

OPERATOR

Garage	1	2	3	4	5	14
Date	____/____/____					30
Route H ID:	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>					15

Garage Environmental Assessment Form: General Garage and Operator Indoor Areas

Observer Instructions: Complete one form for the operator/general garage areas (exclude maintenance area).

1. COMMONS/BREAK ROOM

	Number of items	Condition of items*	Notes	
a. Water cooler	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		36
b. Microwave	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		39
c. Refrigerator/freezer	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		42
d. Stove	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		45
e. Sink	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		48
f. Food cart	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		51
g. Radio	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		54
h. Television	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		57
i. Video game machine	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		60
j. Scale (body weight)	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		63
k. Vending machines				
l. Refrigerated food	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>			66
m. Snack food	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>			68
n. Cold beverage	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>			70
o. Hot beverage	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>			72

(*condition codes: 1=good, 2=average, 3=poor, 4=out of service)

1. COMMONS/BREAK ROOM (continued)

	Present	Not Present	
p. Food prep/counter space	1 <input type="checkbox"/>	2 <input type="checkbox"/>	74
q. Tables	1 <input type="checkbox"/>	2 <input type="checkbox"/>	75
r. Chairs	1 <input type="checkbox"/>	2 <input type="checkbox"/>	76
s. Physical activity media	1 <input type="checkbox"/>	2 <input type="checkbox"/>	77
t. Nutrition media	1 <input type="checkbox"/>	2 <input type="checkbox"/>	78
u. Weight management media	1 <input type="checkbox"/>	2 <input type="checkbox"/>	79
v. Other health-related media	1 <input type="checkbox"/>	2 <input type="checkbox"/>	80

2. EXERCISE ROOM

1 ☐ Not applicable, go to next section

81

	Number of items	Condition of items*	Notes	
a. Indoor bike	<input type="text"/> <input type="text"/>	<input type="text"/>		82
b. Row machine	<input type="text"/> <input type="text"/>	<input type="text"/>		85
c. Elliptical machine	<input type="text"/> <input type="text"/>	<input type="text"/>		88
d. Treadmill	<input type="text"/> <input type="text"/>	<input type="text"/>		91
e. Stair stepper	<input type="text"/> <input type="text"/>	<input type="text"/>		94
f. Weight lift machine	<input type="text"/> <input type="text"/>	<input type="text"/>		97
g. Free weights	<input type="text"/> <input type="text"/>	<input type="text"/>		100
h. Mat	<input type="text"/> <input type="text"/>	<input type="text"/>		103
i. Ball, fitness	<input type="text"/> <input type="text"/>	<input type="text"/>		106
j. Scale (body weight)	<input type="text"/> <input type="text"/>	<input type="text"/>		109
k. Radio	<input type="text"/> <input type="text"/>	<input type="text"/>		112
l. Television	<input type="text"/> <input type="text"/>	<input type="text"/>		115
m. Video game machine	<input type="text"/> <input type="text"/>	<input type="text"/>		118

(*condition codes: 1=good, 2=average, 3=poor, 4=out of service)

2. EXERCISE ROOM (continued)	Present	Not Present
n. Physical activity media	1 <input type="checkbox"/>	2 <input type="checkbox"/>
o. Nutrition media	1 <input type="checkbox"/>	2 <input type="checkbox"/>
p. Weight management media	1 <input type="checkbox"/>	2 <input type="checkbox"/>
q. Other health-related media	1 <input type="checkbox"/>	2 <input type="checkbox"/>

121-124

3. INSIDE GARAGE: GENERAL AREAS

	Number of items	Condition of items*	Notes	
a. Stairwell	<input type="text"/> <input type="text"/>	<input type="text"/>		125
b. Scale (body weight)	<input type="text"/> <input type="text"/>	<input type="text"/>		128
c. Walking area	<input type="text"/> <input type="text"/>	<input type="text"/>		131
d. Basketball hoop/court	<input type="text"/> <input type="text"/>	<input type="text"/>		134
e. Bicycle	<input type="text"/> <input type="text"/>	<input type="text"/>		137
f. Bike rack	<input type="text"/> <input type="text"/>	<input type="text"/>		140

(*condition codes: 1=good, 2=average, 3=poor, 4=out of service)

	Present	Not Present
g. Men's lockers, operators	1 <input type="checkbox"/>	2 <input type="checkbox"/>
h. Women's lockers, operators	1 <input type="checkbox"/>	2 <input type="checkbox"/>
i. Men's showers, operators	1 <input type="checkbox"/>	2 <input type="checkbox"/>
j. Women's showers, operators	1 <input type="checkbox"/>	2 <input type="checkbox"/>

143-146

Observer: Ask Garage Coordinator for the following social environment information via email. Email the text and fill out this form after the coordinator replies to your email.

4. SOCIAL ENVIRONMENT

Garage Coordinator interviewed: _____

Event	Yes	No	Number of events (last 3 months)	Notes
a. Parties, potlucks, work meetings, seminars, special occasions where food was available	1 <input type="checkbox"/>	2 <input type="checkbox"/>	<input type="text"/> <input type="text"/>	147-149
b. PA clubs, competitions, fundraisers (e.g., exercise club; fun run; 10,000 steps)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	<input type="text"/> <input type="text"/>	150-152
c. Food/nutrition clubs, competitions, fundraisers, classes (e.g., recipe, gardening or cooking club)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	<input type="text"/> <input type="text"/>	153-155
d. Weight management clubs, competitions, fundraisers, classes (e.g., Weight Watchers, the Big Loser)	1 <input type="checkbox"/>	2 <input type="checkbox"/>	<input type="text"/> <input type="text"/>	156-158
e. Other (please specify): _____	1 <input type="checkbox"/>	2 <input type="checkbox"/>	<input type="text"/> <input type="text"/>	159-161

MAINTENANCE

Garage	1	2	3	4	5	14
Date	____/____/____					30
Route H ID:	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>					15

Garage Environmental Assessment Form: Maintenance Area

Observer Instructions: Complete one form for the maintenance area.

1. BREAK ROOM

	Number of items	Condition of items*	Notes	
a. Water cooler	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		36
b. Microwave	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		39
c. Refrigerator/freezer	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		42
d. Stove	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		45
e. Sink	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		48
f. Food cart	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		51
g. Radio	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		54
h. Television	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		57
i. Video game machine	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		60
j. Scale (body weight)	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>		63
k. Vending machines				
l. <i>Refrigerated food</i>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>			66
m. <i>Snack food</i>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>			68
n. <i>Cold beverage</i>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>			70
o. <i>Hot beverage</i>	<div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 20px; height: 20px; border: 1px solid black;"></div>			72

(*condition codes: 1=good, 2=average, 3=poor, 4=out of service)

BREAK ROOM (continued)	Present	Not Present
p. Food prep/counter space	1 <input type="checkbox"/>	2 <input type="checkbox"/>
q. Tables	1 <input type="checkbox"/>	2 <input type="checkbox"/>
r. Chairs	1 <input type="checkbox"/>	2 <input type="checkbox"/>
s. Physical activity media	1 <input type="checkbox"/>	2 <input type="checkbox"/>
t. Nutrition media	1 <input type="checkbox"/>	2 <input type="checkbox"/>
u. Weight management media	1 <input type="checkbox"/>	2 <input type="checkbox"/>
v. Other health-related media	1 <input type="checkbox"/>	2 <input type="checkbox"/>

74-80

2. INSIDE GARAGE & BAY AREA - MAINTENANCE

	Present	Not Present
a. Men's lockers, maintenance	1 <input type="checkbox"/>	2 <input type="checkbox"/>
b. Women's lockers, maintenance	1 <input type="checkbox"/>	2 <input type="checkbox"/>
c. Men's showers, maintenance	1 <input type="checkbox"/>	2 <input type="checkbox"/>
d. Women's showers, maintenance	1 <input type="checkbox"/>	2 <input type="checkbox"/>
e. Food truck	1 <input type="checkbox"/>	2 <input type="checkbox"/>

81-85

Garage	1	2	3	4	5	14
Date of Visit	____ / ____ / ____					30
Observer:	<div style="display: inline-block; width: 40px; height: 20px; border: 1px solid black; margin-right: 5px;"></div> <div style="display: inline-block; width: 40px; height: 20px; border: 1px solid black;"></div>					15

Garage Environmental Assessment Form: Outdoor Areas

Instructions: Complete one form per garage. Include only those items that are IN SIGHT of the garage.

OUTDOOR PHYSICAL ACTIVITY ENVIRONMENT

1. Bike racks	1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No	Notes:
<hr/>		
2. Walking area: garage perimeter	1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No	Notes:
<hr/>		
3. Park	1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No	Notes:
<hr/>		
4. Walking trails	1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No	Notes:
<hr/>		
5. Bike trails	1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No	Notes:
<hr/>		
6. Basketball hoop/court	1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No	Notes:
<hr/>		
7. Garden area	1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No	Notes:
<hr/>		
8. Skyways within sight	1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No	Notes:
<hr/>		
9. Health clubs within sight	1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No	Notes:
<hr/>		

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		Number	Notes
10. Fast food restaurants	1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No	<input type="text"/> <input type="text"/>	45
11. Other restaurants	1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No	<input type="text"/> <input type="text"/>	48
12. Convenience stores	1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No	<input type="text"/> <input type="text"/>	51
13. Grocery stores	1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No	<input type="text"/> <input type="text"/>	54