# The identification of gram-negative anaerobic bacilli isolated from clinical infections

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#### SUMMARY

Gram-negative anaerobic bacilli isolated from specimens submitted to the routine diagnostic bacteriology laboratory and regarded as significant pathogens were identified by conventional bacteriological tests; 399 strains isolated from 356 specimens submitted from 332 patients were studied and most were readily identified by the results of a combined set of morphological, biochemical, tolerance and antibiotic disk resistance tests. B. fragilis has particular pathogenic potential and was the commonest species isolated, accounting for > 50% of strains. The next commonest was B. asaccharolyticus with 55 strains, and 16 other species or groups were represented by smaller numbers. Many (68%) were from infections related to the gastro-intestinal tract, but there were significant numbers from infections of the male and female genito-urinary tracts, the head, neck and central nervous system and from a variety of soft tissue infections. Most infections were mixed, and a pure culture of a *Bacteroides* sp. was obtained from only 26 %of infections; two or more strains of Bacteroides were recovered from 55 infections. The specific identification of *Bacteroides* may help the bacteriologist to judge the significance of laboratory findings, influence the patient's management and prognosis and help determine the source of infection.

#### INTRODUCTION

Gram-negative non-sporing anaerobic bacilli of the Bacteroides-Fusobacterium group are important causes of infection in hospital practice and have been isolated from a wide variety of clinical conditions. Bacteroides spp. are a major component of the normal flora of the lower gastro-intestinal tract (Drasar, Shiner & McLeod, 1969; Drasar & Hill, 1974; Holdeman, Good & Moore, 1976), mouth (Gibbons et al. 1963; Socransky & Manganiello, 1971) and vagina (Gorbach et al. 1973; Sanders et al. 1975), and most infections follow surgical or accidental injury related to these sites, particularly in debilitated patients. The reported incidence of anaerobic infections varies with the interest of the investigators in anaerobic bacteriology. Martin (1971) recovered anaerobes from 35% of specimens, and these were  $49\cdot3\%$  of all bacteria isolated; in a later study, anaerobes were isolated from 49% of culture-positive specimens (Martin, 1974). Holland, Hill & Altemeier (1977) isolated anaerobes from 48.8% of specimens, and *Bacteroides* spp. were found in 70% of anaerobe-positive cultures. The extensive literature on bacteroides infection has been reviewed by Balows *et al.* (1974), Phillips & Sussman (1974), Finegold (1977) and Willis (1977).

Improvements in anaerobic techniques (Collee, Rutter & Watt, 1971; Holdeman & Moore, 1973; Watt, 1973; Watt, Hoare & Collee, 1973; Watt, Collee & Brown, 1974) have provided laboratories with reliable methods for the isolation of bacteroides organisms, but precise identification is rarely attempted in the routine laboratory. The classification of gram-negative anaerobic bacilli has been confused, and in most laboratories methods have not been available for accurate identification. Many workers have reported their strains as 'Bacteroides spp.', or 'B. fragilis', 'B. melaninogenicus' and 'fusobacteria'. Organisms of the B. fragilis group are the commonest species isolated from infections in general, and when specific identification has been undertaken B. fragilis (formerly B. fragilis spp. fragilis) has been the commonest species, with B. thetaiotaomicron isolated regularly but much less frequently (Werner & Pulverer, 1971; Werner, 1974; Holland et al. 1977; Tally & Gorbach, 1979). 'B. melaninogenicus' is the only other species that has been identified consistently in bacteroides infections, but it has been found much less frequently than B. fragilis (Burdon, 1928; Heinrich & Pulverer, 1960).

In the present study, *Bacteroides* spp. isolated from clinical specimens in the routine diagnostic laboratory were identified by a combined set of tolerance tests, antibiotic disk resistance tests, morphological and biochemical tests. This investigation was part of the evaluation of a scheme for the identification of clinically important gram-negative anaerobic bacilli by conventional bacteriological tests (Duerden *et al.* 1976; Duerden *et al.* in the Press).

#### MATERIALS AND METHODS

#### Organisms

Three hundred and ninety-nine strains of gram-negative anaerobic bacilli isolated from specimens submitted to the four diagnostic bacteriology laboratories of the Southern District of the Sheffield Area Health Authority (Teaching) were studied. All were regarded as significant and were reported to the clinicians. The *Bacteroides* strains were present in pure culture in only a minority of the specimens but they were usually predominant or, at least, present in sufficient numbers relative to any other organisms to justify the view that they were significant.

#### Patients and specimens

The 399 strains were isolated from 356 specimens submitted from 332 patients. Details of the clinical condition of each patient were recorded and the sites from which the specimens were obtained are shown in Table 1. The specimens were pus, exudates or swabs sent routinely to the laboratories from patients with clinically apparent infections. The clinicians were encouraged to send specimens

Site of infection	Number of specimens that yielded <i>Bacteroides</i> spp. (total in group of infections)
Infections related to the gastro- intestinal tract	(241)
Upper g.i. tract	40
Appendix	65
Colon and rectum	87
Perianal infections	49
Gynaecological infections	22
Genito-urinary tract (male)	12
Facial and dental infections	6
Central nervous system	5
Bone and joint infections	8
Miscellaneous soft-tissue infections	28
Ear, nose and throat infections	3
Respiratory tract	<b>2</b>
Bacteraemia	3
Unknown	<b>26</b>
Total	356

Table	1.	The	source	s of	' specim	ens	that	yielded	a	significant	growt	th
			of	ran	n-negati	ive a	naer	robic ba	cil	li		

of pus, where possible, and to avoid delay in transport of specimens; these were routine requests, and no special measures were taken to obtain special specimens for the purpose of this investigation or to provide special transport facilities.

#### Isolation methods

All cultures, sub-cultures and other manipulations were carried out on the open laboratory bench. In the early stages of the investigation, specimens specimens submitted to three laboratories were seeded on horse-blood agar and neomycin-horse-blood agar; later, the selective medium was changed to kanamycin-menadione-lysed blood agar (Loesche, Hockett & Syed, 1971; Holbrook, Ogston & Ross, 1978). The media were pre-reduced in an atmosphere of  $H_2$  at room temperature overnight and then held in an atmosphere of  $CO_2$  until seeded, when they were again held under CO<sub>2</sub> until the jar was sealed and evacuated. The plates were incubated in BTL anaerobic jars in an atmosphere of  $80\% N_2/10\% H_2/$ 10% CO<sub>2</sub> (BOC Special Gases); the jar was filled with the gas mixture and then re-evacuated to a vacuum of -630 mmHg before filling with the final incubation atmosphere. Anaerobiosis was monitored by including a nutrient agar plate seeded with Pseudomonas aeruginosa in each jar. All plates were examined after overnight incubation and then reincubated anaerobically for a further 48 h. Specimens submitted to the fourth laboratory were seeded on horse-blood agar and neomycin-blood agar, and the anaerobic procedure of Collee et al. (1972) was followed; the plates were examined after overnight incubation and after a further 48 h.

#### B. I. DUERDEN

#### Identification of gram-negative anaerobic bacilli

The strains were identified by the combined set of cultural, biochemical, tolerance and antibiotic disk resistance tests described by Duerden et al. (1976 and in the Press). The tests were: colony morphology after incubation for 48 h on blood agar; cell morphology in gram-stained smears from 48 h cultures on blood agar and in BM broth with cooked-meat particles (see Deacon, Duerden & Holbrook, 1978); pigment production on BM agar; haemolysis on human-blood agar; motility in BM broth; antibiotic disk resistance tests with neomycin 1000  $\mu$ g, kanamycin 1000  $\mu$ g, penicillin 2 units and rifampicin 15  $\mu$ g disks; tolerance tests with taurocholate, deoxycholate, Victoria blue 4R and ethyl violet; biochemical tests for the production of indole, digestion of gelatin and hydrolysis of aesculin; fermentation tests with glucose, rhamnose, trehalose, mannitol and xylose, with tests for fermentation of lactose and sucrose added when appropriate. All tests were incubated at 37  $^\circ C$  in an atmosphere of H<sub>2</sub> 90 % and CO<sub>2</sub> 10 % (BOC Special Gases); the anaerobic procedure of Collee et al. (1972) was followed in all essential aspects and a slope of Simmons Citrate Medium seeded with P. aeruginosa was included in each jar as a control.

#### RESULTS

A total of 399 strains of gram-negative anaerobic bacilli isolated from 356 specimens were included in the study. Strains from more than one specimen from a single patient were included if they were different, or if the same species was isolated from different sites, or during different episodes of infection.

#### Identification of strains

The identity of the 399 strains is shown in Table 2. *B. fragilis* was the commonest species and accounted for > 50 % of all strains; the next commonest species was *B. asaccharolyticus* (formerly *B. melaninogenicus* ssp. *asaccharolyticus*) with 55 strains.

B. fragilis group. Two hundred and sixty-one strains were members of the fragilis group and 204 (78%) were B. fragilis. Most (184) strains allocated to this species gave the same pattern of results as the reference strains, and the others differed in only minor respects. Most atypical results occurred in the tolerance tests and the antibiotic disk resistance tests, but nine strains did not ferment xylose. The next commonest species in the group was B. thetaiotaomicron with 35 strains; the other species accounted for only a few strains each. The strains of B. vulgatus, B. distasonis, B. ovatus, B. thetaiotaomicron, B. uniformis and B. splanchnicus gave patterns of results that were typical, in general, of those species with only a few atypical results. B. variabilis and B. eggethii are separated only by the result of the test for sucrose fermentation, and they were not distinguished in the early part of the study when the two strains were isolated.

B. melaninogenicus/oralis group. Fifty-seven strains belonged to species in this group; 38 were pigmented strains of *B. melaninogenicus* ssp. melaninogenicus (13) or ssp. intermedius (25) and the remainder were non-pigmented species. All

Species	Number of isolates (total in group)
B. fragilis group	(261)
B. fragilis	204
B. vulgatus	8
B. distasonis	9
B. thetaiotaomicron	35
B. ovatus	1
B. eggerthii/variabilis	2
B. uniformis	1
B. splanchnicus	1
B. melaninogenicus/oralis group	(57)
B. melaninogenicus ssp. melaninogenicus	13
ssp. intermedius	25
B. oralis	4
B. bivius	1
B. bivius/disiens	7
B. disiens	1
B. ruminicola	6
Asaccharolytic group	(73)
B. asaccharolyticus	55
B. corrodens	12
Non-pigmented non-saccharolytic spp.	6
Fusobacterium group	8
Total	399

### Table 2. The identification of Bacteroides strains isolated from clinical specimens

gave patterns of results consistent with the patterns established for the species and subspecies; 12 strains were resistant to penicillin. In the early part of the study, the discriminatory value of the test for sucrose fermentation in the separation of *B. bivius* and *B. disiens* was not appreciated, and these species were not distinguished until later.

Asaccharolytic group and fusobacteria. Seventy-three strains of Bacteroides spp. were non-fermentative. Most (75%) were pigmented strains of B. asaccharolyticus and gave patterns of results typical of the species, except that 16 strains were resistant to the neomycin 1000  $\mu$ g disk and six strains did not produce indole. The 12 B. corrodens strains were originally recognized by their characteristic appearance on solid media; they gave patterns of results similar to those obtained with reference strains. The six non-pigmented non-saccharolytic strains could not be allocated to a recognized species on the basis of the tests used. Similarly, seven fusobacteria could not be identified further; the eighth fusobacterium was F. necrophorum.

#### Sources of Bacteroides spp. isolated from clinical specimens

The sites of infections with gram-negative non-sporing anaerobic bacilli are shown in Table 1. A large proportion of *Bacteroides* strains (68%) were from infections related to the gastro-intestinal tract, including abdominal and perianal

abscesses, peritonitis and wound infections following surgery. Most infections were characterized by tissue necrosis, poor vascularity and the production of foul-smelling pus.

Infections related to the gastro-intestinal tract. The species isolated from infections related to the gastro-intestinal tract are shown in Table 3. The infections related to the upper gastro-intestinal tract followed surgery to the oesophagus, stomach, small intestine and biliary tract and included two infected pancreatic pseudocysts. B. fragilis accounted for > 50% of the strains but it is significant that four strains of B. melaninogenicus ssp. melaninogenicus and two strains of ssp. intermedius, which are essentially oral organisms, were isolated from wound infections following surgery to the oesophagus and stomach. Seventy-two strains were from 65 cases of gangrenous appendix, appendix abscess, peritonitis or wound infection following appendicectomy. B. fragilis was isolated from 68% of these infections. Ninety-seven strains were isolated from 87 infections related to the colon and rectum, which included wound infections, peritonitis and intraabdominal abscesses following surgery to or perforation of the large intestine. B. fragilis was found in 62% of the specimens that yielded a significant growth of gram-negative anaerobic bacilli and B. asaccharolyticus and B. thetaiotaomicron were also isolated regularly. Fifty-seven strains were isolated from 49 specimens of pus from perianal abscesses. B. fragilis was isolated from 50 % of these abscesses and there were nine strains of B. asaccharolyticus and five strains of B. corrodens.

Only specimens that yielded a significant growth of gram-negative anaerobic bacilli have been included in this analysis; the figures given of the proportions of isolations of individual species from groups of specimens relate only to these selected specimens. However, there were very few specimens from infections related to the appendix, colon and rectum, or from perianal abscesses that did not yield a significant growth of one or more *Bacteroides* spp., and most infections related to those sites that occurred during the study are included.

Gynaecological infections. The 25 strains from 22 specimens from infections related to the female genital tract are shown in Table 4. B. fragilis was isolated from 16 infections that included post-partum pelvic abscesses, Bartholin's abscesses, and wound infections following gynaecological surgery. One of the B. melaninogenicus ssp. intermedius strains was from a pelvic abscess and the others were from cervical pus.

Genito-urinary infections (male). Gram-negative anaerobic bacilli were isolated as significant pathogens from 12 infections related to the male genito-urinary tract (Table 4). One strain of *B. fragilis* was from a wound infection following removal of a renal calculus, but the others were all from abscesses or post-operative wound infections of the scrotum (7), penis (2) or groin (2).

Infections of the head and neck. Seven strains of Bacteroides were isolated from six infections of the mouth and face and eight strains from four patients with infections of the central nervous system. B. melaninogenicus ssp. melaninogenicus was isolated from two dental abscesses and a compound fracture of the mandible; B. fragilis and B. asaccharolyticus were isolated from a facial abscess, and B. corrodens was recovered in large numbers from an actinomycotic abscess.

### Clinical isolates of bacteroides

# Table 3. Bacteroides spp. isolated from infections relatedto the gastro-intestinal tract

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Species	Upper g.i. tract	Appendix	Colon and rectum	Perianal abscesses	Total
B. fragilis group	(33)	(55)	(75)	(36)	(199)
B. fragilis	24	44	54	29	151
B. vulgatus	1	1	3	2	7
B. distasonis	1	1	2	1	5
B. ovatus			1		1
B. thetaiotaomicron	5	9	15	3	32
B. eggerthii/variabilis	2			_	<b>2</b>
B. splanchnicus			—	1	1
B. melaninogenicus/oralis group B. melaninogenicus	(10)	(7)	(3)	(4)	(24)
ssp. melaninogenicus	4			1	5
ssp. intermedius	2	7	1	2	12
B. oralis	—	_		1	1
B. bivius/disiens	2	_			<b>2</b>
B. ruminicola	2		2		4
Asaccharolytic group	(3)	(9)	(18)	(15)	(45)
B. asaccharolyticus	3	7	17	9	36
B. corrodens		—		5	<b>5</b>
Non-pigmented non-saccharo- lytic spp.		2	1	1	4
Fusobacterium group		1	1	2	4
Total	46	72	97	57	272

Number of isolates from infections related to

# Table 4. Bacteroides spp. isolated from infections related to the genito-urinary tract

	Number of is infection		
Species	Female g.u. tract	Male g.u. tract	Total
B. fragilis group	(17)	(6)	(23)
B. fragilis	16	5	21
B. thetaiotaomicron	1		1
B. uniformis		1	1
B. melaninogenicus/oralis group B. melaninogenicus	(7)	(2)	(9)
ssp. melaninogenicus		2	2
ssp. intermedius	4	_	4
B. oralis	1		1
B. bivius/disiens	1		1
B. disiens	1		1
Asaccharolytic group	(1)	(4)	(5)
B. asaccharolyticus	1	1	2
B. corrodens		3	3
$\mathbf{Total}$	25	12	37

A mixture of *B. fragilis* and *B. asaccharolyticus* was recovered from a frontal lobe abscess secondary to a penetrating injury to the orbit and frontal sinus and four strains (*B. melaninogenicus* ssp. *melaninogenicus*, ssp. *intermedius*, and two separate strains of *B. ruminicola*) were isolated from the cerebrospinal fluid and the pus from an abscess of a cervical vertebral body with secondary meningitis. *B. fragilis* and *B. oralis* were isolated from specimens of pus from separate brain abscesses.

Miscellaneous infections. The 34 strains from bone, joint and miscellaneous soft tissue infections are shown in Table 5. Six strains of B. fragilis and one each of B. distasonis and B. asaccharolyticus were from cases of osteomyelitis or deep infections following bone and joint surgery. The others were recovered in large numbers from the depths of infected decubitus ulcers, varicose ulcers, diabetic gangrene, paronychia and two breast abscesses. Strains of B. thetaiota-omicron, B. asaccharolyticus and B. melaninogenicus ssp. intermedius were isolated from three cases of chronic otitis media, and two strains of fusobacteria were from a lung abscess and an empyema. Only three strains of Bacteroides were isolated from blood cultures during the study; B. fragilis was isolated from the blood of two patients following abdomino-perineal resection of the colon and gastro-jejunostomy, and B. bivius was from a patient with a pelvic abscess.

#### Monobacterial and mixed infections

A pure culture of a *Bacteroides* spp., or a heavy growth with only a light admixture of coagulase-negative staphylococci, diphtheroids or coliforms was obtained from only 92 infections; *B. fragilis* was the sole pathogenic strain isolated in 60 of these infections and other species were found in pure culture on a few occasions only. *B. asaccharolyticus* was the second commonest species isolated overall but only four of the 55 strains were recovered in pure culture.

More than one species of potentially pathogenic bacteria were isolated in significant numbers from 246 infections for which full details were obtained. The number of species and their identity varied with the site of infection. The most common additional species were coliform organisms, particularly in infections related to the lower gastro-intestinal tract; 148 specimens yielded a heavy growth of a coliform organism. Streptococci were also implicated in a large number of mixed infections; a variety of streptococci, including  $\alpha$ - and  $\beta$ -haemolytic streptococci, enterococci and anaerobic cocci were isolated in potentially significant numbers from 121 specimens.

Two or more strains of *Bacteroides* were isolated from 55 infections of which 43 were related to the gastro-intestinal tract. *B. fragilis* was usually one of the species isolated and in many instances the second species was *B. asaccharolyticus*.

#### DISCUSSION

These studies have shown that a wide range of clinically important gramnegative anaerobic bacilli can be isolated in the diagnostic bacteriology laboratory by the careful application of routine bench methods with a controlled and standardized anaerobic jar technique. Most strains can be identified by a relatively

Species	Number of isolates
B. fragilis group	(19)
B. fragilis	17
B. distasonis	1
B. thetaiotaomicron	1
B. melaninogenicus/oralis group	(9)
B. melaninogenicus ssp. melaninogenicus	1
$ssp.\ intermedius$	4
B. bivius/disiens	3
B. bivius	1
Asaccharolytic group	(14)
B. asaccharolyticus	10
B. corrodens	1
Non-pigmented non-saccharolytic spp.	3
Fusobacterium group	2
Total	44

### Table 5. Bacteroides spp. isolated from bone, joint and miscellaneous soft-tissue infections

simple set of conventional bacteriological tests adapted to their specific requirements. The identification scheme used in these studies (Duerden *et al.* 1976 and in the Press) allowed prompt and accurate identification of most of the *Bacteroides* spp. encountered.

Infections related to the gastro-intestinal tract have provided the majority of strains in most studies of bacteroides infections and a large proportion in the present study were from infections related to injury, surgery or some underlying pathology of the gastro-intestinal tract. B. fragilis (formerly B. fragilis ssp. fragilis) was the commonest species isolated; 51 % of all isolations were B. fragilis, and this species accounted for 78% of all fragilis-group strains isolated. A previous taxonomic scheme (Holdeman & Moore, 1974) assigned all bile- and penicillin-resistant strains to the single species B. fragilis, with five subspecies, but DNA homology studies have shown that subspecies is unique and should be assigned species status (Cato & Johnson, 1976). If cultures from infections related to the appendix, colon and rectum alone are considered, 58% of all strains and 75% of fragilisgroup strains were B. fragilis. These results correspond with those of Werner & Pulverer (1971), Werner (1974) and Holland et al. (1977) and with the results reviewed by Finegold (1977). The preponderance of B. fragilis amongst strains isolated from these infections does not reflect its occurrence as a commensal in the faeces. Several workers have shown that most strains of Bacteroides from the normal faeces belong to the fragilis group but that B. vulgatus and B. thetaiotaomicron are the commonest species and B. fragilis is present in much smaller numbers (Werner, 1974; Moore & Holdeman, 1975; Finegold et al. 1975); in a parallel study (Duerden a, in the Press) only 9% of the fragilis-group strains isolated from the faeces of normal, healthy adults were B. fragilis. If all members of the group were equally virulent and infections were merely a consequence of the opportunity given by faecal soiling, the proportions of the different species isolated from infections would reflect their proportions in faeces. It is clear that *B. fragilis* has particular pathogenic potential; this appears to be related to cell surface properties and the presence of a polysaccharide capsule (Kasper, 1976*a*, *b*) but *B. fragilis* also produces a number of extracellular and membrane-associated enzymes that may contribute to virulence (Gesner & Jenkin, 1961; Müller & Werner, 1970; Rudek & Haque, 1976).

Other workers found that *B. thetaiotaomicron* was the second most common species isolated from clinical specimens (Werner & Pulverer, 1971; Werner, 1974; Holland *et al.* 1977). *B. thetaiotaomicron* was the second most common species in the fragilis group in the present studies but there were almost twice as many isolates of the pigmented, non-fermentative species *B. asaccharolyticus* (formerly *B. melaninogenicus* ssp. *asaccharolyticus*; Finegold & Barnes, 1977). This species is a commensal of the lower gastro-intestinal tract (Werner, Pulverer & Reichertz, 1971; Duerden *a*, in the Press) and some clinical strains isolated were from infections related to the appendix, colon and rectum and the perianal area, where it was usually recovered in mixed culture with *B. fragilis*. *B. asaccharolyticus* was also isolated from nine soft-tissue infections where it appeared to be the most significant pathogen in lesions such as diabetic and varicose ulcers, a relationship recognized by Peromet *et al.* (1973), Rissing *et al.* (1974) and Willis (1977).

The proportions of the different *Bacteroides* spp. isolated varied with the site of infection. Many of the melaninogenicus/oralis group isolated reflected the normal habitat of these species in the mouth. However, *B. fragilis* is not a common members of the normal vaginal flora (Duerden *b*, in the Press) but it was isolated from 73% of gynaecological infections where *Bacteroides* spp. were implicated. This emphasizes the specific pathogenicity of the species and casts doubt upon the assumption that bacteroides infections of the female genital tract are caused by *Bacteroides* spp. present in the normal vaginal flora. The isolation of several *Bacteroides* spp. from cerebral abscesses supports the findings of Ingham, Selkon & Roxby (1977) that *Bacteroides* spp. are important pathogens in brain abscesses that follow infections or penetrating injuries of the middle ear and mastoid, paranasal or posterior pharyngeal wall.

Bacteroides spp. were isolated in pure culture from only 26 % of infections in this study, and it is generally recognized that many anaerobic infections yield a mixture of organisms (Gorbach & Bartlett, 1974). Most mixed infections originate in areas where colonization with a variety of species generally occurs. Many of the organisms in these mixtures were potential pathogens, but there is some evidence that the anaerobes are the more significant pathogens. Willis *et al.* (1975, 1976, 1977) showed that treatment of the anaerobic component of infections related to the appendix, colon, rectum and female genital tract with metronidazole controlled the infections, and Jones, Willis & Ferguson (1978) obtained healing of infected decubitus ulcers with topical metronidazole. However, the facultative and aerobic species in the mixtures should not be ignored; there may be synergy between components of the mixed flora (Tally & Gorbach, 1979) or the common occurrence of facultative organisms, e.g. coliforms, may provide suitable conditions of Eh and growth factors for the anaerobes to cause the tissue damage and necrosis characteristic of these infections.

Analysis of the incidence of different species of *Bacteroides* in clinical infections and comparison with their incidence in the normal flora shows that certain species have particular pathogenic potential. The identification of *Bacteroides* strains may, therefore, help to assess the significance of laboratory findings, may influence the patient's management and prognosis, and may also help to determine the source of infection when this is not immediately apparent.

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