

Soluble interleukin-2 receptors (sIL-2R) in Hodgkin's disease: outcome and clinical implications

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Summary The aim of this study was to assess the prognostic role of soluble interleukin-2 receptors (sIL-2R) in Hodgkin's disease (HD) both in the achievement of complete remission (CR) and in predicting disease relapse. Between August 1988 and June 1993 sIL-2R serum levels were measured in 174 untreated patients; in 137 of them evaluation was repeated at the end of treatment and in 132 also during the follow-up. Baseline sIL-2R levels (mean \pm standard error) were significantly higher in patients than in 65 healthy control subjects (1842 ± 129 U ml⁻¹ vs 420 ± 10 U ml⁻¹, $P < 0.0001$). At the end of treatment 135 out of 137 evaluated patients achieved complete response (CR) and their mean sIL-2R serum levels were significantly lower than those at diagnosis (635 ± 19 U ml⁻¹ vs 1795 ± 122 U ml⁻¹, $P = 0.0001$). After a median follow-up of 5 years, sIL-2R remained low in 114 patients in continuous CR, while they increased in 9 out of 12 patients (75%) who relapsed. However, a temporary increase was also observed in six patients (5%) still in CR. Treatment outcome in terms of freedom from progression was linearly related to sIL-2R levels. Our study confirms that patients with untreated HD have increased baseline levels of sIL-2R compared with healthy subjects and that their pretreatment values may be an indication of disease outcome similar to other conventional prognostic factors, such as number of involved sites, presence of B symptoms and extranodal extent.

Keywords: soluble interleukin 2 receptor; Hodgkin's disease; prognostic factor

In the last two decades, great progress has been achieved in the cure of Hodgkin's disease. Nevertheless, about 30% of patients are still refractory to initial treatment and are candidates for alternative approaches (Santoro and Valagussa, 1992). Several patient characteristics and clinical features have been correlated with disease outcome, in an attempt to identify the group of patients at high risk of lymphoma progression who might benefit from more intensified treatment approaches at the time of initial diagnosis, as well as those who can be managed with less intensive therapy to minimize iatrogenic sequelae.

From the clinical point of view, the prognostic factors most widely evaluated are related to tumour burden, including stage, number of involved sites, extranodal extent, bulky disease, extent of splenic involvement, systemic symptoms and pulmonary hilus involvement. In multivariate analyses, however, no single factor proved to offer independent prognostic information (Specht et al, 1988; Straus et al, 1990; Proctor et al, 1992). In contrast, only a few studies have been carried out to establish the prognostic significance of host immune status-related factors.

Recently, the prognostic value of various immunological factors has been investigated, based on the evidence of the well-known defect in cell-mediated immunological reactions in patients with Hodgkin's disease, in particular with advanced stage and/or in the presence of systemic symptoms (Romagnani et al, 1985; Gause et al, 1992a; Clerici et al, 1994). Several cytokines and soluble forms of cell-surface antigens of lymphocytes and Reed–Sternberg (RS)

cells or reactive cells found in tissues involved by Hodgkin's disease, such as CD30, CD8 and CD25 have been evaluated. (Rubin et al, 1985; Hsu and Hsu, 1990; Kretschmer et al, 1990; Pfreundschuh et al, 1990; Grimfors et al, 1991; Gause et al, 1992b). Recent clinical studies suggest a prognostic value of the soluble form of interleukin-2 receptor (IL-2R) (Pizzolo et al, 1987; Pui et al, 1989b; Gause et al, 1991, 1992a; Enblad et al, 1995). IL-2R is expressed on the Hodgkin's disease and RS cells; moreover the malignant cells and Hodgkin's disease–RS-derived cell lines, when cultured in vitro, release to the supernatant a soluble form, the so-called soluble interleukin-2 receptor (sIL-2R) (Rubin and Nelson, 1990). It consists of the p55 fragment of the whole IL-2 cell-surface receptor. The sIL-2R proved to be also released into the blood. Even though its affinity for circulating IL-2 is lower than that for the whole cell-surface receptor, sIL-2R has retained its ability to bind circulating IL-2 (Rubin et al, 1986). Soluble IL-2R can determine a diminished IL-2 biological availability and can consequently be involved in the impaired T-cell function described in Hodgkin's disease patients (Gooding et al, 1995). This compromised host's anti-tumour immunity could lead to unusually aggressive disease. In fact, abnormally high blood levels of sIL-2R have been detected in several clinical states characterized by suppression of cellular immunity, including AIDS and metastatic solid tumours (Kloster et al, 1987; Rovelli et al, 1988). Moreover, recent clinical studies have also pointed out that elevated sIL-2R levels play a negative prognostic role in various malignancies, such as metastatic solid tumours, hairy cell leukaemia, chronic leukaemia, acute lymphoblastic leukaemia and lymphomas (Pizzolo et al, 1987; Semenzato et al, 1987; Pui et al, 1988a, 1989; Rovelli et al, 1988; Steis et al, 1988; Chilosi et al, 1989; Motoi et al, 1989; Gause et al, 1992a; Enblad et al, 1995).

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The aim of this study was to evaluate the correlation of sIL-2R levels in Hodgkin's disease patients with established factors known to influence clinical outcome, namely stage, B-symptoms, number of involved sites, bulky disease and extranodal extent. In addition, we investigated the prognostic role of sIL-2R and whether its levels measured after treatment and during follow-up could be used as a serum marker that is readily accessible, objective and easily evaluable to predict lymphoma reappearance.

PATIENTS AND METHODS

Patients

From August 1988 to June 1993, sIL-2R were evaluated before the start of treatment in 174 untreated patients with histologically proven Hodgkin's disease enrolled in different prospective clinical trials. The main patient characteristics are reported in Table 1. Median age was 28 years (range 16–69 years) and nodular sclerosis represented the single most frequent histological subset, accounting for 76% of the entire case series. About half of the patients presented with systemic symptoms and/or with more than three involved sites, and one-quarter of the patients had bulky disease.

Patients were staged according to the Ann Arbor classification reviewed at Costwold (Lister et al, 1989). Staging procedures included complete physical examination, haemogram with differential, liver and renal function tests, erythrocyte sedimentation rate, serum copper level, posteroanterior and lateral chest roentgenograms, bipedal lymphangiography, two needle bone marrow core biopsies from bilateral posterior iliac crest and thoracic and abdominal computerized tomographic scan. Additional radiographs as well as radioisotopic studies were performed only in the presence of given clinical situations. The abdominal extent of disease was evaluated through staging laparotomy, including splenectomy in 11 patients.

Treatment

All patients received stage-directed therapy. Treatment modalities and their median duration, as well as main therapeutic results, are listed in Table 2. Patients in PS IA were treated with subtotal nodal radiotherapy (STNI); until June 1990 patients in PS IIA were also treated with STNI; from July 1990 patients in PS IB and IIA were given four cycles of ABVD (doxorubicin, bleomycin, vinblastine, dacarbazine) followed by involved-field or subtotal nodal radiotherapy (RT). Patients with PS IIB, III and IV were treated with MOPP (mechlorethamine, vincristine, procarbazine and prednisone) alternated with ABVD for eight cycles followed by RT on the bulky site(s) of disease. From July 1990, these patient subgroups were given eight cycles of VEBEP (etoposide, epidoxorubicin, bleomycin, cyclophosphamide and prednisone) followed by involved-field RT at a median dose of 30 Gy.

Soluble IL-2 receptors

To evaluate serum levels of sIL-2R, venous blood samples were drawn from 174 patients immediately before the start of treatment, from 137 patients within 1 month after completion of therapy and from 132 patients during follow-up at different time intervals. The sera were stored in -20°C , coded and tested blindly. Serum sIL-2R were determined by the commercially available sandwich Elisa

Table 1 Patient characteristics

	No.	%
Total	174	100
Men	90	52
Women	84	48
Age (years)		
≤ 40	143	82
> 40	31	18
Histology		
Nodular sclerosis	132	76
Others	42	24
B symptoms		
No	95	55
Yes	79	45
Nodal involvement	140	80
Extra \pm nodal involvement	34	20
\leq Three involved sites	102	59
$>$ Three involved sites	72	41
Bulky disease		
No	131	75
Yes	43	25
STAGE		
I	27	15
II	101	58
III	32	18
IV	14	9

test kit (T-cell Sciences, Cambridge, MA, USA). Samples were assayed in duplicate. The sera of 65 healthy subjects with similar median and age range served as controls.

Statistical methods

Differences in the mean values of sIL-2R in the various patient subgroups were calculated using the *t*-test. When follow-up sera were assessed, the *t*-test for paired values was used. Freedom from progression (FFP) was calculated from the date of starting treatment to the first evidence of disease progression. The pattern of FFP was estimated by means of the product-limit method (Kaplan–Meier) (Kaplan and Meier, 1958).

The role of potentially significant prognostic factors on FFP was investigated in univariate analysis using a Cox regression model (Cox, 1972). In this model, each regression coefficient (β) is the logarithm of the hazard ratio (HR), which is assumed constant in time. Under the null hypothesis that a variable has no prognostic role on FFP, HR is expected to be 1.00. The hypothesis of HR = 1.00 was tested using the Wald statistic. The sIL-2R serum level was analysed as continuous variable. The relationship between sIL-2R levels and FFP was investigated by resorting to a regression model based on restricted cubic splines. The most complex model considered was a four-nodes cubic spline with nodes located at the quartiles of the distribution of the sIL-2R (Durrleman and Simon, 1989). The contribution of non-linear terms was evaluated by the likelihood ratio test. As sIL-2R was used as continuous variable, the values of HR concerning the unitary increment were not adequately informative. Therefore, we present the results related to an increment of 1000 U ml $^{-1}$. In order to allow the reader to calculate HR for each sIL-2R increase, we provide the regression coefficient estimates (β) from which it is possible to obtain HR value for each sIL-2R increase.

Table 2 Therapeutic results according to treatment subgroups

Treatment (median duration in months)	No. of patients		CR (%)	5-year FFP (%)
	Stage I-II	Stage III-IV		
RT (2)	23	0	100	83
ABVD+RT (6)	58	0	98	96
MOPP/ABVD (9)	24	24	92	81
VEBEP+RT (8)	23	22	96	74

CR, complete remission; FFP, freedom from progression.

RESULTS

Pretreatment sera

The mean sIL-2R level in patients with newly diagnosed untreated Hodgkin's disease was 1842 U ml⁻¹ and ranged from 321 to 10 770 U ml⁻¹, while in normal controls they were significantly lower ranging from 295 to 760 U ml⁻¹, with a mean value of 420 U ml⁻¹ ($P < 0.0001$).

The relation between main patient characteristics and sIL-2R levels is reported in Table 3. Patients with B symptoms, more than three involved sites and advanced stage (stages III and IV) had significantly higher levels than their counterparts. Also, the small fraction of patients with extranodal extent had mean levels superior to those detected in patients presenting with nodal involvement alone. No significant relations were found when gender, age groups and histopathological subgroups were considered.

As illustrated in Figure 1, a linear relationship between the logarithm of hazard and sIL-2R serum values was detected. Univariate analyses showed that sIL-2R levels were unable to significantly influence (at conventional 5% level) the 5-year FFP ($\beta = 0.000153$, HR = 1.16, 95% confidence interval 1.15–1.18, $P = 0.067$). The most important factors able to influence FFP were the presence of systemic symptoms (presence vs absence of systemic symptoms: HR = 2.34, 95% confidence interval 1.04–5.25, $P = 0.039$) and the extent of disease expressed by number of involved sites (> vs ≤ three involved sites: HR = 2.37, 95% confidence interval 1.07–5.22, $P = 0.032$).

Post-therapy sera

Soluble IL-2 receptors were also evaluated in 137 out of 174 patients immediately after the end of the entire treatment plan; 135 patients achieved complete remission (CR), one patient achieved only a partial remission (PR) and one showed lymphoma progression. The mean values of patients achieving CR were significantly lower than those observed at diagnosis (635 ± 19 vs 1795 ± 122 , $P = 0.0001$). However, values within the normal range, i.e. ≤ 500 U ml⁻¹, were observed in only 41 out of 135 (30%) patients achieving CR.

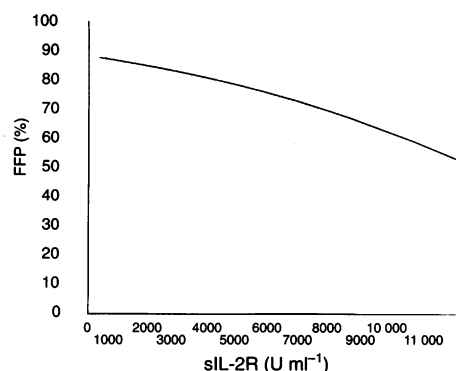
Follow-up sera

Soluble IL-2R serum levels were determined at least once in 132 out of the 135 patients who were in CR at the end of treatment. They remained low in the 114 patients who were in continuous CR (429.5 ± 40.4) after a median of 56 months from the end of all therapies, while an increase was observed in 9 out of 12 (75%) patients who showed disease relapse after a median of 16 months (range

Table 3 Mean serum sIL-2R levels according to patient characteristics

	sIL-2R (U ml ⁻¹ (mean \pm s.e. ^a))	P
Total	1842 \pm 129	
Men	1909 \pm 198	
Women	1770 \pm 163	0.59
Age (years)		
≤ 40	1911 \pm 151	
> 40	1521 \pm 194	0.12
Hystology		
NS	1628 \pm 110	
Others	2514 \pm 394	0.035
B symptoms		
No	1279 \pm 96	
Yes	2518 \pm 239	0.0001
Nodal	1655 \pm 110	
Extra \pm nodal	2607 \pm 461	0.0053
≤ Three involved sites	1220 \pm 80	
> Three involved sites	2722 \pm 257	0.0001
Bulky		
No	1704 \pm 155	
Yes	2261 \pm 215	0.0622
Stage		
I-II	1362 \pm 76	
III-IV	3176 \pm 377	0.0001

^aStandard error. P-value (at the conventional significance of 5% level) related to performed t-test.

**Figure 1** Five-year freedom from progression according to sIL-2R serum levels

5–31 months) from the end of treatment. As illustrated in Table 4, in the 12 patients who relapsed, the values measured at the end of therapy were reduced compared with basal values in all but one patient who experienced an early relapse 5 months later. The table

Table 4 Outcome of sIL-2R levels in 12 relapsing patients

Case	sIL-2R (U ml ⁻¹)					
	At diagnosis	At end of therapy	At last follow-up	(months)	At relapse	(months)
1	1365	630	515	(2)	750 ^a	(5)
2	1395	1202	NA		3560 ^a	(5)
3	1410	435	400	(4)	250	(7)
4	463	332	NA		511	(7)
5	1400	510	400	(6)	710 ^a	(10)
6	1381	817	1165 ^b	(5)	1360 ^a	(10)
7	1286	569	314	(3)	500	(13)
8	3793	570	405	(4)	2800 ^a	(16)
9	1212	712	3900 ^b	(19)	6500 ^a	(22)
10	4290	428	703 ^b	(15)	819 ^a	(22)
11	2412	490	900 ^b	(22)	1070 ^a	(26)
12	1530	680	978 ^b	(24)	990 ^a	(31)

^aPatients with increase of sIL-2R levels at relapse. ^bPatients with increase of sIL-2R levels at the follow-up visit preceding the clinical evidence of relapse. (), Time of sIL-2R levels measurement during follow-up and time of clinical evidence of relapse, both calculated in months from the end of all therapies. NA, not assessed.

Table 5 Mean serum sIL-2R levels in 135 patients according to disease status

	sIL-2R (mean ± SE)	P
Before therapy		
Continuous CR	1722 ± 463	0.07
Relapse	1896 ± 150	
After therapy		
Continuous CR	627 ± 62	NS
Relapse	636 ± 20	

also reports the sIL-2R values from samples obtained during the follow-up visit preceding the clinical documentation of lymphoma relapse. It is important to note that in five out of the nine cases with high sIL-2R values at relapse, these levels were already increased some months (median 7, range 4–15) before clinical evidence of recurrent disease. Nevertheless, considering the entire case series, the group of 41 cases, who at achievement of CR had normal sIL-2R values, had a similar disease recurrence rate (10%) compared with the group of 94 patients with sIL-2R levels above normal range at CR (8.5%). When the mean values of sIL-2R, measured before and at the end of therapy in patients who relapsed, were compared with those measured in patients who remained in CR, no difference could be detected, as reported in Table 5. A temporary increase of sIL-2R was observed in six patients who are still in continuous CR. This increase was due to intercurrent infections in two cases, radiation pneumonitis in one case, hyperplastic adenopathies in one case and undetermined reasons in the remaining two patients. The median degree of increased levels with respect to the values observed at the previous control was of 105.5% (range 21–239%), and the median time from observation of sIL-2R increase to last follow-up was 67 months (range 44–78 months).

DISCUSSION

The findings of our study are in line with data reported by other investigators (Pizzolo et al, 1987; Pui et al, 1989a; Gause et al,

1991, 1992a and b; Enblad et al, 1995; Gorschlüter et al, 1995). In fact they confirm that patients with untreated Hodgkin's disease have increased baseline levels of sIL-2R compared with healthy subjects and that their pretreatment values correlate with the conventional unfavourable indicators in Hodgkin's lymphoma, such as advanced stage, bulky disease, number of involved sites and the presence of systemic symptoms. We were unable to observe an influence of sIL-2R values on the achievement of CR, and this was probably due to the very high CR rate obtained with the different treatments tailored to the stage of the disease. Nevertheless, as also observed by other authors, treatment outcome in terms of freedom from progression suggested that patients with normal or low sIL-2R pretreatment levels may have a more favourable prognosis, the 5-year FFP being, in our case series, 93% in 56 patients with sIL-2R levels < 1000 U ml⁻¹ and 80% in the 118 patients with levels ≥ 1000 U ml⁻¹.

Our observation of the outcome of sIL-2R levels at diagnosis and during follow-up in relapsing patients indicates that the relative values in individual cases, rather than the absolute values, have clinical relevance. Evaluating the possible usefulness of monitoring sIL-2R levels for therapeutic decisions, we need to consider that not all patients suffering from relapse had an increase of sIL-2R values, and that a rise during follow-up was sporadically documented also in non-neoplastic conditions influenced by unspecific intercurrent events that stimulate the immune system. Therefore, the impact of this variable as definitive indicator in treatment decision-making remains uncertain.

Besides sIL-2R, a number of antigens and cytokines involved in the biology of Hodgkin's disease and the immune response have recently been investigated in serum samples of patients with Hodgkin's lymphoma (Pui et al, 1989b; Grimfors et al, 1991; Gause et al, 1992b; Kurzrock et al, 1993; Blay et al, 1994; Trümper et al, 1994; Gorschlüter et al, 1995). In particular increased sCD8 and sCD30 have been demonstrated to be associated with a poor prognosis, even though only sCD30 seem to be strictly correlated with disease activity (Pui et al, 1989b; Grimfors et al, 1991; Gause et al, 1992a). In addition, significant correlations were reported either between sCD30 and sIL-2R levels or between sCD8 and sIL-2R serum levels (Gause et al, 1992a).

As far as interleukin levels are concerned, abnormally high blood concentrations of IL-6, IL-7 and IL-8 have been generally described in Hodgkin's disease, whereas IL-1, IL-2, IL-3 and IL-4 are rarely detectable (Gause et al, 1992b; Kurzrock et al, 1993; Blay et al, 1994; Trümper et al, 1994; Gorschlüter et al, 1995).

In order to confirm previous results and to better understand the cytokine network involved in immunodeficiency related to Hodgkin's disease, we continue to evaluate in our case series sIL-2R, and we have also planned to simultaneously detect IL-2 and IL-12, the two main anti-tumour cytokines in humans, as well as IL-6 and IL-10, which play an important role in inducing immunosuppression (Wanebo et al, 1986; Matsuda and Hirano, 1990; Howard and O'Garra, 1992; Banks et al, 1995).

In conclusion, the results of the present study confirm that sIL-2R values correlate with disease spread and represent a host immune status-related factor associated with disease outcome, as with other conventional clinical prognostic factors. Therefore, their inclusion in the clinical evaluation should be taken into consideration, with the aim to have an additional guide for treatment decisions at initial diagnosis or during the follow-up.

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