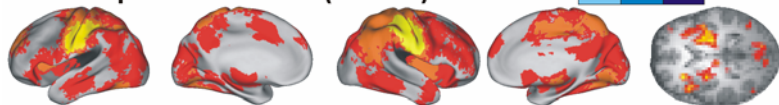


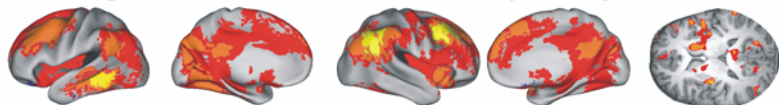
Effects of Distracter Sounds in Meditation vs. Rest

A 13 Expert Meditators ($\alpha < 0.05$)

$p < 0.001$ $p < 0.01$ $p < 0.05$



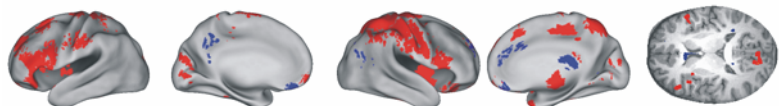
B 10 Age-Matched Incentive Novices ($\alpha < 0.05$)



C 13 Age-Matched Novices ($\alpha < 0.05$)



D 4 MHEMs ($\alpha < 0.05$, uncorrected)



Left Hemisphere

Right Hemisphere

Axial z=11