

**Table 5. Vitamin solution**

	Milligrams per liter of Milli Q water
p-aminobenzoic acid (Vit. H <sub>1</sub> )	100
Folic acid	50
Thioctic acid	50
Riboflavin (Vit. B <sub>2</sub> )	100
Thiamine (Vit. B <sub>1</sub> )	200
Nicotinic acid amid	200
Pyridoxamine (Vit. B <sub>6</sub> )	500
Panthenic acid	100
Cobalamin (Vit. B <sub>12</sub> )	100
Biotin	20

After ref. 1.

1. Heijthuijsen J, Hansen TA (1986) *FEMS Microbiol Ecol* 38:57-64.*et al.*