

Table 2. Significant metabolic variations observed in *sod-1(tm776)* vs. N2 *C. elegans* nematodes in SI Fig. 5c

Metabolite (key)	Chemical shift δ , ppm	Changes of direction
Lipids $\text{CH}_3\text{CH}_2\text{CH}_2\text{C}=\text{C}$ (4)	0.90	↓
Lipids $\text{CH}_3\text{CH}_2\text{CH}_2$ (16)	1.16	↓
Lipids $\text{CH}_3\text{CH}_2\text{CH}_2\text{CO}$ (17)	1.30	↓
Lipids $\text{CH}_2\text{CH}_2\text{CO}$ (20)	1.41	↓
Lipids $\text{CH}_2\text{CH}_2\text{C}=\text{C}$ (24)	1.59	↓
Proline (32)	2.03	↓
Valine (39)	2.26	↓
TMAO (69)	3.27	↑
Glyceryl of lipids (95)	4.09	↓
Glycerolphosphoryl choline (99)	4.30	↓
α -glucose (107)	5.23	↓
Unsaturated lipids (108)	5.33	↓

The arrows indicate the direction changes (\uparrow increase; \downarrow decrease) in the concentration among *sod-1(tm776)* relative to N2. The numbers in parentheses correspond to the metabolite resonance ID on the 700MHz spectra in Fig. 1. Assignment is based on the literature(1).

- Nicholson JK, Foxall PJD, Spraul M, Farrant RD, Lindon JC (1995) *Anal Chem* 67:793-811.