# ORIGINAL ARTICLES

# Tobacco farmers and diversification: opportunities and barriers

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**Abstract** 

Objective—To assess the knowledge, attitudes, and behaviours of tobacco growers and allotment owners in the southeastern United States.

Design-Cross-sectional telephone sur-

Participants—Tobacco growers (n = 529)and tobacco allotment owners (n = 417) were interviewed by telephone in March 1995.

Setting-Tobacco growing states in the southeastern US.

Main outcome measures-Attitudes of tobacco growers and tobacco allotment owners towards, and experience with, diversification; and attitudes towards an increase in the federal excise tax on tobacco.

Results-Half of the respondents had done something to learn about on-farm alternatives to tobacco, had an interest in trying other on-farm ventures to supplement tobacco income, and found alternatives that were profitable. There was a strong, negative linear trend between age and being interested in or trying alternative enterprises. Structural and economic impediments to diversification were noted by respondents (especially younger respondents), but 73% supported an increase in the federal excise tax on tobacco if the money was used to help farmers overcome these barriers.

Conclusions-These data suggest that farmers and health professionals have reason to establish dialogue around diversification and using excise tax increases to fund diversification and to promote health. Tobacco companies have been successful in mobilising farmers against tax increases, but efforts must be made to show farmers that tax increases can be beneficial both to their diversification efforts and to public health. The outcome of this dialogue may well affect the economic infrastructure of thousands of rural communities, the livelihood of tens of thousands of tobacco farmers and their families, and the health of millions of tobacco users.

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#### Introduction

In the US, tobacco use remains the single most important risk factor for premature morbidity and mortality. 1-3 The tobacco industry remains a formidable influence in policy circles, in part because they have raised the concern of policy-makers and the public about how tobacco control might negatively impact tobacco farmers and tobacco farming communities. The dependence of individual farmers and local and state economies on the growing and manufacturing of tobacco is one of the last, and perhaps strongest, of the tobacco industry arguments against tobacco control.<sup>4</sup> For example, concern about the economic stability of tobacco farmers and tobacco farming communities in the face of tobacco control has been a key obstacle in efforts to raise federal or state excise taxes on tobacco. At the federal level, tobacco farmers and industry lobbyists exert considerable influence. As Bob Geiger, a reporter for the *Lexington* (Kentucky) Herald-Leader newspaper noted: "The farmers' wrath probably was enough to kill the cigarette-tax increase proposed by President Clinton to help pay for his ill-fated health-care reform package." In tobacco-growing states, arguments on the importance of tobacco in the local economy are also presented in the context personal freedom—freedom to farm successfully, grow chosen crops, and continue family, community, and cultural traditions.6 In 1994, for example, Andrew Schindler, then President and Chief Operating Officer of RJ Reynolds Tobacco Co., told a meeting of farmers: "The anti-tobacco forces want to put us out of business and our employees out of jobs".

What is often lost in these discussions is that the plight of American tobacco farmers is affected more by tobacco company practices and worldwide economics than by tobacco control. Over the past 40 years, American tobacco farming has slowly, but consistently, become less profitable. In 1991, the proportion of income the American tobacco farmer derived from the cigarette user's dollar was 3%, down from 7% in 1980 and 16% in 1957. In contrast, tobacco manufacturers' and wholesalers' share rose by a third between 1980 and

1991 and by 64% between 1957 and 1991.8 Thus, for every dollar spent on tobacco in 1993, farmers received less than 3 cents and manufacturers and wholesalers tobacco received more than 63 cents. The rest went to excise taxes (29 cents) and retailers (5 cents). Due in part to these economic realities and the relatively high price of American tobacco on the world market, tobacco farmers have expanded efforts to diversify because they cannot sustain increasing costs, decreasing profits, and the risk of over-concentration in a crop with an increasingly uncertain future.9 Others have stopped growing tobacco altogether. The number of tobacco farms in the United States has dropped substantially: from 512 000 in 1954 to 124 000 in 1992.

Over the past four decades, tobacco has also lost its centrality to the economy of many tobacco-growing states. The contribution of the tobacco industry to the North Carolina economy, for example, has dropped from 11.3% in 1960 to 7.8% in 1993.10 With respect to North Carolina farm cash receipts, the contribution of tobacco has dropped from 47% in 1959 to 19% in 1993.11 The declining contribution of tobacco is a result of the declining economic competitiveness of American tobacco in the world market, reduced consumption in the United States, and a concerted effort in North Carolina to diversify the underlying economic infrastructure. Livestock and poultry now outproduce tobacco12 and cotton is becoming an increasingly popular alternative.13

North Carolina is not only first among all states in tobacco production, but also first in sweet potatoes and turkeys; second in pickle cucumbers, poultry, egg products, and trout; and third in hog production. Hawk Johnson, a long-time tobacco lobbyist, noted, "in 20 years, there won't be any cigarette manufacturing in North Carolina. It'll all be offshore, where it's cheaper and where the markets are." 12

Despite these tobacco company and marketplace influences, tobacco companies continue to identify health professionals and the policies they propose as the primary cause of the problems experienced by American tobacco farmers. Interestingly, there has been little scientific investigation of what tobacco farmers think. For example, farmer perceptions of the economic forces and policy alternatives that could affect their ability to sustain tobacco farming enterprises are unknown. In addition, farmers' attitudes towards and experience with diversification are not well understood. If farmers, elected officials, and the general public believed that diversification was desirable, achievable, and economically advantageous, a key obstacle to the passage of a diverse range of tobacco control policies would be lifted (particularly with respect to excise taxes and clean indoor air). The study reported here is the first study of what a representative sample of southeastern tobacco farmers have done with respect to diversification. We also report data on farmers' attitudes towards increases in tobacco excise taxes.

## Methods

A list of tobacco farmers was bought from a commercial source that compiled names from several sources: (a) tobacco allotment owners listed on the United States Department of Agriculture's Agricultural Stabilization and Conservation Service (ASCS) records from the early 1990s (currently named the Farm Service Agency (FSA)); (b) subscribers to a widely read farm magazine; and (c) market research surveys of farmers.

This list of tobacco farmers was drawn from a list of individuals who farmed 95% of the farmland acres in the United States. The list included both allotment owners and allotment renters/operators. This database is updated continually, a distinct advantage to using the FSA list alone, which is known for being out of date. In brief, the federal allotment system controls the amount of tobacco that is grown in the United States. Farmers can only grow tobacco if they own or rent allotment; the amount they grow is also set by the allotment system.

A random, stratified sample of tobacco farmers/allotment owners was obtained. Strata used were acres grown/owned, type of tobacco (flue-cured, burley), and state (Georgia, Kentucky, North Carolina, South Carolina, Tennessee, Virginia, other). Each telephone number was dialled three times between 5 pm and 9 pm (Monday to Saturday) before it was considered a non-response. Interviews lasted approximately 15 minutes and the response rate was 72%.

The options potentially available to tobacco farmers include<sup>15-17</sup>: (a) stop growing tobacco and replace it with other on-farm enterprises; (b) stop growing tobacco and replace it with off-farm alternatives; (c) reduce the amount of tobacco grown and substitute it with other alternatives, either on-farm or off-farm; (d) maintain the amount of tobacco grown under allowed allotments and increase supplemental agricultural enterprises; and (e) expand current tobacco production and hope to survive as one of the large growers.

To measure the current and planned activities of tobacco growers, we asked about a wide variety of issues: attempts at diversification, perceptions of barriers to diversification, views on tobacco policy issues, perceptions of the tobacco companies, and views on the health effects of tobacco use. Not all of these variables are presented in this paper as our focus here is on the farmer's experiences with, and perceptions about, diversification. Thus, we present data on whether farmers were interested in on-farm ventures to supplement tobacco, whether they had ever done anything to learn about on-farm alternatives, and whether any on-farm alternatives they had tried were profitable. We also present results pertaining to potential perceived barriers to supplementing tobacco income, including perceived lack of capital, market outlets. processing plants, off-farm jobs, and skills to engage in activities other than tobacco growing. Finally, farmers were asked for their views on an increase in the federal excise tax on tobacco

Table 1 Survey responses by population subgroups for diversification outcomes (presented as percentages for categorical variables and odds ratios for continuous variables)

Question	Overall growers n=529	Age (10 years)‡	Education		Tobacco grown		Dependence (10%)‡	Pounds grown (10k)‡§	
		Odds ratio (95% CI)	≤ HS n=372	>HS n=157	Flue n=231	Burley n=292	Odds ratio (95% CI)	Odds ratio (95% CI)	
In past 5 years, got job									
off-farm to supplement									
tobacco income (% yes)	34	0.696**† (0.601-0.806)	34	35	28	39**	0.875**† (0.819-0.936)	0.934**† (0.898- 0.971)	
In past 5 years, increased									
livestock or poultry income to supplement tobacco									
income (% yes)	37	0.024 (0.006 1.060)	25						
In past 5 years, increased	31	0.924 (0.806–1.060)	35	41	29	43**	0.984 (0.924–1.048)	0.973 (0.945-1.002)	
non-vegetable crop income									
to supplement tobacco									
income (% yes)	26	0.788**† (0.677-0.918)	23	32*	33	20**	1.064 (0.000 1.110)		
In past 5 years, increased	20	0.760   (0.077-0.918)	23	32"	23	20^^	1.064 (0.993–1.140)	1.032* (1.001–1.058)	
vegetable income to									
supplement tobacco income									
(% yes)	14	0.906 (0.749-1.095)	14	15	19	10**	0.991 (0.909-1.080)	1.025 (0.997-1.054)	
Ever did anything to learn		,			• ,	10	0.551 (0.505 1.080)	1.023 (0.997-1.034)	
about on-farm alternatives									
(% yes)	58	0.804**† (0.701-0.922)	52	71*†	63	54*	1.050 (0.986-1.118)	1.049** (1.016-1.083)	
Has discovered on-farm				•				11015 (1.010 1.005)	
alternatives that were									
profitable (% yes)	53	0.824**† (0.720–0.944)	49	62**†	57	50	0.968 (0.911-1.028)	1.023 (0.997-1.050)	
Interested in trying other									
on-farm ventures to supplement tobacco income									
(% interested or very									
interested)	51	0.725*** (0.621.0.024)	40		~.				
Barrier to supplementation:	<b>J1</b>	0.725**† (0.631–0.834)	48	57	54	49†	1.018 (0.958–1.082)	1.000† (0.977–1.024)	
nothing as profitable as									
tobacco (% yes)	73	0.922 (0.855-1.151	72	75	78	69*	1.001+ (1.000 1.100)		
Barrier to supplementation:		0.922 (0.899–1.191	12	15	18	09^	1.081* (1.008–1.160)	1.016 (0.985–1.048)	
few processing plants									
connecting farmers to									
consumers (% yes)	73	0.775**† (0.665-0.903)	73	72	71	75	1.027 (0.959-1.100)	0.993 (0.968-1.019)	
Barrier to supplementation:		,					1.027 (0.555 1.100)	0.993 (0.908–1.019)	
lack of capital for new									
business ventures (% yes)	61	0.829**† (0.722-0.951)	62	57	62	60	1.073*† (1.007-1.142)	1.00 (0.976-1.024)	
Barrier to supplementation: no							, (,	1100 (01310 1.021)	
places to sell new products									
(% yes)	60	0.940 (0.821–1.076)	60	61	58	62	1.085*† (1.020–1.156)	1.020 (0.993-1.048)	
Barrier to supplementation: few low-interest loans or									
grants for new business									
ventures (% yes)	58	0.763**† (0.664-0.877)	57	<b>5</b> 0	60	<i>-</i> 7	1.054 (0.000		
Barrier to supplementation:	20	0.705 [ (0.004-0.077)	57	59	60	57	1.054 (0.990–1.123)	1.005 (0.981–1.029)	
lack of off-farm jobs (% yes)	51	0.924 (0.810-1.054)	53	46	51	51	1 125**+ (1 057 1 100)	1.010 (0.000 1.00%)	
Barrier to suplementation:		(0.010 1.031)	,,	10	<b>J1</b>	<i>J</i> I	1.125**† (1.057–1.198)	1.010 (0.986–1.035)	
don't have skills to do									
anything else (% yes)	30	1.245** (1.073-1.445)	34	21**†	29	31	1.102**† (1.031-1.178)	0.978 (0.949-1.009)	

<sup>\*</sup>  $P \le 0.05$ ; \*\*  $P \le 0.01$ .

#### STATISTICAL ANALYSIS

As the dependent variables were all dichotomous (no/yes), the univariate comparisons were either made using contingency table analysis or logistic regression, depending on the nature of the independent variable. Cell percentages are used to summarise the results of the contingency table analysis, along with the results of the corresponding significance test. For the univariate logistic regressions, the results are summarised by presenting odds ratios and the corresponding 95% confidence intervals. With the exception of the excise tax question, analyses of all outcomes were conducted using only the growers (these questions were asked of growers only because they were not applicable to lessors). All respondents (both growers and lessors) were included in analyses with the tax question as the dependent variable, except when the exogenous variable was either the type or amount of tobacco

grown, again because lessors could not respond to these questions.

In addition to the univariate analyses, multiple logistic analyses were conducted. For all multivariate analyses, except those involving the excise tax, the exogenous variables were state of residence (six dummy-coded vectors), age, education (high school graduate or less, versus at least some college education), type of tobacco grown (flue-cured or burley), percentage of income from tobacco, and total pounds grown (in units of 10 000 lbs (4.54 tonnes)). When the excise tax was the dependent variable, type and amount of tobacco grown were excluded from the multivariate analysis and a dummy variable, indicating whether the respondent was a grower or a lessor, was included. The fit of the univariate and the multivariate logistic models were assessed using Hosmer and Lemeshow's goodness of fit statistic. 18-19

<sup>†</sup> P < 0.05 for the multivariate analyses.

HS = high school (which extends up to and including grade 12, in which most students are 17-18 years old).

<sup>&</sup>lt;sup>‡</sup>See explanation in text pp195–196. <sup>§</sup>10 000 Pounds = 4.54 tonnes.

Table 2 Survey responses by age categories (in percentages)

	Age		
Question	< 45 (n=126)	45-65 (n=274)	> 65 (n=127)
In past 5 years, got job off-farm to supplement tobacco income (% yes)	41	40	14
In past 5 years, increased livestock or poultry income to supplement tobacco income (% yes)	40	36	34
In past 5 years, increased non-vegetable crop income to supplement tobacco income (% yes)	38	22	21
In past 5 years, increased vegetable income to supplement tobacco income (% yes)	18	12	14
Eyer did anything to learn about on-farm alternatives (% yes)	71	53	52
Has discovered on-farm alternatives that were profitable (% yes)	66	50	47
Interested in trying other on-farm ventures to supplement tobacco income (% interested or very interested)	66	48	41
Barrier to supplementation: nothing as profitable as tobacco (% yes)	74	71	76
Barrier to supplementation: few processing plants connecting farmers to consumers (% yes)	79	73	64
Barrier to supplementation: lack of capital for new business ventures (% yes)	67	61	51
Barrier to supplementation: no places to sell new products (% yes)	64	60	57
Barrier to supplementation: few low-interest loans or grants for new business ventures (% yes)	71	57	44
Barrier to supplementation: lack of off-farm jobs (% yes)	52	52	46
Barrier to suplementation: don't have skills to do anything else (% yes)	22	32	33
Favour a 5-cent increase in the federal excise tax on tobacco if all of the money came back to tobacco farmers (% yes)	75	72	70

Table 3 Survey responses by population subgroups for support of excise tax increase (presented as percentages for categorical variables and odds ratios for continuous variables)

Question		Age (10 years)§	Education		Status		Tobacco grown		Dependence (10%)§	Pounds grown $(10k)^{\dagger\dagger}$	
		Odds ratio (95% CI)	≤ HS n=372	> HS n=157		Lessor n=417	Flue n=231	Burley n=292	Odds ratio (95% CI)	Odds ratio (95% CI)	
Favour a 5-cent increase in the federal excise tax on tobacco if all of the money came back to tobacco farmers (% yes)	73**	0.943 (0.846–1.050)	76	67**‡	72	71	72	74	1.018 (0.968–1.071)	0.991 (0.967–1.016)	

<sup>\*</sup>  $P \le 0.05$ ; \*\*  $P \le 0.01$ .

#### Results

Consistent with farmers in general, most respondents were white (95%) and male (82%). Respondents who grew tobacco (n = 529) ranged in age from 25 to 85 years (median = 57). Respondents who were lessors were older than growers (P<0.001) and ranged in age from 25 to 99 years (median = 65). Most respondents reported that their parents (90%) or grandparents (76%) had also farmed tobacco. A third of growers held a job off-farm. Respondents were active in activities—a majority had voted (89%) or talked to a politician (51%) and a substantial minority had written a letter to a politician (36%) or contributed money to a politician (24%) in the past two years. When respondents were asked whether they smoke cigarettes, or use chewing tobacco, every day, some days, or not at all, 22% reported smoking cigarettes and 22% reporting using chewing tobacco "some days" or "every day". Two of three respondents (63%) thought that "smoking is harmful to people". When asked which constituencies cared about American tobacco farmers, perceived support was higher for tobacco companies (49%) than for the federal government (15%) or public health groups (1%).

Tables 1-3 summarise responses to questions about diversification and increasing the federal excise tax on tobacco. Respondents indicated that they had tried to supplement their tobacco income in various ways. In the previous five years, 40% had attempted at least one supplementation enterprise (got a job off-

farm, increased livestock/poultry income, increased vegetable or non-vegetable crop income), 30% had attempted more than one activity, and only 30% had not tried any supplemental enterprise. There was a strong, negative linear trend between age and trying alternative enterprises (P< 0.01). The average age of respondents who had not tried alternatives was 59.3, compared with 50.8 for those who had tried four. Half of respondents had done something to learn about on-farm alternatives to tobacco, had an interest in trying other on-farm ventures to supplement tobacco income, and had found alternatives that were profitable.

On the other hand, a number of structural and economic impediments to diversification were noted by respondents—for example, nothing as profitable as tobacco, or few processing plants connecting farmers to consumers. Overcoming barriers of this kind require substantial financial resources. Along these lines, we found that almost three of four respondents (73%) supported a 5-cent increase in the federal excise tax on tobacco if the money was used to help farmers. The univariate and multivariate analyses yielded similar results and thus both are included in table 1.\* For example, the univariate analyses

<sup>†</sup> Significance testing of the null hypothesis that the proportion  $\pi = 0.50$ .

 $<sup>\</sup>ddagger$  P < 0.05 for the multivariate analyses.

See text below for explanation.

<sup>††10 000</sup> Pounds = 4.54 tonnes

<sup>\*</sup>The Hosmer and Lemeshow goodness of fit statistic showed that the null hypothesis that the model fit the data could not be rejected for 17 of the 18 univariate and all of the multivariate logistic models that yielded statistically significant logistic coefficients. The only univariate model that did not fit was the regression of having an off-farm job on age.

showed that age was significantly related to having an off-farm job in the past five years, that is, as a farmer gets older, the probability of taking an off-farm job decreases. The odds ratio was 0.696, indicating that, for a 10-year increase in age, the predicted odds associated with having an off-farm job decrease by 0.696 Alternatively, for every 10-vear decreasein age, the odds of having an off-farm job are predicted to be 1.4 (1/0.696) times higher. Similarly, the probability of having an off-farm job is associated (P<0.05) with type and amount of tobacco grown, and percentage of income from tobacco. For example, these results indicate that for every 10% increase in total dependence on tobacco, the predicted odds of having an off-farm job decrease by 0.875, whereas for every 10 000 lbs (4.54) tonnes) of tobacco grown, the odds of having an off-farm job are expected to decrease by 0.934.

For the most part, exogenous variables that were statistically significant in univariate analyses were also statistically significant multivariate analyses. For example, indicated by the dagger symbol in table 1, the effect of age on having an off-farm job remained significant after controlling for state of residence, education, type of tobacco grown, percentage of income from tobacco, and total pounds grown (P<0.05). There are exceptions to this pattern, notably with type of tobacco grown. That type of tobacco grown became generally non-significant in multivariate analyses reflects the confounding of type of tobacco grown with state of residence, that is, type of tobacco grown, which proved significant in univariate analyses, is highly related to state of residence. Virtually no farmers in Kentucky and Tennessee grow flue-cured tobacco. whereas the opposite pattern is evident in South Carolina and Georgia, where virtually no farmers grow burley. There is more diversity in North Carolina and Virginia but, in these states, most farmers produce flue-cured tobacco.

Overall, the results show that age is most consistently associated with the dependent variables (see table 2 for a breakdown of the age effect in three age categories). Dependence upon tobacco income and education also played a role. With respect to age, the odds of being interested in on-farm ventures, learning about on-farm alternatives, discovering profitable alternatives, and increasing nonvegetable crops all increased for younger farmers. On the other hand, younger farmers are also more likely to perceive barriers to diversification, with the exception of not believing that they have the skills to engage in other activities. Perceptions of barriers also increase with dependency on tobacco income.

## Discussion

Concern about the long-term health and economic future of the tobacco farmer has grown substantially in the last few years. 20-22 Amid a backdrop of declining American tobacco consumption and increasing American tobacco company purchase of foreign-grown

tobacco and production facilities, 21-23 diverse groups such as elected public officials, health professionals, and growers have begun exploring together ways to help the American tobacco farmer. We believe that farmer diversification and the subsequent economic development it produces will decrease public and policy-maker resistance to tobacco control.

Data from this study suggest that farmers and health professionals have reason to establish dialogue around diversification and using excise tax increases to fund diversification. Indeed, there were no subgroup differences in expressed support of a tobacco excise tax increase (provided that farmers received money from this tax), reflecting widespread support of an intervention that will both help farmers diversify and promote public health. With respect to support of the tax increase, the question posed to respondents proposed a five-cent increase with farmers receiving all of the proceeds. We do not know whether respondents would support larger tax increases—for example, 50 cents or \$1.00 even if they received 5 cents. Most respondents in this study indicated both an interest in and experience with diversification and were supportive of an excise tax increase to help them and their communities.

Historically, tobacco companies and tobacco farmers have worked closely together on tobacco policy. Congressman Scotty Baesler (Democrat from Kentucky) noted that tobacco companies have made opposition to tobacco excise tax increases the key issue for tobacco farmers, even though the level of taxation will have a greater effect on industry income than on farmer income.24 This view was echoed by former President Jimmy Carter<sup>25</sup>: "What tobacco industry executives are not telling these farmers is that a stiff tobacco tax, with a portion earmarked to tobacco-growing regions, would have little effect on tobacco farmers, their communities and their states, and may actually be beneficial ... Farmers and workers are suffering hard times because tobacco companies are importing more than one-third of the tobacco used in US-made cigarettes, producing more cigarettes overseas automating production to eliminate manufacturing jobs. While encouraging American farmers to fight tobacco taxes, major tobacco companies are teaching growers in other countries how to produce tobacco for the US market."

Tobacco companies have also organised tobacco farmer opposition to the Food and Drug Administration (FDA) regulations. A lead article in the 11 January 1995 issue of the Lexington Herald-Leader was entitled: "Tobacco industry fights FDA with polls, farmers, smokers".26 The article noted that in just two months, 50 000 Kentucky farmers signed a petition opposing FDA regulation. In addition, the Flue-Cured Cooperative Stabilization Corporation (representing 180 000 growers in five Southern states) and the Eastern Dark Fired Tobacco Growers Association (a Tennessee cooperative for smokeless-tobacco farmers) joined tobacco manufacturers in lawsuits challenging the FDA's proposed rules. 27-28

Although the specific effects of these activities are unclear, they provide evidence that tobacco farmers are willing to exert whatever influence they have on public health policy.

Tobacco industry statements have thus far influenced tobacco farmers and farm organisations to promote a solidarity philosophy. Pro-farmer constituencies, including some state government agencies, have engaged their public relations machines in efforts to promote this philosophy, and have been reasonably successful in influencing how local press cover the issue. The lack of positive reporting about diversification also shapes the general public consciousness, and thus the overall political climate. At a July 1994 speech given at the annual meeting of the North Carolina Flue-Cured Tobacco Cooperative Stabilization Corporation, State Agriculture Commissioner Jim Graham, said: "The [tobacco tax] goal is not to support health care but to destroy a great industry that employees hundreds of thousands, promotes diverse agriculture on the state's small farms and generates an annual tax of \$12 billion. I'm proud to be a part of such an industry and I'm honored to defend it."29 As noted in an economic analysis of declining tobacco product sales, the southeastern tobacco states would lose jobs in the absence of tobacco spending but not as many as earlier thought. In addition, this analysis illustrated that all other regions of the country would experience a net gain in employment.4

We believe that health professionals must learn to work more closely with tobacco farmers and farm organisations, emphasising their joint interest in diversification. In particular, health professionals and farmers can work together to promote tobacco excise tax increases and allocation of tax revenues to support diversification. To succeed, health professionals must become fluent in the economics of tobacco farming because economic issues are central on the minds of growers and grower organisations. The tobacco industry has been successful in mobilising farmers against such a tax, but efforts must be made to show farmers that this approach is beneficial both to their diversification efforts and to the public health of the nation. It is not an unrealistic possibility that farmers will support such an approach. Our data show that all groups of farmers favour an excise tax increase that benefits them and that younger farmers in particular are already engaged in some diversification efforts and are interested in learning and doing more.

There are, nonetheless, perceived and real barriers to diversification. It may seem paradoxical that younger farmers are both more interested in diversification and perceive more barriers to diversifying. We found, however, that older farmers had made fewer diversification attempts and thus had probably thought less about, and had less actual experience with, the barriers noted by younger farmers. These barriers to diversification are real, but with innovative policies and adequate resources, surmountable. Indeed, the Community Farm Alliance, the Center for Sustainable Systems, the Rural Advancement Foundation International, and other organisa-

tions are currently involved in efforts to explore farmers. 30 31 alternatives for tobacco challenge, at the level of the individual farmer, will be to find and develop a fit between the skills and infrastructure capability of tobacco farmers with other farming or business ventures. The challenge at the policy level will be to foster farmers' risk-taking by controlling risk, taking advantage of existing tobacco equipment and organisational infrastructure, and providing technical assistance where needed, including feasibility and market analyses, business planning, and evaluation. 32 33 In addition, it is important to evaluate the effects of diversification over a period of several years because some alternative enterprises may be profitable for just a short period of time and thus not sustainable. A diverse array of solutions need to be considered because American tobacco growers are not a homogenous group. With respect to the size of the tobacco farm, in 1992, for example, 6.7 acres was harvested from the average tobacco farm.<sup>34</sup> This average reflects the fact that there are both very small growers and very large growers. The needs of these growers will obviously be different.

Diversification is ultimately the only strategy that will result in sustainable economic development for small-family farmers. We believe that farmers, farm organisations, and health professionals can pursue a policy agenda that is mutually beneficial. If meaningful rural economic development can be fostered through earmarking of tobacco excise taxes, this will result in an infusion of resources to farming communities and in reduced tobacco use. The Rural Advancement Foundation International noted the human dimension of this issue<sup>31</sup>: "The handwriting is on the wall . . . Our goal should not be to save tobacco, but to save those whose livelihoods depend on tobacco." Hal Hamilton, then Director of the Community Farm Alliance, said: "There is no single, high-value crop to replace tobacco, nor a single market channel to be created or subsidised. Instead the answer lies in a more complex, yet ultimately more long-lasting, solution: the development of agricultural infrastructure so that farmers can grow, sell, and process a wide variety of commodities other than tobacco." Unless American tobacco becomes more price competitive on the world market (foreign tobacco is a third to a half the cost of American tobacco), the number of American growers will likely decline and the number attempting alternative enterprises will increase. In addition, both agricultural and nonagricultural options must be explored. It is unlikely that adequate economic development can be achieved with agricultural solutions alone.

The study reported here provides data to guide what we hope will be an ongoing dialogue among farmers, farm organisations, and health professionals. The outcome of this dialogue may well affect the economic infrastructure of thousands of rural communities, the livelihood of tens of thousands of tobacco farmers and their families, and the health of millions of tobacco users.

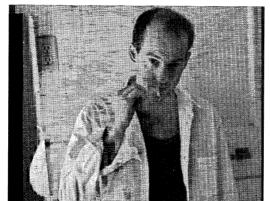
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Smokes in the movies. Actor Anthony Edwards (top), who plays Dick Hickock, "a creepy con man who helps murder an entire family for \$41," in CBS's four-hour remake of In Cold Blood. Edwards is most well-known for playing Dr Mark Greene on the top prime-time TV drama series in the United States-ER. Actor Nick Nolte (bottom), in Mother Night (a Fine Line production), as a Nazi sympathiser in World War II Germany. Source: November 1996 issue of US magazine.