Microbial Degradation of Oxalate in the Gastrointestinal Tracts of Ratst

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Rates of oxalate degradation by mixed bacterial populations in cecal contents from wild rats ranged from 2.5 to 20.6 μ mol/g (dry weight) per h. The oxalate-degrading activity in cecal contents from three strains of laboratory rats (Long-Evans, Wistar, and Sprague-Dawley) from four commercial breeders was generally lower, ranging from 1.8 to 3.5 μ mol/g (dry weight) of cecal contents per h. This activity did not increase when diets were supplemented with oxalate. When Sprague-Dawley rats from a fifth commercial breeder were fed an oxalate diet, rates of oxalate degradation in cecal contents increased from 2.0 to 23.1 μ mol/g (dry weight) per h. Obligately anaerobic, oxalate-degrading bacteria, similar to ruminal strains of Oxalobacter formigenes, were isolated from the latter group of laboratory rats and from wild rats. Viable counts of these bacteria were as high as $10^{8}/g$ (dry weight) of cecal contents, which was less than 0.1% of the total viable population. This report presents the first evidence for the presence of anaerobic oxalate-degrading bacteria in the cecal contents of rats and represents the first direct measurement of the concentration of these bacteria in the large bowel of monogastric animals. We propose that methods used for the maintenance of most commercial rat colonies often preclude the intestinal colonization of laboratory rats with anaerobic oxalate-degrading bacteria.

Oxalate is degraded by microbial populations in the gastrointestinal tracts of humans (4, 9), ruminants (21, 28), and certain nonruminant herbivores (7).

Oxalate degradation rates by microbial populations from the rumen and the bowel of nonruminants increase dramatically when increasing amounts of oxalate are added to the diet (2, 6). Increased rates of oxalate degradation are apparently a result of the selection of obligately anaerobic, oxalate-degrading bacteria (3). Dawson et al. (14) reported the first isolation of these bacteria from ruminal contents of sheep. Similar bacteria have now been isolated from human feces (4); the cecal contents of guinea pigs (C. Fischer, unpublished results), swine (5); and lake sediments (26). To accommodate this unique group of bacteria, a new genus and species, Oxalobacter formigenes, was established (5).

Attempts to demonstrate the presence of oxalate-degrading intestinal microbes in laboratory rats have been unsuccessful (2, 17, 25). In the present study, a variety of laboratory rats and wild rats were examined for oxalatedegrading activity in their intestinal contents and for the presence of anaerobic oxalate-degrading bacteria.

MATERIALS AND METHODS

Animals and diets. Sprague-Dawley rats were obtained from Holtzman Co., Madison, Wis.; King Animal Laboratories, Inc., Orgeon, Wis.; Biolab Corp., St. Paul, Minn.; Harlan Sprague-Dawley, Madison, Wis.; and Charles River Breeding Laboratories, Inc., Wilmington, Mass. Long-Evans and Wistar rats were obtained from Charles River Breeding Laboratories, Inc. Wistar rats were also obtained from Harlan Sprague-Dawley, Inc. All rats were 300- to 400-g males. Pairs of rats were housed in plastic cages (53 by

29 cm) containing Softwood Laboratory Bedding (Northeastern Products Corp., Warrensburg, N.Y.) in conventional animal rooms on a 12-h light-dark cycle. Rats were randomly assigned to pelleted control or oxalate diets. The control diet (Teklad 4% fat mouse-rat diet [Teklad, Winfield, Iowa]) contained less than 0.1% oxalic acid, by dry weight, as determined by gas chromatography (3). The oxalate diet consisted of the control diet with 4.5% sodium oxalate (Barium and Chemicals, Inc., Steubenville, Ohio) added. The animals were provided diets and water ad libitum for at least 15 days before being sacrificed. Feed consumption was the same for both diets.

Wild rats were captured from the area surrounding Ames, Iowa, and transported to the laboratory within 24 h. Rats from a single collection, two to four animals, were sacrificed and analyzed as a group.

Rats were sacrificed by $CO₂$ narcosis. Cecal contents from a pair of laboratory rats or from a group of wild rats were pooled in ^a weighing dish. A 2-g sample was transferred to ^a Waring blender that contained 18 ml of anaerobic dilution solution (less the $CaCl₂$ [11]) and homogenized at high speed for 15 s under $CO₂$. In certain experiments, the contents of the small and large intestines from laboratory rats were also processed in the same manner.

Cultural methods. Decimal dilutions of cecal homogenates were made in anaerobic dilution solution, and 0.2-ml portions of each dilution $(10^{-4}$ to $10^{-9})$ were inoculated into duplicate roll tubes of enumeration medium. All procedures were performed under strictly anaerobic conditions (10, 19). A ²⁰ mM oxalate medium employed for the enumeration and isolation of viable anaerobic oxalate-degrading bacteria was designated D agar. D agar contained (per liter): KH_2PO_4 , 0.25 g; K₂HPO₄, 0.25 g; $(NH_4)_2SO_4$, 0.5 g; MgSO₄ $·7H_2O$, 0.025 g; trace metals solution (22) , 20 ml; sodium acetate, 0.82 g; sodium oxalate (Sigma Chemical Co., St. Louis, Mo.), 2.7 g; $CaCl_2 \tcdot 2H_2O$, 1.0 g; yeast extract, 1.0 g; resazurin, 0.001 g; agar, 15 g; Na₂CO₃, 4.0 g; and cysteine hydrochloride H_2O , 0.5 g. Ingredients other than the last

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two were mixed, and the pH was adjusted to 6.8. After boiling, the mixture was maintained under $CO₂$ while it was cooled, while sodium carbonate and cysteine were added, and while 5-ml volumes were dispensed into culture tubes (18 by 150 mm). This medium was opaque because of the presence of calcium oxalate. Clear zones developed around colonies of oxalate-degrading bacteria. D broth was identical to D agar except that calcium and agar were omitted and the culture tubes contained 10 ml of medium.

Medium 10, used for enumeration of "total" viable bacteria in cecal homogenates (12), has been used for the enumeration of bacteria in human feces (4, 16). In preliminary experiments, we found that colony counts of bacteria from homogenates were greater in medium ¹⁰ than in CCA medium (8) or modified Balch medium (20).

With the aid of a stereoscopic microscope, colonies were counted after ⁷ to 10 days of incubation at 37°C. Few additional colonies appeared after ¹⁰ days. Colonies in D agar that were surrounded by clear zones were picked and streaked on roll tubes of D agar. After ⁵ to ¹⁴ days of incubation, colonies with clear zones were restreaked. Subsequent colonies with clear zones were transferred to D broth. Growth in broth was measured as absorbance at 600 nm against ^a blank of uninoculated medium by using ^a Spectronic 70 colorimeter (Bausch and Lomb, Rochester, N.Y.). The calcium precipitation test was used to detect the presence of oxalate (15).

For electron microscopy, cultures were grown in D broth that contained ¹⁰⁰ mM sodium oxalate. After incubation for 18 h, the cells were collected by centrifugation and prepared for examination by the procedures of Ritchie and Fernelius (23).

Analytical methods. Oxalate degradation rates were estimated from measurements of ${}^{14}CO_2$ production. Duplicate 1.8-ml portions of a sample plus 0.2 ml of sodium $[14C]oxa$ late $(0.1 \text{ M}; 0.02 \mu\text{Ci/mol};$ New England Nuclear Corp., Boston, Mass.) were incubated in rubber-stoppered test tubes (13 by 100 mm) under $CO₂$ at 38°C for 1 or 2 h. The reactions, including 0-min controls, were stopped by injecting 1 ml of 3 N NaOH through the stopper. ${}^{14}CO_3{}^{2-}$ was measured after diffusion of ${}^{14}CO_2$ from an acidified reaction mixture (13) into phenethylamine (6). Radioactivity trapped in phenethylamine was counted in a model LS-9000 liquid scintillation counter (Beckman Instruments, Inc., Palo Alto, Calif.) with 10 ml of Biofluor (New England Nuclear). Counting efficiency (90%) was monitored by external standardization (H-number) and determined by the addition of [14C]toluene (Amersham Corp., Arlington Heights, Ill.).

Oxalate is decarboxylated to $CO₂$ and formate by O. formigenes (5). However, when sodium $[$ ¹⁴C]formate (10 mM) was incubated with samples of cecal contents (2) and feces (this study) from laboratory rats, rates of $^{14}CO_2$ production were at least four times greater than oxalate degradation rates. Therefore, the production of 2 mol of $CO₂$ per mol of oxalate degraded was assumed for the calculation of oxalate degradation rates. The specific activity of $[{}^{14}C]oxa$ late in the reaction tubes was corrected to account for soluble oxalate present in the samples.

Intestinal homogenates were clarified by centrifugation at 12,000 \times g for 10 min, and soluble oxalate in the supernatants was measured by gas chromatography of the dibutyl ester (6, 24). Reported concentrations are means of measurements for duplicate samples.

For wild rats, duplicate 2- or 3-ml portions of the cecal homogenates were weighed, lyophilized, and weighed again to determine water content. This dried material was subsequently analyzed for total oxalate by the gas chromatographic procedures just described. For laboratory rats, duplicate 4-ml volumes of the homogenates were oven-dried at 550C until ^a constant weight was achieved. Results are reported per unit of dry weight unless indicated otherwise.

Statistical evaluations of oxalate degradation rates were performed with Student's t test (27).

RESULTS

Oxalate degradation by contents from the intestinal tracts of laboratory and wild rats. In a preliminary series of experiments, contents of the small intestines, ceca, and large intestines from Sprague-Dawley rats (Harlan Sprague-Dawley, Inc.) were examined to determine whether oxalatedegrading activity could be increased by the addition of oxalate to the diet. Mean values for oxalate degradation rates (means \pm standard error, six pairs of rats per diet) were 2.1 ± 0.2 and 1.4 ± 0.1 µmol/g per h for samples from the cecum and large intestines, respectively, of rats fed the oxalate diet. The values were 2.7 ± 0.3 and 1.5 ± 0.2 µmol/g. per h for cecum and large intestine samples, respectively, for rats fed the control diet. These low rates of ${}^{14}CO_2$ production from $[14C]$ oxalate were thus not affected by adding oxalate to the diet, and no trends related to length of time on the diets (15, 30, and 60 days) were detected. Oxalate-degrading activity was not observed in any sample of small intestinal contents. Tests to determine factors responsible for the low levels of ${}^{14}CO_2$ production were performed. Oxalatedegrading activity was not observed when samples of anaerobic dilution solution, control diet, or rat cecal tissue were incubated with $[{}^{14}C]$ oxalate. After centrifugation of diluted cecal contents at high speed, all the oxalate-degrading activity was recovered in the pellet. Attempts to isolate oxalatedegrading microbes from the cecal contents of these rats, either by enrichment culture in D broth or by direct isolation on D agar, were unsuccessful. These and other results suggest that the low levels of oxalate-degrading activity were not due to microbes such as *O. formigenes*, which require oxalate as a source of carbon and energy and are selected for by diets high in oxalate.

In a second series of experiments, laboratory rats from different commercial breeders were surveyed for the presence and the selection of oxalate-degrading intestinal microbes. The oxalate-degrading activity was low (1.8 to 3.0 μ mol/g per h) in samples of cecal contents from Sprague-Dawley rats from four breeders, Wistar rats from two breeders, and Long-Evans rats from a single breeder, and did not increase when animals were fed the oxalate diet (Table 1). When Sprague-Dawley rats from ^a fifth breeder (Charles River Breeding Laboratories, Inc.) were fed the oxalate diet, oxalate degradation rates in samples of cecal contents increased from 2.0 to 23.1 μ mol/g per h. The latter value is of the same magnitude as the rates measured in samples of cecal contents from other laboratory animals (guinea pigs, rabbits) adapted to diets high in oxalate (2). Tests for the presence of oxalate degraders were also made by inoculating D broth with 10^{-2} to 10^{-3} g (wet weight) of cecal contents from rats fed the oxalate diet (Table 1). Oxalate was degraded within 7 days to a level which could not be detected in D broth that had been inoculated with cecal contents from Sprague-Dawley rats from breeder 5. After 21 days of incubation, however, no loss of oxalate was detected in D broth cultures that had been inoculated with cecal contents from any of the other rats (data not shown).

The mean rate of oxalate degradation from samples of cecal contents from five groups of wild rats (16 animals) was

^a Diets were fed for a minimum of 15 days before animals were sacrificed. Three pairs of rats (one pair of rats per cage) were sacrificed per strain per diet. Cecal contents from a pair of rats were pooled before analysis. SD, Sprague-Dawley; WI, Wistar; LE, Long-Evans.

 c Micromoles of oxalate degraded per gram (dry weight) of cecal contents per hour. Each value is the mean \pm standard error of three determinations.

"Significantly greater ($\hbar \ge 0.65$). Significantly greater ($P < 0.05$) than control diet.

 12.2 ± 2.4 μ mol/g per h and ranged from 7.4 to 20.6 μ mol/g per h. These rates resemble those obtained with samples of cecal contents from Sprague-Dawley rats (Charles River Breeding Laboratories, Inc.) fed the oxalate diet.

In wild rats, total oxalate concentrations varied from 2.1 to 12.6 μ mol/g of cecal contents. Of the total oxalate present, soluble oxalate represented anywhere from 0 to 45%. Soluble oxalate concentrations in samples of intestinal contents from laboratory rats fed the control diets were negligible; oxalate was not detected in the supernatant fluid of any of these samples. In samples of intestinal contents from oxalate-fed laboratory rats, soluble oxalate concentrations ranged from 0 to 4 μ mol/g of contents (data not shown).

Enumeration, isolation, and characterization of oxalatedegrading anaerobes. In initial cultural studies with cecal samples from wild rats, colony formation was inhibited when the medium contained ⁴⁰ mM sodium oxalate (data not shown). When the oxalate content of the medium was ²⁰ mM (D agar), colony counts of anaerobic oxalate-degrading bacteria from wild rats and from Sprague-Dawley rats (Charles River Breeding Laboratories, Inc.) adapted to a high-oxalate diet ranged from 7.24 to 8.09 log_{10} per g of cecal contents (Table 2). When the level of yeast extract was increased from 0.1 to 0.3% in D agar, the colony count of oxalate-degrading bacteria from the cecal contents of these laboratory rats increased nearly twofold (Table 3). An additional threefold increase in the colony count was observed when the CaCl₂ concentration was increased from 7 to 14 mM (D3 agar). However, with nearly ^a sevenfold increase over D agar in the colony count of oxalate-degrading bacteria, D5 agar, which contained ¹⁰ rather than ²⁰ mM oxalate, 7 mM $CaCl₂$, and 0.3% yeast extract, was the optimum medium in this study.

Nine oxalate-degrading isolates (OxWR1, OxWR2, and OxWR4 through OxWR10) were obtained from wild rats. Six isolates (OxCR1 to OxCR6) were obtained from Sprague-Dawley rats (Charles River Breeding Laboratories, Inc.). Isolates were gram-negative, nonmotile, nonsporeforming, slightly curved rod-shaped cells, occurring singly and in pairs (Fig. 1). Typical cell dimensions were 1.1 to 1.8 μ m by 3.1 to 9.4 μ m. No significant relationship was observed between cell morphology and culture conditions. All isolates degraded oxalate to $CO₂$ and formate.

Dawson et al. (14) reported that OxB, an oxalate-degrad-

TABLE 2. Colony counts of anaerobic oxalate-degrading bacteria from the cecal contents of wild and laboratory rats

$Rats^a$	Mean oxalate degradation rate $(\mu \text{mol/g per h}) \pm \text{SE}^{b}$	Colony count ^c (log_{10} colonies/g)		
		Ox alate ^d	Total ^e	
Wild Laboratory	4.1 ± 0.8 17.4	7.78 ± 0.16 7.24	11.12 ± 0.08 10.71	

^a Three pairs of wild rats were tested. Laboratory rats were Sprague-Dawley animals (Charles River Breeding Laboratories, Inc.) that had been fed the oxalate diet for 24 days. Cecal contents from each pair of rats were pooled before analysis.

 b See Table 1, footnote c .</sup>

 c Log₁₀ colonies per gram (dry weight) of cecal contents. Each value is the mean ± standard error of duplicate tubes after ⁷ to ¹⁰ days of incubation.

Colonies producing clear zones in D agar.

^e Total viable count in medium 10 (12).

ing bacterium isolated from ruminal contents by using enrichment medium that contained ⁴⁵ mM oxalate, was capable of growth in medium containing oxalate concentrations as high as ¹¹¹ mM. In the present study, all strains of oxalate-degrading bacteria grew well in D broth (20 mM oxalate). Maximum absorbance typically occurred after about 24 h of incubation. After several passages, these strains were used to inoculate D broth that contained either ⁴⁰ or ¹⁰⁰ mM oxalate. Only one strain (OxWR1) grew in medium containing ¹⁰⁰ mM oxalate, but all strains grew within ⁷ days in the ⁴⁰ mM oxalate medium.

None of the oxalate-degrading isolates grew in either medium ¹⁰ broth or PYG medium (18) without oxalate. Medium 10 broth was often inoculated as a test for contamination of oxalate-degrading cultures.

All strains of oxalate-degrading bacteria were obligate anaerobes and did not grow in D broth in which resazurin had turned pink (oxidized) or D broth (minus cysteine and sodium carbonate) prepared under aerobic conditions.

Dawson et al. (14) tested a limited number of substrates for their ability to support growth of OxB and found that none could replace oxalate as a growth substrate. In addition, Allison et al. (5) reported that none of a wide variety of substrates, when present with oxalate, would enhance the growth of OxB. In the present study, a large number of substances were tested as possible growth substrates with strain OxWR1 in D broth, in both the presence and absence of ²⁰ mM oxalate. Growth of OxWR1 was not enhanced or supported by the addition of any of the following filtersterilized substances at ^a concentration of 20 mM: acetaldehyde, acrylate, adipate, alanine, aspartate, benzoate, butyr-

TABLE 3. Comparison of medium modifications: colony counts of anaerobic oxalate-degrading bacteria from the cecal contents of laboratory rats^{a}

Medium	Sodium oxalate (mM)	Yeast extract $(\%)$	CaCl ₂ (mM)	Colony count ^b
D ^c	20	0.1		7.24
D1	20	0.3		7.46
D ₂	20	0.1	14	7.73
D3	20	0.3	14	7.97
D4	10	0.1		7.88
D5	10	0.3		8.11

^a Cecal contents were from the same pair of oxalate-fed Sprague-Dawley rats described in Table 2.

 b Log₁₀ colonies per gram (dry weight) of cecal contents. Counts were from colonies producing clear zones after ⁷ to ¹⁰ days of incubation. Each value is the mean of duplicate tubes.

^c D agar as described in the text was modified as indicated here.

FIG. 1. Electron micrographs of an anaerobic oxalate-degrading isolate (OxWR1) from ^a wild rat, grown for ¹⁸ ^h in D broth that contained ¹⁰⁰ mM oxalate. Stained with neutralized 4% phosphotungstic acid. The morphologic diversity commonly seen is illustrated.

ate, citrate, ethanol, ethylene glycol, formamide, formate, fumarate, glutarate, glyceraldehyde, glycerol, glycine, glycolate, glyoxal, glyoxylate, isocitrate, itaconate, ketoglutarate, lactate, malate, maleate, malonate, methanol, oxaloacetate, oxamate, parabanate, phenylpyruvate, phthalate, propionate, pyruvate, serine, succinate, tartarate, tartonate, or urea. Although both parabanate and dimethyl oxalate supported the growth of strain OxB of O . formigenes (5), only dimethyl oxalate supported growth of strain OxWR1.

Antibiotics were tested for their effects on the growth of strains OxCR6 and OxWR1 in D broth that contained ²⁰ or ¹⁰⁰ mM oxalate, respectively. Growth of both strains was less than growth in control tubes in the presence of chloramphenicol (12 μ g/ml), colistin (2 μ g/ml), or tetracycline (6 μ g/ml). Strain OxWR1 was resistant to kanamycin (6 μ g/ml), erythromycin (3 μ g/ml), vancomycin (6 μ g/ml), rifampin (1 μ g/ml), streptomycin (2 μ g/ml), penicillin (2 U/ml), carbenicillin (20 μ g/ml), and ampicillin (4 μ g/ml). Both strains were resistant to cephalothin (6 μ g/ml) and neomycin (6 μ g/ml); however, only OxWR1 was resistant to clindamycin (1 μ g/ml).

DISCUSSION

The results of several studies indicate that oxalatedegrading microbes are few or absent in laboratory rats (2, 17, 25). Data presented here provide the first evidence that anaerobic oxalate-degrading bacteria are present in certain laboratory rats and in wild rats and the first direct measurements of the concentrations of these bacteria in cultures of the cecal contents from monogastric animals. Of the three strains of laboratory rats from five breeders, only Sprague-Dawley rats from one breeder harbored significant cecal populations of anaerobic oxalate-degrading bacteria (Table 1). A different colony of Sprague-Dawley rats from the same

breeder was also tested, and oxalate-degrading bacteria were not detected in these rats. Although the lack of a certain bacterial species among the normal flora inhabiting a specific group of mammals is not a new phenomenon, this is the first report involving oxalate-degrading bacteria. So far, each human, laboratory animal (other than rats), and farm animal that has been tested harbored gastrointestinal oxalatedegrading bacteria (1). Although these bacteria were present in wild rats at numbers as high as $10^8/g$ (dry weight) of cecal contents (Table 2), they represented less than 0.1% of the total viable count of bacteria that were able to grow in medium 10. A similar ratio was noted between concentrations of anaerobic oxalate-degrading and the total viable count from human feces (4).

All strains of anaerobic oxalate-degrading bacteria isolated from wild and laboratory rats were similar in morphology and nutrition to the type strain of $O.$ formigenes, strain OxB; to strains isolated from humans and a pig; and to rod-shaped bacteria isolated from lake sediments (5, 26). Of the two rat strains tested for antibiotic sensitivity, both were sensitive to essentially the same antibiotics reported as being effective against strain OxB (K. A. Dawson, Ph.D. dissertation, Iowa State University, Ames, 1979). The only difference was that strain OxWR1 was resistant to clindamycin. Other differences, based on tolerance to oxalate, were noted between strains. Unlike OxB, the growth of most rat strains was inhibited by high oxalate concentrations (100 mM) in the culture medium. Inhibition by high levels of oxalate was also observed with strains isolated from lake sediments (26).

The production of small amounts of ${}^{14}CO_2$ when $[{}^{14}C]oxa$ late was incubated with contents from the ceca and large intestines of laboratory rats that apparently did not harbor anaerobic oxalate-degrading bacteria is not yet explained (Table 1). However, results of this and other studies do indicate that this oxalate-degrading activity (i) is limited to

the particulate fraction of gut contents; (ii) is not associated with oxalate degradation in oxalate enrichment cultures or in roll tubes of D agar; (iii) is low in comparison with oxalate degradation rates found in populations where O . formigenes is present and does not increase when diets high in oxalate are given (Table 1); (iv) is not affected by antibiotics (cepthalothin, chloramphenicol, tetracycline), gas phase $(H_2, O_2,$ room air), or temperature (4 or 65 \degree C); only autoclaving (121°C for 15 min) completely destroys this oxalatedegrading activity (S. L. Daniel, Ph.D. dissertation, Iowa State University, Ames, 1987); and (v) is neither proportional to the amount of gut contents nor linear with time (Daniel, Ph.D. dissertation). The above evidence suggests that this oxalate-degrading activity is the result of a nonspecific chemical reaction(s), although the process by which these nonspecific reactions occur remains to be resolved.

The reasons that some but not all laboratory rats harbor oxalate-degrading bacteria are unknown. Shirley and Schmidt-Nielsen (25) postulated that laboratory rats maintained for generations on diets low in oxalate have simply lost the capacity (microbes) for intestinal oxalate degradation. The control diet used here contained only about 0.1% oxalic acid; however, this level of oxalate was sufficient to maintain a population of oxalate-degrading microbes in one group of laboratory rats. Allison and Cook (2) suggested that laboratory rats lack intestinal oxalate-degrading microbes because of their limited contact with other herbivores. In support of this are preliminary studies showing that laboratory rats inoculated with mixed populations of microbes from wild rats develop populations of cecal microbes that have an increased capacity for oxalate degradation (S. L. Daniel, M. J. Allison, and P. A. Hartman, Abstr. Annu. Meet. Am. Soc. Microbiol. 1983, 1118, p. 159). Also, Smith et al. (26) suggested that sediments and soils may also provide a source of oxalate-degrading organisms. Thus, we propose that procedures used for the establishment (e.g., cesarean-originated) and maintenance of some commercial rat colonies limit the introduction and establishment of anaerobic oxalate-degrading bacteria.

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