## Changes in cerebral blood flow and vasoreactivity in response to acetazolamide in patients with transient global amnesia

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### Abstract

*Objective*—Previous reports about changes in cerebral blood flow (CBF) in transient global amnesia disclosed decreased flow in some parts of the brain. However, CBF analyses in most reports were qualitative but not quantitative. The purpose of this study was to determine changes in CBF in transient global amnesia.

*Methods*—The CBF was measured and the vasoreactive response to acetazolamide was evaluated in six patients with transient global amnesia using technetium-99m hexamethylpropylene amine oxime single-photon emission computed tomography (SPECT). The CBF was measured during an attack in two patients and soon after an attack in the other four. About one month later, CBF was re-evaluated in each patient.

Results-Two patients examined during an attack and one patient examined five hours after an attack had increased blood flow in the occipital cortex and cerebellum. Three patients examined at six to 10 hours after an attack had decreased blood flow in the thalamus, cerebellum, or putamen. These abnormalities of blood flow almost disappeared in all patients one month after onset. The vasodilatory response to acetazolamide, which was evaluated initially using SPECT, was poor in areas of increased blood flow. By the second evaluation of CBF with acetazolamide, the vasodilatory response had returned to normal.

*Conclusions*—In a patient with transient global amnesia, CBF increased in the vertebrobasilar territory during the attack and decreased afterwards. The vasodilatory response to acetazolamide may be impaired in the parts of the brain with increased blood flow. It is suggested that transient global amnesia is distinct from migraine but may share the same underlying mechanism.

(J Neurol Neurosurg Psychiatry 1997;63:605-610)

Keywords: amnesia; migraine; cerebrovascular circulation; physiopathology; acetazolamide

Transient global amnesia is an episodic dysfunction of declarative memory for recent events without neurological signs or symp-

toms.1 The patient cannot recall the verbal or non-verbal materials presented only minutes before, and he often repeats the same question many times. Whereas there are numerous studies on the aetiology of transient global amnesia, results are conflicting. The disagreement seems to result from three major investigative drawbacks. Firstly, the reported clinical syndromes were heterogeneous. Some authors<sup>2-4</sup> included patients who had neurological symptoms or signs other than transient memory disturbances. The patient with pure transient global amnesia almost always displays an episode of temporary isolated amnesia and amnesic syndromes must be differentiated from pure transient global amnesia for further investigation. Absence of associated neurological deficits, such as aphasia, visual field defect, eye movement abnormalities or hemiparesis, is an essential criterion. There must be no evidence of head trauma, seizure, loss of consciousness, or overdose of some types of drugs. There should be no evidence of transient vertebrobasilar hypoperfusion caused by cardiac arrhythmia, coronary angiography, or cerebral angiography. Secondly, the intervals between the onset of transient global amnesia to the performance of diagnostic neuroimaging procedures were varied. The amnesia in transient global amnesia is, by definition, transient, and the prognosis is good.<sup>15</sup> Caplan<sup>5</sup> analysed 360 attacks and estimated the average attack duration as 7.4 hours. In that study, only 5% of the patients had attacks that lasted a day or longer.5 Whereas the objective was to elucidate the actiology or mechanism of transient global amnesia, some procedures were done long after the onset of it.3 6 7 These could be uninformative because the abnormality may have disappeared. Thirdly, most of the reports on the change in cerebral blood flow (CBF) in transient global amnesia were only qualitative. Few studies have used quantitative methods and investigated the patient with transient global amnesia during or soon after an attack. There are few reports of pure cases of transient global amnesia, in which changes in CBF was clearly shown by early and follow up quantitative analyses of CBF by single photon emission computed tomography (SPECT). Goldenberg et al<sup>8</sup> showed transient ischaemia in the thalamus, and Sakashita et al<sup>9</sup> showed a transient decrease in perfusion in the left inferior temporal cortex, bilateral thalami, and right hippocampus. The changes in both blood

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Received 9 December 1996 and in revised form 24 February 1997 Accepted 14 May 1997

Table 1 Profile of patients

Patient No	Age (y)	Sex	Anterograde amnesia (h)	Retrograde amnesia (h)	From onset to first application of SPECT (h)	From onset to second application of SPECT (days)	Relevant medical history
1	57	F	6	15	3	28	None
2	56	F	16	3	12	24	Lung cancer
3	63	Μ	21	3	26	29	None
4	53	F	14	3	20	25	None
5	59	F	16	5	23	29	None
6	63	F	13	3	23	36	Hypertension

flow and oxygen metabolism may be transient in patients with transient global amnesia.

Acetazolamide is a potent carbonic anhydrase inhibitor that produces a physiological inhibition of carbonic anhydrase in the red blood cells within one minute of the rapid intravenous injection of 1 g of the drug.<sup>10</sup> The intravenous injection of acetazolamide to normal subjects increases cerebral as well as cerebellar blood flow within minutes.<sup>11 12</sup> Acetazolamide has been used to test cerebral vasodilatory capacity.<sup>12 13</sup> However, vasoreactivity to acetazolamide in patients with transient global amnesia has not been reported.

We report the quantitative analyses of changes in CBF and vasoreactivity with acetazolamide in six patients with pure transient global amnesia studied with technetium-99m (<sup>99m</sup>Tc) hexamethylpropylene amine oxime (HMPAO) SPECT.

## Patients and methods

PATIENTS

We evaluated six Japanese patients with transient global amnesia, one man and five women, age range 56 to 63 years, mean 58.5 years (table 1). All had profound memory disturbances for recent events without neurological signs or symptoms. The amnesia was transient and the patients recovered from amnesia completely. All were right handed. No lesions in the brain were found in any patient by CT or MRI.

MEASUREMENTS OF CEREBRAL BLOOD FLOW WITH SPECT

Measurements of CBF using 99mTc HMPAO without and with acetazolamide stress were performed twice in each patient. The first application of SPECT was during the attack in patients 1 and 2 and soon after the attack (after five to 10 hours) in the other four patients. The second SPECT was done 24 to 36 days after the onset of the attack. The SPECT system consisted of a rotating gamma camera (GCA-901, Toshiba, Tokyo, Japan) and an image processing minicomputer (GMS-550U, Toshiba). <sup>99m</sup>Tc HMPAO SPECT both with and without acetazolamide stress was done according to the following procedure. For measurement of CBF without acetazolamide, acquisition of projection data was begun 15 minutes after the intravenous injection of 740 MBq 99mTc HMPAO. Data were collected for 60 angles (6° step, 360°) with 30 seconds per angle. Data were reconstructed by filtered back projection using Butterworth filters. After the data acquisition, 1 g acetazolamide was parenterally injected and after 10 minutes an

additional 740 MBq 99mTc HMPAO was injected. Data accumulation for acetazolamide stressed CBF measurement was started 15 minutes later. Quantitative measurements of regional blood flow were performed using the method reported by Matsuda et al,14 which employed Lassen's correction algorithm for the linearisation of a curvelinear relation between the radioactivity in the brain and blood flow as seen with SPECT images. This quantitative method is non-invasive and does not require any blood sampling.14 For quantification of CBF in each patient, regions of interest were drawn over the bilateral superior frontal, middle frontal, inferior frontal, superior temporal, inferior temporal, superior parietal cortices, inferior parietal, and occipital cortices, thalami, putamens, hippocampi, and parahippocampal gyri, and cerebellar cortices.

#### Results

REGIONAL CBF MEASUREMENT BY SPECT WITHOUT ACETAZOLAMIDE STRESS

Figure 1 shows the results of measurement of CBF without acetazolamide stress in the first and second applications of SPECT. Normal regional CBF values were obtained from age matched normal subjects.<sup>14</sup> When the regional CBF was more or less than the mean  $\pm$  3 SD, it was judged to be abnormal. In the first application of SPECT, patients 1 and 2, who were examined during the attack, and patient 3, who was examined five hours after the attack, showed increased blood flow in some regions. Regional blood flow in the occipital cortex and cerebellum was increased in these three patients. Patients 2 and 3 also showed increased flow in the frontal, temporal, and parietal cortices. These abnormalities had almost returned to normal on application of follow up SPECT. In patients 4, 5, and 6, who were examined six to 10 hours after the amnesic period, there were some regions that showed decreased blood flow. Blood flow was decreased in the putamens in patient 4, in the bilateral cerebellum and right thalamus in patient 5, and in the bilateral temporal cortices and right hippocampus and parahippocampal gyrus in patient 6. These abnormalities had also returned to normal on follow up SPECT.

# REGIONAL CBF MEASUREMENT BY SPECT WITH ACETAZOLAMIDE STRESS

Figure 1 shows the results of regional CBF measurement at baseline and after acetazolamide injection. We considered that vasoreactivity to acetazolamide was impaired when a percentage increase was less than 10%.<sup>11 14-16</sup> In the first application of SPECT in patients 1, 2, and 3, the regional blood flow was increased in the occipital cortices and cerebellum, and the vasoreactivity to acetazolamide was impaired in these regions. The superior temporal cortex in patient 1, the bilateral occipital cortices and left cerebellum in patient 2, and the bilateral thalami, bilateral hippocampi and parahippocampal gyri, left cerebellar cortex, and left middle frontal cortex in patient 3 also had both increased blood flow and impaired vasoreactivity. In the other three patients, examined six to

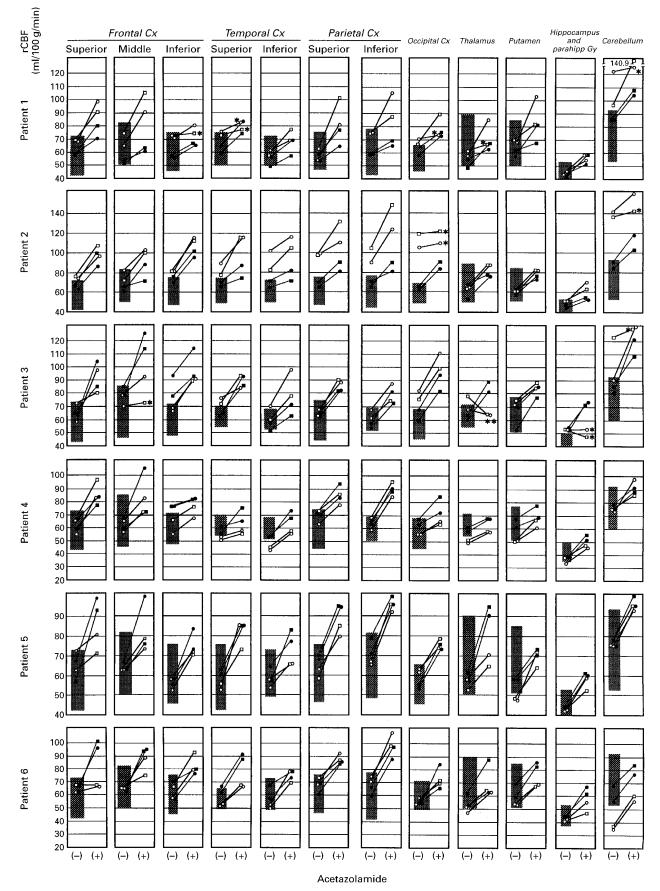


Figure 1 Results of regional CBF (rCBF) measurements in the first and second application of SPECT in patients with transient global amnesia. Normal values were obtained from age matched normal subjects and shaded areas show mean (3 SD) rCBF in each region. Open squares indicate rCBF in the left hemisphere and open circles indicate rCBF in the right hemisphere in the first application of SPECT. Closed squares indicate rCBF in the left hemisphere and closed circles indicate rCBF in the right hemisphere in the second application of SPECT. \* indicates a percentage increase of rCBF <10% from baseline after acetazolamide injection. (-) without acetazolamide injection; (+) with acetazolamide injection. Cx=cortex; parahipp gy=parahippocampal gyrus.

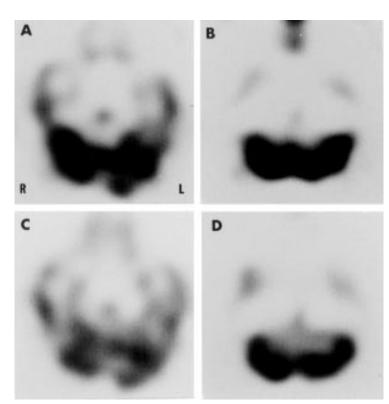


Figure 2 Technetium-99m hexamethylpropylene amine oxime SPECT without acetazolamide injection in patient 1. An image taken during the attack shows hyperperfusion in (A) bilateral occipital cortices and (B) the cerebellum. A follow up image taken 28 days after onset of the attack shows normal cerebral blood flow in (C) the occipital cortex and (D) the cerebellum. R=right side of patient; L=left side of patient.

10 hours after the amnesic period, the regional blood flow was not increased in any regions, and vasoreactivities to acetazolamide stress were normal in the first application of SPECT. In the second application, vasoreactivities to acetazolamide stress were normal in all regions of all patients.

#### Case report (patient 1)

The patient was a 57 year old right handed housewife with no relevant medical history. On 1 March 1994, she gardened until 11 00 am and returned home for lunch. After lunch she began to ask family members why she was there and what she was doing there. Despite an answer to her questions, she repeated the questions. She could not recall what she had eaten for lunch an hour before. Her husband brought her to our hospital two hours after the onset of the disorder. The patient seemed very anxious and repeatedly asked why she was there. Her blood pressure was 124/78 mm Hg and her pulse was regular at 68 beats per minute. Neurological examination was normal except for severe memory impairment. Her ability to retain new information was severely impaired. Verbal expression, comprehension, and immediate repetition of sentences and words were normal. Brain MRI was normal. Measurement of CBF using 99mTc HMPAO was done three hours after the onset of the attack. In the six hours after the onset of amnesia, the patient regained her ability to retain new information and recovered completely. The results of CBF measurement showed abnormally high blood

flow in the bilateral occipital cortices and cerebellar cortices. A follow up study done 28 days after onset showed that blood flow in the bilateral occipital cortices and cerebellar cortices had returned to normal. Figure 2 shows the SPECT images.

#### Discussion

The two patients examined during an attack and one patient examined five hours after recovery from amnesia showed increased CBF and three patients who were examined six to 10 hours after amnesic periods had decreased blood flow in some areas of the brain. These abnormalities in CBF, both increased and decreased, were transient and almost disappeared on application of follow up SPECT. Table 2 shows a review of previous reports concerning location and nature of the blood flow studies with SPECT or PET. Regional CBF during transient global amnesia has usually been reported to be decreased in the temporal lobe,<sup>17-22</sup> thalamus,<sup>8 21</sup> and frontal lobe.<sup>23</sup> Reports of increased regional CBF during an attack have been rare.<sup>14 24</sup> However, most studies  $^{7\ 17-20}$  used qualitative methods, with quantitative CBF studies being rare.  $^{8\ 9\ 17\ 23}$  In our quantitative study, the common regions that showed increased blood flow during an attack were the occipital cortex and cerebellum. There has been no report of changes in blood flow in the occipital cortex or the cerebellum during an attack by quantitative CBF measurement. Tanabe  $et al^{19}$  reported hypoperfusion in the posterior cerebral artery territory [<sup>123</sup>I](±)N-isopropyl-p-iodoamphetamine bv (IMP) distribution; however, the distribution of IMP seemed to be higher in the cerebellum during the attack than five months later. Evans et al<sup>20</sup> reported hypoperfusion in the bilateral medial temporal lobes; however, their data, presented in a figure, also seemed to suggest hyperperfusion in the bilateral occipital cortices during an attack. Although none of these reports included quantitative measurements of CBF, it is possible that CBF is increased in the cerebellum and occipital lobe during an attack.

Our results indicate that CBF in the cerebellum and occipital cortices is increased during the attack, then gradually decreases after an amnesic spell. The blood flows in the hippocampus and parahippocampal gyrus were normal during an attack. The occipital lobe, the cerebellum, and the medial aspects of the temporal lobe receive blood from the vertebrobasilar system, which is called the posterior circulation.<sup>25-27</sup> Therefore, it is possible that the hippocampus and parahippocampal gyrus receive relatively decreased blood flow during an attack when compared to the increased blood flow in the cerebellum and occipital cortex. After an amnesic period, the changes in blood flow are transient and gradually disappear. Previous reports<sup>18-21</sup> suggest there may also be a period of decreased CBF in the medial aspects of the temporal lobe soon after an onset of transient global amnesia. Therefore, it is possible that blood flow in the hippocampus and parahippocampal gyrus of patients with transient global amnesia may initially decrease at

			Timing of examination		Regional CBF changes in the first examination		
Authors	Technique	Analysis	First	Follow up	Increased	Decreased	<ul> <li>Argumu ODF manges in journe</li> <li>examination</li> </ul>
Stillhard <i>et al</i> <sup>18</sup> Tanabe <i>et al</i> <sup>19</sup>	HMPAO SPECT IMP SPECT	Qualitative Qualitative	7 h (during attack) 6 h (during attack)	1 y 5 m		Bilateral temporal region Territory of the posterior cerebral	Normalised Normalised
Goldenberg et al <sup>6</sup>	HMPAO SPECT	Quantitative	4 h (during attack)	40 days	1	arteries including the hippocampi Left thalamus	Hypoperfusion in the left mid
Matsuda <i>et al</i> <sup>20a</sup>	HMPAO SPECT	Qualitative	20 h (during attack)	3 week	Left medial temporal region	Ι	temporal region Hypoperfusion in the left med
Sakashita <i>et al</i> <sup>9</sup>	HMPAO SPECT HMPAO SPECT	Quantitative Quantitative	15 h (3 h after ictus) 20 h (1 h after ictus)	15 days 9 days	1 1	Left inferior temporal region Bilateral thalami, right hippocampus	vemporal region Normalised Decreased Cd Fin the bilatera
Evans <i>et al</i> <sup>20</sup> Lin <i>et al</i> <sup>21</sup>	HMPAO SPECT HMPAO SPECT	Qualitative Qualitative	During attack 6 h (during attack)	7 weeks 28 days	1 1	Bilateral posteromedial temporal lobes Bilateral occipital lobes, left medial	utatatut autu mppocatupi Normalised Normalised
Jung <i>et</i> $ap^4$ Baron <i>et</i> $ap^3$	ECD SPECT PET	Qualitative Quantitative	4 h (during attack) 5.5 h (during attack)	3 m 3 m	Posterior caudal region of the right temporal lobe — temporal roue and unaanues Relative decrease of CBF and oxygen consumption in the right frontal lobe with less		Normalised Normalised
Our patients	HMPAO SPECT	Quantitative	3 h (during attack)	28 days	signineant reduction in right thatainus and renurorin nucleus metaoonsm Right superior temporal cortex, bilateral	OTIII IIUCICUS IIICLAOOIISIII	Slightly decreased CBF in the
	HMPAO SPECT	Quantitative	12 h (during attack)	24 days	occipital and cerebellar cornees Bilateral frontal, temporal, and parietal lobe, hilateral cereballar corrices	I	temporal cortex and thalam Normalised
	HMPAO SPECT	Quantitative	26 h (5 h after ictus)	29 days	Bilateral temporal and occipital cortices and hippocampi, left thalamus, and cerebellar cortex	1	Increased CBF in the bilateral inferior frontal cortices and hippocampi, decreased CBF
	HMPAO SPECT	Quantitative	20 h (6 h after ictus)	25 days		Putamens	Increased CBF in the bilateral
	HMPAO SPECT	Quantitative	23 h (7 h after ictus)	29 days	1	Right thalamus, bilateral cerebellar	Slightly increased CBF in the
	HMPAO SPECT	Quantitative	23 h (10 h after ictus)	36 days	I	cornees Bilateral temporal cortices, thalami, and putamens, right hippocampus	superior temporal cortex Increased CBF in the bilateral inferior frontal cortices

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Table 2 Location and nature of the blood flow studies (SPECT and PET) in patients with transient global amnesia during or soon after an attack

the onset of the attack and then the hippocampus and parahippocampal gyrus gradually regain normal blood flow during an attack with increased blood flow in the cerebellum and occipital cortices. Olesen et al28 reported similar changes in CBF in patients with migraine. They concluded that the first event was a decrease in regional cerebral blood flow; thereafter, headache occurred while regional blood flow decreased. During the headache phase, regional blood flow gradually changed from abnormally low to abnormally high without apparent change in headache. Our findings indicate that transient global amnesia and migraine may share, at least in part, the same underlying mechanism. Melo et al<sup>29</sup> in a case-control study showed that patients with transient global amnesia had significantly more migraine than normal subjects. Migrainous vasospasm may cause transient ischaemia of the brain structures that play important parts in memory and vascular dysfunction in the territory of the posterior cerebral artery could explain transient global amnesia.30 However, most patients with transient global amnesia have no history of migraine or of migrainous manifestations during an attack1 and Kushner et al found no connection between transient global amnesia and migraine in a case-control study.<sup>31</sup> We consider that transient global amnesia is a distinct clinical entity, although it may share the same underlying vascular mechanism with migraine, because none of our patients had a history of migraine or migrainous manifestations during an attack.1

Some authors suggested that cortical spreading depression plays an important part in the underlying mechanism of migraine aura.<sup>32 33</sup> Cortical spreading depression is a transient phenomenon that induces remarkable cerebrovascular disturbances including an initial hyperaemia with dilatation of pial arterioles followed by a long lasting hypoperfusion.<sup>34 35</sup> It impairs autoregulation of cortical blood flow both transiently and reversibly.34 There are some similarities between blood flow changes in cortical spreading depression and the results of our study in transient global amnesia. Olesen et al<sup>36</sup> hypothesised that transient global amnesia could be explained by the cortical spreading depression. Colonna et al35 reported that nitric oxide promoted arteriolar dilatation during cortical spreading depression. Cortical spreading depression and an increase in nitric oxide seem attractive candidates for the underlying mechanism of transient global amnesia; however, there is no direct evidence to support the hypothesis. Caplan<sup>5</sup> proposed the concept of "acute arterial dyscontrol," postulating that such dyscontrol causes transient global amnesia by a transient self limited alteration of vascular tone in the posterior circulation. Our results seem to support Caplan's theory but the true mechanism of the dyscontrol remains unclear.

Regional CBF reactivity to acetazolamide is considered to represent an index of vascular reserve, because the extent of increase in regional CBF is determined by the condition of the vasculature.<sup>37</sup> Our results showed that two

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patients examined during an attack had increased regional blood flow in the occipital cortex and cerebellum and that the vasoreactive response to acetazolamide was impaired in these regions. In the first examination of patient 3, the regional blood flow in the thalamus, hippocampus, and parahippocampal gyrus was decreased after the injection of acetazolamide, which suggested a steal phenomenon caused by impaired vasoreactivity in these regions. The cause of this finding was not an arteriosclerotic change because the vasoreactivity examined one month after onset showed no abnormality. We therefore suggest that vasoreactivity in the posterior circulation may be impaired during an attack. Although the mechanism for the impaired response to acetazolamide during an attack is not known, it is possible that a transient change that abolished the response to acetazolamide had occurred in the vertebrobasilar system, or that additional vasodilation was not possible, because remarkable vasodilation had occurred during the attack.

We thank Dr Hiroshi Matsuda, Department of Radiology, National Institute of Neuroscience, for his helpful advice. We are also indebted to the technicians in the Radiology Division of Tonami General Hospital for their technical support.

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