>Depression</b>				
Allgemeine Depression Skala (ADS)	Adolescents	341	-.56	Buddeberg-Fischer B. 2001 <sup>145</sup>
Arthritis Impact Measurement Scale (AIMS)	Patients with rheumatic disorders	1333	-.69 <sub>p</sub>	Hawley D. 1992 <sup>55</sup>
Beck Depression Inventory (BDI)	Native Americans	81	-.49	Bowman B.J. 1996 <sup>17</sup>

	Anglo Americans	105	-.66	
Beck Depression Inventory (BDI)	Patients with major depressive disorder and controls	50	-.71-	Carstens J. 1997 <sup>21</sup>
		50	-.66	
Beck Depression Inventory (BDI)	Patients with acute myocardial infarction	290	-.53 <sub>p</sub>	Drory Y. 1999 <sup>320</sup>
Beck Depression Inventory (BDI)	Sawmill workers	51	-.58	Edwards D. 2001 <sup>153</sup>
Beck Depression Inventory (BDI)	Adult college students	105	-.47	Flannery R.B. 1994 <sup>317</sup>
Beck Depression Inventory (BDI-Child)	Homeless substance-abusers with children	72	-.51	Flick L.M. 1998 <sup>45</sup>
Beck Depression Inventory (BDI)	Students	193	-.57	Kaiser C. 1996 <sup>59</sup>
Beck Depression Inventory (BDI)	Juvenile delinquents	159	-.45	Koposov RA. 2003 <sup>62</sup>
Beck Depression Inventory (BDI)	Patients with CHD	164	-.53	Kravetz S. 1993 <sup>63</sup>
Beck Depression Inventory (BDI)	Patients with Scleroderma	50	-.64	Matsuura E. 2003 <sup>205</sup>
Beck Depression Inventory (BDI)	Female toxicological inpatients	150	-.56	Polewka A. 2001 <sup>91</sup>
Beck Depression Inventory (BDI)	Nurses	79	-.58	Tselebis A. 2001 <sup>243</sup>
Center for Epidemiological Studies – depression (CES-D)	College students	52	-.69	Amirkhan J.H. 2003 <sup>1</sup>
Center for Epidemiological Studies – depression (CES-D)	Adults with HIV	255	-.47	Linn J.G. 1995 <sup>313</sup>
Costello-Comrey Depression and Anxiety Scale (CCDAS) - depression	College students	133	-.90 <sub>p</sub>	Bigler M. 2001 <sup>10</sup>
Florida Health and Family Life Instrument - depression	Southeast Asian refugees	2234		Ying Y-W. 1997 <sup>314</sup>
			.34	
			.28	
Hamilton Depression Rating Scale (HDRS)	Female toxicological inpatients	150	-.38	Polewka A. 2001 <sup>91</sup>
Hopkin's Symptom Checklist - depression	Adult family members	456		Cederblad M. 2003 <sup>28</sup>
			-.44	
Hospital Anxiety and depression Scale (HADS)	Patients with RA and traffic accident victims	89	-.55	Schnyder U. 1999 <sup>109</sup>
		112		
Hospital Anxiety and depression Scale (HADS)	Patients with severe multiple trauma	26	-.50 <sub>S12</sub>	Snekkevik H. 2003 <sup>229</sup>
			-.62 <sub>S13</sub>	
Hospital Anxiety and depression Scale (HADS)	French adults	647	-.49	Gana K. 2001 <sup>51</sup>
			-.38	
Hospital Anxiety and depression Scale (HADS)	Patients with Menier's disease and healthy controls	112	-.64 <sub>p</sub>	Hessén Söderman A-C. 2002 <sup>174</sup>
		268		
Hospital Anxiety and depression Scale (HADS)	Accident victims and patients with RA	96	-.49 -- .60	Schnyder U. 2000 <sup>110</sup>
		60	-.54 -- .55	
Multiscore Depression Inventory	Students	193	-.74	Kaiser C. 1996 <sup>59</sup>
Profile of Mood States (POMS)	Homeless drug-abusing minority women	581	-.63 <sub>p</sub>	Nyamathi A. 1992 <sup>292</sup>
Profile of Mood States (POMS)	Women at risk for HIV infection	535	-.56 <sub>p</sub>	Nyamathi A. 1993 <sup>294</sup>
State-Trait Personality Inventory (STAI-T)	Native Americans	81	-.43	Bowman B.J. 1996 <sup>17</sup>
	Anglo Americans	105	-.64	
Symptom Checklist-90-R - depression	Women with IBS and healthy controls	324	-.64 <sub>p</sub>	Motzer Adams S. 2003 <sup>79</sup>
Tedium Measure - physical exhaustion (feeling tired)	Diabetic persons	20	-.69	Lundman B. 1993 <sup>321</sup>
- emotional exhaustion (depressed)				
- mental exhaustion(feeling worthless)				
The Zung self-rating Scale - depressive mood	Elderly people	58	-.42 <sub>p</sub>	Rennemark M. 1999 <sup>322</sup>
Well-being Scale: depression	HIV-patients and controls	514	-.64 <sup>a</sup>	Cederfjäll C. 2001 <sup>29</sup>
			-.47 <sup>b</sup>	
<b>Hardiness</b>				
Health-Related Hardiness Scale	Post-liver transplant recipients	230	.46 <sub>p</sub>	Newton S. 1999 <sup>83</sup>
Personal Views Survey	Students	336	.43	Smith T.L. 1997 <sup>114</sup>
Third Generation Hardiness Scale - commitment	Patients with CHD	164		Kravets S. 1993 <sup>63</sup>
			.48	
- challenge			.31	

- control			.45	
<b>Hope/Hopelessness</b>				
Beck Hopelessness Scale	University undergraduates	298	-.52 <sup>a</sup> -.65 <sup>b</sup>	Edwards M. J. 2001 <sup>43</sup>
Herth Hope Index (HHI)	Elderly people	152	.55	Coward D.D. 1996 <sup>151</sup>
Herth Hope Index (HHI)	African American breast cancer survivors	162	.54 <sub>s</sub>	Gibson L. 2003 <sup>323</sup>
Rheumatology Attitude Index (RAI) - helplessness	Patients with Scleroderma	50		Matsuura E. 2003 <sup>205</sup>
			-.35	
<b>Locus of Control</b>				
Internal Control Index	Students	336	.57	Smith T.L. 1997 <sup>114</sup>
Locus of Control (LOC)	Occupational therapy students and controls	71 651		Bränholm I-B. 1998 <sup>18</sup>
Locus of Control (LOC)	Middle-aged subjects at high-risk for psychiatric disturbances	148	.44 <sub>p</sub>	Cederblad M. 1996 <sup>23, 26</sup>
Locus of Control (LOC)	Adult college students	105	-.48	Dahlin L. 1993 <sup>26</sup> Flannery R. B. 1994 <sup>317</sup>
Locus of Control (LOC)	Patients with CHD	164	.26	Kravets S. 1993 <sup>63</sup>
Locus of Control (LOC) - chance	Male office workers	125		Nakamura M. 2001 <sup>80</sup>
			.34	
Rosenbaum's Self-Control Schedule	Nursing students	95	.13 ns	Thorell-Ekstrand I. 1993 <sup>124</sup>
Spheres of Control Battery – LOC	College students	52	.52	Amirkhan J.H 2003 <sup>1, 324</sup>
<b>Mastery</b>				
Mastery Orientation Inventory	Middle-aged subjects at high-risk for psychiatric disturbances	148	.59	Cederblad M. 1996 <sup>23, 26</sup>
Mastery Orientation Inventory	Students	336	.58	Dahlin L. 1993 <sup>26</sup> Smith T.L. 1997 <sup>114</sup>
Mastery Scale	General population	439	.54	Pallant J. 2002 <sup>214</sup>
Mastery Scale	Older adults	119	-.31	Smits C. 1995 <sup>297</sup>
Mastery Scale	General population	20579	-.50	Surtees P. 2003 <sup>304</sup>
<b>Optimism</b>				
Life Orientation Test	College students	112	.59	Adams T.B. 2000 <sup>134</sup>
Life Orientation Test (revised)	Students	202	.66	Ebert S. 2002 <sup>42</sup>
Life Orientation Test	General population	439	.53	Pallant J. 2002 <sup>214</sup>
Life Purpose Scale	College students	112	.60	Adams T.B. 2000 <sup>134</sup>
Purpose in Life Test	College students	133	.87	Bigler M. 2001 <sup>10</sup>
Purpose in Life Test	Parents with children with autistic spectrum disorders and parents with non-autistic children	66 66	.72	Sivberg B. 2002 <sup>325</sup>
<b>Personality</b>				
Bond's Defence Style Questionnaire (DSQ)	Psychiatric outpatients and controls	441		Sammallahti P. 1996, 1997 <sup>105, 312</sup>
- mature defence style			.31	
- neurotic defence style			-.20	
- borderline defence style			-.38	
- immature defence style			-.78	
Child Behaviour Checklist (CBCL)	Adult family members	456		Cederblad M. 2003 <sup>28</sup>
- externalising			-.27	
- internalising			-.28	
Eysenck Personality Inventory	Students	95		Gibson L. 1996 <sup>308</sup>
- neuroticism			-.46 ns	
- extraversion				
Eysenck Personality Questionnaire (EPQ-N)	Patients with Gallbladder Stones disease	28	-.73	Svebak S. 2000 <sup>237</sup>
- neuroticism				



Eysenck Personality Questionnaire (EPQ-R)	General population	20579		Surtees P. 2003 <sup>304</sup>
- neuroticism			-.45	
- extroversion			-.23	
NEO Five Factor Inventory	Students	202		Ebert S. 2002 <sup>42</sup>
- neuroticism			-.72	
- extraversion			.42	
- openness			ns	
- agreeableness			.34	
- conscientiousness			.46	
NEO Five Factor Inventory	Adolescents	115		Ruiselova Z. 2000 <sup>326</sup>
- neuroticism			-.48 - -.67	
- agreeableness			.31	
- conscientiousness			.37	
	Pediatricians	53		
- neuroticism			-.54	
- extraversion			.59	
- agreeableness			.50	
- conscientiousness			.47	
NEO Five Factor Inventory	Elderly women	82		Reuselova Z. 2002 <sup>327</sup>
- neuroticism			-.62	
- extraversion			ns	
- openness			.28	
- agreeableness			.39	
- conscientiousness			.33	
Karolinska Scales of Personality (KSP)	Obese patients	33		Björvell H. 1994 <sup>12</sup>
- impulsiveness			.24 <sub>p</sub>	
- monotony avoidance			.39 <sub>p</sub>	
- detachment			-.33 <sub>p</sub>	
- socialization			.47 <sub>p</sub>	
- aggression			-.04 <sub>p</sub>	
- hostility			-.71 <sub>p</sub>	
- inhibition of aggression			-.65 <sub>p</sub>	
Karolinska Scales of Personality (KSP)	Healthy nurses and patients (overweight, cancer)	80		Langius A. 1996 <sup>67</sup>
- hostility			-.71--.77	
Munich Personality Test (MPT)	Traffic accident victims	51		Frommberger U. 1999 <sup>49</sup>
- extraversion			.28	
- neuroticism			-.53	
- frustration tolerance			.60	
Personal Project Inventory	University students	117		Salmela-Aro K. 1992 <sup>104</sup>
- accomplishment			.65 <sub>p</sub>	
- negative affect			-.25 <sub>p</sub>	
- self			-.19 <sub>p</sub>	
- work			.24 <sub>p</sub>	
- routines			.18 <sub>p</sub>	
Positive and Negative Affect Scale	Adults with cleft lip	51		Cochrane W. 1999 <sup>149</sup>
- positive affect			.58	
- negative affect			-.66	
Positive and Negative Affect Scale	General population	439		Pallant J. 2002 <sup>214</sup>
- positive affect			.43	
- negative affect			-.55	
Positive and Negative Affect Scale	Male supervisors	79		Strümpfer D. 1997 <sup>328</sup>
- negative affect			-.30	
Self-concept Clarity Scale (SCC)	College students	133	.69	Bigler M. 2001 <sup>10</sup>
Self-concept Differentiation (SCD)	College students	133	-.34	Bigler M. 2001 <sup>10</sup>
Self-Disclosure Situations Survey (SDSS)	College students	133	.09	Bigler M. 2001 <sup>10</sup>
- flexibility				
Self Motivation Inventory (SMI)	Obese patients	33	-.55	Björvell H. 1994 <sup>12</sup>
Sixteen Personality Factor Questionnaire (16PF)	Undergraduates	100		Mlonzi EN. 1998 <sup>316</sup>
- extraversion			.51	
- tough poise			.35, male ns	
- independence			.41, male ns	

- control			.39	
Teacher's Report Form (TRF)	Adult family members	456		Cederblad M. 2003 <sup>28</sup>
- externalising			-.16	
- internalising			-.10	
Test of Negative Social Exchange	Homeless women and low-income housed women	113		Ingram K. 1996 <sup>176</sup>
		116		
- hostility			-.42	
- interference			-.37	
- insensitivity			-.49	
- ridicule			-.31	
<i>Resilience</i>				
Resilience Scale for Adults (RSA)	Patients and controls	59		Friborg O. 2003 <sup>48</sup>
		276		
- personal competence			.75	
- social competence			.44	
- family coherence			.45	
- social support			.29	
- personal structure			.33	
<i>Self-esteem/Self-efficacy</i>				
Deusingers' Multidimensional Self-Concept Questionnaire (FSKN)	Military officers, physicians and students	155	.29, .52	Ruiselova Z. 1995 <sup>329</sup>
		27	.52, .61	
		101	.27, .64	
Generalized Self-efficacy Scale	College students	52	.46	Amirkhan J.H. 2003 <sup>1</sup>
Greer-Burgers Self-Esteem Scale (SEG)	Elderly people	152	.53	Coward D.D. 1996 <sup>151</sup>
Rosenberg Self-Esteem Scale (SER)	College students	133	.75	Bigler M. 2001 <sup>10</sup>
Rosenberg Self-Esteem Scale (SER)	Adult family members	456	.33	Cederblad M. 2003 <sup>28</sup>
Rosenberg Self-Esteem Scale (SER)	Elderly people	152	.52	Coward D.D. 1996 <sup>151</sup>
Rosenberg Self-Esteem Scale (SER)	Homeless substance-abusers with children	72	.57	Flick L.H. 1998 <sup>45</sup>
Rosenberg Self-Esteem Scale (SER)	General population	439	.61	Pallant J. 2002 <sup>214</sup>
Self-Efficacy Scale (SES)	Students	336		Smith T.L. 1997 <sup>114</sup>
- general self-efficacy			.66	
- social self-efficacy			.44	
Self-Efficacy Scale (SES)	Retired subjects	363	.10	Wells Y.D. 1999 <sup>246</sup>
Self-Esteem Inventory (SEI)	Homeless drug-abusing minority women	581	.63 <sub>p</sub>	Nyamathi A. 1992 <sup>292</sup>
Self-Transcendence Scale (STS)	Elderly people	152	.58	Coward D.D. 1996 <sup>151</sup>

a) male b) female

<sup>1)</sup> psychological distress: poor self-esteem, hopelessness, helplessness, confused thinking, sadness, anxiety, psychophysiological symptoms

<sup>2)</sup> corrected by personal communication with the third author.

† = time

### Instruments measuring perceived stressors

Variable/Measure	Sample	N	Coeff r	First author
<i>Life events</i>				
Family Inventory of Life Events and Changes (FILE)	Israeli Jewish women with disabilities and controls	94	-.25 <sub>p</sub>	Florian V. 1994 <sup>46</sup>
Impact of Event Scale (IES)	Traffic accident victims	51	-.50 <sub>p</sub>	Frommberger U
			-.52 <sub>p</sub>	1999 <sup>49</sup>
Impact of Event Scale (IES-15)	Swedish ambulance personnel	362	-.30 <sub>s</sub>	Jonsson A. 2003 <sup>179</sup>
Impact of Event Scale (IES)	Women with perinatal bereavement	109		Uren T.H. 2002 <sup>125</sup>
- intrusion			-.42	
- avoidance			-.52	
- hyper arousal symptom			-.53	

The Life Experience Survey (LES)	Singaporean subjects	186	-.19	Bishop GD. 1993 <sup>163</sup>
Perinatal Grief Scale (PGS)	Women with perinatal bereavement	109	.71	Uren T.H. 2002 <sup>125</sup>
Brief Symptom Inventory(BSI) - current psychological distress	Women with perinatal bereavement	109	-.69	Uren T.H. 2002 <sup>125</sup>
Parent Perception Inventory (PPI)	Parents with children with Down's syndrome and controls	334	-.46 <sub>p</sub> -.54 <sub>p</sub>	Hedov G. 2002 <sup>171</sup>
<i>Perceived stressors</i>				
Brief Symptom Inventory (BSI)	Women referred to a breast health clinic	314	-.15 <sub>s</sub>	Gilbar O. 2003 <sup>54</sup>
COPE – Brief	Students	202		Ebert S. 2002 <sup>42</sup>
- approach coping			.24	
- avoidance coping			-.58	
COPE	General population	439		Pallant J. 2002 <sup>214</sup>
- behavioural disengagement			-.41	
- active			.37	
- plan			.33	
- denial			-.24	
- reinterpretation			.22	
- drug			-.18	
- mental disengagement			-.11	
- instrumental social support			.10	
Coping Strategy Indicator (CSI)	College students	52		Amirkhan J.H 2003 <sup>1, 324</sup>
- problem-solving			.26	
- seeking social support			.14 ns	
- avoidance			-.29	
Critical Care Nursing Stress Scale	Critical care nurses	35	-.20 ns	Yam B. 2003 <sup>250</sup>
Daily environmental Hassles Scale (DEH)	Homeless women and low-income housed women	113 116	-.40	Ingram K. 1996 <sup>176</sup>
Evaluating and Nurturing Relationship Issues	Israeli Jewish women with disabilities and controls	94 94	.44 <sub>p</sub>	Florian V. 1994 <sup>46</sup>
Communication and Happiness Scale (ENRICH)				
Family-COPEs	Dialysis patients	40		Senka J. 1995 <sup>330</sup>
- internal			.36	
Family Crisis-Oriented Personal Scales (F-COPE)	Israeli Jewish women with disabilities and controls	94 94		Florian V. 1994 <sup>46</sup>
- active coping			.44 <sub>p</sub>	
- passive coping			-.13 <sub>p</sub>	
Family Impact Questionnaire	Parents with children with autistic spectrum disorders and parents with non-autistic children	66 66		Sivberg B. 2002 <sup>325</sup>
- loving care			-.04 ns	
- worry			-.12 ns	
- stress			-.34	
- guilt-feelings			-.18 ns	
Family Straits	Dialysis patients	40	.60	Senka J. 1995 <sup>330</sup>
Hassles and Uplifts Scale	Singaporean subjects	186	-.35	Bishop GD 1993 <sup>11, 331</sup>
Hassles and Uplifts Scale	Israeli Jewish women with disabilities and controls	94 94	-.48 <sub>p</sub>	Florian V. 1994 <sup>46</sup>
Hassles and Uplifts Scale	French adults	193	-.25	Gana K. 2001 <sup>315</sup>
Hassles and Uplifts Scale	Students	336	-.46 <sub>p</sub>	Smith T.L. 1997 <sup>114</sup>
Jalowiec Coping Scale (JCS-40)	Patients with chronic renal failure	48		Klang B. 1996 <sup>188</sup>
- confrontational			.18 <sub>p</sub> ns	
- emotive			-.43 <sub>p</sub>	
- palliative			-.32 <sub>p</sub>	
Nursing Stress Scale (NSS)	Dialysis nurses	238	-.39 <sub>p</sub>	Lewis S. 1992 <sup>69</sup>
Occupational Stress Questionnaire	Industrial design personnel	422		Toppinen-Tanner S. 2003 <sup>241</sup>
- job complexity				

- autonomy			.33 <sub>p</sub>	
- role clarity			.34 <sub>p</sub>	
- time pressure			.47 <sub>p</sub>	
- competence			-.08 <sub>p</sub> ns	
- psychological symptoms			.63 <sub>p</sub>	
			-.66 <sub>p</sub>	
Perceived Stress Scale (PSS-10)	General population	439	-.65	Pallant J. 2002 <sup>214</sup>
Perceived Stress Scale	Students	336	-.64 <sub>p</sub>	Smith T.L. 1997 <sup>114</sup>
Perceived Stress Scale	Critical care nurses	35	-.64	Yam B. 2003 <sup>250</sup>
Recent Sexual Harassment Scale	Homeless women and low-income housed women	113	-.29	Ingram K. 1996 <sup>176</sup>
		116		
Sexual Experiences Survey (SES)	Homeless women and low-income housed women	113	-.26	Ingram K. 1996 <sup>176</sup>
		116		
Time Management Behavior Scale (TMBS)	Undergraduate college students	137	.37 - .57	Shahani C. 1993 <sup>332</sup>
<b>Post Traumatic Stress Disorder</b>				
PTSD-Interview (PTSD-I)	Fire fighters	464		Dudek B. 2000 <sup>41</sup>
- trauma reexperiencing			-.19	
- avoidance			-.27	
- arousal			-.24	
- trauma (global score)			-.27	
Post-Traumatic Stress Scale (PSS)	Traffic accident victims	51	-.58 <sub>p</sub>	Frommberger U. 1999 <sup>49</sup>
			-.59 <sub>p</sub>	
Post Traumatic Symptom Scale (PTSS-10)	Swedish ambulance personnel	362	-.40 <sub>s</sub>	Jonsson A. 2003 <sup>179</sup>
The Child PTSD Reaction Index (CPTSD-RI)	Juvenile delinquents	159	-.45	Koposov RA. 2003 <sup>23</sup>

ns = not significant

<sup>c)</sup> significant, the level not mentioned <sup>h)</sup> partly significant, partly not significant

r<sub>s</sub> = Spearman's rank correlation coefficient r<sub>p</sub> = Pearson's product moment correlation coefficient

### Instruments measuring quality of life and wellbeing

Measure/Variable	Sample	N	Coeff r	First author
<b>Quality of Life</b>				
EORTC Quality-of-Life Questionnaire (QOL-C30)	Cancer patients	20	.67 <sub>s11</sub>	Wettergren L. 1997 <sup>247</sup>
			.39 <sub>s12</sub> ns	
			.17 <sub>s13</sub> ns	
Flanagan Quality of Life Scale	Persons with CHD survived cardiac arrest	149	.73	Motzer S. 1996 <sup>209</sup>
Flanagan Quality of Life Scale	Women with IBS and healthy controls	324	.66 <sub>p</sub>	Motzer Adams S. 2003 <sup>79</sup>
Lancashire Quality of Life Profile (LQOLP)	Schizophrenic patients	120	.60 <sub>s</sub>	Bengtsson-Tops A. 2000 <sup>8</sup>
Life Satisfaction checklist (LiSat 9)	Patients with multiple trauma	69		Anke A. 2003 <sup>138</sup>
- life as a whole			.43	
- sexual life			ns	
- partner relations			.60	
- family life			.47	
- contacts with friends			.21	
- vocational situation			ns	
Life Satisfaction Domain Rating	Patients attending home	28	.69	Horsburgh M.

Scale (LSDRS)	dialysis and their spouses			1998 <sup>57</sup>
Life Satisfaction Index (LSI)	Older males	199	.44	Brooks J.D. 1998 <sup>144</sup>
Life Satisfaction Index Z	Patients attending home dialysis and their spouses	28	.72	Horsburgh M. 1998 <sup>57</sup>
LiSat Checklist	Patients with severe multiple trauma	26	.42 <sub>s t1</sub> .40 <sub>s t2</sub> .57 <sub>s t3</sub>	Snekkevik H. 2003 <sup>229</sup>
Nottingham Health Profile (NHP)	Patients with lower limb ischaemia and healthy controls	112 102	-.51 <sub>s</sub>	Klevsgård R. 2000 <sup>333</sup>
Psychological Well-Being Subscale, Quality of Life/Breast Cancer Version	African American breast cancer survivors	162	.59 <sub>s</sub>	Gibson L. 2003 <sup>323</sup>
Quality of Life	Middle-aged psychiatric high-risk subjects	148	.77 <sub>p</sub>	Cederblad M. 1996 <sup>309</sup>
Quality of Life	Families with subjects diagnosed with serious illness	78	.55 <sub>p</sub>	Hoehn Anderson K. 1998 <sup>270</sup>
Quality of Life Questionnaire-C30	Men with prostate cancer and men with benign prostatic hyperplasia	71 37	.52 <sub>s</sub> .07 <sub>s ns</sub> .71 <sub>s ns</sub> .55 <sub>s</sub> .50 <sub>s</sub> .49 <sub>s</sub>	Jakobsson L. 2002 <sup>177</sup>
- physical				
- role				
- emotional				
- social				
- cognitive				
Satisfaction with Life Domains	General population	3515	.68-.72	Schumann A. 2003 <sup>296</sup>
Satisfaction with Life Question	Patients attending home dialysis and their spouses	28	.60	Horsburgh M. 1998 <sup>57</sup>
Satisfaction with Life Scale (SWLS)	Adults with cleft lip	51	.74	Cochrane W. 1999 <sup>149</sup>
Satisfaction with Life Scale (SWLS)	General population	439	.53	Pallant J. 2002 <sup>214</sup>
Satisfaction with Life Scale (SWLS)	General population	3515	.67-.74	Schumann A. 2003 <sup>296</sup>
Spiritual Perspective Scale	African American breast cancer survivors	162	.16 <sub>s</sub>	Gibson L. 2003 <sup>323</sup>
The World Health Organization Quality of Life Scale (WHOQOL-BREF)	Patients with total spinal cord transaction and healthy controls	20 20		O'Carroll R.E. 2003 <sup>87</sup>
- physical capacity			.69	
- psychological capacity			.76	
- social relationships			.62	
- environment			.74	
The World Health Organization Quality of Life Scale (WHOQOL-BREF)	Japanese civil servants	1392	.51	Nasermoaddeli A. 2003 <sup>334</sup>
- psychological capacity				
<b>Wellbeing</b>				
Affect Balance Scale (ABS)	Elderly people	152	.67 <sub>p</sub>	Coward D.D. 1996 <sup>151</sup>
- emotional wellbeing				
Affect Balance Scale (ABS)	Older adults	119	.24	Smits C. 1995 <sup>297</sup>
- global wellbeing				
Cognitive Well-being Scale(CWB)	Elderly people	152	.65 <sub>p</sub>	Coward D.D. 1996 <sup>151</sup>
- emotional well-being				
Index of Marital Satisfaction Scale (IMS)	Handicapped and their spouses	152	-.38	Rena F. 1998 <sup>98</sup>
Perceived Wellness Survey (PWS)	College students	112	.66 <sub>p</sub>	Adams T.B. 2000 <sup>134</sup>

Profile of Mood States (POMS-Short form) - emotional wellbeing	Elderly people	152	-.68 <sub>p</sub>	Coward D.D. 1996 <sup>151</sup>
Purpose-in-Life Test (PIL)	Elderly people	152	.73 <sub>p</sub>	Coward D.D. 1996 <sup>151</sup>
Purpose-in-Life Test (PIL)	University under-graduates	151	.74 <sup>c</sup>	Edwards M. 2001 <sup>43</sup>
Scales of Psychological Well-being	College students with disabilities	147	.72 <sup>d</sup>	Lustig D.C. 2000 <sup>72</sup>
Wellbeing Measure <sup>e)</sup>	Diabetic persons	89	.87 <sub>p</sub>	Lundman B. 1993 <sup>321</sup>
Well-being Scale	HIV-infected patients and controls	20	-.65 <sub>p</sub>	Cederfjäll C. 2001 <sup>29</sup>
- positive wellbeing		514	.61 <sub>p</sub> <sup>c</sup>	
- energy			.53 <sub>p</sub> <sup>d</sup>	
			.61 <sub>p</sub> <sup>c,d</sup>	

<sup>c)</sup> male <sup>d)</sup> female <sup>e)</sup> Interpretation of the scale: the lower the level the higher the well-being.

$r_s$  = Spearman's rank correlation coefficient  $r_p$  = Pearson's product moment correlation coefficient

### Instruments measuring attitudes and behaviours

Measure/Variable	Sample	N	Coeff r	First author
<i>Attitudes towards disability</i>				
Acceptance of Disability Scale Modified (ADM)	Insulin-dependent diabetic subjects	107	.51 <sub>p</sub>	Richardson A. 2001 <sup>100</sup>
Acceptance of Disability Scale	Handicapped and spouses	152	.67	Rena F. 1998 <sup>98</sup>
Attitudes towards Disability Scale modified (ADM)	Swedish patients with EDS	77	.59	Berglund B. 2003 <sup>9</sup>
Rheumatology Attitudes Index (RAI)	Patients with rheumatoid arthritis (RA)	828	-.43 <sup>a</sup> -.39 <sup>b</sup>	Callahan L. 1995 <sup>20</sup>
<i>Coping ability</i>				
Defence Style Questionnaire (DSQ, Bond's)	Psychiatric outpatients and community controls	441		Sammallahti P. 1996 <sup>105</sup>
- mature defence style			.31 <sub>p</sub>	
- neurotic defence style			-.20 <sub>p</sub>	
- borderline defence style			-.78 <sub>p</sub>	
<i>Health belief</i>				
Health Belief Scale (HBS)	General polish population	60		Pasikowski T. 1994 <sup>335</sup>
- bio-medical model (BM)			-.12 <i>ns</i>	
- holistic-functional (HF) model			.25	
- HF-BM model			.27	
Health Opinion Survey (HOS)	Daughters of women with breast cancer and healthy women	45 51	.32 <sub>p</sub>	Gilbar O. 1998 <sup>53</sup>
<i>Social skills</i>				
Career Thoughts Inventory	Female college students	145	-.35	Lustig D. 2002 <sup>73</sup>
- Decision Making Confusion Scale			-.31	
- Commitment Anxiety Scale			-.37	
- External Conflict Scale			-.29	
Florida Health and Family Life Instrument	Refugees	2234		Ying Y-W. 1997 <sup>314</sup>
- psychosocial dysfunction			.32	
Health Survey Questionnaire (SF-36)	Patients with RA and traffic accident victims	89 112		Schnyder U. 1999 <sup>109</sup>
- social functioning			.37 <sub>p</sub>	

Interview Schedule for Social Interaction	HIV-infected patients and controls	514	.20 <sub>p</sub> <sup>a</sup> .60 <sub>p</sub> <sup>b</sup>	Cederfjäll C. 2001 <sup>29</sup>
Multidimensional Scale of Perceived Social Support	Patients with acute myocardial infarction	290	.51	Drory Y. 1999 <sup>320</sup>
Multidimensional Scale of Perceived Social Support	Israeli Jewish women with disabilities and controls	94	.60 <sub>p</sub>	Florian V. 1994 <sup>46</sup>
The Perceived Competence Scale for Children	Adult family members	456		Cederblad M. 2003 <sup>28</sup>
- social			.13	
- school			.17	
The Perceived Social Support Index (PSS)	Canadians	17626	.21 <sub>p</sub>	Wolff A.C. 1999 <sup>249</sup>
Personal Views Survey	Students	336	.43 <sub>p</sub>	Smith T.L. 1997 <sup>114</sup>
Social Activities and Distress Scale (SADS)	Adult with cleft lip	51	-.69	Cochrane W. 1999 <sup>149</sup>
Social Desirability Scale (SDS)	Occupational therapy students and controls	71	.31 <sub>s</sub>	Bränholm I-B. 1998 <sup>18</sup>
Social Desirability Scale (SDS)	General population	651		Pallant J. 2002 <sup>214</sup>
Social Health Scale (SHS)	Older males	439	.26	Brooks J.D. 1998 <sup>144</sup>
Social Inadequacy Scale	Older adults	199	.27	Smits C. 1995 <sup>297</sup>
Social Support Appraisal Scale (SS-A)	General population	90	-.21	Schumann A. 2003 <sup>296</sup>
Social Support Index	Adult college students	3515	.55-.59	Flannery R.B. 1994 <sup>317</sup>
Social Support Questionnaire	Homeless women and low-income housed women	105	-.47	Ingram K. 1996 <sup>176</sup>
- satisfaction		113		
- number		116	.42	
Social Support Scale	Homeless drug-abusing minority women		.08 ns	Nyamathi A. 1992 <sup>292</sup>
Work Personality Profile Self-Report (WPP-SR)	College students	581	.14 <sub>p</sub>	Strauser D. 2003 <sup>115</sup>
- task orientation		156		
- social skills			.32 <sub>p</sub>	
- work motivation			.26 <sub>p</sub>	
- work conformance			.23 <sub>p</sub>	
- personal presentation			.42 <sub>p</sub>	
			.28 <sub>p</sub>	

a) SOC-29 b) SOC-13 ns = not significant  $r_s$  = Spearman's rank correlation coefficient  $r_p$  = Pearson's product moment correlation coefficient t = time

Table 6. Sense of Coherence Scale: means and standard deviation of the subscales from published studies 1992- 2003.

SOC items	Comprehensibility M (SD)	Manageability M (SD)	Meaningfulness M (SD)	First author
9	2.85 ( 0.2)	2.69 ( 0.3)	2.80 ( 0.3)	Forsgårde M. 2000 <sup>265</sup>
	2.83 ( 0.3)	2.63 ( 0.3)	2.80 ( 0.2)	
	2.78 ( 0.3)	2.58 ( 0.4)	2.67 ( 0.3)	
	2.68 ( 0.4)	2.56 ( 0.4)	2.69 ( 0.3)	
13	23.50 ( 3.8)	25.00 ( 3.4)	23.80 ( 3.6)	Ekman I. 2002 <sup>155</sup>
	24.40 ( 3.7)	25.00 ( 3.4)	24.20 ( 3.7)	
13	65.00 <sup>a</sup> (21.8) <sup>b</sup>	72.40 <sup>a</sup> (21.6) <sup>b</sup>	76.10 <sup>a</sup> (20.3) <sup>b</sup>	Guldvog B. 1999 <sup>168</sup>
13	22.60 ( 5.1)	18.80 ( 3.6)	19.70 ( 4.0)	Tang S.T. 2002 <sup>240</sup>
	22.50 ( 4.9)	18.20 ( 3.8)	20.00 ( 4.0)	
13	27.35 ( 5.4)	22.01 ( 4.4)	23.02 ( 4.1)	Wells Y.D. 1997 <sup>245</sup>
	25.88 ( 5.4)	20.89 ( 5.1)	21.77 ( 4.3)	
13	21.04 <sup>b</sup> ( 3.9) <sup>b</sup>	20.72 <sup>b</sup> ( 4.3) <sup>b</sup>	28.80 <sup>c</sup> ( 6.0) <sup>b</sup>	Abrahamsson A. 2002 <sup>131</sup>
26-F	37.08 ( 8.9)	43.10 ( 9.7)	44.38 ( 8.4)	Hoehn Andersson K.

				1998 <sup>270</sup>
29	50.80 (12.2)	52.50 (10.2)	40.90 ( 9.2)	Büchi S. 1998 <sup>19</sup>
29	34.38 ( 8.3)	36.53 ( 8.3)	29.66 ( 9.7)	Carstens J. 1997 <sup>21</sup>
	45.24 ( 9.8)	49.26 ( 9.5)	42.74 ( 7.2)	
29	49.26 ( 7.5)	46.17 ( 5.0)	50.96 ( 8.1)	Cilliers F. 2003 <sup>32</sup>
29	50.32 ( 9.0)	53.01 ( 7.4)	45.12 ( 5.8)	Dudek B. 2000 <sup>41</sup>
29	39.55 ( 8.3)	34.04 ( 6.5)	32.00 ( 4.5)	Ekblad S. 1997 <sup>336</sup>
29	45.50 (10.5)	48.70 (10.5)	42.00 ( 8.4)	Lustig D. 2000 <sup>72</sup>
29	43.60 (10.0)	46.93 ( 8.7)	41.30 ( 7.6)	Pasikowski T. 1994 <sup>335</sup>
29	41.58 <sup>h</sup> (0.88) <sup>g</sup>	41.50 <sup>i</sup> (1.06) <sup>g</sup>	36.48 <sup>i</sup> (1.16) <sup>g</sup>	Sandell R. 1998 <sup>106</sup>
	44.88 <sup>h</sup> (0.82) <sup>g</sup>	45.40 <sup>i</sup> (0.98) <sup>g</sup>	40.32 <sup>j</sup> (1.14) <sup>g</sup>	
	53.13 <sup>h</sup> (0.82) <sup>g</sup>	55.20 <sup>i</sup> (0.86) <sup>g</sup>	45.04 <sup>j</sup> (0.90) <sup>g</sup>	
	47.96 <sup>h</sup> (0.82) <sup>g</sup>	51.80 <sup>i</sup> (0.92) <sup>g</sup>	42.88 <sup>j</sup> (1.05) <sup>g</sup>	

a) adjusted scale range 0-100 b) here multiplied by 4 c) here multiplied by 5 g) SD cannot be corrected h) here multiplied by 11 i) here multiplied by 10 j) here multiplied by 8

Table 7. Sense of Coherence Scale: Gender differences in means and standard deviation from published studies 1992-2002.

SOC Items	Sample	N	Men M (SD)	Women M (SD)	Diff ±	First author
7	Finns	1861	22.18 ( 0.19)	22.25 ( 0.18)	0.07	Niemelä M. 2002 <sup>291</sup>
9	Substance abusers	60	2.71 ( 0.60)	2.44 ( 0.60)	0.27	Andersen S. 2001 <sup>253</sup>
9	Employees	2053	78.84 (14.25)	82.04 (12.57)	3.20	Albertsen K. 2001 <sup>251</sup>
9	Government employees	763	47.27 ( 7.26)	46.12 ( 7.32)	1.15	Kivimäki M. 1997 <sup>275</sup>
9	Older adults	952	36.30 ( 4.30)	35.60 ( 4.50)	0.70	Midanik L.T. 1992 <sup>288</sup>
13	Patients with hypertension	238	58.90	67.90	9.00	Anson O. 1993 <sup>140</sup>
13	Family care-givers	305	67.50 (13.20)	69.30 (12.50)	1.80	Chumbler N. 2003 <sup>148</sup>
13	Former workers	344	67.90 (12.24)	66.50 (12.05)	1.40	Johansson Hanse J. 1999 <sup>178</sup>
13	Municipal employees	2991	4.93 ( 0.79)	4.97 ( 0.80)	0.04	Kivimäki M. 2002 <sup>186</sup>
13	Swedes	2003	65.04 (10.39)	64.02 (11.36)	1.02	Larsson G. 1996 <sup>196</sup>
13	General population	1254	70.73 <sub>11</sub> 68.70 <sub>12</sub>	70.92 <sub>11</sub> 69.04 <sub>12</sub>	0.19 0.34	Nilsson B. 2003 <sup>212</sup>
13	Parents with children with intellectual disability and controls	259 109 381	69.10 (11.90) 65.20 (12.00) 69.50 (10.80)	64.40 (14.50) 59.90 (14.40) 69.10 (10.80)	4.70 5.30 0.40	Olsson M.B. 2002 <sup>213</sup>
13	Swedish ambulance personnel	362	69.90 ( 8.57) 65.57 (10.30)	70.54 (9.72) 66.30 (9.93)	0.64 0.73	Jonsson A. 2003 <sup>179</sup>
13	Diabetic patients	88	73.90 (12.10)	71.00 (11.70)	2.90	Sandén-Eriksson B. 2000 <sup>221</sup>
13	Unemployed people	1249	54.41 (14.10)	55.19 (14.20)	0.78	Starrin B. 2001 <sup>232</sup>
13	General population	21101	68.44 63.98 59.22 55.25 51.94	67.26 62.33 58.29 53.70 49.78		Suominen S. 2002 <sup>236</sup>
13	Employees	103	67.00 <sup>a</sup>	66.00 <sup>a</sup>	1.00	Söderfeldt M. 2000 <sup>238</sup>
16	Finns	3115	9.55 ( 1.17)	9.50 ( 1.20)	0.05	Suominen S. 1993 <sup>301</sup>
29	Patients with musculoskeletal pain	189	155.00 (23.00)	149.00 (24.00)	6.00	Atroshi I. 2002 <sup>2</sup>
29	College students	294	4.33 ( 0.59) 4.85 ( 0.57)	4.22 ( 0.54) 4.46 ( 0.72)	0.11 0.39	Ben-David A. 1996 <sup>5</sup>
29	Schizophrenic patients	120	134.00 (13.00)	123.00 (53.00)	11.00	Bengtsson-Tops A. 2000 <sup>8</sup>
29	HIV-infected patients and healthy controls	189 145	142.00 (23.00) 152.00 (17.00)	133.00 (20.00) 151.00 (19.00)	9.00 1.00	Cederfjäll C. 2001 <sup>25</sup>
29	University under-graduates	298	133.21 (20.35)	132.91 (19.92)	0.30	Edwards M.J. 2001 <sup>43</sup>
29	Kibbutz members	228 209	150.80 (19.80) 147.10 (19.10)	146.40 (22.90) 142.30 (20.00)	4.40 4.80	Kark J.D. 1996 <sup>60</sup>
29	Cancer patients and	42	158.00 (17.00)	137.00 (22.00)	21.00	Langius A. 1994 <sup>66</sup>



	healthy controls					
29	Parents of handicapped and non-handicapped children	78 83	5.09 ( 0.66) 5.24 ( 0.62)	4.81 ( 0.86) 5.04 ( 0.58)	0.28 0.20	Margalit M. 1992 <sup>76</sup>
29	Swedish employees	194	151.00 (17.00)	145.00 (18.00)	6.00	Runeson R. 2003 <sup>101</sup>
29	College students	270	132.30 (21.10)	129.80 (20.70)	2.50	Skirka N. 2000 <sup>115</sup>
29	Multicultural group of subjects	550	139.57 (21.18)	134.07 (21.83)	5.50	Wissing M. 2002 <sup>126</sup>
29	Nondiabetic older adults	73	158.60 (17.40)	141.90 (26.30)	16.70	Zhang J. 2001 <sup>127</sup>
		69	158.90 (17.80)	141.20 (24.60)	17.70	
			164.50 (17.10)	160.50 (22.10)	4.00	
			161.70 (15.50)	159.90 (21.70)	1.80	

<sup>a)</sup> SOC index transformed to range between 0 and 100; t = time

Table 8. Sense of Coherence Scale: Divisions into low to high based on published studies 1992-2003.

SOC-29 (7-point Likert scale range from 29-203)	First author
Weak vs strong, cut point = median	Amirkhan J.H. 2003 <sup>1</sup>
Low = percentiles 1-33, high = percentiles 67-100	Cederblad M. 2003 <sup>28</sup>
Low = below median, high = above median	Gibson L.M. 1997 <sup>337</sup>
Low = 113.1 points, medium = 135.6 point, high = 158.1 point	Jorgensen R.S. 1999 <sup>58</sup>
Weak, moderate, strong - quartiles	Karlsson I. 2000 <sup>184</sup>
Low/weak = 25 %, moderate = 50 %, high = 25 % - percentiles	Langius A. 1996 <sup>67</sup>
Lower = mean 101.37, middle = mean 141.15, upper = mean 168.30	McSherry W.C. 1994 <sup>338</sup>
Unfavorable = ≤ 136 points, intermediate = ≥ 137 - ≤ 148 points, favorable = ≥ 149 points	Nilsson B. <sup>84</sup>
Lowest, rather low, medium, rather high, highest (quintiles)	Poppius E. 1999 <sup>92</sup>
Weak, moderate, strong (tertiles)	Poppius E. 2003 <sup>93</sup>
Low/high Cut point = median score	Rena F. 1998 <sup>98</sup>
Low = ≤ 136 points, high = ≥ 136 points	Shiu A. T-Y. 1998 <sup>112</sup>
Low = 0-10 %, middle high = 45-55 %, high = 90-100%	Svartvik L. 2002 <sup>117</sup>
SOC-13 (7-point Likert scale range from 13-91)	First author
Low = mean score or lower, high = higher than mean score	Abel T. Et al 1999 <sup>132</sup>
Low = 1.0-4.4 points, <middle = 4.5-5.0 points, >middle = 5.1-5.6 points, high = 5.7-7.0 points	Due E.P. et al 1998 <sup>152</sup>
Group 1 = 23-39 points, group 2 = 40-56 points, group 3 = 57-73 points, group 4 = 74-90 points	Feldt T. 2000 <sup>339</sup>

Low = 20-50 points, moderate = 51-70 points, high = 71-88 points (quartiles)	Gottlieb A. 1998 <sup>166</sup>
Weak = < 63 points, medium = 64-72 points, strong = 72 points	Harri M. 1998 <sup>169</sup>
Weak = 27-60 points, moderate = 61-74 points, strong = 75-87 points	Hedov G. 2002 <sup>171</sup>
Low=0-55 points, medium=56-65 points, high=66-78 points	Ibrahim S. 2001 <sup>340</sup>
Low = below the median, high = above the median	Johansson Hanse 1999 <sup>178</sup>
High = $\geq 74.77$ -76.77 points (VAS/adjusted scale range 1-100 mm)	Karlsson I. 2002 <sup>61</sup>
Weak=42-59 points (25%), moderate=60-77 points (50%), strong=78-83 points (25%)	Klang B. 1996 <sup>189</sup>
Low, high – cut off = median	Korotkov D.L. 1993 <sup>341</sup>
Low, high/medium dichotomised at the lower tertile	Krantz G. 2000 <sup>193</sup>
Low/weak = 25 %, moderate = 50 %, high = 25 % - percentiles	Langius A. 1993 <sup>65</sup> , 1994 <sup>66</sup> , 1996 <sup>67</sup>
Weak = 35-60 points, moderate = 61-75 points, strong = 76-91 points	Mendel B. 2001 <sup>208</sup>
Low = $\leq 69$ points, high = $\geq 69$ points (median)	Olsson M.B. 2002 <sup>213</sup>
Low = 13-19 points, moderate = 40-65 points, high = 66-91 points	Persson D. 1999 <sup>342</sup>
Low = < 49 points	Starrin B. 2001 <sup>232</sup>
High = $\geq 67$ points	Stephens T. 1999 <sup>234</sup>
<b>SOC-modified scales</b>	
Low = 3-6 points, high 0-2 points (SOC-3, 3 reply choices)	Avlund K. 2003 <sup>255</sup>
Low = 3-6 points, high 0-2 points (SOC-3, 3 reply choices)	Berntsson L. 2000 <sup>261</sup>
High = $\geq 60$ points (SOC-12)	Eriksson N-G. 1996 <sup>264</sup>
Poor = 3 points or more	Grøholt E-K. 2003 <sup>266</sup>
Low = 3-6 points, medium = 1-2 points, high = 0 point (SOC-3, 3-point scale)	Jahnsen R. 2002 <sup>272</sup>
Low = below the median, high = above the median (SOC-9, 3 reply choices)	Johansson I. 1998 <sup>343</sup>
Low = 0-2, 3+, high = 0, 1+ (SOC-3, 3 reply choices)	Lundberg O. 1994 <sup>283</sup> , 1995 <sup>284</sup>
Weak, strong In this study low scores = strong SOC (SOC-9, 5-point scale)	Larsson G. 1994 <sup>281</sup>
Low = < 31 points, moderate = 31-39 points, high 40-45 points (SOC-9, 5-point scale)	Midanik L.T. 1992 <sup>288</sup>
Low = > 0 point, high/perfect = 0 point (SOC-3, 3 reply choices)	Ristner G. 2000 <sup>344</sup>
Low = > 0 (SOC-3, 5 response choices)	Sundquist J. 2000 <sup>300</sup>
Low and high – two groups of equal size (SOC-16, 4-point scale)	Suominen S. 1999 <sup>302</sup>
Low, medium, high – groups of equal size (SOC-16, 4-point scale)	Suominen S. 2001 <sup>303</sup>

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