

Ceruloplasmin Reduces the Adhesion and Scavenges Superoxide During the Interaction of Activated Polymorphonuclear Leukocytes with Endothelial Cells

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The plasma protein, ceruloplasmin, has been implicated as an anti-inflammatory agent, although this property has not been demonstrated unequivocally in vivo. The role of this protein in an in vitro system of cultured endothelial cells and polymorphonuclear leukocytes (PMNs) was investigated. One of the initial steps in an inflammatory response is increased adhesion between PMNs and the endothelial lining of the blood vessels. The results showed that ceruloplasmin interferes with this process and reduces the number of phorbol myristate acetate-activated leukocytes that adhere to endothelium. Preincubation of either the activated PMNs or the endothelium with ceruloplasmin did not produce the same results, suggesting that the continuous presence of ceruloplasmin is required. During attachment PMNs become activated and release a variety of substances, including toxic oxygen species such as superoxide and hydrogen peroxide. In the in vitro system used in this study no injury occurred to the endothelial cells, as measured by ^{51}Cr release, when activated PMNs were added with ceruloplasmin. The data show that ceruloplasmin reduced, in a dose dependent manner, the levels of superoxide produced by the activated PMNs, further supporting ceruloplasmin's previously reported role as a scavenger of superoxide. Ceruloplasmin also reduced the levels of superoxide when activated PMNs were in contact with endothelial cells. Although ceruloplasmin interfered with the copper-dependent scavenger enzyme, superoxide dismutase (SOD), in a cell-free system, ceruloplasmin had no effect on SOD in intact endothelial cells. These results suggest that ceruloplasmin may act as an anti-inflammatory agent by reducing the number of PMNs attaching to endothelium and by acting as an extracellular scavenger of superoxide. (Am J Pathol 1989, 135:647-655)

Ceruloplasmin was first described in 1948 by Holmberg and Laurell¹ as the blue plasma protein. This α -2 glycoprotein (mw, 130 kd) is the main copper metal binding protein in blood, binding upwards of 90% of total circulating copper.² Low levels of ceruloplasmin in blood can lead to abnormal copper metabolism, and the resulting excessive absorption of dietary copper, in particular by the liver and the brain, leads to Wilson's disease.^{3,4} Elevated levels of ceruloplasmin are associated with increased serum and synovial fluid copper⁵⁻⁷ and have been associated with inflammatory disease.⁸

Ceruloplasmin is normally present in blood at approximately 150 to 300 $\mu\text{g}/\text{ml}$ ⁹ and can increase to as much as 900 $\mu\text{g}/\text{ml}$ during inflammation.^{9,10} The corresponding elevation in copper levels observed was believed to play a protective role,^{5,6,11} a view supported by an enhanced inflammatory response in copper-deficient rats.¹² This protective role was believed to be due partly to the ability of copper to affect prostaglandin production.¹³ Ceruloplasmin itself was recently described as an anti-inflammatory agent due to its ability to act as a scavenger of superoxide anion radicals, (O_2^-) ^{14,15} which can be generated by PMNs during inflammation and lead to tissue damage.¹⁶

Direct effects of copper were described *in vivo*; for example, it is required for angiogenesis.¹⁷⁻¹⁹ Similarly, ceruloplasmin depleted of copper ions does not exhibit angiogenic activity, whereas fractions of ceruloplasmin with copper bound do.²⁰

Increased polymorphonuclear leukocyte adhesion to the endothelial cells of the blood vessel wall is an early event in inflammation and is necessary for subsequent PMN migration between the endothelial cells into the connective tissue and towards the focus of injury. The adhesion event can be influenced by inflammatory mediators such as leukotriene B₄ and interleukin-1.²¹⁻²⁴ In this study

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we examined how ceruloplasmin affects PMN adhesion to endothelial cells and the superoxide scavenging capacity of ceruloplasmin during the interaction of activated PMNs with endothelial cells. Our results suggest that elevated levels of ceruloplasmin reduce the adhesion of activated PMNs to endothelial cells and reduce the levels of superoxide surrounding the cells.

Materials and Methods

Isolation of Neutrophils

Human PMNs were obtained by drawing 50 ml of venous blood into a syringe containing 10 U/ml heparin. The blood was mixed with 6% dextran (mw, 500 kd) at a ratio of 1:3 (dextran to blood) and allowed to stand for 30 to 45 minutes or until all the RBCs had settled. The supernatant was centrifuged at 7.5g for 5 minutes. The pellet was resuspended in 1 ml of distilled water for 30 seconds to lyse the remaining RBCs, followed by the addition of 10 ml of Hank's balanced salt solution, buffered with 10 mM HEPES, pH 7.4 (buffered HBSS). The suspension was centrifuged at 7.5g for 5 minutes, and the resulting pellet of PMNs was resuspended at the required concentration in buffered HBSS or test medium. The cell suspension contained more than 90% PMNs with less than one platelet per PMN. PMNs were activated by the addition of phorbol myristate acetate (PMA; 15 ng/ml²⁵; Sigma Chemical Co., St. Louis, MO).

⁵¹Cr Labeling of Neutrophils

Human PMNs (8×10^7 /ml) were incubated with 100 μ Ci of ⁵¹Cr (sodium chromate solution, 1 mCi/ml, New England Nuclear, Boston, MA) per ml of cells for 1 hour at 4 C. Buffered HBSS was added to the suspension and centrifuged at 7.5g for 5 minutes. The pellet was resuspended in buffered HBSS or test media at the desired concentration.

Culture of Endothelial Cells

Bovine pulmonary artery endothelial cells were isolated as described previously.²⁶ The cells were grown to confluence in DMEM + 5% FCS + 5% Nu Serum (Collaborative Research Inc, Bedford, MA) and split into 24-well cluster dishes (Gibco, Grand Island, NY). Cultures were incubated at 37 C in a humidified atmosphere in 5% CO₂ with twice weekly changes of culture media. Endothelial cells were characterized by their cobblestone morphology and by the presence of angiotensin-converting enzyme activity.

Adhesion Assay

Adhesion of PMNs to various substrata was assessed using a monolayer collection assay developed by Walther et al.²⁷ ⁵¹Cr-labeled PMNs were suspended in test medium at 10⁶ cells/ml. To each 16 mm diameter well of a 24-well cluster dish was added 0.5 ml, which was incubated at 37 C for 30 minutes. After incubation, the substratum was rinsed with buffered HBSS and attached PMNs were lysed with 1 N NH₄OH. Scintillation fluid (Aquasol, New England Nuclear, Boston, MA) was added to the samples and counted in a Beckman beta scintillation counter (Model LS-250). The percentage of adherent cells was calculated as a ratio of the radioactive counts initially added to each well. Incubation of PMNs with ceruloplasmin (Sigma Chemical Co., St. Louis, MO) did not decrease cell viability as determined by trypan blue exclusion. (The ceruloplasmin preparation was free from superoxide dismutase [SOD] contamination as confirmed by SDS polyacrylamide gel electrophoresis and Western blotting using a polyclonal anti-SOD antibody provided by Dr. Ian Burr, Department of Pediatrics, Vanderbilt University.) In some cases, PMNs, endothelial cells, or both were preincubated with ceruloplasmin for 30 minutes and rinsed twice with buffered HBSS before the adhesion assay. All materials used in the preparation of cells and in subsequent assays were endotoxin-free.

Cytotoxicity Assay

The effect of PMNs on endothelial cell integrity was determined with a ⁵¹Cr release assay as described by Sacks et al.¹⁶ Confluent cultures of endothelial cells were grown in dishes and incubated with ⁵¹Cr for 2 hours at 37 C. Approximately 1% of the total label was incorporated by the endothelial cells. The PMNs were rinsed twice with buffered HBSS and then 0.5×10^6 PMNs were added to the cultures in 0.5 ml of the appropriate test medium and in the presence of PMA (15 ng/ml). The medium was removed after 90 minutes, and the endothelial cells were rinsed with buffered HBSS. The rinses were combined with the incubation medium and the amount of ⁵¹Cr released from the endothelium was determined by liquid scintillation counting. In all experiments the monolayers were observed before and after the incubation periods to check visually for disruption of the monolayer that could account for an increase in ⁵¹Cr release. In all cases monolayers remained intact throughout the experiment.

Superoxide Production

Superoxide (O₂⁻) production was determined by measuring the reduction of ferricytochrome c as described by

Babior et al.²⁸ The cells were incubated in ferricytochrome c (0.9 mg/ml in buffered HBSS) for 90 minutes at 37°C. To stop the activity the assay dishes were placed on ice. The optical densities (550 nm) of the samples were compared with identical samples containing superoxide dismutase (EC 1.15.1.1) (Sigma) at 10 µg/ml, and the quantities of superoxide were determined using an extinction coefficient of 19.8 mM⁻¹ cm⁻¹. PMA (Sigma) was added at 15 ng/ml to stimulate O₂⁻ release from the PMNs. Superoxide levels were also determined in the supernatants of cultures of endothelial cells to which PMA-stimulated PMNs were added and incubated with or without ceruloplasmin for 90 minutes.

Measurement of Superoxide Scavenging Activity

The superoxide scavenging activity of ceruloplasmin was measured in the manner described by Crapo et al.²⁹ for superoxide dismutase. Ferricytochrome c (Cyt c Fe³⁺) was reduced to ferrocyanochrome c (Cyt c Fe²⁺) by O₂⁻ generated from the action of xanthine oxidase on xanthine and measured spectrophotometrically at 550 nm. Inhibition of the reduction of cyt c was expressed as a percentage and compared with the inhibition caused by superoxide dismutase.

Analysis of Data

Multiple Student's *t*-tests were performed on the results, comparing data (adhesion and superoxide levels) at each concentration of ceruloplasmin to that in buffered HBSS alone. A Bonferroni correction was employed that considered the multiple comparisons performed. The results were significantly different from those obtained with the control (*P* < 0.05) for 600 µg/ml and 900 µg/ml ceruloplasmin.

In all figures, except Figure 2, a single comparison was made of adhesion and superoxide levels within the normal range of ceruloplasmin (300 µg/ml) to those within the elevated range of ceruloplasmin (900 µg/ml), as this is more physiologically relevant. The results of these analyses are shown in the figure legends.

Adhesion data in Figure 2 were pooled, using all the values in the normal range (100 µg/ml and 300 µg/ml ceruloplasmin, values not significantly different from one another) and all those in the elevated range (600 µg/ml and 900 µg/ml ceruloplasmin, values not significantly different from one another), and compared.

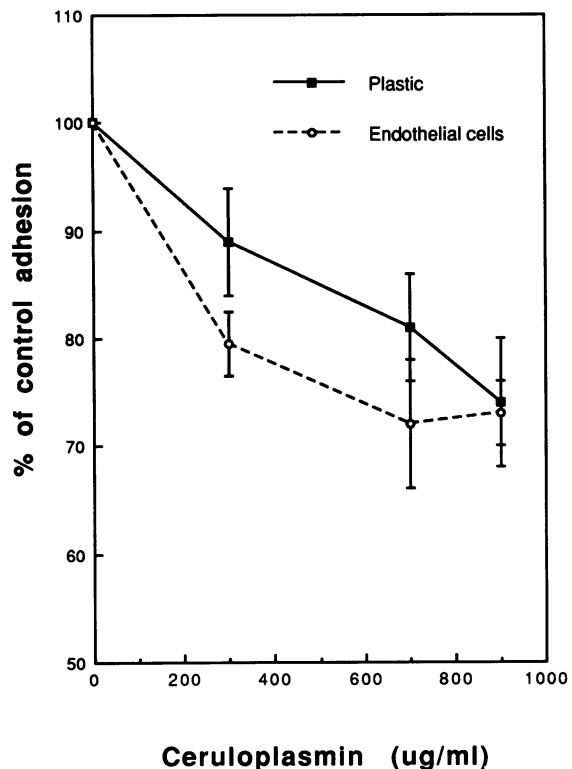


Figure 1. Adhesion of PMNs to plastic and endothelial cells in ceruloplasmin expressed as a percentage of control. The bars represent standard errors. Absolute control adhesion: 27.5% ± 3.0% on endothelial cells (N = 9), 31.4% ± 3.7% on plastic (N = 9). Adhesion to plastic was significantly different in concentrations of ceruloplasmin of 300 and 900 µg/ml, compared by the Student's *t*-test, *P* < 0.01. Adhesion to endothelial cells was not significantly different at these concentrations.

Results

Adhesion of PMNs

Adhesion of unstimulated PMNs to both endothelial monolayers and to tissue culture plastic was reduced in the presence of ceruloplasmin. Adhesion to tissue culture plastic decreased with increasing concentrations of ceruloplasmin up to 900 µg/ml. The adhesion of PMNs to endothelial monolayers was reduced in ceruloplasmin concentrations up to 700 µg/ml but did not appear to be reduced further at 900 µg/ml (Figure 1). Figure 2 shows that adhesion of PMA-stimulated PMNs to endothelial cells was significantly reduced in elevated ceruloplasmin concentrations compared with that in normal ceruloplasmin concentrations.

Preincubation of PMNs or Endothelial Cells with Ceruloplasmin

To determine whether ceruloplasmin must be present for inhibition of adhesion to occur and also to determine through which cell type the inhibition was acting, either or

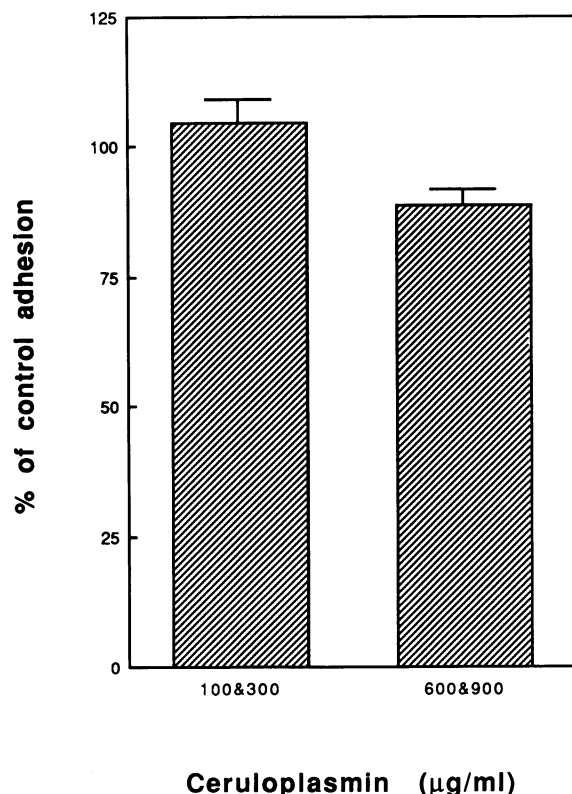


Figure 2. The effect of ceruloplasmin on adhesion of PMA-stimulated PMNs to endothelial cells. The bars represent standard errors. Control adhesion = $50.8\% \pm 11.3\%$ ($N = 9$). Adhesion data pooled for the normal range of ceruloplasmin, ie, 100 and 300 µg/ml (not significantly different from each other) were compared with those pooled in the elevated range ie, 600 and 900 µg/ml (not significantly different from each other) by the Student's *t*-test, $P < 0.01$. Regression analysis showed a significant negative correlation between ceruloplasmin concentration and adhesion; $r = 0.80$, $P < 0.05$.

both cell types were preincubated with ceruloplasmin (0 to 900 µg/ml) for 30 minutes before the adhesion assay. In contrast to the decrease observed with ceruloplasmin present (Figure 1), when PMNs were preincubated with ceruloplasmin there was an increase in adhesion to tissue culture plastic and to endothelial cells compared with control levels (Figure 3). When endothelial cells were preincubated with ceruloplasmin in the same concentration range, a similar increase in PMN adhesion was observed. Incubating both cell types with ceruloplasmin before the adhesion assay resulted in an increase in adhesion of PMNs to endothelial cells. This increase in adhesion could be abolished by including ceruloplasmin (300 µg/ml) in the adhesion assay after preincubation. Under these conditions, the extent of adhesion was not different from that observed with controls ($P > 0.1$).

The Effect of Ceruloplasmin on Endothelial Cell Integrity in the Presence of Stimulated PMNs

Endothelial cell damage, as assessed by ^{51}Cr release, was measured in the presence of PMA-stimulated PMNs

and increasing concentrations of ceruloplasmin. Stimulated PMNs alone caused no appreciable damage to the endothelial monolayers when measured after 90 minutes. Figure 4 shows that no damage occurred to the endothelial cell monolayers when ceruloplasmin was present. Cellular integrity was also monitored after an incubation period of 4 hours. Compared with spontaneous release (endothelial cells alone), the addition of PMNs and ceruloplasmin did not increase ^{51}Cr release (PMNs alone, $110.9\% \pm 4.9\%$; PMNs with ceruloplasmin [300 µg/ml], $112.2\% \pm 10.3\%$; PMNs with ceruloplasmin [900 µg/ml], $110.2\% \pm 5.3\%$).

Superoxide Production by Activated PMNs in the Presence of Ceruloplasmin

When PMA-stimulated PMNs alone were incubated with ceruloplasmin for 90 minutes and the supernatants measured for superoxide, ceruloplasmin appeared to act as a scavenger of O_2^- in that the levels of O_2^- were decreased compared with control levels, and increasing ceruloplasmin concentrations resulted in increased scavenging of O_2^- (Figure 5). In another set of experiments, when catalase (10 µg/ml) was added to the incubation mixture, there were no significant differences in the amounts of O_2^- detected at the end of the incubation period (300 µg/ml ceruloplasmin, 4.52 ± 0.2 nmols superoxide produced without catalase compared with 4.33 ± 0.2 nmols produced in the presence of catalase; correspondingly, 900 µg/ml ceruloplasmin, 3.74 ± 0.4 nmols produced without catalase compared with 3.61 nmols produced in the presence of catalase, $P > 0.7$).

Further evidence for the role of ceruloplasmin as a superoxide scavenger came from data showing the extent

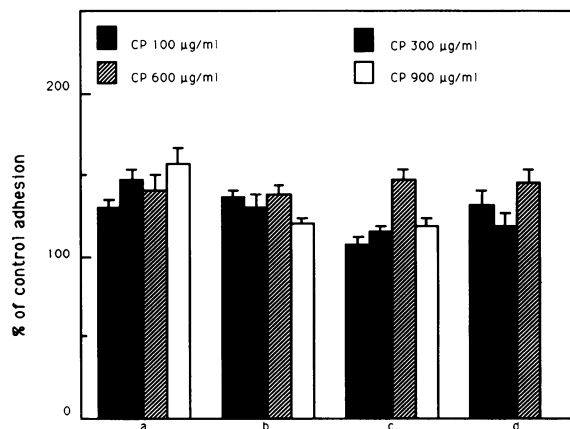
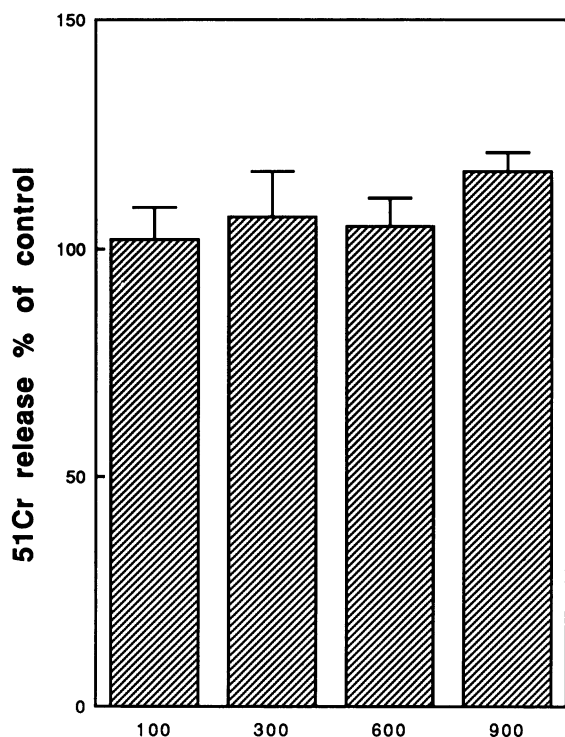


Figure 3. The effects of preincubation of PMNs or endothelial cells in ceruloplasmin before an adhesion assay. The bars represent standard errors. a: PMNs preincubated then added to plastic; b: PMNs preincubated then added to endothelial cells; c: PMNs added to preincubated endothelial cells; d: Both PMNs and endothelial cells preincubated.



Ceruloplasmin (ug/ml)

Figure 4. ^{51}Cr release from endothelial cells incubated with PMA-stimulated PMNs and ceruloplasmin. Results are expressed as a percentage of control (control release $7.8\% \pm 0.4\%$). The bars represent standard errors ($N = 12$). There was no difference in ^{51}Cr release in $900\ \mu\text{g/ml}$ of ceruloplasmin and that in HBSS, $P > 0.1$.

of reduction of ferricytochrome c by ceruloplasmin compared with that of superoxide dismutase (Figure 6). Ceruloplasmin inhibited cyt c reduction in a dose-dependent manner.

Increased amounts of SOD ($>200\ \text{ng}$) resulted in the complete inhibition of cyt c reduction. However, when ceruloplasmin and SOD were added together in a cell free system, their inhibitory activities were not additive (Figure 7). In a similar assay, preincubation of intact endothelial cells with ceruloplasmin did not affect endothelial cell SOD activity (inhibition of cyt c reduction was 34% after preincubation with ceruloplasmin versus 30% without ceruloplasmin; 100% inhibition was caused by $200\ \text{ng}$ SOD).

Superoxide Levels During PMN: Endothelial Cell Interactions

PMA-stimulated PMNs were added to endothelial monolayers and incubated in the presence of ceruloplasmin. Figure 8 shows the levels of superoxide measured in the supernatants under these conditions. The results indi-

cated that ceruloplasmin reduces the amount of superoxide present when activated PMNs interact with endothelial cells. Although ceruloplasmin appeared to be capable of scavenging O_2^- in this interaction, it is possible that the SOD activity of the endothelial cells contributed to reduced O_2^- levels. Whether ceruloplasmin can provide additional scavenging during the interaction of stimulated PMNs with endothelial cells, therefore, was investigated. PMNs were allowed to attach to the endothelium for 20 minutes at which point unattached PMNs were removed. This provided comparable situations in which equivalent numbers of PMNs were interacting with endothelial cells. After a further incubation for 90 minutes, levels of superoxide measured in the supernatant were decreased in the presence of ceruloplasmin (Figure 9) suggesting that any superoxide liberated into the medium was scavenged by ceruloplasmin.

Discussion

Ceruloplasmin levels increase *in vivo* under conditions of inflammation, and it has been suggested that this protein

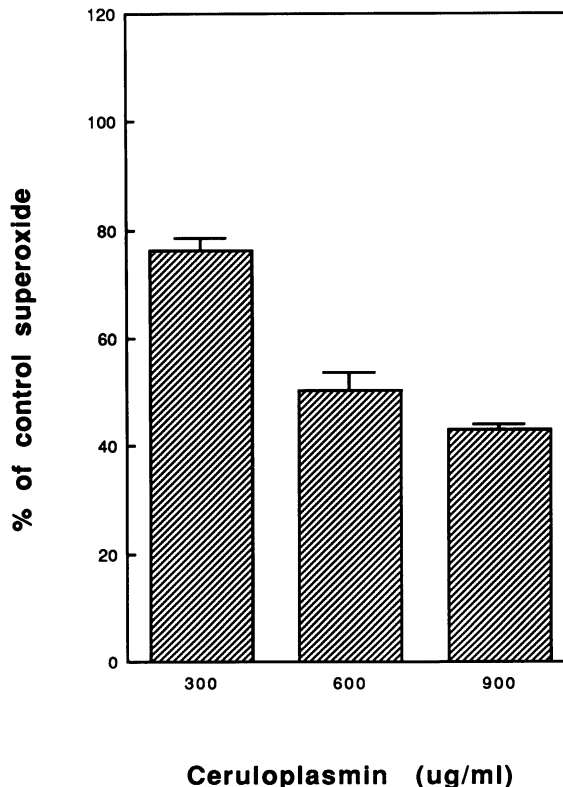


Figure 5. Superoxide produced by PMA-activated PMNs incubated with ceruloplasmin for 90 minutes. Results are expressed as a percentage of control. Superoxide produced in control: $11.9 \pm 0.3\ \text{nmols}$ ($N = 8$). The bars represent standard errors. Superoxide production was decreased in elevated levels of ceruloplasmin comparing superoxide production in $300\ \mu\text{g/ml}$ and $900\ \mu\text{g/ml}$, $P < 0.001$.

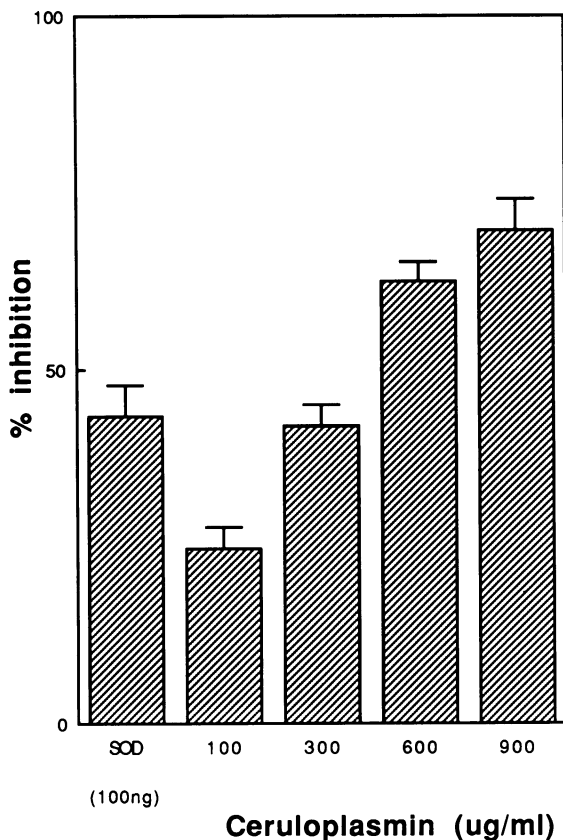


Figure 6. Inhibition of cytochrome *c* reduction by ceruloplasmin compared with superoxide dismutase (100 ng). The bars represent standard errors. Inhibition increased with increasing concentrations of ceruloplasmin. Comparison of inhibitory activity of ceruloplasmin at concentrations of 300 and 900 µg/ml, $P < 0.001$.

has anti-inflammatory properties. During inflammation, PMN:endothelial cell interactions are increased and activated PMNs produce toxic oxygen metabolites that not only kill invading bacteria but also contribute to the damage of surrounding tissue. We determined whether ceruloplasmin had any effect on PMN:endothelial cell adhesion and whether ceruloplasmin exhibited antioxidant activity during the interaction between PMNs and endothelial cells.

Ceruloplasmin reduced the amount of adhesion of both activated and nonactivated PMNs to endothelial cells. These findings agreed with previous work by Curtis and Forrester³⁰ who also showed that ceruloplasmin reduced adhesion of PMNs to tissue culture plastic. Receptors for ceruloplasmin were described on endothelial cells³¹ from liver, but not on any other endothelial cells or thus far on PMNs. The inhibition of adhesion of PMNs to endothelial cells in the presence of ceruloplasmin does not appear to be receptor mediated, as preincubation of either cell type with ceruloplasmin did not result in a reduction of adhesion. The inhibitory effect of ceruloplasmin may simply be due to steric hindrance, changes in cell surface charge, or both.

Stimulated-PMN adhesion to endothelial cells was reduced in the presence of ceruloplasmin, and thus more superoxide was likely to be present in the supernatant. However, there was no apparent damage to the endothelial cells. Previous work by Hoover et al³² showed that less superoxide is detectable in the media of activated PMNs when endothelial cells are present, a decrease that was attributed to the action of endothelial cell SOD. The same report also described how superoxide dismutase is more efficient in the detoxification of oxygen radicals when PMNs are attached to the endothelium as opposed to when they are in suspension. The results shown in Figure 4, therefore, may suggest that ceruloplasmin had an additional superoxide scavenging effect, resulting in protection of the cells from damage by superoxide in the supernatant. However, the same report by Hoover et al, stated that even when superoxide levels were increased, in this case with the addition of an SOD inhibitor, no damage occurred to the endothelial cells until inhibitors of catalase or glutathione peroxidase were added. In our study, therefore, although PMN adhesion was reduced in the presence of ceruloplasmin, the resulting increase in superoxide levels in the medium did not necessarily cause damage to the endothelium. Other workers showed that it is not superoxide as such that causes damage but its dismutated products.³³⁻³⁵

We, therefore, measured the effect of ceruloplasmin on the production of superoxide by PMNs under various conditions to determine whether ceruloplasmin scavenges superoxide *in vivo*. Measurements of superoxide produced by stimulated PMNs in the presence of cerulo-

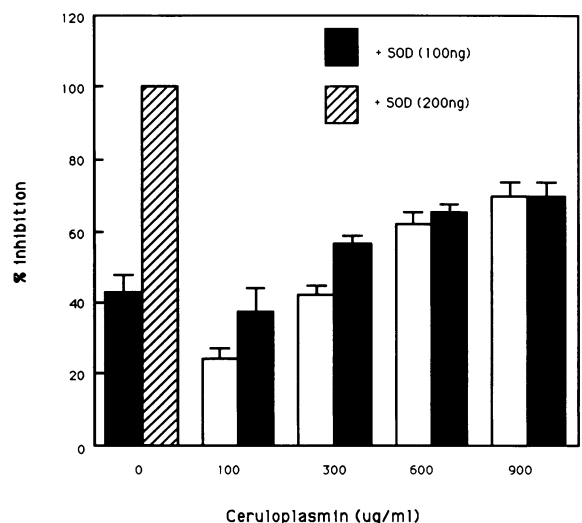
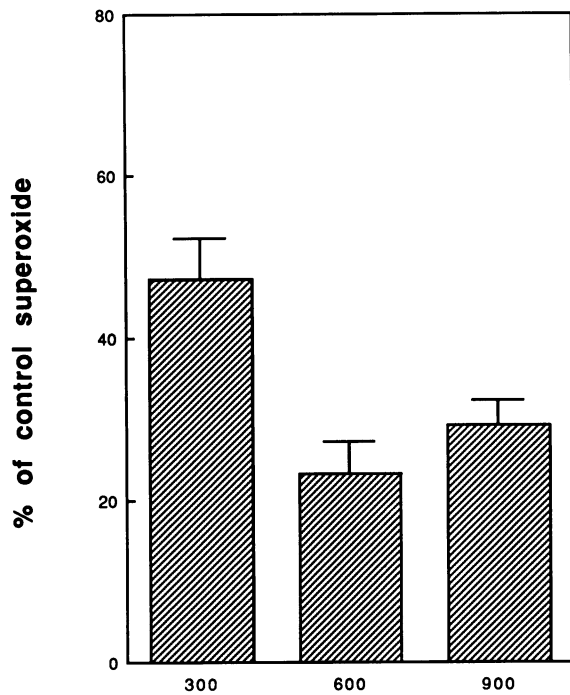


Figure 7. Effect of ceruloplasmin combined with superoxide dismutase on inhibition of cytochrome *c* reduction. The bars represent standard errors ($N = 4$). At ceruloplasmin concentrations of 100 and 300 µg/ml, inhibitory activity of ceruloplasmin was significantly less than when ceruloplasmin was combined with 100 ng of SOD, $P < 0.05$. However, at ceruloplasmin concentrations of 600 and 900 µg/ml, the combined effect of ceruloplasmin and SOD was no greater than with ceruloplasmin alone, $P > 0.1$.



Ceruloplasmin (ug/ml)

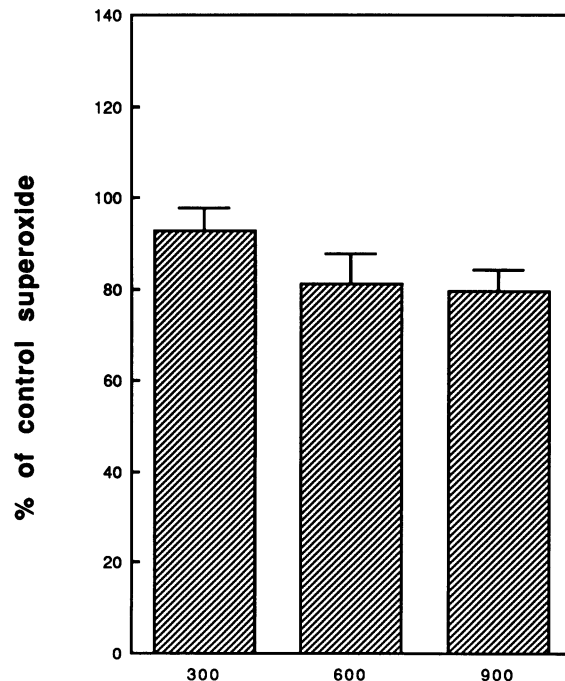
Figure 8. Superoxide levels after incubation of activated PMNs with endothelial cells for 90 minutes in the presence of ceruloplasmin. The bars represent standard errors ($N = 6$). Results are expressed as a percentage of control. Superoxide produced in control: 6.3 ± 0.2 nmols. Production of superoxide was reduced in 900 $\mu\text{g/ml}$ ceruloplasmin compared with that in 300 $\mu\text{g/ml}$ ceruloplasmin, $P < 0.01$.

plasmin suggested that this protein does indeed act as a scavenger of superoxide. Previous studies concerning the action of ceruloplasmin as a scavenger were carried out under cell free conditions.^{14,15} Our results agreed with those in that ceruloplasmin reduced the levels of superoxide produced by activated PMNs. Results from the inhibition of cyt c reduction by ceruloplasmin also supported its role as a superoxide scavenger. Although ceruloplasmin was found to have SOD-like activity,^{14,15} Bannister et al³⁶ reported that this inhibition of cyt c reduction is not a true dismutation as there is no increase in hydrogen peroxide levels. If this is true, then *in vivo* ceruloplasmin would not generate toxic dismutated products of O_2^- and its role as an anti-inflammatory agent would be enhanced. If, however, dismutated products are produced, they have to be dealt with by other intracellular enzymes such as catalase or glutathione peroxidase.

The results of the present study also indicated that ceruloplasmin reduces the levels of superoxide generated during the interaction between activated PMNs and endothelial cells. Thus, the superoxide scavenging activity of ceruloplasmin, which has been demonstrated previously in cell free systems, can be exhibited during PMN:endothelial cell interactions.

The increase in ceruloplasmin during inflammation may have two consequences: 1) to reduce the adhesion of activated PMNs to endothelial cells and 2) to act as an extracellular scavenger of superoxide. As a result of this, endothelial cell SOD does not become overloaded when a massive infiltration of PMNs occurs, as may be the case in an inflammatory response. During inflammation ceruloplasmin can rise to a level of up to 900 $\mu\text{g/ml}$. In our study, maximal reduction of adhesion occurred at 600 to 700 $\mu\text{g/ml}$, with maximum superoxide scavenging activity at 600 $\mu\text{g/ml}$, and was not significantly increased at higher concentrations. Perhaps *in vivo* this concentration is sufficiently high for ceruloplasmin to exert its beneficial effects.

From numerous reports of clinical cases in which inflammation is a factor, ceruloplasmin has been implicated as an anti-inflammatory agent due to the beneficial effects of copper.¹³ In addition, administration of copper complexes has proved beneficial in the treatment of rheumatoid arthritis and in experimental inflammation.³⁷ Studies carried out on inflammation in copper-deficient animals supported this idea in that the inflammatory response was greatly increased in animals fed a copper-deficient diet.¹²



Ceruloplasmin (ug/ml)

Figure 9. Superoxide measured in the supernatants of activated PMNs incubated with endothelial cells in ceruloplasmin for 90 minutes after the removal of unattached PMNs. The bars represent standard errors ($N = 9$). Results are expressed as a percentage of control. Superoxide produced in control: 4.8 ± 0.3 nmols. Production of superoxide was significantly reduced in 900 $\mu\text{g/ml}$ ceruloplasmin compared with that in 300 $\mu\text{g/ml}$ ceruloplasmin, $P < 0.05$.

Copper is also required by endothelial cell SOD, and increased inflammation in copper deficient animals has also been shown to be attributable to decreased SOD activity.³⁸ That there may be some competition for copper for the activity of both ceruloplasmin and endothelial cell SOD might be suggested from the results shown in Figure 7, where there appears to be some interference between SOD and ceruloplasmin activities. Preincubation of intact endothelial cells with ceruloplasmin, however, did not affect endothelial cell SOD activity under the same assay system.

Other mechanisms in which ceruloplasmin may be involved have been described. For example, there is evidence that hydroxyl radicals can be generated by protein-bound copper and that these hydroxyl radicals will react at their site of generation to cause site-specific protein damage;^{39,40} however, intracellular catalase and glutathione peroxidase should reduce the amount of H₂O₂ so that this does not occur. The antioxidant activity of ceruloplasmin, as others showed,^{41,42} was ascribed to its ferroxidase activity, which can inhibit ferrous ion-stimulated lipid peroxidation and ferrous ion-dependent formation of hydroxyl radicals in the Fenton reaction. This effect of ceruloplasmin was independent of its O₂⁻ scavenging activity. Ceruloplasmin has also been reported to prevent copper ions from stimulating lipid peroxidation.⁴¹ Reports suggested that the antioxidant activity of serum from patients with rheumatoid arthritis is greater than that from normal controls,^{5,43} whereas others have indicated that the ferroxidase activity and the ability to inhibit copper-stimulated lipid peroxidation are decreased in synovial fluid⁴⁴ and serum⁴⁵ taken from rheumatoid arthritis patients. Another report⁴⁶ suggested that rheumatoid arthritis serum has a higher antioxidant activity than normal serum for iron-induced damage, although it did not increase protection against copper-induced damage.

The precise role of ceruloplasmin in the inflammatory response remains unclear; however, the results presented here provide *in vitro* evidence for the ability of ceruloplasmin to reduce PMN:endothelial cell adhesion, which is increased in an inflammatory lesion, and to reduce the levels of the superoxide anion generated during this interaction.

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