

Simple Differential Detection of *Entamoeba histolytica* and *Entamoeba dispar* in Fresh Stool Specimens by Sodium Acetate-Acetic Acid-Formalin Concentration and PCR

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Amoebiasis is caused by two distinct species, a pathogenic form (*Entamoeba histolytica*) and a nonpathogenic form (*Entamoeba dispar*), which are morphologically identical. Although the distinction between these two species is of great clinical importance, the methods developed for this purpose either are very time-consuming or involve laborious procedures for isolation of the DNA. We report here a simple PCR method starting with fresh stool specimen that allows for the sensitive and reliable distinction between *E. histolytica* and *E. dispar*. After initial concentration by the sodium acetate-acetic acid-formalin (SAF) method and digestion with proteinase K, a 0.88-kb sequence of the multicopy 16S rRNA gene served as a target for PCR amplification. The method starting with unpreserved specimens proved to be very sensitive and was not influenced by the quick exposure to SAF fixative during the initial concentration step. However, storage in SAF fixative prior to testing resulted in a decreased sensitivity within 2 days. The detection limit of the method was as low as one copy of the 16S rRNA gene. No cross-reactivity was observed with other common intestinal protozoa. Mixed infections involving both *E. histolytica* and *E. dispar* could easily be detected at a ratio of 1:10,000 by agarose gel electrophoresis or a DNA hybridization immunoassay.

Amoebiasis is one of the most common parasitic infections worldwide. The disease affects about 500 million people, mostly in developing countries, where it is one of the major health problems. However, only 10% of the infections lead to severe disease like dysentery or amoebic liver abscess, whereas 90% of the carriers remain asymptomatic (30). As early as 1925, these clinical differences prompted a hypothesis that amoebic infections are caused by two species with the same morphology but with different pathogenicities (7). Five decades later this hypothesis was revived when a correlation between the presence or absence of symptoms with specific isoenzyme patterns (zymodemes) was shown (23, 26). Yet the genetic relationship remained a subject of controversy for some time (11, 24). Today, DNA analysis leaves no doubt that amoebiasis is caused by two distinct species, *Entamoeba histolytica* (pathogenic) and *Entamoeba dispar* (nonpathogenic), respectively. Sequence analysis of the small subunit of the 16S rRNA gene revealed the genetic distance between *E. histolytica* and *E. dispar* to be 1.7%, nearly as much as that between the small-subunit rRNA of humans and mice (18). Despite these findings, in a clinical setting all infected persons are usually treated due to a lack of a simple, reliable diagnostic tool for discriminating between the two species. It was therefore our aim to develop a PCR method for the differential diagnosis of *E. histolytica* and *E. dispar* starting directly with unpreserved fresh fecal specimen.

MATERIALS AND METHODS

Parasites. Identification of parasite species was performed by microscopic examination of stool specimens after concentration in sodium acetate-acetic acid-formalin (SAF) fixative (31). *E. histolytica*, *E. dispar*, *Entamoeba hartmanni*, *Entamoeba coli*, *Dientamoeba fragilis*, and *Blastocystis hominis* were isolated from stool samples by xenic cultivation in Robinson's medium (20) in biqu bottles on an agar slope to a density of 2.0×10^3 to 2.0×10^4 cells/vial. Differentiation of

isolates as *E. histolytica* or *E. dispar* was done by isoenzyme electrophoresis by the protocol of Sargeant and Williams (25). *E. histolytica* HK-9 was grown axenically in TYI-S-33 medium (10) in 12.0-ml glass tubes to a density of 2×10^9 to 3×10^6 cells. *Entamoeba invadens*, a species affecting reptiles, was cultivated on slopes of coagulated horse serum and horse serum diluted 1:4 with Ringer's solution (103 mM NaCl, 1.34 mM KCl, 0.7 mM $\text{CaCl}_2 \cdot 2\text{H}_2\text{O}$ [pH 7.4]).

Stool specimens. The stool specimens used either were unpreserved (fresh specimen stored in the refrigerator and in contact with SAF fixative only during concentration procedure) or were stored in SAF fixative for a period of up to 30 days.

DNA extraction. Trophozoites of strain HK-9 were harvested by centrifugation at $300 \times g$ for 5 min after chilling on ice for 5 min. The pellet was washed twice in cold 0.02 M phosphate-buffered saline (pH 7.2). Parasites cultivated in Robinson's medium and *E. invadens* were harvested by centrifugation at $350 \times g$ for 10 min in a 2.0-ml Eppendorf tube and were subsequently rinsed twice with phosphate-buffered saline. The final pellet was resuspended in 50 μl of lysis buffer consisting of 1 mM EDTA, 1 mM dithiothreitol, and 1 mM ϵ -amino capronic acid, and the mixture was centrifuged at $13,000 \times g$ for 20 s. The supernatant was diluted 1:10 in distilled water for PCR. For experiments with a defined number of cells, the parasites were counted in a counting chamber and were lysed in the appropriate volume of lysis buffer.

Stool samples were prepared for PCR as described by Acuna-Soto et al. (2), with minor modifications. In brief, the amoebae were concentrated by the SAF concentration technique. The resulting pellet was transferred to a 1.5-ml Eppendorf tube, washed three times with distilled water, and resuspended in 210 μl of digestion buffer (100 mM Tris [pH 8], 25 mM EDTA). The tubes were then subjected to three cycles of freezing and thawing in ethanol-dry ice and short sonication in an ultrasonic cleaner. Finally, 20 μl of 10% sodium dodecyl sulfate in digestion buffer and 20 μl of 20 mg of proteinase K (Appligene Oncor, Basel, Switzerland) per ml in digestion buffer were added. The sample was then incubated at 50°C for 16 h. After inactivation by boiling for 10 min and centrifugation at $13,000 \times g$ for 30 s, the supernatant was transferred to an Eppendorf tube and diluted 1:100 in distilled water for PCR.

PCR. The target sequences of the 16S rRNA gene were amplified in a 50- μl reaction volume in 0.5-ml thin-walled reaction tubes (Axon Lab, Zürich, Switzerland) according to the *Taq* polymerase manufacturer's instructions (Life Technologies, Basel, Switzerland). Diluted cell lysate (1 μl) was added to the reaction mixture, which consisted of 5 μl of $10 \times$ PCR buffer without MgCl_2 , 3 mM MgCl_2 , 0.05% W-1, 0.2 mM (each) dATP, dCTP, and dGTP (all by Life Technologies), 0.6 mM dUTP (Pharmacia, Dübendorf, Switzerland), 18 pmol of each primer (Eh-5' and Eh-3') for *E. histolytica* or 18 pmol of each primer (Ed-5' and Ed-3') for *E. dispar*, 1.25 U of *Taq* DNA polymerase, and 0.5 U of uracil DNA glycosylase (UDG; Life Technologies). UDG and dUTP (instead of dTTP) were used to remove eventual (dUTP-containing) carryover contaminants from previous PCR amplifications (17). Samples were overlaid with 50 μl of mineral oil to prevent evaporation. To degrade potential dUTP-containing contaminants

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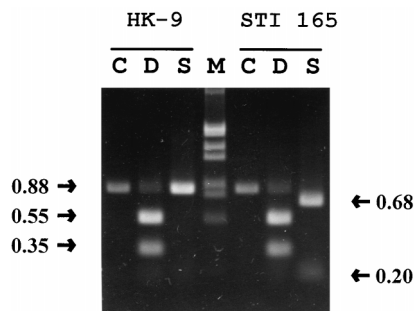


FIG. 1. Restriction fragment analysis of PCR products of *E. histolytica* HK-9 and *E. dispar* STI-165. Undigested HK-9 and STI-165 DNAs were used as controls (lanes C). Lanes M, size markers (*EcoRI-HindIII*-cleaved λ DNA). D, *DraI*; S, *Sau96I*. The sizes of the restriction fragments are indicated to the right and left (in kilobases).

by UDG, the reaction mixture was incubated for 2.5 min at 50°C prior to PCR. Furthermore, to ensure double-stranded DNA denaturation, the samples were incubated at 94°C for 3 min. Subsequently, 40 amplification cycles were performed in a thermal cycler (Perkin-Elmer Cetus, Rotkreuz, Switzerland) by using the following cycle: 1 min of denaturation at 94°C, 1 min of annealing at 60°C, and 2 min of primer extension at 72°C. After the last cycle, primer extension was continued for 10 min at 72°C before 50 μ l of chloroform was added for inactivation of UDG.

Primers. The following pairs of primers were used for the study: Eh5' (5'-G TAACTTACTTAACCGGTA AACATG-3'), Eh-3' (5'-TCTCTTCGTAACA AAGATCTAGACTC-3'), Ed-5' (5'-TGAATGTATTTAACCGGTGAAACAT G-3'), and Ed-3' (5'-CTTCTTTGTAACAAAGATTAGGTTCA-3').

Analysis of PCR products was by agarose gel electrophoresis (1% agarose) (22) in ethidium bromide solution (10 mg/ml). Furthermore, the amplification products were detected by an enzyme-linked immunosorbent assay (ELISA; Gen-etik-DEIA; Sorin Biomedica, Saluggia, Italy) according to the manufacturer's instructions. For this purpose, 1 ng of a 5' biotinylated oligonucleotide capture probe specific for *E. histolytica* (cpEh; 5'-TAATGGACACAGTTGAT GGA-3') and *E. dispar* (cpEd; 5'-ATGGACCCAGTTGAGTGAAA-3') was bound in microtiter plates to streptavidin-coated wells, and 5 μ l of the denatured PCR product was hybridized to the probe for 1.5 h at 45°C. The hybridized product was detected with a double strand-specific mouse monoclonal antibody and subsequently with anti-mouse immunoglobulin-horseradish peroxidase conjugate. For restriction fragment analysis 10 PCRs for each species were performed with dTTP instead of dUTP and purified over Micro Spin S-400 columns (Pharmacia). DNA was concentrated by ethanol precipitation, and the resulting pellet was resuspended in 50 μ l of distilled water. Aliquots of 5 μ l were digested with the restriction endonucleases *DraI* (Appligene, Basel, Switzerland) and *Sau96I* (Promega, Wallisellen, Switzerland) under conditions recommended by the suppliers. Digested DNA was separated on a 2% agarose gel containing ethidium bromide.

RESULTS

The chosen target for the PCR in the coding region of the 16S rRNA gene allowed for the amplification of a 0.88-kb gene fragment, which is revealed as a single band by agarose gel electrophoresis. Both PCR products vary by only one nucleotide in length but they differ in a *Sau96I* restriction site. In addition, the gene fragments contain a *DraI* restriction site which distinguishes both species from other protozoan parasites. The amplified gene fragment could be cut with *DraI*, resulting in two fragments of 0.55 and 0.35 kb, as predicted from the nucleic acid sequence (Fig. 1). When the amplified DNA of *E. dispar* was digested with *Sau96I*, two fragments of the expected length (0.68 and 0.2 kb) were detected, whereas the DNA derived from *E. histolytica* was not cleaved by this enzyme (Fig. 1).

Specificities of the primers. The specificities of the primers for *E. histolytica* and *E. dispar* were verified by using cell lysates of different *Entamoeba* strains with known zymodeme patterns. In addition, cell lysates of *E. invadens*, a species infecting reptiles, and several human protozoan parasites were tested. PCR was performed with both primer sets in independent

reactions with each cell lysate. In all 14 cases tested, the result of the PCR corresponded to the one obtained by zymodeme analysis (Table 1). Additionally, no unspecific priming was seen with DNAs from *E. coli*, *E. invadens*, *E. hartmanni*, *D. fragilis*, or *B. hominis*. Results for inhibition controls, carried out to exclude the possibility that a negative PCR result was due to the failure of amplification, were negative for all reactions.

Sensitivity of the assay. The sensitivity of the PCR was assessed by using serial dilutions of lysates of 100 to 0.001 trophozoites of *E. histolytica* or *E. dispar*. After 40 PCR cycles, as little as one copy of the target gene was detected by both primer sets, as determined by agarose gel electrophoresis (Fig. 2). If amplification products were analyzed with the Gen-etik-DEIA system, the same sensitivity was obtained (Fig. 2). In order to determine the effect of feces on the assay sensitivity, we performed the SAF concentration procedure with a stool sample negative for parasites, resuspended the pellets in digestion buffer containing proteinase K, and added cell lysates corresponding to decreasing numbers of parasites. It was found that the PCR was completely inhibited by undiluted feces and was partially inhibited at a dilution of 1:10, resulting in decreased sensitivity. However, at a dilution of 1:100, the detection limit for the 16S rRNA gene is similar to that obtained with cell lysates in the absence of stool (data not shown). In order to estimate the sensitivity of the reaction for mixed infections, various numbers of *E. histolytica* trophozoites were mixed with a constant number of *E. dispar* trophozoites before lysis, and vice versa. One hundred cells of one species as the background still allowed for the detection of one copy of the target gene of the other species, i.e., a ratio of 1:10⁴ (Fig. 3).

Diagnosis of infections with *E. histolytica* and *E. dispar* in stool specimens. Target DNA in 19 stool samples stored in SAF for between 3 and 30 days and 18 unpreserved stool specimens, which all contained *E. histolytica* or *E. dispar*, as verified by microscopy, were amplified starting from a 1:100 dilution of the proteinase K-digested DNA extract. The target DNA was amplified in 25 cases, identifying 23 *E. dispar* and 2 *E. histolytica* infections. The PCR was falsely negative for 12 specimens. As it turned out, the PCR was highly influenced by the starting material. By using unpreserved stool specimens, all 18 samples examined were positive by PCR, whereas by using samples stored in SAF for more than 2 days, only 7 of 19 samples (36.8%) were positive by PCR, accounting for all 12 false-negative results. Time course experiments with aliquots of SAF-fixed samples taken every 2 days over 2 weeks for PCR analysis revealed that the sensitivity of the PCR decreased strongly within 2 days, as reflected by the fact that the specific DNA band became more faint. In contrast, if unpreserved stool specimens stored in the refrigerator were used, the sensitivity of the PCR remained unchanged, even after a period of 2 weeks. Thus, the short time of contact of the specimen with SAF fixative during the concentration procedure had no influence on the result of the PCR.

TABLE 1. Comparison of PCR results with the results of zymodeme analysis

Species	Zymodeme	No. of isolates tested	PCR result
<i>Entamoeba dispar</i>	I, IV	10	<i>E. dispar</i>
<i>Entamoeba histolytica</i>	II, XIX	4	<i>E. histolytica</i>
<i>E. coli</i> , <i>E. hartmanni</i> , <i>E. invadens</i> , <i>B. hominis</i> , <i>D. fragilis</i>		8	Negative for all organisms

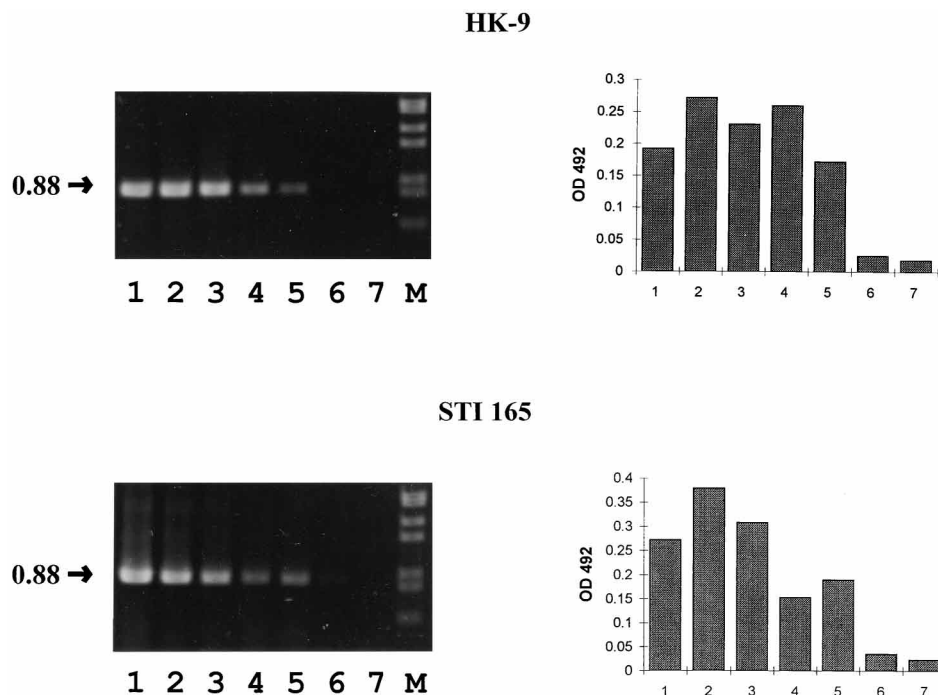


FIG. 2. Sensitivity of PCR for detection of DNA of *E. histolytica* HK-9 and *E. dispar* STI-165. Lysed trophozoites were serially diluted to correspond to 100 cells (lane 1), 10 cells (lane 2), 1 cell (lane 3), 0.1 cell (lane 4), 0.01 cell (lane 5), and 0.001 cell (lane 6) and were subjected to PCR amplification. Amplified products were analyzed by agarose gel electrophoresis and DNA enzyme immunoassay. The sizes of the amplification products are indicated on the left (in kilobases). Lanes 7, negative control (PCR without DNA); lanes M, size markers (*EcoRI-HindIII*-cleaved λ DNA); OD₄₉₂, optical density at 492 nm.

DISCUSSION

Amoebiasis affects about 500 million people worldwide, yet only about 10% of the infections are caused by *E. histolytica*, which leads to severe disease like dysentery or amoebic liver abscess (30). Considering the fact that most infections are due to the noninvasive species *E. dispar*, a rapid and sensitive diagnostic procedure for differentiating the two species would be of great medical importance. This report describes a very sensitive method which allows for the reliable distinction between *E. histolytica* and *E. dispar* by a procedure that starts with unpreserved fresh fecal samples.

It is well established that fresh fecal material has a strong inhibitory effect on the PCR, resulting in a considerable loss of sensitivity (16). Concentration with SAF fixative as a first preparatory step is an elegant way to concentrate parasites and at the same time eliminate the inhibitory effect of the feces. The method does not require any further DNA purification or a time-consuming in vitro cultivation, which often ends up with a negative result. Furthermore, our PCR was very sensitive at detecting one copy of the target gene of one species in a background of 10^4 copies of the other species when mimicking mixed infections.

For optimal results, starting with unpreserved fecal material turned out to be crucial. By using unpreserved stool specimens, no false-negative results occurred when microscopy was used as a "gold standard," even after storage of the fecal specimen in a refrigerator for 2 weeks. The very short time period during the concentration step during which the sample is in contact with SAF did not have an adverse effect on the PCR, because the preservative is removed immediately by the washing steps. However, by using feces stored in SAF fixative, the sensitivity of the PCR usually decreased within 2 days due to degradation of the target DNA, although exceptionally, a few samples per-

formed well for up to 14 days. Since SAF itself showed no effect on DNA degradation, as verified by the addition of the amoebae DNA to the SAF fixative and subsequent PCR, we conclude that the DNA in SAF-preserved specimens is degraded enzymatically. This is supported by the finding that the addition of 100 mM EDTA to λ DNA incubated in SAF-stool specimens for 16 h prevents degradation. SAF does not inhibit

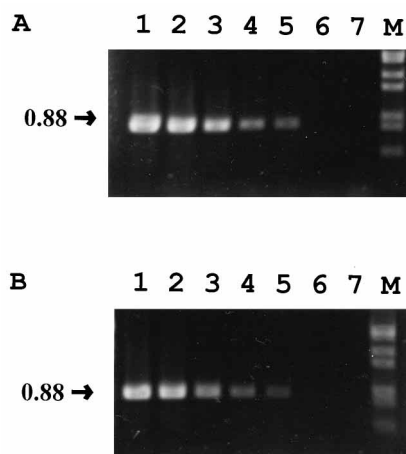


FIG. 3. Detection of *E. histolytica* (A) and *E. dispar* (B) in mixed cell lysates. To 100 trophozoites of *E. dispar* STI-165 (A) or *E. histolytica* HK-9 (B), 100 cells (lane 1), 10 cells (lane 2), 1 cell (lane 3), 0.1 cell (lane 4), 0.01 cell (lane 5), and 0.001 cell (lane 6) of the other species were added. PCR was performed with the primer sets specific for *E. histolytica* (A) or *E. dispar* (B). For negative controls (lanes 7), amplification was done by using *E. histolytica*-specific primers with STI-165 DNA (A) and *E. dispar*-specific primers with HK-9 DNA (B), respectively. Lanes M, size markers (*EcoRI-HindIII*-cleaved λ DNA).

the DNA-degrading enzymes present in stool. After fixation, the passage of DNases through the wall of the cyst may be facilitated, while this process would not occur in unpreserved specimens. The first method described for the differentiation of *E. histolytica* and *E. dispar* was zymodeme analysis (26). However, this method requires cultivation of the amoebae starting with a fresh fecal sample, a lengthy procedure which is hampered by frequent failures. In recent years several investigators reported the use of monoclonal antibodies directed against the 170-kDa subunit of the galactose-specific adherence lectin for the differentiation of *E. histolytica* and *E. dispar* (1, 13, 14). However, since those investigators did not dispose of an antibody specific for *E. dispar*, the assays require two consecutive ELISAs. Furthermore, the sensitivity as well as specificity were not satisfactory. Alternatively, molecular DNA-based detection methods were developed. Several investigators have described the use of DNA probes, e.g., by relying on intergenic repeated sequences of the rRNA gene circles specific for *E. histolytica* or *E. dispar* (6, 12, 21) or on a probe named IE-gen1, which is related to genomic sequences present only in *E. histolytica* (9). All of these techniques depend on either in vitro cultures or DNA purification and mostly use radioactively labelled probes, requiring special equipment and licensed laboratories.

In recent years PCR was established as a valuable tool for routine diagnosis of infectious diseases. On the basis of the genetic differences between *E. histolytica* and *E. dispar*, several groups developed PCR-based assays for the discrimination of the two species (2, 3, 8, 16, 18, 28, 29). Most of these assays used sequences of the extrachromosomal circular rRNA gene. Being present in about 200 copies in each cell (4, 5, 15, 19, 27), sequences of this rRNA gene are more easily detected than DNA fragments of a single-copy gene. Some investigators (2, 3) used differences in the highly repetitive sequences in the noncoding region of rDNA, whereas others (16, 18) based their test on the 16S rRNA genes of *E. histolytica* and *E. dispar*. Use of repeated sequences for PCR results in a smear or a ladder of amplified products in agarose gel electrophoresis, which can make interpretation of the results difficult and could reduce the sensitivity of the test. Therefore, we used a 0.88-kb sequence of the coding region of the 16S rRNA gene as the PCR target, leading to the amplification of a single band. In contrast to other investigators (16, 18) who used a single primer pair specific for both amoeba species and distinguished amplified DNA by restriction fragment analysis or nested PCR, we used two pairs of primers specific for either *E. histolytica* or *E. dispar*. False-negative results were excluded by two parallel reactions with both primer sets for each sample and a test for inhibition control for both primer pairs by adding *E. histolytica* or *E. dispar* control DNA. In this way it was possible to carry out the PCR in one step, minimizing the risk of carryover contaminations, a problem occurring in the second step of nested PCR, in which decontamination by using UDG degradation is not possible. On the other hand, a two-step approach (16, 18) offers additional specificity control, which in our case could be achieved by application of the Gen-etik-DEIA. This test, based on an ELISA system, is as sensitive as agarose gel electrophoresis and offers the advantage of the 96-well microtiter plate format, which makes it an ideal tool for large-scale analysis of PCR products.

Although microscopy remains the method of choice for examinations for ova and parasites, the specific assay described here offers interesting perspectives as a complementary test to routine microscopy, even if an additional unpreserved specimen must be ordered if the first one was submitted in SAF fixative. In patients requiring special attention like pregnant

women, human immunodeficiency virus-positive patients, or individuals with infections persisting after treatment, a differentiation between *E. histolytica* and *E. dispar* will greatly help a physician determine whether he or she must treat a potentially very dangerous infection or whether the patient is infected only with a nonpathogenic species.

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