Expression of Vascular Permeability Factor/ Vascular Endothelial Growth Factor by Human Granulosa and Theca Lutein Cells

Role in Corpus Luteum Development

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Vascular permeability factor/vascular endotbelial growth factor (VPF/VEGF) is a cytokine that is overexpressed in many tumors, in bealing wounds, and in rheumatoid arthritis. VPF/VEGF is thought to induce angiogenesis and accompanying connective tissue stroma in two ways: 1), by increasing microvascular permeability, thereby modifying the extracellular matrix and 2), as an endothelial cell mitogen. VPF/VEGF has been reported in animal corpora lutea and we investigated the possibility that it might be present in buman ovaries and bave a role in corpus luteum formation. We bere report that VPF/VEGF mRNA and protein are expressed by buman ovarian granulosa and theca cells late in follicle development and, subsequent to ovulation, by granulosa and theca lutein cells. Therefore, VPF/VEGF is ideally positioned to provoke the increased permeability of thecal blood vessels that occurs shortly before ovulation. VPF/VEGF likely also contributes to the angiogenesis and connective tissue stroma generation that accompany corpus luteum/corpus albicans formation. Finally, VPF/ VEGF was overexpressed in the bypertbecotic ovarian stroma of Stein-Leventhal syndrome in which it may also have a pathophysiological role. (Am J Pathol 1995, 146:157-165)

Vascular permeability factor (VPF), also known as vascular endothelial growth factor (VEGF), is a dimeric glycoprotein of M_r 34 to 42 kd that possesses

potent vascular permeability-enhancing activity and that also serves as a selective mitogen for cultured endothelial cells.^{1–9} Synthesis and secretion of VPF/ VEGF have been demonstrated in many tumors and tumor cell lines of both rodent and human origin.^{3,10–16} In tumors VPF/VEGF is thought to induce stroma both as an endothelial cell mitogen and by provoking vascular hyperpermeability to plasma proteins. As a consequence of increased microvascular permeability, plasma fibrinogen extravasates and clots to form an extravascular provisional matrix that favors and supports the ingrowth of new blood vessels and fibroblasts, which, in turn, organize the avascular provisional fibrin matrix into mature, vascularized connective tissue stroma.17-21 The VPF/VEGF gene is also expressed at low levels by many normal adult tissues and at higher levels in kidney, heart, lung and adrenal glands and also by activated macrophages.²²⁻²⁴ In addition, VPF/VEGF is widely expressed in the developing embryo²⁵ and has been implicated in the pathogenesis of certain nonneoplastic processes (eg, wound healing²⁶ and rheumatoid arthritis^{27,28}) that, like growing tumors, are characterized by angiogenesis and new stroma formation.

Recent studies from two different laboratories have demonstrated that VPF/VEGF is expressed in the corpus luteum (CL) of rats and primates^{29,30} and in cultures of human granulosa cells.³¹ These findings suggested that VPF/VEGF might also have a role in the pathogenesis of CL generation and its subsequent regression, in the absence of pregnancy, to a corpus albicans. CL/corpus albicans generation share a

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Case	Age	Clinical diagnosis, surgical indications	Pathology findings, ovary
1	29	Ectopic pregnancy with ovarian cyst	CL of pregnancy
2	42	Leiomyomata	Organizing CL
3	33	Ovarian cvst	CL of pregnancy, corpus albicans
4	30	Wedge resection, cyst	CL, developing follicle
5	42	Hysterectomy for leiomyomata	CL
6	42	Adenomyosis	Corpus albicans, resting follicles
7	38	Leiomvomata, adenomvosis	Organizing CL, corpus albicans
8	30	Ovarian cyst	CL of pregnancy
9	42	Adenomyosis	CL
10	36	Ovarian cyst	CL of pregnancy
11	23	Ovarian biopsy, Stein-Leventhal syndrome	Cystic follicle
12	39	Ovarian cyst, pelvic adhesions	Organizing CL
13	48	Leiomvomata	CL
14	21	Ovarian cyst, Stein-Leventhal syndrome	Cystic follicle
15	20	Ovarian biopsy, Stein-Leventhal syndrome	Cystic follicle

Table 1. Summary of Patients Studied with Clinical Indications for Surgery and Routine Pathological Findings

number of features with tumors, healing wounds, and rheumatoid arthritis, including leaky blood vessels, plasma protein extravasation, fibrin deposition, angiogenesis, and deposition of vascularized connective tissue. The goal of the present investigation, therefore, was to determine whether VPF/VEGF was also expressed in the normally cycling human ovary and to relate any such expression to the histogenesis of CL/corpus albicans formation. We also investigated VPF/VEGF expression in three patients with polycystic ovary/Stein-Leventhal syndrome.³²

Materials and Methods

Ovarian tissue was obtained from 15 patients, ages 18 to 44, to include examples of the various stages of ovarian cycling (Table 1). Immunohistochemistry (IH) was performed on routinely formalin-fixed and paraffin-embedded tissue with an avidin-biotin peroxidase conjugate technique as previously described¹⁴ except that sections were subjected to wet heat autoclaving for optimal antigen retrieval (121 C for 15 minutes).³³ The primary antibody used to identify VPF/VEGF in tissues was an affinity-purified rabbit antibody raised against a peptide corresponding to the N-terminal 26 amino acids of human VPF/ VEGF.^{10,11,14,34} This anti-peptide antibody specifically binds VPF/VEGF in enzyme-linked immunosorbent assays and on immunoblots, blocks both VPF and VEGF activities, and, when linked to agarose, selectively binds VPF activity from solution³⁴; because of its specificity and the low background associated with its use, we have found it to be the antibody of choice for demonstrating VPF/VEGF by IH.^{10,11,14}

Normal rabbit IgG diluted to an equivalent protein concentration served as a control in place of the primary antibody. Other sections were similarly stained (but without wet autoclaving) with commercial antibodies to clotting factor VIII antigen (von Willebrand factor) to identify blood vessels and with a monoclonal anti-peptide antibody (the kind gift of Dr. Gary Matsueda) that recognizes fibrin but not fibrinogen.³⁵

For *in situ* hybridization, freshly resected ovarian tissue was fixed for 2 hours in 4% paraformaldehyde at 4 C, cryopreserved by transfer to 30% sucrose in phosphate-buffered saline, pH 7.4, at 4 C overnight, and frozen on dry ice in OCT compound (Miles Inc., Elkhart, IN).^{10,11} Frozen sections were attached to sialylated glass slides and hybridized with a 204-bp antisense riboprobe specific for VPF/VEGF as previously described.^{22,26} This probe has been designed to recognize all four of the alternatively spliced forms



Figure 1. IH staining for VPF/VEGF in a primary ovarian follicle (A) and in a maturing secondary follicle (B). Cells of the resting follicle (A) did not stain whereas granulosa cells, and to a lesser extent theca cells, exhibited intense cytoplasmic staining with antibodies to VPF/VEGF shortly before ovulation (B). Paraffin sections, counterstained with hematoxylin. Magnification, $\times 155$ (A) and $\times 57$ (B).



Figure 2. A–E. IH staining for VPF/VEGF in CLs from four different patients with bistologically normal ovaries. In early CLs (A–C), nearly all granulosa lutein cells stained strongly; bowever, with further CL maturation (D), granulosa lutein cell staining became more variable. Microvessels supplying the CL did not stain for VPF/VEGF (white arrows; C). E: Nests of theca lutein cells contained within bands of fibrous connective tissue stroma also stained for VPF/VEGF but less intensely than surrounding granulosa lutein cells. Paraffin sections, counterstained with bematoxylin. Magnification, $\times 51$ (A), $\times 81$ (B), $\times 410$ (C), $\times 365$ (D), and $\times 165$ (E).

of VPF/VEGF mRNA.^{36,37} It was transcribed to a specific activity of approximately 10⁸ cpm/µg with [³⁵S]-UTP, purified on polyacrylamide gels, and used without reduction in length, all as described previously.²⁴ Probes of the same length, but in sense orientation, served as controls.

Results

Expression of VPF/VEGF was studied in the cycling ovaries of 12 patients who underwent surgery for the clinical indications listed in Table 1. In addition, we studied ovaries from 3 patients with polycystic ovaries/Stein-Leventhal syndrome (patients 11, 14, and 15; Table 1).

VPF/VEGF Expression in the Developing Ovarian Follicle

In primary follicles, the ovum is enveloped by layers of granulosa cells, theca cells, and fibrous ovarian stroma.³⁸ None of these cells stained for VPF/VEGF by IH in any of our patients with histologically normal ovaries (Figure 1A). As Graafian follicles formed and accumulated fluid, their granulosa cells began to stain, at first faintly and then more intensely, for VPF/ VEGF (Figure 1B). Surrounding theca cells also became weakly positive (Figure 1B).



Figure 3. In situ hybridization of a developing CL. A: Bright field, H&E-stained section hybridized with antisense riboprobe to VPF/VEGF, illustrating a CL (below) and ovarian stroma (above). Autoradiographic grains appear as faintly visible black dots and are better visualized in B, the same field as in A photographed with dark field illumination. Granulosa lutein cells (below) are beavily labeled whereas surrounding stroma (above) is negative. C: A section of CL similar to that in B but hybridized with VPF/VEGF control sense probe. Few grains are present and they do not conform to any recognizable anatomic pattern. The interface between CL (below) and ovarian stroma (above) is indicated with a broken white line. Paraffin sections, counterstained with bematoxylin. Magnification of A–C is indicated by a bar in A that equals 30 µ.

VPF/VEGF Expression in the CL

After ovulation, follicular granulosa cells differentiate into granulosa lutein cells.³⁸ In early CLs, granulosa lutein cells exhibited strong cytoplasmic staining for VPF/VEGF protein (Figure 2 A–C). However, with further CL maturation, lutein cell staining for VPF/VEGF became more variable (Figure 2D). This variable staining pattern exhibited by individual, adjacent granulosa lutein cells was also observed in a mature CL of pregnancy (not shown).

Follicular theca interna cells also become luteinized in developing corpora lutea³⁸ and these theca lutein cells were found to exhibit cytoplasmic staining for VPF/VEGF (Figure 2E); however, theca lutein cell staining was less intense than that exhibited by most granulosa lutein cells. Ovaries with CLs were available from three patients in a form suitable for performing *in situ* hybridization (patients 11, 14, and 15; Table 1). In all three, lutein cells hybridized strongly with an antisense probe to VPF/VEGF mRNA (Figure 3A, B); in contrast, no significant hybridization was detected with the corresponding sense probe (Figure 3C).

Fibrin Deposition, Angiogenesis, and Connective Tissue Stroma Generation, Integral Components of CL and Corpus Albicans Development

The developing follicle is characterized by a substantial increase in the number and permeability of thecal blood vessels (Figure 4C).^{39–42} At ovulation, variable

Figure 4. A and **B**: *IH* staining of an early (**A**) and an organizing (**B**) *CL* for fibrin. Prominent fibrin deposits (Fib) accumulated in the follicular cavity after ovulation and extended spoke-like projections peripherally that separated masses of differentiating granulosa lutein (GL) cells. Fibrin persisted until it was organized (replaced by granulation tissue; GT), a process that began at the periphery (left side of **A** and **B**) and proceeded centrally (right side of **A** and **B**). **C**–**E**: *IH* staining of a developing Graqian follicle (**C**), a *CL* (**D**), and a corpus albicans (**E**), with antibodies to factor VIII antigen (von Willebrand factor) to demonstrate blood vessels. In the developing follicle (**C**), blood vessels supply the theca and orarian stroma but do not enter the follicle. With formation of a *CL* (**D**) new blood vessels bare extensively infiltrated the granulosa lutein layer (midportion of micrograph) and a few vessels bare penetrated into the fibrin-filled central cavity (c). Later, as a *CL* regresses into a corpus albicans (**E**), lutein cells and central fibrin bave disappeared and central granulation tissue is largely replaced by relatively avascular fibrous connective tissue (lower right). The connective tissue band is of the type separating nests of granulosa lutein cells (Figure 2A, B); it includes a microvessel (ubite arrow) whose endothelial cells stain strongly with antibodies to VPF/VEGF. The VPF/VEGF staining of such vessels stands in contrast to the negative *VPF/VEGF* regularly observed in capillaries that infiltrate granulosa lutein cells (compare with Figure 2C). **G**: Corpus albicans is negative for VPF/VEGF staining of byperthecotic stromal cells. All paraffin sections, counterstained with bematoxylin. Magnification, ×85 (A), ×90 (B), ×84 (C), ×61 (D), ×57 (E), ×690 (F), ×70 (**G**), and ×55 (**H**). Bars in **C**, D and **E** represent lengths of 83, 106, and 103 µ, respectively.



amounts of blood and plasma extravasate into the follicular cavity where they form a fibrin clot that extends spoke-like projections peripherally among groups of granulosa cells (Figure 4A).³⁸ Subsequently, as granulosa and theca cells become luteinized, an extensive network of new blood vessels grew inward from pre-existing thecal vessels, infiltrating both the lutein cells and the fibrin clot (Figure 4C, D). The vessels infiltrating the granulosa and theca lutein cells were almost all simple capillaries with little supporting connective tissue stroma; they were uniformly VPF/VEGF-negative (Figures 2C, D and 4D).

Coincident with these events, new blood vessels also infiltrated the fibrin deposits that filled the follicular cavity. Over time, these new vessels and fibroblasts organized the fibrin deposits into radiating bands of vascular connective tissue (Figures 2A, B and 4B). Organization proceeded from outside in such that more peripherally situated fibrin deposits were replaced first and more central deposits later (Figure 4B). In contrast to the capillaries that interdigitated among granulosa lutein cells, many of the blood vessels that invaded the fibrin matrix and that persisted after fibrin was organized into more mature connective tissue had the appearance of venules, which were often lined by endothelial cells that were VPF/VEGF-positive (Figure 4F).

When pregnancy does not ensue, the CL becomes a CL of menstruation and regresses into a corpus albicans.³⁸ In the course of this regression, luteinized cells gradually disappeared and eventually the entire structure, including the fibrin-rich central zone, became organized first into vascularized connective tissue and later into a relatively avascular, hyalinized scar, the corpus albicans (Figure 4D, E, G). At late stages, lutein cells could no longer be identified and neither VPF/VEGF nor fibrin staining persisted (Figure 4G).

Polycystic Ovaries/Stein Leventhal-Syndrome

Ovaries from patients with polycystic ovary/Stein-Leventhal syndrome exhibited multiple cystic follicles surrounded by luteinized theca and hyperplastic stromal cells.³² In contrast to normal ovaries, those from the three cases of polycystic ovary/Stein-Leventhal syndrome we studied exhibited hyperthecotic stromal cells and variable numbers of follicular granulosa cells (not illustrated) that stained strongly for VPF/ VEGF (Figure 4H).

Discussion

VPF/VEGF is overexpressed in a number of processes (tumors, wound healing, and rheumatoid arthritis) that are characterized by a common set of pathophysiological features that include the following: hyperpermeable blood vessels with extravasation of plasma proteins, clotting of extravasated plasma fibrinogen to fibrin, replacement (organization) of fibrin by well vascularized connective tissue stroma (granulation tissue), and remodeling of granulation tissue into hyalinized and relatively avascular connective tissue (referred to as desmoplasia, scar, and corpus albicans in tumors, healed wounds, and cycling ovaries, respectively). In all of these examples, fibrin provides a provisional stromal matrix that induces and supports the ingrowth of new blood vessels as well as the fibroblasts responsible for synthesizing and secreting the structural proteins and proteoglycans that typically comprise mature connective tissue. VPF/VEGF is thought to have an important role in initiating these events, serving as a selective endothelial cell mitogen and rendering blood vessels hyperpermeable to plasma proteins, thereby provoking fibrinogen extravasation and consequent deposition of a fibrin provisional matrix. The correlative data presented here suggest that VPF/ VEGF may exert similar functions in the normal cycling human ovary with regard to follicle maturation and CL/corpus albicans generation. VPF/VEGF may also play a role in ovarian pathology as is suggested by the aberrant pattern of VPF/VEGF expression found in polycystic ovary/Stein-Leventhal syndrome.

Developing ovarian follicles accumulate proteinaceous fluid (liquor folliculi), at least a portion of which is derived from plasma. Moreover, fluid accumulation accelerates after the preovulatory gonadotropin surge at a time when capillaries of the thecal layer of the follicle become hyperpermeable in several species.^{40,41,43–45} It is just at this time, shortly before ovulation, that both granulosa and theca cells of the human ovary stain positively for VPF/VEGF (Figure 1B). Thus, it is reasonable to postulate that local secretion of VPF/VEGF, likely under hormonal regulation, renders thecal microvessels hyperpermeable, leading to increased extravasation of plasma and accumulation of antral fluid in maturing Graafian follicles.

After ovulation, fibrin clot filled the follicular cavity and radiated peripherally among islands of developing granulosa lutein cells (Figure 4A). Such fibrin deposits have long been recognized and have generally been attributed to the tearing of small blood vessels at the time of follicular rupture. In support of this view,

red blood cells are often a prominent component of the fibrin clot that is deposited in the follicular cavity. However, VPF/VEGF may also have a role in the process of fibrin accumulation by rendering thecal blood vessels hyperpermeable to plasma fibrinogen. In favor of this hypothesis, human granulosa lutein cells, like those of rat and monkey,29,30 have now been shown to express VPF/VEGF, both by antibody staining and by in situ hybridization (Figures 2-4). Therefore, as in tumors, healing wounds, and rheumatoid arthritis, VPF/VEGF synthesis and secretion correlate with fibrin deposition, angiogenesis, and new stroma formation.^{17–19,26–28} In addition, although permeability measurements have not to our knowledge been performed on human ovaries, careful studies in other species (ewe and rat) indicate that microvessels associated with the developing CL, in contrast to those of ovarian stroma, are unusually permeable to plasma and plasma proteins⁴⁰; in fact, the vessels that supply the CL are reported to be among the leakiest in the body.43,44 The basis for the hyperpermeability of CL blood vessels has not been established, but our results, which correlate VPF/VEGF synthesis temporally and spatially with extravascular fibrin deposition, suggest that VPF/VEGF is a likely mediator.

Additional evidence supporting this thesis comes from the finding that many of the microvessels present in the bands of connective tissue that replaced fibrin provisional stroma (Figure 2A, B) stained strongly for VPF/VEGF protein (Figure 4F). This finding provides direct evidence for an interaction between VPF/VEGF and local blood vessel endothelium. Moreover, a similar pattern of VPF/VEGF staining has been observed in blood vessels supplying tumors^{10-12,14,15} and joints affected with active rheumatoid arthritis^{27,28}; VPF/VEGF is overexpressed in tumors and rheumatoid arthritis and in both is thought to have an important role in generating new blood vessels and stroma. Not explained by our data is the absence of VPF/ VEGF staining of the capillary-like vessels most intimately associated with granulosa lutein cells (Figure 2C). Studies are in progress to determine whether these IH findings are related to the presence or absence of VPF/VEGF receptors on these vessels.46,47

The fibrin deposited in the residual follicular cavity after ovulation likely contributes to the induction of angiogenesis and stroma characteristic of CL/corpus albicans formation. Deposits of fibrin planted in the subcutaneous space of guinea pigs, whether free or included in plexiglass chambers, stimulate the ingrowth of new blood vessels and fibroblasts,^{18,21,48} and such deposits are likely to exert a similar effect in tumors, wound healing, and rheumatoid arthritis.^{1,26,27} In all of these circumstances, new blood vessels and fibroblasts grow into a fibrin provisional stroma, replacing it over time with granulation tissue and later with dense fibrous connective tissue. A very similar sequence of events occurs as an ovarian follicle matures, ruptures, and evolves into a CL and subsequently, in the absence of pregnancy, into a corpus albicans.

The signals governing the cyclic expression of VPF/VEGF synthesis in the developing CL have not yet been elucidated. Hypoxia stimulates VPF/VEGF synthesis in tumors and in some cultured cells, including ovarian granulosa cells.^{10-12,15,16,31,49} However, other factors (eg, cytokines and hormones) may also have a role; thus, platelet-derived growth factor, phorbol esters, and transforming growth factor- α have been found to induce VPF/VEGF expression in cultured cells of different types.^{50,51} It is of more than passing interest that, simultaneous with VPF/VEGF expression in the CL of pregnancy, the uterus also undergoes striking changes that include both vascular hyperpermeability and angiogenesis.^{44,52} Also, a protein with significant homology to VPF/VEGF has been isolated from the placenta.53 Therefore, members of the VPF/VEGF family of cytokines may exert heretofore unanticipated effects on many aspects of pregnancy.

Finally, it is of interest that VPF/VEGF, a protein mediator, is expressed by granulosa and theca lutein cells best known for their capacity to synthesize and secrete steroid hormones. However, this finding is not without precedent in that normal adrenocortical cells also express abundant VPF/VEGF mRNA.²²

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